



FROM THE K-12 INTERIM PRINCIPAL

In February our youngest students enter the building proudly bearing tri fold boards along with the expected backpacks, lunch boxes, and snow gear. Some enter school eagerly, others with a healthy dose of nerves. It's a sure sign of the season, as is the bustling parking lot full of visiting family members. Exhibitions of Mastery are in full swing! Students in grades K-6 completed their Exhibitions in the month of February with a few finishing up this week. Our Level IV students are currently working on projects that they will present toward the end of March. At the high school level the presentations occur throughout the school year depending on the work of the student's Workshop. The EOM cycle begins again in late spring as students complete a second project. These projects represent weeks of work on the part of students, their teachers, and their parents.

The Exhibition of Mastery (EOM) has been an important part of the academic program at SSCPS since the school's inception. It was designed as a way for students to publically share what they learned through project-based learning. At one time most of the school day was devoted to Project and the EOM was the primary mode of assessing student learning. Like the Project model, the EOM has evolved over the years. Today the EOM takes on a different form for students at different grade levels, but its essence is the same. Students are expected to dive deep into a subject and then share what they have learned with an audience of their peers, teachers, and families. They are expected to prepare, practice, and answer questions. They learn as much about engaging an audience as they do about the subject, an important skill to take forward in their academic careers.

EOM projects evolve as students grow. A kindergarten student might prepare a presentation about their family and display pictures with one word captions on a poster board, a Level II student could speak about a musical instrument using talking points printed on a trifold board, while an eighth grader might share information about clean energy using a PowerPoint presentation. At every Level the successful completion of EOMs are an Exit Standard that students must complete in order to move to the next Level, or at the high school to graduate.

For many high school Workshops school events such as the Winter Concert, Theater Festival, and the Fashion Walk serve as an EOM. The process of completing EOMs at the high school level is different than it is for students in grades K-8. High school Exhibitions do not have fixed dates on the calendar, but are spread out to align with the goals of the group. A broad range of project formats allow student work to appropriately echo the focus of the Workshop. These projects often take forms outside of the traditional trifold board or PowerPoint presentation that our younger students are accustomed to. Students in the Music Workshop show the skills they have learned as they perform in a concert, Art Workshop students share their fashion creations in a judged fashion show, and Theater Guild High School Drama Festival stage. The Drama Festival is this Saturday at Norwood High School for anyone that is interested in attending. Our students will take the stage at 5:30 and will be performing the student-designed and student-directed play, *13 Ways to Screw up Your College Interview*. Performing in front of an audience is an important part of the EOM process. I encourage anyone who is able to attend. Every year the work of both our students and that of their peers from other high schools at the Festival is impressive.

One thing that I consistently hear from our alumni is that their SSCPS education prepared them with the presentation skills that they needed in college and that most of their peers do not have the ease with an audience that they have developed. Many students credit years of EOM presentations for this confidence. Those hours of work and practice that begin in kindergarten pay dividends. Thank you for your continued support of this important work.

Wednesday	02/28	Library Work Party	5:00-7:30pm
Thursday	03/01	High School MCAS ELA Retest	
Thursday	03/01	School Council	3:30pm
Thursday	03/01	11 th Grade Parent Night at 700 Longwater Drive	6:30-8:30pm
Friday	03/02	High School MCAS ELA Retest	
Saturday	03/03	Ski Club to Ragged Mountain	6:30am
Saturday	03/03	METF High School Drama Festival Norwood High School	
Monday	03/05	High School MCAS Math Retest	
Monday	03/05	National Honor Society to Food Bank	
Tuesday	03/06	High School MCAS Math Retest	
Tuesday	03/06	Family Coding Night	6:00pm
Wednesday	03/07	Professional Development Early Release	12:00pm
Wednesday	03/07	Enrollment Lottery	2:00pm
Thursday	03/08	Board of Trustees Meeting Governance Committee Development Committee Finance Committee	7:30pm 6:30pm 6:30pm 7:00pm

WHAT'S HAPPENING IN PROJECTS AND WORKSHOPS?

Level III Leadership Project is hosting a pajama drive and we need your help! We are collecting new or slightly used pajamas for children in need ages 0-12 from February 1st-March 15th. Our goal as a school is to collect 100 pajamas. This competition is against other groups and schools. We have donation boxes on each level as well as a box at the front of the school. Thanks for your help!

FROM THE DEVELOPMENT OFFICE

SAVE THE DATE 23rd SSCEF Annual Auction Friday, May 4, 2018 at Atlantica, Cohasset, MA 6:00 p.m.



We invite all faculty, families, and friends of our community to our most important fundraiser of the year. The Annual Auction is a couple months away and we are requesting 100% PARTICIPATION from our families. There are MANY ways to help - attend the auction, volunteer, sponsor a teacher, help in the classroom with the art project, donate goods or services, purchase a 50/50 raffle ticket, refer a friend.... 100% participation is expected from every family. A letter is being mailed to each family that will include 2 50/50 raffle tickets that cost \$20 each - please write your check to SSCEF and turn them in

at the front desk at 100 or 700 Longwater. If you decide not to sell your tickets, please return them either way.

As always, thank you for your support. All funds raised from the Annual Fund support every student in our K-12 community.

Please use Amazon Smile with each Amazon purchase you regularly make. Log into <u>www.smile.amazon.com</u> and use your regular username and password. Search South Shore Charter Educational Foundation and earn free money. We just received a check for 105.35 from all of our purchases so every little bit helps!

2018 YEARBOOK

Order Your 2018 Yearbook!

The 2018 yearbook is now in progress. To order online go to <u>www.coffeepond.com</u>. To login use school password: <u>bluejaguar</u>. **Parents of seniors may submit a special personalized page** that will appear in the back of the book at these rates: **Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 15th, 2018.** The yearbook staff can help with any design concerns.

COMMUNITY SERVICE OPPORTUNITY

Clothing Drive to help the Homeless

Level II student, Wachira Njoroge, is collecting new and gently used winter clothes to help homeless families.

Items Recommended: Gloves, Hats, Socks Types of Clothes: New and Gently Used Winter Clothes of any size Starts: February 7, 2018 Ends: February 28, 2018 (After Vacation) Why: To help the homeless Donated to: Friends of Homeless Family Shelter Boxes Located in Level I and Level II

Join the 27th Annual Walk for Hospice – Saturday, March 24

SSCPS mom Kate Youngclaus, and her children Avery, grade 5, Sadie grade 2 and Maggie in kindergarten are participating in the 27th Annual Walk for Hospice of the South Shore taking place on Saturday, March 24, 2018. Each year the Walk for Hospice helps provide necessary funds for end-of-life care for hundreds of patients, and bereavement services for their family and friends. Supporting the Walk ensures that no patient is ever turned away, regardless of his or her ability to pay. Please consider joining our team, South Shore Charter Public School! http://giving.southshorehealth.org/site/TR/SignatureEvent/TeamRaiserWorkshop?team_id=1511&pg=team&fr_id=1090

Level 3 Student Collecting Donations for Local Animal Shelter

Fisher Roman loves cats. LOVES them. He even adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can of cat food or bags of cat litter and drop it off in Fisher's Cat Box on Level 3. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

SCHOOL MEALS (BREAKFAST AND LUNCH)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST complete a NEW 2017-2018 Meal Benefit application** and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits. <u>Click here</u> for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family MUST still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>



Family Code Night is a whole-school, whole-family SSCPS event at which kids grades K-6 and their parents do their first hour of computer programming - together! At this special evening of learning and fun, you'll play in parent-child teams to complete fun Code.org® puzzles and challenges at your own pace, and learn core concepts in coding in this very first hour. Afterwards, you'll go home with a special "Code On at Home" guide to continue coding puzzles, learning and fun at home. No coding experience needed, laptops available if needed (bring one device for each two attendees if you can). This is a great experience to share with your kids!

We'll start at 6:00 at 100 Longwater Circle. The program is free, but space is limited, so please sign up today! You'll be coding with your kids in no time!

> Learn More and Sign Up Here! or go to: https://goo.gl/forms/KmunHV9leo1naVmM2

We'll see you and your kids at Family Code Night!

© 2016 FamilyCodeNight.org Featuring Hour of Code puzzles from Code.org®



Spring Fling Dance for Grades 9 and 10 When: Friday, March 16th Time: 7:00-10:00 pm Where: Great Pond Manor- Braintree Tickets: \$10.00 per person Tickets on sale starting March 1st Questions - Mary Carter, Student Board Advisor mcarter@sscps.org



The 23nd Annual SSCEF Auction Friday, May 4th, 2018 Atlantica, Cohasset, MA

SSCEF is a 501(c)(3) charitable organization providing foundational financial support for the South Shore Charter Public School. SSCEF is a key partner in allocating funds to bolster our program offerings and to offset operating costs.

Contributions to SSCEF are tax deductible to the extent permitted by IRS regulations. Tax I.D. 030528760.

You are invited to join us!

Item Donated:

Retail Value:

SSCPS contact name, number and email:

Sponsorship Opportunities:

*Platinum Sponsor: \$5,000 *Bronze Sponsor: \$500 *Gold Sponsor: \$2,500 *Supporting Sponsor: \$250 *Family and Friends Sponsor: \$100 *Silver Sponsor: \$1,000 *Faculty/Staff Sponsor: \$75

Credit Card Info:
Name
Card
Number
Credit Card Security Code
Exp. Date

Please send Sponsorship Information to the South Shore Charter Educational Foundation (SSCEF), PO BOX 512, Accord, MA 02018 www.sscps.org Phone: 781.982.4202 Fax: 781.982.4201



SSCEF Sponsorship Packages

\$5,000

- 10 tickets to event with prime reserved seating
- Name displayed at event
- Recognition on our school website
- · Listing company on event and social media
- Opportunity to speak at the event

\$2,500

- 6 tickets to event with reserved seating
- Name displayed at event
- Recognition on our school website
- Listing company on event and social media
- Opportunity to speak at the event

\$1,000

- 4 tickets to event
- Name displayed at event
- Recognition on our school website and social media

\$500

- 2 tickets to event
- Name displayed at event
- Recognition on social media

\$250

- Name displayed at event
- Recognition on social media

\$100

- Friend of the Foundation Thank You
- Recognition on our school website under "Friend of SSCEF"

\$75

Sponsor a faculty or staff member

Please contact <u>ldannison@sscps.org</u> for more information.

Please send Sponsorship Information to the South Shore Charter Educational Foundation (SSCEF), PO BOX 512, Accord, MA 02018 <u>www.sscps.org</u> Phone: 781.982.4202 Fax: 781.982.4201

South Shore Charter School Presents You're A Good Man, Charlie Brown

Hanover High School Auditorium 287 Cedar Street, Hanover, MA Friday, March 23 at 7:30 pm Saturday, March 24 at 3 pm



YOU'RE A GOOD MAN, CHARLIE BROWN is presented by arrangement with TAMS-WITMARK MUSIC LIBRARY, INC. 560 Lexington Avenue, New York 10022



VOLUNTEERS!

"You're A Good Man, Charlie Brown"

We need student and parent volunteers interested in working on the SSCPS spring musical in the following areas:

Stage Crew Props Make Up & Hair Costumes Props Concessions Box Office Ushering Stage Management

For some positions, you may be required to attend one rehearsal and the tech rehearsal in additional to a performance(s).

Please contact Colleen Leonard <u>sscleonard@gmail.com</u> if you are interested in volunteering. In addition to being a lot of fun, it's great experience for college applications and resumes. Hours worked on the spring production count as community service too!

Last Box Tops Submission Date for 2018: March 1, 2018

Please Drop off Box Tops in the Envelope behind the Reception Desk



IF YOUR CHILD WOULD LIKE SOME VOLUNTEER TIME PLEASE LET ME KNOW AND I WILL SEND HOME A BAG OF BOX TOPS TO BE CLIPPED AND COUNTED. Hackett_irene@yahoo.com

Thank You!

Holly Hill Farm & Friends

2/27/2018 FOR IMMEDIATE RELEASE:

Contact Info: *Friends of Holly Hill Farm*, 236 Jerusalem Road , Cohasset, MA 02025 <u>www.hollyhillfarm.org</u> 781-383-6565 <u>UPCOMING EVENTS & ACTIVITIES</u>

SCITUATE FARMER'S MARKET, Indoors at ST. LUKE'S CHURCH, 465 First Parish Rd., Scituate MARCH 3 & 31,

APRIL 7, 8:30am-1:00pm Holly Hill Farm is at the Scituate Winter Farmer's and Artisan's Market! Unique Farmers and Artisans market with exclusive vendors offering products produced from the earth and hailed from all over New England. Come and buy some Holly Hill Farm Honey, fresh pea shoots, as available. **Brown Boar Farm** will also be there selling their pork products. **Email Meaghan for price list:** <u>Meaghan.swetish@brownboarfarm.com</u>

NEW EVENT! WEDNESDAY MORNINGS AT THE FARM, MARCH 7, 14, 21 & 28, 10:00-11:00am

Come walk, explore and enjoy Holly Hill Farm as Winter transitions to Spring! Parents, caregivers and youngsters, dress for some time outdoors, enjoy a healthy snack with story time. \$5 per family suggested donation. Preregister if you plan to attend one or all of the sessions. Please call or email in advance. Holly Hill Farm, 236 Jerusalem Rd., Cohasset. 781-383-6565 hollyhillfarm.org Email: jbelberhollyhill@hotmail.com

HOLLY HILL FARM WINTER FARM STAND 2018, SATURDAY, MARCH 10, 10:00-2:00pm

We will have limited quantities of shoots and greens, Holly Hill Farm Honey, created by honeybees who forage right here at the Farm, and other items. Brown Boar Farm will sell their pork products, Email Meaghan for price list and to pre-order: <u>Meaghan.swetish@brownboarfarm.com</u> If you wish to receive latest news about our farm stand and other farm events and programs, send email to <u>friendsofhollyhillfarm@gmail.com</u> Holly Hill Farm, 236 Jerusalem Rd., Cohasset. 781-383-6565

NEW EVENT! SEED SOWING AND HERB GROWING, SATURDAY, MARCH 17, 10:30-12:30pm

Come to the farm for a hands-on workshop to learn about what seeds to sow and how to plan and grow perennial herbs in your own garden or planter. You will have instructions on how to care for the seeds and cultivate them to maturity. We will also look at some seeds to place directly outside in the soil. Cost:\$12 FHHF Members; \$15 non-FHHF Members Optional Materials Fee: \$10, if you are taking trays of planted seeds home with you.

Walking Trails are open to the public at HOLLY HILL FARM every day!

Holly Hill Farm is a tranquil destination for a stroll in the woods and a visit with our farm animals. Property maps are available for purchase in the Greenhouse or in the Farm Office during business hours (\$3.) Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 hollyhillfarm.org

FARM TO FOOD PANTRY TEEN COMMUNITY SERVICE PROGRAM AT HOLLY HILL FARM, COHASSET The *Farm to Food Pantry Program* is a unique opportunity for teenagers aged 13-18. We are ready to plant, grow and work in the Farm Pantry Garden. We are excited to host students seeking community service and who wish to volunteer at Holly Hill Farm. **Start Dates: Friday, March 16, 3:00-5:00pm and/or Saturday March 17, 9:00-12:00. This schedule will be in effect through June 23.** For further information and to register, visit our website, hollyhillfarm.org. Contact Education Director, Jon Belber with any questions at 781-383-6565 or <u>ibelberhollyhill@hotmail.com</u>





Join other SSCPS Families* for a night of fun at the Great Wolf Lodge located in Framingham, MA.

April 6, 2018 through April 7, 2018.

Deluxe Queen Suites - \$169.00 + discounted room fee of \$9.99 and the inclusion of unlimited rope course (5th person fee is also waived)

The room block is secure until March 6. After that, they reserve the right to release rooms to the public. To make your reservation, please call: 1-866-980-9653

You must mention South Shore Charter block code 1804SouthShore

*This is a parent organized trip, NOT school sponsored



Resiliency Workshop:

Starting the conversation with children who have a parent with a life changing illness

Thursday, March 29th, 2018 at 6pm - 7:30pm Hospice of the South Shore 30 Reservoir Park Drive, Rockland MA 02370

Session led by Maria Trozzi, M.Ed.

Maria Trozzi, Program Director of Joanna's Place, is cofounder of The Good Grief Program at Boston Medical Center, and assistant professor of Pediatrics at Boston University School of Medicine for more than two decades, a psychotherapist and parent. Joanna's Place is partnering with Hospice of the South Shore to bring children and their parents an informative, FREE workshop about coping with illness.

Come fill your tool box with strategies to develop resiliency skills, regardless of the illness your family is facing.

Join other families, have a pizza supper, and maybe for the first time, share feelings with others experiencing similar challenges.

Pre-registration is required Please contact Mary Boyle

(617) 910-7845 or mary.boyle@joannasplace.org

Hospice of the South Shore

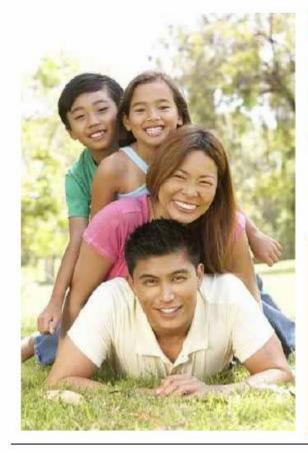
PART OF South Shore Health System

PEOPLE, CAREGIVERS, AND EXCELLENCE IN MEDICINE TOGETHER As One



What is the NAMI Basics Education Program?

NAMI Basics is a free, 6-week education program for parents and family caregivers of children and teens who are experiencing symptoms of a mental illness or whom have already been diagnosed. NAMI Basics is offered in a group setting so you can connect with other people face-to-face.



What Will You Gain?

At NAMI Basics, you'll find out that you're not alone. Recovery is a journey, and there is hope. The group setting of NAMI Basics provides mutual support and shared positive impact—you can experience compassion and reinforcement from people who understand your situation. You also can help others with your own experience!

DATES: March 6, 2018 to April 10, 2018

WHEN: Tuesday Evenings from 6:30pm to 9pm

WHERE: South Shore Children's Museum Hanover, MA

For **Registration** Contact: namisouthshore@gmail.com NAMI Massachusetts 529 Main St #1M17 Boston, MA 02129

OPEN TO THE PUBLIC



MONDAYS March 19, 26, & April 2, 2018 7:00 PM - 8:30 PM \$90 PER PERSON PRE-REGISTRATION REQUIRED CALL 781-545-6585

FACILITATED BY LYNNE REEVES GRIFFIN RN, MED

Based on the bestselling book, Negotiation Generation

Learn to end constant conflict Influence your child's behavior—without controlling it Predict & prevent challenging behavior Let go of time-outs, groundings, & other punishments Teach by example—show & tell your child how to behave well

Pre-Register Today

.

Unable to make the series but still need support? To learn about Lynne's individual parent coaching & education consultation services, visit www.LynneGriffin.com/services or call 781-545-6585.



Topics of interest for anyone raising, educating, mentoring, coaching or related to a child between the ages of 5-21!



Ŵ

 The Yes Brain: How to Cultivate Courage, Curiosity, and Resilience in Your Child, " by Daniel J. Siegel, M.D. and Tina Payne Bryson, Ph.D.; published by Bantam Books, January 2018. Visit the author's website at: http://bit.ly/2p2HNDP

Suggested Books

Highlighted Books:

- "Secret Kindness Agents: How Small Acts of Kindness Really Can Change the World, "by Ferial Pearson, Ed.D.; Published by Write Life Publishing, 2014. To view the author's Tedx talk visit: <u>http://bit.ly/2C3KUlk</u> To read an article in Teaching Tolerance about the author's work visit: <u>http://bit.ly/2iUsPxK</u>
- Raising a Secure Child: How Circle of Security Parenting Can Help You Nurture Your Child's Attachment, Emotional Resilience and Freedomw to Explore, " by Kent Hoffman, Glen Cooper, Bert Powell with Christine Benton, published by The Guilford Press, 2017. To read a Q & A article by PsychCentral with the author visit: <u>http://bit.ly/2CvOwzy</u>
- 4. "iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy—and Completely Unprepared for Adulthood—and What That Means for the Rest of Us, "by Jean M. Twenge, Ph.D.; published by Atria Books, 2017. Visit the author's website at: <u>http://bit.ly/2DUtrMr</u> To view a video interview by CBS This Morning visit: <u>http://bit.ly/2EG34em</u>
- "The Book-- The Story of the Red Tail Hawk: One Family's Journey Through Addiction," by K.A. Morini and Amanda Beth Randall; published by Balboa Publishing, 2016.
- "The Strength Switch: How the New Science of Strength-Based Parenting Can Help Your Child and your Teen to Flourish" by Lea Waters, Ph.D., published by Avery, 2017. Visit the author's website at: http://bit.ly/2l68X3k
- "Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone, "by Brené Brown Ph.D., L.M.S.W.; published by Random House, 2017. Visit the author's website at: <u>http://bit.ly/2AfrQ2n</u>



Breakfast Order Form Breakfast for the Month of March, 2018

Due to the office by 3:00 pm, *Tuesday, March 6, 2018

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please <u>CHECK</u> off the day breakfast will be ordered.

Week of3/53/9	_ [_] Monday 	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 3/12 – 3/16	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 3/19 – 3/23	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 3/26 – 3/30	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[X] Friday

Number of Breakfasts ordered	 Х	\$1.85
Less credit due		
Total Amount Enclosed	\$	
Cash or Checks may be made out to SSCPS.		

Lunch Order Form Lunch for the Month of March, 2018

Due to the office by 3:00 pm, *Tuesday, March 6, 2018

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please <u>circle</u> one choice per each day lunch is ordered.

Week of	Monday	Tuesday	Wednesday	Thursday	<u>Friday</u>
3/5 3/9	Reg or Salad	<u> </u>	NO LUNCH	Reg or Salad	
Week of	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
3/12 - 3/16	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad
XX 1 C		T 1	*** 1 1		T ' 1
Week of 3/19 – 3/23	<u>Monday</u> Reg or <mark>Salad</mark>	<u>Tuesday</u> Reg or <mark>Salad</mark>	<u>Wednesday</u> Reg or <mark>Salad</mark>	<u>Thursday</u> Reg or <mark>Salad</mark>	<u>Friday</u> Reg or <mark>Salad</mark>
5/17 5/25	Reg of Dalua	iteg of Sund	neg of build	Reg of Bullu	Neg of Dulla
Week of	Monday	Tuesday	Wednesday	Thursday	Friday
3/26 - 3/30	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad	NO SCHOOL
• Optio	n A = Regular Lun n B = Salad Lunch only choose 1 (one)	Choice			
Number of R	egular Lunches (A	(A) ordered	>	X \$3.40	
Number of S	alads (B) ordered		·	X \$3.40	
Less credit di	ие				
	l Amount Encl eks may be made or			\$	_



SOUTH SHORE CHARTER SCHOOL MARCH, 2018

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
Frosted Flakes	2 oz. Cereal	3.6 oz. WG Blueberry Muffin	3.6 oz. WG Chocolate Muffin	WG Apple Roll
WG Grahams	Fruit	Fruit	Fruit	Fruit
Fruit	Juice	Orange Juice	Orange Juice	Orange Juice
Juice	Milk	Milk	Milk	Milk
Milk				
12	13	14	15	16
Cereal	3.6 oz. WG Banana Muffin	3.6 oz. WG Chocolate Chip Muffin	WG Cinnamon Roll	WG Bagel
Graham Crackers	Fruit	Fruit	Fruit	Fruit
Fruit	Orange Juice	Orange Juice	Juice	Orange Juice
Orange Juice	Milk	Milk	Milk	Milk
Milk				
19	20	21	22	23
Cheerios	2 oz. Cereal	3.6 oz. WG Apple Muffin	Cereal	WG Cinnamon Roll
Graham Crackers	Fruit	Fruit	Graham Crackers	Fruit
Fruit	Orange Juice	Orange Juice	Fruit	Juice
Orange Juice	Milk	Milk	Juice	Milk
Milk			Milk	
26	27	28	29	30
Cereal	WG Croissant w/Jelly	3.6 oz. WG Blueberry Muffin	WG Apple Roll	COOD
Graham Crackers	Fruit	Fruit	Fruit	GOOD
Fruit	Juice	Orange Juice	Orange Juice	
Orange Juice	Milk	Milk	Milk	FRIDAY
Milk				
* All Meals include Cho	ice of 1% or Skim Milk Circle a	Milk Choice 1% Skim	* Complies	with NSLP Regulations

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED. ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!

Grade: _	
Room: _	



No. of Lunches: ______Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8 MARCH, 2018

LUNCH Circle A or B

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	7 EARLY RELEASE	8 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	9 A Cheese Pizza Carrots & Broccoli B Salad w/ Crunchy Chicken & WG Pita Bread Milk
13 A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	14 A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	15 A Chicken Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	16 A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
20 A Buffalo Chicken Wrap Chickpea Salad w/Veggies B Salad w/String Cheese & WG Pita Bread Milk	21 A American Chop Suey Green Beans & WG Roll B Salad w/String Cheese & WG Pita Bread Milk	22 A Sweet & Sour Chicken Brown Rice & Broccoli B Salad w/String Cheese & WG Pita Bread Milk	23 A Cheese Pizza Carrots & Potato Wedges B Salad w/String Cheese & B Salad w/String Cheese & WG Pita Bread Milk Milk Milk
 A Ham & Cheese on WG Bun Chickpea Salad & Carrots B Salad w/Tuna & WG Pita Bread Milk 	28 A Chicken Parmesan Sandwich Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	29 A Ziti & Meatballs Broccoli B Salad w/Tuna & WG Pita Bread Milk	30 GOOD FRIDAY
	6 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk 13 A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk 20 A A Buffalo Chicken Wrap Chickpea Salad w/Veggies B Salad w/String Cheese & WG Pita Bread Milk 27 A A Ham & Cheese on WG Bun Chickpea Salad & Carrots B Salad w/Tuna & WG Pita Bread	6 7 A Tuna Salad on WG Roll Chickpea Salad w/Carrots 7 B Salad w/Crunchy Chicken & WG Pita Bread Milk 7 13 A Grilled Chicken Breast Veggie Pasta Salad 7 B Salad w/Turkey & WG Pita Bread Milk 14 A 13 14 A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk B Salad w/Turkey & WG Pita Bread Milk 20 A Buffalo Chicken Wrap Chickpea Salad w/Veggies 21 B Salad w/String Cheese & WG Pita Bread Milk 21 A American Chop Suey Green Beans & WG Roll 3 B Salad w/String Cheese & WG Pita Bread Milk 28 A Ham & Cheese on WG Bun Chickpea Salad & Carrots 28 B Salad w/Tuna & WG Pita Bread 28 A Chicken Parmesan Sandwich Potato Wedges 3 B Salad w/Tuna & WG Pita Bread 4	6 A Tuna Salad on WG Roll Chickpea Salad w/Carrots 7 EARLY RELEASE 8 A Herbed Baked Chicken Green Beans Whole Grain Roll 8 Salad w/Crunchy Chicken & WG Pita Bread Milk 7 EARLY RELEASE 8 A Herbed Baked Chicken Green Beans Whole Grain Roll 13 A Grilled Chicken Breast Veggie Pasta Salad 14 A Sloppy Joe on WG Bun Green Beans B 15 A Chickpe Quesadilla Corn 8 Salad w/Furkey & WG Pita Bread Milk 14 A Sloppy Joe on WG Bun Green Beans WG Pita Bread Milk 15 A Chicken Quesadilla Corn 20 A Buffalo Chicken Wrap Chickpea Salad w/Furkey & WG Pita Bread Milk 21 A A merican Chop Suey Green Beans & WG Roll B 22 A Sweet & Sour Chicken Brown Rice & Broccoli 9 Salad w/String Cheese & WG Pita Bread Milk 22 A Sweet & Sour Chicken Brown Rice & Broccoli 9 Salad w/String Cheese & WG Pita Bread Milk 23 A Chickpea Salad w/String Cheese & Bread Milk 4 27 A Ham & Cheese on WG Bun Chickpea Salad & Carrots B 24 A

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy! *"This institution is an Equal Opportunity Employer"*

Grade:	
Room:	



No. of Lunches: ______Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12 MARCH, 2018

LUNCH Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 5 A Oven Baked Chicken Bites Potato Wedges & WG Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk 	6 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	⁷ EARLY RELEASE	8 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	9 A Cheese Pizza Carrots & Broccoli B Salad w/ Crunchy Chicken & WG Pita Bread Milk
 Hamburger on WG Bun Vegetarian Baked Beans B Salad w/ Turkey & WG Pita Bread Milk 	13 A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	14 A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	15 A Chicken Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	16 A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
19 A Pancakes & Sausage Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk	20 A Buffalo Chicken Wrap Chickpea Salad w/Veggies B Salad w/String Cheese & WG Pita Bread Milk	21 A American Chop Suey Green Beans & WG Roll B Salad w/String Cheese & WG Pita Bread Milk	22 A Sweet & Sour Chicken Brown Rice & Broccoli B Salad w/String Cheese & WG Pita Bread Milk	23 A Cheese Pizza Carrots & Potato Wedges B Salad w/String Cheese & B Salad w/String Cheese & WG Pita Bread Milk Milk Milk
26 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	27 A Ham & Cheese on WG Bun Chickpea Salad & Carrots B Salad w/Tuna & WG Pita Bread Milk	28 A Chicken Parmesan Sandwich Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	29 A Ziti & Meatballs Broccoli B Salad w/Tuna & WG Pita Bread Milk	30 GOOD FRIDAY

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy! *"This institution is an Equal Opportunity Employer"*