



Update

February 7, 2018

Vol. 2, Issue 1

FROM THE K-12 INTERIM PRINCIPAL

Last week we received exciting news from MassCUE. Massachusetts Computer Using Educators (MassCUE) is an association of educators that promotes the use of technology in education. Earlier this year Amy Koskowski, kindergarten teacher, and Jenny Kostka, technology integration specialist, applied for a grant through the organization. They designed a proposal aimed at supporting technology learning in our kindergarten classrooms through a Coding to Learn project. The goal of the project is to provide kindergarten students with early exposure to coding using iPads equipped with Kodable and Scratch Jr. I am pleased to announce that Amy and Jenny's proposal was chosen and that MassCUE will be providing us with a \$3000 grant to support their work! The grant will pay for student iPads and the equipment necessary for their storage and upkeep. This is as significant accomplishment as year's grant pool was especially competitive.

Amy will be implementing the project in her classroom by teaching her students the concepts of sequencing, planning, left-to-right organization, and problem solving in developmentally appropriate ways that meet student needs. The end goal is for students to be able to animate stories and craft games to accompany the English Language Arts curriculum. In her proposal Amy shared her hope that the project will show her students that they can use technology to create and not only to consume. This is an important lesson for all of our students. Congratulations to Amy and Jenny!

Amy's initiative is just one example of how we are working to increase the integration of technology into our curriculum across subject areas. While I often write and speak about the trouble that students can get themselves into using technology, there is no question that it has also fostered educational progress. Technology gives us the distractions and dangers of Snapchat and Instagram, but it also provides us with the SMARTboards, online classrooms, and assistive technology innovations that have opened worlds for children. As a school we are finding that many of our curricula have important technology-based components. Students have access to interactive lesson elements, demonstrations, and additional resources through online modules. Our faculty is working hard to integrate these components into their practice. We are finding that students require greater access to technology to support this work and are taking measures to provide that access.

By the time students return following the February break, all of our classrooms will be outfitted with an interactive whiteboard, either a SMARTboard or a Mimio board. We will be supporting the use of that technology with laptops for teachers and professional development to make the most of the new equipment. In addition to the SMARTboards, teachers have access to document cameras that allow them to use the interactive whiteboards to share student work, conduct demonstrations, and model with manipulatives. Teachers across subject areas have found them to be a useful tool. We are also adding to our existing fleet of iPad, Chromebook, and Macbook carts with seven new Chromebook carts, five new iPad carts, and one new Macbook cart. These will be arriving in the second half of this year and at the start of next year. The additional carts will allow teachers to bring technology into the classroom at any time without worry about device availability.

In other technology news, Jenny Kostka will be hosting our first Family Code Night on Tuesday, March 6th. Family Code Night is a family event intended to engage children and their families together in a coding experience. The goal is to advance student interest in coding and technology learning. Jenny will be inviting some of her former AP Computer Science students to assist with the event. We are excited to encourage coding with our students and hope to see many of our families there. Further information about the event will be forthcoming as the date nears.

As always, please do not hesitate to reach out with your questions, concerns, or comments.

Angie Pepin – aepin@sscps.org

Wednesday	02/07	Professional Development Early Release	12:00pm
Wednesday	02/07	Annual Fund Phonathon	5:00-9:00pm
Friday	02/09	Deana's Level I Pod to the Scituate Library	
Saturday	02/10	Ski Club to Ragged Mountain	6:30am
Saturday	02/10	Parents Association Meeting	9:00am
Monday	02/12	HS Mock Trail to WW II Museum	
Thursday	02/15	National Honor Society Hosting Blood Drive at the SSCPS Gym	1:00-6:00pm

ANNOUNCEMENTS

Lost and Found: Please identify any lost clothing and items over the next week. All unclaimed items will be donated on Friday, February 16th.

WHAT'S HAPPENING IN PROJECTS AND WORKSHOPS?



On Saturday February 3rd twenty-two Level III students travelled to Wentworth to participate in the 24th Annual Boston Society of Civil Engineers Bridge Building Competition. For the past few months these students gave up their recess and lunch times to design and build bridges made entirely of paint stirrers and hot glue. These students were amazing ambassadors for our school at the competition. They were respectful and enthusiastic throughout the day. Though we didn't take any prizes home, the experience was a great one for all involved!

ART NEWS

Every year the major regional and national art event is sponsored by Scholastic and locally by The Globe, titled **The Globe Scholastic Art Awards**. This year we again placed among MA schools with 8 awards at various levels and categories. At our **middle school level** we have three awards in Graphic Design/Digital Art which is taught by Christine Bodnar. **Oliver Ames, Honorable Mention in Design, Rhiannon McKoy, Honorable Mention for Digital Art** and **John O'Keefe, Gold Key for Digital Art**.

At our **high school level** we have **Marin Gregory, Honorable Mention for Short Story** and **Anna Price, Gold Key for Short Story**. These are students of Katie Cianelli. An **Honorable Mention in Photography** goes to **Madison Mirabile**, student of Lauren Dobson's Photography Workshop. **Anna Price** also received a **Silver Key for Printmaking** and is a student of Dan Vasconcellos of the Illustration Workshop. Also at the High School is **Zoe Childs** who received a **Gold Key in Drawing and Illustration** and she is a member of The Art Workshop which is lead by teacher Marianne F. Buckley Curran.

The three Gold Key recipients will go on to be judged nationally. Best wishes to **John O'Keefe, Anna Price, and Zoe Childs**.

FROM THE HEALTH OFFICE

Here are a few reminders regarding viruses such as GI bugs and the Flu. Please follow these guidelines to keep everyone as healthy as possible at school.

- Students should stay home with any vomiting or diarrhea and may return to school when symptom free for 24 hours
- Students should stay home if they have a fever >100.4. They may return to school when fever free for 24 hours without fever reducing medication like Tylenol/Ibuprofen
- Students should stay home with severe cold symptoms/cough

If you have any questions, please contact Darcie in the Health Office at 781-982-4202 x104.

FROM THE DEVELOPMENT OFFICE

The South Shore Charter Educational Foundation is hosting the annual **"LOVE OUR SCHOOL"** phonathon TONIGHT! [Make a donation today](#) and avoid getting the call! SSCEF has an anonymous donor who has challenged our community to match their gift of \$6,000 for the month of February. *We can't do this without your help!*

The SSCEF Annual Fund supports and enhances educational opportunities, innovation, and academic excellence throughout our K-12 SSCPS community. Please send a check to SSCEF, P.O. Box 512, Accord, MA 02018, or [click here to donate](#)! Make sure to check with your employer for a company match. Please note you will not receive a call if you have already donated to our Annual Fund giving for the fiscal year 2018.



If you would like to volunteer to help with phone calls tonight, please get in touch with Laurie Dannison at ldannison@sscps.org, or 781-982-4202.

Thank you for all your support and generosity.

2018 YEARBOOK

Order Your 2018 Yearbook!

The 2018 yearbook is now in progress. To order online go to www.coffeepond.com. To login use school password: **bluejaguar**. **Parents of seniors may submit a special personalized page** that will appear in the back of the book at these rates: **Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 15th, 2018.** The yearbook staff can help with any design concerns.

COMMUNITY SERVICE OPPORTUNITY

Clothing Drive to help the Homeless

Level II student, Wachira Njoroge, is collecting new and gently used winter clothes to help homeless families.

Items Recommended: Gloves, Hats, Socks

Types of Clothes: New and Gently Used Winter Clothes of any size

Starts: February 7, 2018

Ends: February 28, 2018 (After Vacation)

Why: To help the homeless

Donated to: Friends of Homeless Family Shelter

Boxes Located in Level I and Level II

Join the 27th Annual Walk for Hospice – Saturday, March 24

SSCPS mom Kate Youngclaus, and her children Avery, grade 5, Sadie grade 2 and Maggie in kindergarten are participating in the 27th Annual Walk for Hospice of the South Shore taking place on Saturday, March 24, 2018. Each year the Walk for Hospice helps provide necessary funds for end-of-life care for hundreds of patients, and bereavement services for their family and friends. Supporting the Walk ensures that no patient is ever turned away, regardless of his or her ability to pay.

Please consider joining our team, South Shore Charter Public School!

http://giving.southshorehealth.org/site/TR/SignatureEvent/TeamRaiserWorkshop?team_id=1511&pg=team&fr_id=1090

Level 3 Student Collecting Donations for Local Animal Shelter

Fisher Roman loves cats. LOVES them. He even adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can of cat food or bags of cat litter and drop it off in Fisher's Cat Box on Level 3. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

COMMUNITY INTEREST

Free Puppet Show over Feb Vacation -- "Can Cupid's Arrow Change A Bully?"

Has your child ever been bullied? (Or perhaps is the bully at times?) Puppets Newton & Simon can relate. They are bullied by Holly and try to figure out what they can do to stop the bullying without engaging in meanness themselves. Meanwhile, we get an insight into why Holly is acting like a bully to begin with. In the end, Newton uses his courage to send his bully a Valentine. With the help of Cupid's arrow and their own inner strength, Newton and Holly just might bring their relationship to a whole new level. Because this show deals with the very important and timely subject of bullying, Children of ALL AGES are invited to attend. Its message is applicable for EVERYONE.

Thursday 2/22/18 - 11:00am-11:30am

South Shore Children's Museum

[1775 Washington St](#) (inside Hanover Mall)

SCHOOL MEALS (BREAKFAST AND LUNCH)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST complete a NEW 2017-2018 Meal Benefit application** and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits. [Click here](#) for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family MUST still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG**



LIFE'S A GIFT. GIVE MORE OF IT. DONATE BLOOD.

**Norwell Community
Blood Drive**
**Sponsored by South Shore
Charter Public School**

Gym
104 Longwater Drive
Norwell, MA 02061

**Thursday, February 16, 2018
1:00 PM to 6:00 PM**

Please call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org and enter:
NORWELL to schedule an appointment.

**Streamline your donation experience and save up to
15 minutes by visiting RedCrossBlood.org/RapidPass
to complete your pre-donation reading and health
history questions on the day of your appointment.**



Scan to schedule
an appointment.

Download the Blood Donor App | redcrossblood.org | 1-800-RED CROSS | 1-800-733-2767



VOLUNTEERS!

“You’re A Good Man, Charlie Brown”

We need student and parent volunteers interested in working on the SSCPS spring musical in the following areas:

Stage Crew
Props
Make Up & Hair
Costumes
Props
Concessions
Box Office
Ushering
Stage Management

For some positions, you may be required to attend one rehearsal and the tech rehearsal in addition to a performance(s).

Please contact Colleen Leonard sscleonard@gmail.com if you are interested in volunteering. In addition to being a lot of fun, it's great experience for college applications and resumes. Hours worked on the spring production count as community service too!

Holly Hill Farm & Friends

2/5/2018 FOR IMMEDIATE RELEASE:

Contact Info: *Friends of Holly Hill Farm*, 236 Jerusalem Road, Cohasset, MA 02025 www.hollyhillfarm.org 781-383-6565

UPCOMING EVENTS & ACTIVITIES

NEW EVENT! WEDNESDAY MORNINGS AT THE FARM, WEDNESDAYS, FEBRUARY 7 & 14, 10:00 – 11:00am

Come walk, explore and enjoy Holly Hill Farm in winter. Parents, caregivers and youngsters will enjoy the Farm. Dress for some time outdoors and then enjoy a healthy snack and story time in our warm greenhouse. No fee, but donations to the Farm are suggested. Pre-register if you plan to attend one or all of the sessions. Wednesdays, February 7 & 14. Please call or email in advance. **Holly Hill Farm, 236 Jerusalem Road, Cohasset. 781-383-6565** hollyhillfarm.org jbelberhollyhill@hotmail.com

SCITUATE FARMER'S MARKET, Indoors at ST. LUKE'S CHURCH, 465 First Parish Rd., Scituate FEBRUARY 3 & 24, MARCH 3 & 24, APRIL 7, 8:30am-1:00pm

Holly Hill Farm is at the Scituate Winter Farmer's and Artisan's Market! Unique Farmers and Artisans market with exclusive vendors offering products produced from the earth and hailed from all over New England. Bluegrass, folk, Americana musicians showcasing their talent! Come and buy some Holly Hill Farm Honey, fresh pea shoots, as available. **Brown Boar Farm** will also be there selling their pork products. **Email Meaghan for price list:** Meaghan.swetish@brownboarfarm.com

Walking Trails are open to the public at HOLLY HILL FARM every day!

Farm Stand will be open in the Greenhouse, Saturday, February 10, 10:00 – 2:00pm

Holly Hill Farm is a tranquil destination for a Saturday stroll in the woods and a visit with our farm animals. Property maps are available for purchase in the Greenhouse or in the Farm Office during business hours (\$3.) While you are here, stop by our warm greenhouse to see what the farmers have available on SATURDAY, February 10, FROM 10:00 – 2:00pm. Restock your pantry with Holly Hill Farm's own bottled raw honey, Dean's Bean's fair trade coffee beans. **Place your order in advance for BROWN BOAR pork products and pick up between 11-12pm.** **Email Meaghan for price list:** Meaghan.swetish@brownboarfarm.com **Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565** hollyhillfarm.org

NEW EVENT! Design How Your Garden Grows! Saturday, February 10, 10:30 am

Come discuss the plans for your garden, planters and open space as it is time to order seeds for the spring. We will discuss timing of when to sow, where to plant and how to ensure success for the New Year. Members \$12/ Nonmembers \$15. Pre-register by emailing jbelberhollyhill@hotmail.com or by calling 781-383-6565.

NEW EVENT! WINTER VACATION FUN AT HOLLY HILL FARM, Tues. – Thurs., Feb. 20-22, 9:00-noon

Come join us for vacation exploration at Holly Hill Farm. For one, two or all three days, children ages 7-10 can discover who lives on the farm, what lies beyond the barnyard and what the farmers do in Winter. Tuesday will be a day to learn about and visit with the animals. Wednesday will be a day explore the woods and look for Winter tracks in the snow. Thursday will offer the chance to sow seeds and work with the soil in the warm greenhouse. Children can bring a peanut-free snack and have a great time enjoying the farm in this cool season. Ages 7-10; Minimum of four students, maximum of 12. Tuesday, February 20th; Wednesday, February 21st; Thursday, February 22nd from 9-12 noon each day. FHHF Members: \$36/day; non-members:\$42 /day. Consider becoming an annual member with the Friends of Holly Hill Farm with year-round discounts. **Pre-register by contacting Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565** jbelberhollyhill@hotmail.com, hollyhillfarm.org

MONTHLY WINTER FARM STAND 2018

Check our website in January for dates! Hollyhillfarm.org Send email to friendsofhollyhillfarm@gmail.com for weekly news from our farm stand and other farm events and programs!

WINTER NEWS ON THE FARM TO FOOD PANTRY TEEN COMMUNITY SERVICE PROGRAM AT HOLLY HILL FARM

The *Farm to Food Pantry Program* is a unique opportunity for teenagers aged 13-18. Even though the fall schedule has come to a close, we welcome teen farmers who want to plan ahead for early spring chores or would like to help out on a limited basis during the winter months. If students need community service hours, please consider coming to the farm, as the Winter work never ceases. Please contact Jon Belber if you wish to plan your community service requirements at Holly Hill Farm while learning valuable growing and harvesting skills to last a lifetime. For further information and to register, contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com

SUMMER CAMP REGISTRATION OPEN!

Programs designed for children ages 3 to 18. Sessions run 9:00am – 12:00noon with optional Lunch Hour until 1:00. Our website offers detailed information on programs, schedule and easy to use registration/payment. Holly Hill Farm Summer Campers really DIG our dirt! <http://www.hollyhillfarm.org/summer-camp-overview/summer-camp-2015/> contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com



*Adventure
awaits*

Join other SSCPS Families* for a night of fun at the Great Wolf Lodge located in Framingham, MA.

April 6, 2018 through April 7, 2018.

Deluxe Queen Suites - \$169.00 + discounted room fee of \$9.99 and the inclusion of unlimited rope course (5th person fee is also waived)

The room block is secure until March 6. After that, they reserve the right to release rooms to the public. To make your reservation, please call: 1-866-980-9653

You must mention South Shore Charter block code 1804SouthShore

*This is a parent organized trip, NOT school sponsored



Resiliency Workshop:

Starting the conversation with children who have a parent with a life changing illness

Thursday, March 29th, 2018 at 6pm - 7:30pm
Hospice of the South Shore
30 Reservoir Park Drive, Rockland MA 02370

Session led by Maria Trozzi, M.Ed.

Maria Trozzi, Program Director of Joanna's Place, is cofounder of The Good Grief Program at Boston Medical Center, and assistant professor of Pediatrics at Boston University School of Medicine for more than two decades, a psychotherapist and parent.

Joanna's Place is partnering with Hospice of the South Shore to bring children and their parents an informative, FREE workshop about coping with illness.

Come fill your tool box with strategies to develop resiliency skills, regardless of the illness your family is facing.

Join other families, have a pizza supper, and maybe for the first time, share feelings with others experiencing similar challenges.

Pre-registration is required
Please contact Mary Boyle
(617) 910-7845 or
mary.boyle@joannasplace.org

**Hospice of the
South Shore**

PART OF South Shore Health System

PEOPLE, CAREGIVERS, AND EXCELLENCE IN MEDICINE TOGETHER *As One*



NAMI
National Alliance on Mental Illness

South
Shore

What is the NAMI Basics Education Program?

NAMI Basics is a free, 6-week education program for parents and family caregivers of children and teens who are experiencing symptoms of a mental illness or whom have already been diagnosed. NAMI Basics is offered in a group setting so you can connect with other people face-to-face.



What Will You Gain?

At NAMI Basics, you'll find out that you're not alone. Recovery is a journey, and there is hope. The group setting of NAMI Basics provides mutual support and shared positive impact—you can experience compassion and reinforcement from people who understand your situation. You also can help others with your own experience!

DATES:
March 6, 2018 to April 10, 2018

WHEN:
Tuesday Evenings from 6:30pm to 9pm

WHERE:
South Shore Children's Museum
Hanover, MA

For Registration Contact:
namisouthshore@gmail.com

NAMI Massachusetts
529 Main St #1M17
Boston, MA 02129



Suggested Winter/Spring 2018 Reading List A Community Benefit Program of South Shore Health System

Topics of interest for anyone raising, educating, mentoring, coaching or related to a child between the ages of 5-21!



Highlighted Books:

1. *The Yes Brain: How to Cultivate Courage, Curiosity, and Resilience in Your Child,* by Daniel J. Siegel, M.D. and Tina Payne Bryson, Ph.D.; published by Bantam Books, January 2018. Visit the author's website at: <http://bit.ly/2p2HNDP>

Suggested Books

2. *"Secret Kindness Agents: How Small Acts of Kindness Really Can Change the World,"* by Ferial Pearson, Ed.D.; Published by Write Life Publishing, 2014. To view the author's Tedx talk visit: <http://bit.ly/2C3KUJk> To read an article in Teaching Tolerance about the author's work visit: <http://bit.ly/2iUsPxK>
3. *Raising a Secure Child: How Circle of Security Parenting Can Help You Nurture Your Child's Attachment, Emotional Resilience and Freedomw to Explore,* by Kent Hoffman, Glen Cooper, Bert Powell with Christine Benton, published by The Guilford Press, 2017. To read a Q & A article by PsychCentral with the author visit: <http://bit.ly/2CvOwzy>
4. *"iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy—and Completely Unprepared for Adulthood—and What That Means for the Rest of Us,"* by Jean M. Twenge, Ph.D.; published by Atria Books, 2017. Visit the author's website at: <http://bit.ly/2DUtrMr> To view a video interview by CBS This Morning visit: <http://bit.ly/2EG34em>
5. *"The Book-- The Story of the Red Tail Hawk: One Family's Journey Through Addiction,"* by K.A. Morini and Amanda Beth Randall; published by Balboa Publishing, 2016.
6. *"The Strength Switch: How the New Science of Strength-Based Parenting Can Help Your Child and your Teen to Flourish"* by Lea Waters, Ph.D., published by Avery, 2017. Visit the author's website at: <http://bit.ly/2IG8X3k>
7. *"Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone,"* by Brené Brown Ph.D., L.M.S.W.; published by Random House, 2017. Visit the author's website at: <http://bit.ly/2AfrQ2n>



South Shore
Health System

Breakfast Order Form

Breakfast for the Month of February, 2018

Due to the office by 3:00 pm, ***Tuesday**, February 13, 2018

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please **CHECK** off the day breakfast will be ordered.*

~~Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday~~
~~2/5 – 2/9~~

~~Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday~~
~~2/12 – 2/16~~

Week of [X] Monday [X] Tuesday [X] Wednesday [X] Thursday [X] Friday
 2/19 – 2/23

Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
 2/26 – 3/2

Number of Breakfasts ordered _____ X \$1.85

Less credit due _____

Total Amount Enclosed \$ _____

Cash or Checks may be made out to SSCPS.

Lunch Order Form

Lunch for the Month of February, 2018

Due to the office by 3:00 pm, ***Tuesday**, February 13, 2018

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please circle **one** choice per each day lunch is ordered.*

Week of Monday Tuesday Wednesday Thursday Friday
 2/5 - 2/9 ~~Reg or **Salad**~~ ~~Reg or **Salad**~~ ~~**Early Release**~~ ~~Reg or **Salad**~~ ~~Reg or **Salad**~~

Week of Monday Tuesday Wednesday Thursday Friday
 2/12 - 2/16 ~~Reg or **Salad**~~ ~~Reg or **Salad**~~ ~~Reg or **Salad**~~ ~~Reg or **Salad**~~ ~~Reg or **Salad**~~

Week of Monday Tuesday Wednesday Thursday Friday
 2/19 - 2/23 * * * W I N T E R V A C A T I O N * * *

Week of Monday Tuesday Wednesday Thursday Friday
 2/26 - 3/2 ~~Reg or **Salad**~~ ~~Reg or **Salad**~~ ~~Reg or **Salad**~~ ~~Reg or **Salad**~~ ~~Reg or **Salad**~~

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered _____ X \$3.40

Number of **Salads (B)** ordered _____ \$3.40

Less credit due _____

Total Amount Enclosed


\$ _____

Cash or Checks may be made out to SSCPS.



SOUTH SHORE CHARTER SCHOOL
FEBRUARY, 2018

BREAKFAST

Monday		Tuesday		Wednesday		Thursday		Friday	
5	Frosted Flakes Crackers Fruit Juice Milk	6	2 oz. Cereal Fruit Juice Milk	7	3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	8	3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	9	3.6 oz. WG Banana Muffin Fruit Juice Milk
12	Golden Grahams WG Grahams Fruit Orange Juice Milk	13	3.6 oz. WG Banana Muffin Fruit Orange Juice Milk	14	3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	15	WG Cinnamon Roll Fruit Juice Milk	16	WG Bagel Fruit Orange Juice Milk
19		V A		C A		T I		O N	
26	Cereal Graham Crackers Fruit Orange Juice Milk	27	WG Croissant w/Jelly Fruit Juice Milk	28	3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	March 1	WG Apple Roll Fruit Orange Juice Milk	2	3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1% Skim

* Complies with NSLP Regulations

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

Grade: _____

Room: _____




No. of Lunches: _____

Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8

FEBRUARY, 2018

LUNCH Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 A Oven Baked Chicken Bites Potato Wedges & WG Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	6 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	7 <b style="color: red; font-size: 1.5em;">EARLY DISMISSAL	8 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	9 A Cheese Pizza Carrots & Broccoli B Salad w/ Crunchy Chicken & WG Pita Bread Milk
12 A Hamburger on WG Bun Baked Beans B Salad w/ Turkey & WG Pita Bread Milk	13 A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	14 A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	15 A Chicken Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	16 A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
19 	<b style="font-size: 2em; color: red;">V A	<b style="font-size: 2em; color: red;">C A	<b style="font-size: 2em; color: red;">T I	<b style="font-size: 2em; color: red;">O N
26 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	27 A Ham & Cheese on WG Bun Chickpea Salad B Salad w/Tuna & WG Pita Bread Milk	28 A Chicken Parmesan Sandwich Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	March 1 A Ziti & Meatballs Broccoli B Salad w/Tuna & WG Pita Bread Milk	2 A Cheese Pizza Carrots & Corn B Salad w/Tuna & WG Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1%

Skim

All Meals Include Fruit

* Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!

“This institution is an Equal Opportunity Employer”

Grade: _____

Room: _____

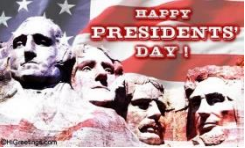


No. of Lunches: _____

Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12
FEBRUARY, 2018

LUNCH Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 A Oven Baked Chicken Bites Potato Wedges & WG Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	6 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	7 EARLY DISMISSAL	8 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	9 A Cheese Pizza Carrots & Broccoli B Salad w/ Crunchy Chicken & WG Pita Bread Milk
12 A Hamburger on WG Bun Baked Beans B Salad w/ Turkey & WG Pita Bread Milk	13 A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	14 A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	15 A Chicken Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	16 A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
19 	V A	C A	T I	O N
26 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	27 A Ham & Cheese on WG Bun Chickpea Salad B Salad w/Tuna & WG Pita Bread Milk	28 A Chicken Parmesan Sandwich Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	March 1 A Ziti & Meatballs Broccoli B Salad w/Tuna & WG Pita Bread Milk	2 A Cheese Pizza Carrots & Corn B Salad w/Tuna & WG Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1%

Skim

All Meals Include Fruit

* Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE***Before placing your order, please inform the school if you have a food allergy!*****"This institution is an Equal Opportunity Employer"***