February 14, 2018
Vol. 2, Issue 3

## From the Executive Director

Last week our school celebrated 100 days of school. It is an important time for our youngest students as they celebrate and learn about this fun and festive three digit number. It is one of our favorite ways of marking the time and days of the school year. Mid-year marks also include mid-year exams and Exhibitions of Mastery when students can show what they know to a greater audience. It is a good time for teachers to see how much students have accomplished, and what will be accomplished as the year progresses.

This is the time of year that we begin planning for the next academic year. Essential to this planning is feedback on the current teaching and learning that happens every day. The input of our families is an essential part of this process. At the South Shore Charter Public School we know that family involvement comes in many forms. We are fortunate to have twenty-five faculty and staff members who are also parents of former or current students here at SSCPS. We are exceedingly fortunate to have so many family members play this important role in our school. Family involvement is also apparent in our school's governance model. Nine out of fifteen members of the Board of Trustees are a parent or grandparent of a current SSCPS student. These numbers tell us that the South Shore Charter Public School is truly a school where family involvement makes a difference in the lives of our students every day.
These numbers only begin to tell our story. Our school culture is built upon the engagement of all of our families. Many of you volunteer in our classrooms, our library, or teach a FIT on one of the levels. Many of you were here late last week making calls to generate support for the Annual Fund. Today we are asking for further input. We are asking that all families complete the Annual Parent Survey so that your voice may be heard in the decision-making process. We use this data to make key decisions regarding programming, curriculum development, technology, resource distribution, and student life. We use the data you provide to give information to the state on both the Annual Report and the Accountability Plan. As we have always done, the results will be shared with our Board of Trustees, the faculty, and the school community to inform and to help navigate the school's direction. This survey is the true vehicle for meaningful participation in the decision-making process. Please complete the survey at your convenience by using this link. It should take approximately fifteen minutes. All survey responses are due by Friday, March 30, 2018.
Thank you in advance for taking the time to participate in this important process.
Alicia Savage - asavage@sscps.org

| Thursday | $02 / 15$ | National Honor Society Hosting Blood Drive at the SSCPS Gym | 1:00-6:00pm |
| :--- | :--- | :--- | :--- |
| Thursday | $02 / 15$ | Middle School Europe Trip Meeting at 100 Longwater Circle | 6:00pm |
| Friday | $02 / 16$ | High School Arts Workshop to Museum of Fine Arts |  |
| Mon-Fri | $02 / 19-02 / 23$ | Winter Vacation |  |
| Monday | $02 / 26$ | Enrollment Application Deadline | 5:00pm |
| Tuesday | $02 / 27$ | $10^{\text {th }}$ Grade Chyten Parent Meeting at 700 Longwater Drive | 6:30-7:30 |
| Wednesday | $02 / 28$ | Executive Committee Meeting | 8:00am |
| Wednesday | $02 / 28$ | MCAS ELA Retest |  |
| Wednesday | $02 / 28$ | Library Work Party | 5:00-7:30pm |

# January - February 2018 College Acceptances 

| Aaron Alden | Giovanni Joseph |
| :---: | :---: |
| Bryant University | Florida Institute of Technology |
| Norwich University |  |
| Roger Williams University | Jordan Lussier |
| University of Massachusetts - Boston | Framingham State University |
| Cassandra Amicangelo | Adam Murphy |
| University of Massachusetts - Boston | Montserrat College of Art |
| Ana Aniagu | Lucy Njorge |
| Regis College | Worcester Polytechnic Institute |
| Quinnipiac University | Temple University |
| University of New Hampshire | University of Massachusetts - Amherst Spelman College |
| Trevor Berry |  |
| Quincy College | Chinaza Orji-Imo |
|  | Newbury College |
| Henry Chao | Mass College of Pharmacy and Health Science |
| University of Massachusetts - Amherst |  |
|  | Carly Pierre Louis |
| Cassie Collins | Quincy College |
| Emmanuel College |  |
| Simmons College | Nicole Rousseau |
|  | University of Massachusetts - Boston |
| Ijeoma David |  |
| Rutgers University | Ashley Vincent |
|  | Dean College |
| Kate Doe | Curry College |
| Champlain College | Western New England University |
| Joshua Gallion | Alison Walsh |
| University of Maine | University of Massachusetts - Boston |
| University of Massachusetts - Boston |  |
|  | Naomi Zorilla |
| Glenson Greenaway | St John's University |
| Quincy College | Penn State University |
|  | Temple University |
| Zach Griffin | Spelman College |
| Wentworth Institute of Technology | Ithaca College |

## ANNOUNCEMENTS

Lost and Found: Please identify any lost clothing and items over the next week. All unclaimed items will be donated on Friday, February 16th.

FCC Transportation will have some bus seats available when we return from February vacation on the 26th. If interested please email FCCTransportation@comcast.net for further information.

## What's happening in Projects and Workshops?

Level III Leadership Project is hosting a pajama drive and we need your help! We are collecting new or slightly used pajamas for children in need ages 0-12 from February 1st-March 15th. Our goal as a school is to raise 100 pajamas. This competition is against other groups and schools. We have donation boxes on each level as well as a box at the front of the school. Thanks for your help!

## From the Development Office

 Educational Foundation Inc.

Last week, we reached out to the SSCPS community via phone in an effort to raise money toward our Annual Fund goal of $\$ 75,000$. We reached many of you, and left many messages, and since last week to date, we have received $\$ 2,550$ toward our Annual Fund. We received pledges amounting to just over $\$ 6000$ to match our February challenge, so we thank you for your generosity! Please remember to send in your pledge by the end of the month.

A special thanks to the following volunteers who helped make the Phonathon a success:

| Delaney Alden | Savannah Aylward | Caitriona Hollowed |
| :--- | :--- | :--- |
| Leslie Alden | Janet Cabrera | Yeemay Miller |
| Jen Anderson | Kris Faivre | Theona Royer |
| Heidi Aylward | Peter Farrell |  |

Next Event: 23nd SSCEF Annual Auction, Friday, May 4, 2018 at the Atlantica, Cohasset, MA 6:00 p.m. We invite all faculty, families and friends of our community to our most important fundraiser of the year. Please consider ways you or anyone you know, friend, family member or business colleague or contact may contribute items such as vacation homes, overnight getaways, sports memorabilia, tickets to sporting events or shows. Also, consider asking your friends and family to help sponsor the event. This is a great way to get your business marketed to our school community. Click here for more information regarding our annual auction!

## 2018 Yearbook

## Order Your 2018 Yearbook!

The 2018 yearbook is now in progress. To order online go to www.coffeepond.com. To login use school password: bluejaguar. Parents of seniors may submit a special personalized page that will appear in the back of the book at these rates: Full page $\$ 150,1 / 2 \mathbf{p g} . \$ 75,1 / 4 \mathbf{p g}$. $\mathbf{\$ 5 0}$. Due date is March $\mathbf{1 5 t h}, \mathbf{2 0 1 8}$. The yearbook staff can help with any design concerns.

## Community Service Opportunity

## Clothing Drive to help the Homeless

Level II student, Wachira Njoroge, is collecting new and gently used winter clothes to help homeless families.
Items Recommended: Gloves, Hats, Socks
Types of Clothes: New and Gently Used Winter Clothes of any size
Starts: February 7, 2018
Ends: February 28, 2018 (After Vacation)
Why: To help the homeless
Donated to: Friends of Homeless Family Shelter
Boxes Located in Level I and Level II
Join the $\mathbf{2 7}^{\text {th }}$ Annual Walk for Hospice - Saturday, March 24
SSCPS mom Kate Youngclaus, and her children Avery, grade 5, Sadie grade 2 and Maggie in kindergarten are participating in the 27th Annual Walk for Hospice of the South Shore taking place on Saturday, March 24, 2018. Each year the Walk for Hospice helps provide necessary funds for end-of-life care for hundreds of patients, and bereavement services for their family and friends. Supporting the Walk ensures that no patient is ever turned away, regardless of his or her ability to pay. Please consider joining our team, South Shore Charter Public School! http://giving.southshorehealth.org/site/TR/SignatureEvent/TeamRaiserWorkshop?team id=1511\&pg=team\&fr_id=1090

## Level 3 Student Collecting Donations for Local Animal Shelter

Fisher Roman loves cats. LOVES them. He even adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food \& cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can of cat food or bags of cat litter and drop it off in Fisher's Cat Box on Level 3. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

## Community Interest

Looking for some fun activities during February break? Local bookstore Storybook Cove is offering a variety of activities for all ages in the shop in Hanover Mall- including storytimes, a trivia contest, game times, Sci Fi Friday, and a slime lab! See their website for specifics and registration: www.storybookcove.com

## Free Puppet Show over Feb Vacation -- "Can Cupid's Arrow Change A Bully?"

Has your child ever been bullied? (Or perhaps is the bully at times?) Puppets Newton \& Simon can relate. They are bullied by Holly and try to figure out what they can do to stop the bullying without engaging in meanness themselves. Meanwhile, we get an insight into why Holly is acting like a bully to begin with. In the end, Newton uses his courage to send his bully a Valentine. With the help of Cupid's arrow and their own inner strength, Newton and Holly just might bring their relationship to a whole new level. Because this show deals with the very important and timely subject of bullying, Children of ALL AGES are invited to attend. Its message is applicable for EVERYONE.

> Thursday 2/22/18-11:00am-11:30am
> South Shore Children's Museum
> 1775 Washington St (inside Hanover Mall)

## School Meals (Breakfast and Lunch)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family MUST complete a NEW 2017-2018 Meal Benefit application and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits. Click here for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family MUST still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

# WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG EVERY WEDNESDAY - TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL PALGERA@SSCPS.ORG 



Spring Fling<br>Dance for Grades 9 and 10<br>When: Friday, March 16th

Time: 7:00-10:00 pm
Where: Great Pond Manor- Braintree
Tickets: $\$ 10.00$ per person
Tickets on sale starting March 1st
Questions - Mary Carter, Student Board Advisor mcarter@sscps.org


LIFE'S A GIFT. GIVE MORE OF IT. DONATE BLOOD.

# Norwell Community Blood Drive Sponsored by South Shore Charter Public School 

Gym
104 Longwater Drive Norwell, MA 02061
Thursday, February 16, 2018
1:00 PM to 6:00 PM

Please call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org and enter: NORWELL to schedule an appointment.


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Family Code Night is a whole-school, whole-family SSCPS event at which kids grades K-6 and their parents do their first hour of computer programming - together! At this special evening of learning and fun, you'll play in parent-child teams to complete fun Code.org $®$ puzzles and challenges at your own pace, and learn core concepts in coding in this very first hour. Afterwards, you'll go home with a special "Code On at Home" guide to continue coding puzzles, learning and fun at home. No coding experience needed, laptops available if needed (bring one device for each two attendees if you can). This is a great experience to share with your kids!

We'll start at 6:00 at 100 Longwater Circle. The program is free, but space is limited, so please sign up today! You'll be coding with your kids in no time!

Learn More and Sign Up Here! or go to: https://goo.g//forms/KmunHV9leo1naVmM2

We'll see you and your kids at Family Code Night!


## VOLUNTEERS!

## "You're A Good Man, Charlie Brown"

We need student and parent volunteers interested in working on the SSCPS spring musical in the following areas:

## Stage Crew

Props
Make Up \& Hair
Costumes
Props
Concessions
Box Office
Ushering
Stage Management
For some positions, you may be required to attend one rehearsal and the tech rehearsal in additional to a performance(s).

Please contact Colleen Leonard sscleonard@gmail.com if you are interested in volunteering. In addition to being a lot of fun, it's great experience for college applications and resumes. Hours worked on the spring production count as community service too!

# Last Box Tops Submission Date for 2018: March 1, 2018 

Please Drop off Box Tops in the Envelope behind the Reception Desk


IF YOUR CHILD WOULD LIKE SOME VOLUNTEER TIME PLEASE LET ME KNOW AND I WILL SEND HOME A BAG OF BOX TOPS

TO BE CLIPPED AND COUNTED. Hackett_irene@yahoo.com


## UPCOMING EVENTS \& ACTIVITIES

WEDNESDAY MORNINGS AT THE FARM, WEDNESDAYS, FEBRUARY 7 \& 14, 10:00-11:00am
Come walk, explore and enjoy Holly Hill Farm in winter. Parents, caregivers and youngsters will enjoy the Farm. Dress for some time outdoors and then enjoy a healthy snack and story time in our warm greenhouse. No fee, but donations to the Farm are suggested. Pre-register if you plan to attend one or all of the sessions. Wednesdays, February 7 \& 14. Please call or email in advance. Holly Hill Farm, 236 Jerusalem Road, Cohasset. 781-383-6565 hollyhillfarm.org jbelberhollyhill@hotmail.com

SCITUATE FARMER'S MARKET, Indoors at ST. LUKE'S CHURCH, 465 First Parish Rd., Scituate FEBRUARY 24, MARCH 3 \& 24, APRIL 7, 8:30am-1:00pm
Holly Hill Farm is at the Scituate Winter Farmer's and Artisan's Market! Unique Farmers and Artisans market with exclusive vendors offering products produced from the earth and hailed from all over New England. Bluegrass, folk, Americana musicians showcasing their talent! Come and buy some Holly Hill Farm Honey, fresh pea shoots, as available. Brown Boar Farm will also be there selling their pork products. Email Meaghan for price list: Meaghan.swetish@brownboarfarm.com

Walking Trails are open to the public at HOLLY HILL FARM every day!
Holly Hill Farm is a tranquil destination for a Saturday stroll in the woods and a visit with our farm animals. Property maps are available for purchase in the Greenhouse or in the Farm Office during business hours (\$3.) Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 hollyhillfarm.org

NEW EVENT! WINTER VACATION FUN AT HOLLY HILL FARM, Tues. - Thurs., Feb. 20-22, 9:00-noon
Come join us for vacation exploration at Holly Hill Farm. For one, two or all three days, children ages 7-10 can discover who lives on the farm, what lies beyond the barnyard and what the farmers do in Winter. Tuesday will be a day to learn about and visit with the animals. Wednesday will be a day explore the woods and look for Winter tracks in the snow. Thursday will offer the chance to sow seeds and work with the soil in the warm greenhouse. Children can bring a peanut-free snack and have a great time enjoying the farm in this cool season.
Ages 7-10; Minimum of four students, maximum of 12. Tuesday, February 20th; Wednesday, February 21st; Thursday, February 22nd from 9-12 noon each day. FHHF Members: \$36/day; non-members:\$42/day. Consider becoming an annual member with the Friends of Holly Hill Farm with year-round discounts.
Pre-register by contacting Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 jbelberhollyhill@hotmail.com, hollyhillfarm.org

## MONTHLY WINTER FARM STAND 2018

Check our website in January for dates! Hollyhillfarm.org Send email to friendsofhollyhillfarm@gmail.com for weekly enewsletter from our farm stand and other farm events and programs!

## FARM TO FOOD PANTRY TEEN COMMUNITY SERVICE PROGRAM AT HOLLY HILL FARM

The Farm to Food Pantry Program is a unique opportunity for teenagers aged 13-18. Even though the fall schedule has come to a close, we welcome teen farmers who want to plan ahead for early spring chores or would like to help out on a limited basis during the winter months. If students need community service hours, please consider coming to the farm, as the Winter work never ceases. Please contact Jon Belber if you wish to plan your community service requirements at Holly Hill Farm while learning valuable growing and harvesting skills to last a lifetime. For further information and to register, contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com


# Join other SSCPS Families* for a night of fun at the Great Wolf Lodge located in Framingham, MA. 

$$
\text { April 6, } 2018 \text { through April 7, } 2018 .
$$

Deluxe Queen Suites - $\$ 169.00$ + discounted room fee of $\$ 9.99$ and the inclusion of unlimited rope course (5th person fee is also waived)
The room block is secure until March 6. After that, they reserve the right to release rooms to the public. To make your reservation, please call: 1-866-980-9653

You must mention South Shore Charter block code 1804SouthShore
*This is a parent organized trip, NOT school sponsored


Thursday, March $29^{\text {th }}, 2018$ at $6 \mathrm{pm}-7: 30 \mathrm{pm}$
Hospice of the South Shore
30 Reservoir Park Drive, Rockland MA 02370
Joanna's Place is partnering with Hospice

Session led by Maria Trozzi, M.Ed.

Maria Trozzi, Program
Director of Joanna's Place, is
cofounder of The Good Grief
Program at Boston Medical
Center, and assistant
professor of Pediatrics at
Boston University School of
Medicine for more than two
decades, a psychotherapist and parent. of the South Shore to bring children and their parents an informative, FREE workshop about coping with illness.

Come fill your tool box with strategies to develop resiliency skills, regardless of the illness your family is facing.

Join other families, have a pizza supper, and maybe for the first time, share feelings with others experiencing similar challenges.

Pre-registration is required
Please contact Mary Boyle
(617) 910-7845 or
mary.boyle@joannasplace.org

## Hospice of the South Shore

## What is the NAMI Basics Education Program?

NAMI Basics is a free, 6 -week education program for parents and family caregivers of children and teens who are experiencing symptoms of a mental illness or whom have already been diagnosed. NAMI Basics is offered in a group setting so you can connect with other people face-to-face.


## What Will You Gain?

At NAMI Basics, you'll find out that you're not alone. Recovery is a journey, and there is hope. The group setting of NAMI Basics provides mutual support and shared positive impact-you can experience compassion and reinforcement from people who understand your situation. You also can help others with your own experience!

## DATES:

March 6, 2018 to April 10, 2018

## WHEN:

Tuesday Evenings from 6:30pm to 9pm

WHERE:
South Shore Children's Museum
Hanover, MA

NAMI Massachusetts
529 Main St \#1M17
Boston, MA 02129

## OPEN TO THE PUBLIC



MONDAYS
\$90 PER PERSON
PRE-REGISTRATION-REQUIRED
7:00 PM - 8:30 PM
CALL 781-545-6585

## FACILITATED BY LYNNE REEVES GRIFFIN RN, MED

Based on the bestselling book, Negotiation Generation


Topics of interest for anyone raising, educating, mentoring, coaching or related to a child between the ages of 5-21!


## Highlighted Books:

1. The Yes Brain: How to Cultivate Courage, Curiosity, and Resilience in Your Child, " by Daniel J. Siegel, M.D. and Tina Payne Bryson, Ph.D.; published by Bantam Books, January 2018. Visit the author's website at: http://bit.ly/2p2HNDP

## Suggested Books

2. "Secret Kindness Agents: How Small Acts of Kindness Really Can Change the World, "by Ferial Pearson, Ed.D.; Published by Write Life Publishing, 2014. To view the author's Tedx talk visit: http://bit.ly/2C3KUlk To read an article in Teaching Tolerance about the author's work visit: http://bit.ly/2iUsPxK
3. Raising a Secure Child: How Circle of Security Parenting Can Help You Nurture Your Child's Attachment, Emotional Resilience and Freedomw to Explore, " by Kent Hoffman, Glen Cooper, Bert Powell with Christine Benton, published by The Guilford Press, 2017. To read a Q \& A article by PsychCentral with the author visit: http://bit.ly/2CvOwzy
4. "iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy-and Completely Unprepared for Adulthood-and What That Means for the Rest of Us, "by Jean M. Twenge, Ph.D.; published by Atria Books, 2017. Visit the author's website at: http://bit.ly/2DUtrMr To view a video interview by CBS This Morning visit: http://bit.ly/2EG34em
5. "The Book-- The Story of the Red Tail Hawk: One Family's Journey Through Addiction, "by K.A. Morini and Amanda Beth Randall; published by Balboa Publishing, 2016.
6. "The Strength Switch: How the New Science of Strength-Based Parenting Can Help Your Child and your Teen to Flourish" by Lea Waters, Ph.D., published by Avery, 2017. Visit the author's website at: http://bit.ly/2IG8X3k
7. "Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, "by Brené Brown Ph.D., L.M.S.W.; published by Random House, 2017. Visit the author's website at: http://bit.ly/2AfrQ2n

# Breakfast Order Form Breakfast for the Month of March, 2018 

## Due to the office by 3:00 pm, *Tuesday, February 27, 2018

Student Name $\qquad$
Pod Teacher/Advisor $\qquad$ Grade $\qquad$

Please CHECK off the day breakfast will be ordered.

| Week of <br> $3 / 5-3 / 9$ | [ ] Monday | [ ] Tuesday | [ ] Wednesday | [ ] Thursday | [ ] Friday |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Week of <br> $3 / 12-3 / 16$ | [ ] Monday | [ ] Tuesday | [ ] Wednesday | [ ] Thursday | [ ] Friday |
| Week of <br> $3 / 19-3 / 23 ~$ | [ ] Monday | [ ] Tuesday | [ ] Wednesday | [ ] Thursday | [ ] Friday |
| Week of <br> $3 / 26-3 / 30$ | [ ] Monday | [ ] Tuesday | [ ] Wednesday | [ ] Thursday | [X] Friday |

Number of Breakfasts ordered $\quad$ X $\$ 1.85$
Less credit due
Total Amount Enclosed
\$ $\qquad$
Cash or Checks may be made out to SSCPS.

# Lunch Order Form <br> Lunch for the Month of March, 2018 

## Due to the office by 3:00 pm, *Tuesday, February 27, 2018

Student Name $\qquad$
Pod Teacher/Advisor $\qquad$ Grade $\qquad$

Please circle one choice per each day lunch is ordered.

| Week of 3/5-3/9 | Monday <br> Reg or Salad | Tuesday <br> Reg or Salad | $\frac{\text { Wednesday }}{\text { NO LUNCH }}$ | Thursday <br> Reg or Salad | Friday <br> Reg or Salad |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Week of $3 / 12-3 / 16$ | Monday <br> Reg or Salad | Tuesday <br> Reg or Salad | Wednesday Reg or Salad | Thursday <br> Reg or Salad | Friday <br> Reg or Salad |
| Week of $3 / 19-3 / 23$ | Monday <br> Reg or Salad | Tuesday <br> Reg or Salad | Wednesday Reg or Salad | Thursday <br> Reg or Salad | Friday <br> Reg or Salad |
| Week of 3/26-3/30 | Monday <br> Reg or Salad | Tuesday <br> Reg or Salad | Wednesday Reg or Salad | Thursday <br> Reg or Salad | $\frac{\text { Friday }}{\text { NO SCHOOL }}$ |

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option
$\qquad$

Number of Salads (B) ordered $\qquad$\$3.40

Less credit due
\$ $\qquad$
Cash or Checks may be made out to SSCPS.

## SOUTH SHORE CHARTER SCHOOL

 MARCH, 2018
## BREAKFAST

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 5 <br> Frosted Flakes <br> WG Grahams Fruit <br> Juice <br> Milk | 6  <br>  2 oz. Cereal <br>  Fruit <br>  Juice <br>  Milk | $\begin{array}{cc} \hline 7 \\ & \\ & \text { 3.6 oz. WG Blueberry Muffin } \\ \text { Fruit } \\ \text { Orange Juice } \\ \text { Milk } \end{array}$ | 8 <br> 3.6 oz. WG Chocolate Muffin <br> Fruit <br> Orange Juice Milk | 9 <br> WG Apple Roll Fruit Orange Juice Milk |
| 12 <br> Cereal <br> Graham Crackers Fruit Orange Juice Milk | 13 <br> 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk | 14 <br> 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk | 15 <br> WG Cinnamon Roll Fruit Juice Milk | 16 <br> WG Bagel Fruit Orange Juice Milk |
| 19 <br> Cheerios <br> Graham Crackers Fruit Orange Juice Milk | 20 cce  <br>  Fruit <br>  Orange Juice <br>  Milk | $\begin{gathered} \hline 21 \\ \\ \\ \\ \\ \text { Orange Juice } \\ \text { Milk } \end{gathered}$ | 22 Cereal  <br> Graham Crackers  <br> Fruit  <br> Juice  <br>  Milk | 23 <br> WG Cinnamon Roll Fruit Juice Milk |
| 26 <br> Cereal <br> Graham Crackers Fruit Orange Juice Milk | $27$ <br> WG Croissant w/Jelly Fruit Juice Milk | $28 \quad 3.6 \mathrm{oz}$. WG Blueberry MuffinFruit <br> Orange Juice <br> Milk | 29 <br> WG Apple Roll Fruit <br> Orange Juice Milk | $\begin{gathered} \text { GOOD } \\ \text { FRIDAY } \end{gathered}$ |
| All Meals include Choice of 1\% or Skim Milk. Circle a Milk Choice $\mathbf{1 \%}$ Skim $\quad$ Complies with NSLP Regulations |  |  |  |  |

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

## ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!
$\qquad$
$\qquad$

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8
MARCH, 2018

## LUNCH Circle A or B

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| 5 <br> A Oven Baked Chicken Bites Potato Wedges \& WG Roll <br> B Salad w/Crunchy Chicken \& WG Pita Bread Milk | $\begin{array}{\|cc} \hline 6 & \\ \text { A } & \text { Tuna Salad on WG Roll } \\ \text { Chickpea Salad w/Carrots } \\ \text { B } & \text { Salad w/Crunchy Chicken \& } \\ & \text { WG Pita Bread } \\ & \text { Milk } \end{array}$ | 7 <br> EARLY <br> RELEASE | Herbed Baked Chicken Green Beans Whole Grain Roll <br> B Salad w/Crunchy Chicken \& WG Pita Bread Milk | 9  <br> A Cheese Pizza <br> B Carrots \& Broccoli <br>   <br>  WG Pita Bread <br>  Milk |
| Hamburger on WG Bun Vegetarian Baked Beans <br> B Salad w/ Turkey \& WG Pita Bread Milk | 13  <br> A Grilled Chicken Breast <br>  Veggie Pasta Salad <br> B  <br>  WG Pita Bread <br>  Milk | Sloppy Joe on WG Bun Green Beans <br> B Salad w/Turkey \& WG Pita Bread Milk | 15 Chicken Quesadilla <br> A Corn <br> B  <br> WG Pita Bread <br> Milk <br>   | 16  <br> A Cheese Pizza <br>  Carrots <br>  Potato Wedges <br> B  <br> WG Pita Bread <br>  Milk |
| 19 <br> A Pancakes \& Sausage Potato Wedges <br> B Salad w/String Cheese \& WG Pita Bread Milk | A Buffalo Chicken Wrap Chickpea Salad w/Veggies <br> B Salad w/String Cheese \& WG Pita Bread Milk | A American Chop Suey Green Beans \& WG Roll <br> B Salad w/String Cheese \& WG Pita Bread Milk | $22$ <br> A Sweet \& Sour Chicken Brown Rice \& Broccoli <br> B Salad w/String Cheese \& WG Pita Bread Milk | Cheese Pizza <br> Carrots \& Potato Wedges <br> B Salad w/String Cheese \& WG Pita Bread Milk |
| 26  <br> A Chicken Teriyaki <br>  Brown Rice <br> Green Beans  <br> B  <br> WG Pita Bread <br>  <br> $\quad$ Milk | 27 <br> A Ham \& Cheese on WG Bun Chickpea Salad \& Carrots <br> B Salad w/Tuna \& WG Pita Bread Milk | 28 Chicken Parmesan Sandwich <br> Potato Wedges  <br> B  <br> WG Pita Bread <br> Milk <br>   <br>  Man <br>   | 29 Ziti \& Meatballs <br> A Broccoli <br> B  <br> WG Pita Bread <br> Milk <br>   | $30$ <br> GOOD FRIDAY |
| * All Meals include Choice of $1 \%$ or Skim Milk. Circle a Mi |  | 1\% Skim | All Meals Include Fruit | * Complies with NSLP Regulations |

## ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!
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SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12
MARCH, 2018

## LUNCH Circle A or B

| MONDAY |  | TUESDAY |  | WEDNESDAY |  | THURSDAY |  | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 5 <br> A Oven Baked Chicken Bites Potato Wedges \& WG Roll <br> B Salad w/Crunchy Chicken \& WG Pita Bread Milk |  | Tuna Salad on WG Roll Chickpea Salad w/Carrots Salad w/Crunchy Chicken \& WG Pita Bread Milk | 7 | EARLY RELEASE | 8 <br> A <br> B | Herbed Baked Chicken Green Beans Whole Grain Roll Salad w/Crunchy Chicken \& WG Pita Bread Milk | $\begin{aligned} & \hline 9 \\ & \mathbf{A} \\ & \hline \mathbf{B} \end{aligned}$ | Cheese Pizza Carrots \& Broccoli Salad w/ Crunchy Chicken \& WG Pita Bread Milk |
| 12 Hamburger on WG Bun <br> A Hegetarian Baked Beans <br> Vegal <br> B <br>  <br> WG Pita Bread <br> Milk <br>   <br>   <br>   <br>   <br>   | $\begin{aligned} & 13 \\ & \mathbf{A} \\ & \mathbf{B} \end{aligned}$ | Grilled Chicken Breast <br> Veggie Pasta Salad Salad w/Turkey \& WG Pita Bread Milk |  | Sloppy Joe on WG Bun Green Beans Salad w/Turkey \& WG Pita Bread Milk | $\begin{array}{\|l\|} \hline 15 \\ \mathbf{A} \\ \text { B } \end{array}$ | Chicken Quesadilla Corn <br> Salad w/Turkey \& WG Pita Bread Milk | $\begin{array}{\|l\|} \hline 16 \\ \text { A } \end{array}$ <br> B | Cheese Pizza Carrots Potato Wedges Salad w/Turkey \& WG Pita Bread Milk |
| A Pancakes \& Sausage Potato Wedges <br> B Salad w/String Cheese \& WG Pita Bread Milk |  | Buffalo Chicken Wrap Chickpea Salad w/Veggies Salad w/String Cheese \& WG Pita Bread Milk |  | American Chop Suey Green Beans \& WG Roll Salad w/String Cheese \& WG Pita Bread Milk | $\begin{array}{\|l\|} \hline 22 \\ \mathbf{A} \\ \hline \end{array}$ B | Sweet \& Sour Chicken Brown Rice \& Broccoli Salad w/String Cheese \& WG Pita Bread Milk | $\begin{array}{\|l\|} \hline 23 \\ \mathbf{A} \\ \mathbf{B} \\ \hline \end{array}$ | Cheese Pizza Carrots \& Potato Wedges Salad w/String Cheese \& WG Pita Bread Milk |
| 26 Chicken Teriyaki <br> A Brown Rice <br> Green Beans  <br> B  <br> WG Pita Bread <br> Milk <br>  Min |  | Ham \& Cheese on WG Bun Chickpea Salad \& Carrots Salad w/Tuna \& WG Pita Bread Milk |  | Chicken Parmesan Sandwich Potato Wedges Salad w/Tuna \& WG Pita Bread Milk | $\begin{aligned} & \hline 29 \\ & \mathbf{A} \\ & \mathbf{B} \end{aligned}$ | Ziti \& Meatballs <br> Broccoli <br> Salad w/Tuna \& WG Pita Bread Milk | 30 | $\begin{aligned} & \text { GOOD } \\ & \text { FRIDAY } \end{aligned}$ |
| * All Meals include Choice of | or | kim Milk. Circle a Milk |  | 1\% Skim | All Meals Include Fruit |  | pli | with NSLP Regulations |

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[^0]:    Download the Blood Donor App | redcrossblood.org | 1-800-RED CROSS | 1-800-733-2767

