



# Update

March 15, 2018

Vol. 3, Issue 2

## FROM THE K-12 INTERIM PRINCIPAL

Winter in New England is inevitable and our students and their teachers are demonstrating that they have the flexibility necessary to successfully navigate it. Despite a stop and go start to March, our community is making the most of it and continuing to push forward with teaching and learning. Walking through our halls today I saw focused students hard at work who are happy to be back in the building. This month's storms have closed school and resulted in the cancellation and postponement of many school activities and events. They have not stopped our students from showcasing their hard work and pushing on with the curriculum.



Our Theater Workshop students were unable to participate in this year's METG High School Drama Festival because of the first March nor'easter. The students were afforded the opportunity to perform this past weekend in the non-competitive version of Festival, the Massachusetts Theater Celebration. Due to the rescheduling not every student could attend, resulting in the group working with a smaller cast and crew. Despite these obstacles, our students did a phenomenal job. Their performance was the culmination of months of hard work and preparation. Acting awards went to Jonah Handleman, Sophia Korosidis, Sam Philippe, and Madison Stirling. Our student director and skeleton crew did such an

impressive job that the group received the "Stage Manager's Award," despite the fact that they didn't have enough people to have an actual stage manager. SSCPS was also awarded a "Special Award for Program Growth and Development." Congratulations to Debra Greene, Theater Workshop leader, and all of the students in the group on a job well done.

After two reschedulings our high school step team finally had the opportunity to perform in Boston this past Saturday at the Massachusetts Charter School Athletic Organization Cheer/Dance/Step Showcase. Congratulations to our step team members, their coach, Stacy Tchouanguem, and their assistant coach, Angeline Ratcliff on their second place finish! Stacy's team has shown incredible growth over the past few months as they have come together as a team. Stacy is working with teachers at every Level so that our students will have the opportunity to see Stomp Dynasty in action over the next few weeks.



In other weather-related rescheduling news, our new date for the Level II Boston Symphony Orchestra field trip is Thursday, April 5th. New permission slips will be forthcoming. Thank you for your flexibility as we all work around the weather. We're glad to be back in school and are hoping for calm skies for the remainder of the school year. Please don't hesitate to reach out with any questions or concerns.

Angie Pepin – [apepin@sscps.org](mailto:apepin@sscps.org)

Thursday	03/14	Level I and Level II African Diaspora Night: An Evening of SSCPS Families Sharing their Cultural Backgrounds	6:00-7:30pm
Monday	03/19	Level IV Literary Project to the Hingham Library	
Tuesday	03/20	Parents Association hosting Good Samaritan Presentation PA Meeting will be held prior to the presentation.	6:30pm 6:00pm
Wednesday	03/21	Winter Sports Banquet at the SSCPS Gym	4:30-6:00pm
Thursday	03/22	Level IV Theatre Project to Huntington Theatre	
Thursday	03/22	Middle School Europe Trip Meeting	6:00pm
Friday	03/23	“You’re A Good Man Charlie Brown” Hanover High School	7:30pm
Saturday	03/24	“You’re A Good Man Charlie Brown” Hanover High School	3:00pm
Save the Date!	04/10	International Food Night – Details to follow	

## WHAT’S HAPPENING IN PROJECTS AND WORKSHOPS?

**Level III Leadership Project** is hosting a pajama drive and we need your help! We are collecting new or slightly used pajamas for children in need ages 0-12 from February 1st-March 15th. Our goal as a school is to collect 100 pajamas. This competition is against other groups and schools. We have donation boxes on each level as well as a box at the front of the school. Thanks for your help!

## FROM THE DEVELOPMENT OFFICE

**Early Bird Pricing is OPEN for the 23rd SSCEF Annual Auction!**  
**Friday, May 4, 2018 at Atlantica, Cohasset, MA 6:00 p.m.**



[Register today](#) for our annual auction benefiting the school! We invite all faculty, families and friends in our community. We encourage all families to help with this event. 50/50 raffle tickets and event information have been mailed to all SSCPS families. Please sell your tickets and return the stub to either 100 or 700 Longwater, or mail to the school. Cash or check payable to SSCEF.

If you would like to sponsor the event, or have any connections to restaurants, vacation homes, businesses, etc, please contact Laurie Dannison at [ldannison@sscps.org](mailto:ldannison@sscps.org).

*Thank you for your support. All funds raised from the Auction and Annual Fund support every student in our K-12 community.*

Please use Amazon Smile with each Amazon purchase you regularly make. Log into [www.smile.amazon.com](http://www.smile.amazon.com) and use your regular username and password. Search South Shore Charter Educational Foundation and earn free money.

## 2018 YEARBOOK

### Order Your 2018 Yearbook!

The 2018 yearbook is now in progress. To order online go to [www.coffeepond.com](http://www.coffeepond.com). To login use school password: **bluejaguar**. Parents of seniors may submit a special personalized page that will appear in the back of the book at these rates: **Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 15th, 2018.** The yearbook staff can help with any design concerns.

## COMMUNITY SERVICE OPPORTUNITY

### Join the 27<sup>th</sup> Annual Walk for Hospice – Saturday, March 24

SSCPS mom Kate Youngclaus, and her children Avery, grade 5, Sadie grade 2 and Maggie in kindergarten are participating in the 27th Annual Walk for Hospice of the South Shore taking place on Saturday, March 24, 2018. Each year the Walk for Hospice helps provide necessary funds for end-of-life care for hundreds of patients, and bereavement services for their family and friends. Supporting the Walk ensures that no patient is ever turned away, regardless of his or her ability to pay. Please consider joining our team, South Shore Charter Public School!  
[http://giving.southshorehealth.org/site/TR/SignatureEvent/TeamRaiserWorkshop?team\\_id=1511&pg=team&fr\\_id=1090](http://giving.southshorehealth.org/site/TR/SignatureEvent/TeamRaiserWorkshop?team_id=1511&pg=team&fr_id=1090)

### Level 3 Student Collecting Donations for Local Animal Shelter

Fisher Roman loves cats. LOVES them. He even adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can of cat food or bags of cat litter and drop it off in Fisher's Cat Box on Level 3. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

## SCHOOL MEALS (BREAKFAST AND LUNCH)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST complete a NEW 2017-2018 Meal Benefit application** and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits. [Click here](#) for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family **MUST** still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT [WWW.SSCPS.ORG](http://WWW.SSCPS.ORG)  
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103  
OR EMAIL [PALGERA@SSCPS.ORG](mailto:PALGERA@SSCPS.ORG)**



# Please Join a Special SSCPS PA Sponsored Event

When: Tuesday, March 20, 2018, at 6:30 PM  
(PA MEETING WILL BEGIN AT 6:00 PM)

Where: 100 Longwater Circle

What: SSCPS PA will be hosting a workshop by Rose Cheyette of the Good Samaritan

Suicide is the 2<sup>nd</sup> leading cause of death for youth ages 10-24, yet the stigma and shame associated with suicide often prevents us from discussing this important topic.

In this workshop, we will work to break down the stigma of mental health and suicide and discuss how to prevent suicide, and ideally how to best support youth who may be struggling before it even gets to the point of them considering suicide.

We will cover the following topics: Samaritans' services, facts and myths of suicide, risk factors, warning signs, resiliency/coping, and how to talk to a young person who may be in a crisis. Hopefully by the end of the workshop we will all have a greater understanding of how life stressors and circumstances can build up for a young person, how to be more mindful of their struggles and how to be all around better listeners.

Please join us on March 20th regardless of your child's age.

got internship?

Help Us ...  
Help You -  
Hire a

## Student Intern

Every spring, our high school seniors spend three weeks in an internship getting real life experience in a work setting and possible future career. If your office or business is willing to offer an internship position, we would like to hear from you.

### **The details:**

- 30 hours a week/for 3 weeks (generally between the hours of 8:30-3:00)
- From April 30 - May 18
- Unpaid
- Any type of work: physical, office work, outdoor/indoor

### **Requires:**

- a mentor willing to oversee the intern's activities
- Email a record of hours worked once a week
- Complete a student evaluation at the end of the internship

***If you have an internship opportunity, please contact Mary Carter at [mcarter@sscps.org](mailto:mcarter@sscps.org) with the following information:***

- Name and address of company/business
- Contact name, phone number and/or email
- Brief description of the type of work/environment involved
- Any special requirements that are needed (good with computers, can lift boxes, for example)





- Thank you for sending in your Box Tops!
- We submitted **2,380** Box Tops for SSCPS.
- A check for **\$238** will arrive in May.
- Please continue to send in your BOX TOPS, (Envelope behind the front desk). **Yearly total so far - \$695.**

**THANK**  
**★ YOU**

**Special Thank You to:**

**Lexi Payne,  
Chloe Eschazier  
Christian Pettinelli  
Shane Hackett  
Kendall & Riley Lynn**

**Nicholas Nunes,  
Beckett & Reagan Long,  
Riley Trimble  
James McKernan  
Logan Cook**

**Who Volunteered and Helped with Clipping and Sorting.**



**The 23<sup>rd</sup> Annual SSCEF Auction**

**Friday, May 4<sup>th</sup>, 2018**

**Atlantica, Cohasset, MA**

SSCEF is a 501(c)(3) charitable organization providing foundational financial support for the South Shore Charter Public School. SSCEF is a key partner in allocating funds to bolster our program offerings and to offset operating costs.

Contributions to SSCEF are tax deductible to the extent permitted by IRS regulations.  
Tax I.D. 030528760.

*You are invited to join us!*

Item Donated: \_\_\_\_\_

Retail Value: \_\_\_\_\_

SSCPS contact name, number and email: \_\_\_\_\_

**Sponsorship Opportunities:**

- \*Platinum Sponsor: \$5,000
- \*Gold Sponsor: \$2,500
- \*Silver Sponsor: \$1,000
- \*Bronze Sponsor: \$500
- \*Supporting Sponsor: \$250
- \*Family and Friends Sponsor: \$100
- \*Faculty/Staff Sponsor: \$75

**Credit Card Info:**  
Name \_\_\_\_\_  
Card  
Number \_\_\_\_\_  
Credit Card Security Code \_\_\_\_\_  
Exp. Date \_\_\_\_\_

Please send Sponsorship Information to the South Shore Charter Educational Foundation (SSCEF), PO BOX 512, Accord, MA 02018

[www.sscps.org](http://www.sscps.org)

Phone: 781.982.4202 Fax: 781.982.4201





SOUTH SHORE CHARTER  
EDUCATIONAL FOUNDATION INC.

## SSCEF Sponsorship Packages

\$5,000

- 10 tickets to event with prime reserved seating
- Name displayed at event
- Recognition on our school website
- Listing company on event and social media
- Opportunity to speak at the event

\$2,500

- 6 tickets to event with reserved seating
- Name displayed at event
- Recognition on our school website
- Listing company on event and social media
- Opportunity to speak at the event

\$1,000

- 4 tickets to event
- Name displayed at event
- Recognition on our school website and social media

\$500

- 2 tickets to event
- Name displayed at event
- Recognition on social media

\$250

- Name displayed at event
- Recognition on social media

\$100

- Friend of the Foundation Thank You
- Recognition on our school website under "Friend of SSCEF"

\$75

- Sponsor a faculty or staff member

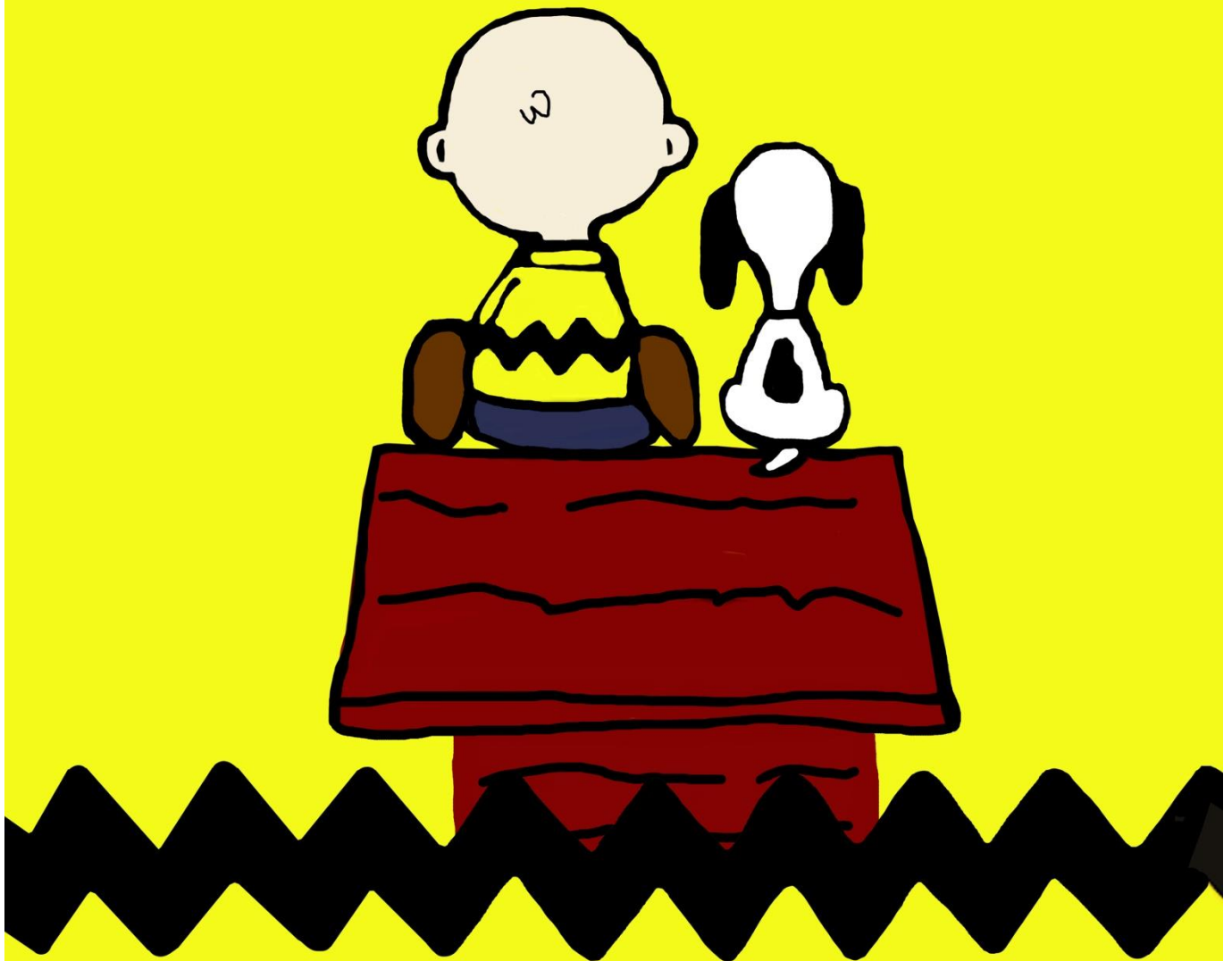
*Please contact [ldannison@sscps.org](mailto:ldannison@sscps.org) for more information.*

Please send Sponsorship Information to the South Shore Charter Educational Foundation (SSCEF), PO BOX 512, Accord, MA 02018  
[www.sscps.org](http://www.sscps.org)

Phone: 781.982.4202 Fax: 781.982.4201

South Shore Charter School Presents  
**You're A Good Man, Charlie Brown**

Hanover High School Auditorium  
287 Cedar Street, Hanover, MA  
Friday, March 23 at 7:30 pm  
Saturday, March 24 at 3 pm



**NEW!** Reserved seating \$11 at [ShowTix4U.com](http://ShowTix4U.com) or 1-866-967-8167

YOU'RE A GOOD MAN, CHARLIE BROWN  
is presented by arrangement with TAMS-WITMARK MUSIC LIBRARY, INC.  
560 Lexington Avenue, New York 10022



*Adventure  
awaits*

**Join other SSCPS Families\* for a night of fun at the Great Wolf Lodge located in Framingham, MA.**

**April 6, 2018 through April 7, 2018.**

Deluxe Queen Suites - \$169.00 + discounted room fee of \$9.99 and the inclusion of unlimited rope course (5th person fee is also waived)

The room block is secure until March 6. After that, they reserve the right to release rooms to the public. To make your reservation, please call: 1-866-980-9653

You must mention South Shore Charter block code 1804SouthShore

\*This is a parent organized trip, NOT school sponsored



## Resiliency Workshop:

*Starting the conversation with children who have a parent with a life changing illness*

**Thursday, March 29<sup>th</sup>, 2018 at 6pm - 7:30pm**  
**Hospice of the South Shore**  
**30 Reservoir Park Drive, Rockland MA 02370**

### Session led by Maria Trozzi, M.Ed.

Maria Trozzi, Program Director of Joanna's Place, is cofounder of The Good Grief Program at Boston Medical Center, and assistant professor of Pediatrics at Boston University School of Medicine for more than two decades, a psychotherapist and parent.

**Joanna's Place is partnering with Hospice of the South Shore to bring children and their parents an informative, FREE workshop about coping with illness.**

Come fill your tool box with strategies to develop resiliency skills, regardless of the illness your family is facing.

Join other families, have a pizza supper, and maybe for the first time, share feelings with others experiencing similar challenges.

**Pre-registration is required**  
**Please contact Mary Boyle**  
**(617) 910-7845 or**  
**mary.boyle@joannasplace.org**

**Hospice of the  
South Shore**

PART OF South Shore Health System

PEOPLE, CAREGIVERS, AND EXCELLENCE IN MEDICINE TOGETHER *As One*



OPEN TO THE PUBLIC

# PROACTIVE PARENTING 3 PART SERIES

HELD AT  
SOUTH SHORE  
THERAPIES  
42 WINTER STREET  
PEMBROKE, MA

**MONDAYS**

**March 19, 26, & April 2, 2018**  
**7:00 PM - 8:30 PM**

**\$90 PER PERSON**

**PRE-REGISTRATION REQUIRED**  
**CALL 781-545-6585**

**FACILITATED BY LYNNE REEVES GRIFFIN RN, MED**

*Based on the bestselling book, Negotiation Generation*

**Learn to end constant conflict**  
**Influence your child's behavior—without controlling it**  
**Predict & prevent challenging behavior**  
**Let go of time-outs, groundings, & other punishments**  
**Teach by example—show & tell your child how to behave well**

**Pre-Register Today**



**Unable to make the series but still need support?**  
**To learn about Lynne's individual parent coaching &**  
**education consultation services, visit**  
**[www.LynneGriffin.com/services](http://www.LynneGriffin.com/services) or call 781-545-6585.**



**Breakfast Order Form**  
**Breakfast for the Month of March, 2018**  
*Due to the office by 3:00 pm, \***Tuesday**, March 20, 2018*

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

Please **CHECK** off the day breakfast will be ordered.

~~Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday~~  
~~3/5 3/9~~

~~Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday~~  
~~3/12 3/16~~

~~Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [ ] Friday~~  
~~3/19 3/23~~

Week of [ ] Monday [ ] Tuesday [ ] Wednesday [ ] Thursday [X] Friday  
3/26 – 3/30

Number of Breakfasts ordered \_\_\_\_\_ X \$1.85

*Less credit due* \_\_\_\_\_  
**Total Amount Enclosed** \$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.

# Lunch Order Form

## Lunch for the Month of March, 2018

Due to the office by 3:00 pm, \*Tuesday, March 20, 2018

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please circle **one** choice per each day lunch is ordered.*

Week of Monday Tuesday Wednesday Thursday Friday  
 3/5 3/9 **Reg or Salad** **Reg or Salad** **NO LUNCH** **Reg or Salad** **Reg or Salad**

Week of Monday Tuesday Wednesday Thursday Friday  
 3/12 3/16 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad**

Week of Monday Tuesday Wednesday Thursday Friday  
 3/19 3/23 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad**

Week of Monday Tuesday Wednesday Thursday Friday  
 3/26 – 3/30 **Reg or Salad** **Reg or Salad** **Reg or Salad** **Reg or Salad** **NO SCHOOL**

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered \_\_\_\_\_ X \$3.40

Number of **Salads (B)** ordered \_\_\_\_\_ X \$3.40

*Less credit due* \_\_\_\_\_

**Total Amount Enclosed**

\$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.



**SOUTH SHORE CHARTER SCHOOL**  
**MARCH, 2018**

**BREAKFAST**

Monday	Tuesday	Wednesday	Thursday	Friday
5 Frosted Flakes WG Grahams Fruit Juice Milk	6 2 oz. Cereal Fruit Juice Milk	7 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	8 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	9 WG Apple Roll Fruit Orange Juice Milk
12 Cereal Graham Crackers Fruit Orange Juice Milk	13 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk	14 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	15 WG Cinnamon Roll Fruit Juice Milk	16 WG Bagel Fruit Orange Juice Milk
19 Cheerios Graham Crackers Fruit Orange Juice Milk	20 2 oz. Cereal Fruit Orange Juice Milk	21 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	22 Cereal Graham Crackers Fruit Juice Milk	23 WG Cinnamon Roll Fruit Juice Milk
26 Cereal Graham Crackers Fruit Orange Juice Milk	27 WG Croissant w/Jelly Fruit Juice Milk	28 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	29 WG Apple Roll Fruit Orange Juice Milk	<b><i>GOOD FRIDAY</i></b>

\* All Meals include Choice of 1% or Skim Milk.

**Circle a Milk Choice    1%    Skim**

\* Complies with NSLP Regulations

***PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.***

***ALL MENUS ARE SUBJECT TO CHANGE***

**\*Before placing your order, please inform the school if you have a food allergy!**

Grade: \_\_\_\_\_

Room: \_\_\_\_\_



No. of Lunches: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

**SOUTH SHORE CHARTER PUBLIC SCHOOL K-8**  
**MARCH, 2018**

**LUNCH** Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 A <b>Oven Baked Chicken Bites</b> Potato Wedges & WG Roll B <b>Salad w/Crunchy Chicken &amp; WG Pita Bread</b> Milk	6 A <b>Tuna Salad on WG Roll</b> Chickpea Salad w/Carrots B <b>Salad w/Crunchy Chicken &amp; WG Pita Bread</b> Milk	7 <b>EARLY RELEASE</b>	8 A <b>Herbed Baked Chicken</b> Green Beans Whole Grain Roll B <b>Salad w/Crunchy Chicken &amp; WG Pita Bread</b> Milk	9 A <b>Cheese Pizza</b> Carrots & Broccoli B <b>Salad w/ Crunchy Chicken &amp; WG Pita Bread</b> Milk
12 A <b>Hamburger on WG Bun</b> Vegetarian Baked Beans B <b>Salad w/ Turkey &amp; WG Pita Bread</b> Milk	13 A <b>Grilled Chicken Breast</b> Veggie Pasta Salad B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	14 A <b>Sloppy Joe on WG Bun</b> Green Beans B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	15 A <b>Chicken Quesadilla</b> Corn B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	16 A <b>Cheese Pizza</b> Carrots Potato Wedges B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk
19 A <b>Pancakes &amp; Sausage</b> Potato Wedges B <b>Salad w/String Cheese &amp; WG Pita Bread</b> Milk	20 A <b>Buffalo Chicken Wrap</b> Chickpea Salad w/Veggies B <b>Salad w/String Cheese &amp; WG Pita Bread</b> Milk	21 A <b>American Chop Suey</b> Green Beans & WG Roll B <b>Salad w/String Cheese &amp; WG Pita Bread</b> Milk	22 A <b>Sweet &amp; Sour Chicken</b> Brown Rice & Broccoli B <b>Salad w/String Cheese &amp; WG Pita Bread</b> Milk	23 A <b>Cheese Pizza</b> Carrots & Potato Wedges B <b>Salad w/String Cheese &amp; WG Pita Bread</b> Milk
26 A <b>Chicken Teriyaki</b> Brown Rice Green Beans B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	27 A <b>Ham &amp; Cheese on WG Bun</b> Chickpea Salad & Carrots B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	28 A <b>Chicken Parmesan Sandwich</b> Potato Wedges B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	29 A <b>Ziti &amp; Meatballs</b> Broccoli B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	30 <b>GOOD FRIDAY</b>

\* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1%

Skim

*All Meals Include Fruit*

\* Complies with NSLP Regulations

***ALL MENUS ARE SUBJECT TO CHANGE*****\*Before placing your order, please inform the school if you have a food allergy!*****"This institution is an Equal Opportunity Employer"***

Grade: \_\_\_\_\_

Room: \_\_\_\_\_



No. of Lunches: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

**SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12**  
**MARCH, 2018**

**LUNCH** Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 A <b>Oven Baked Chicken Bites</b> Potato Wedges & WG Roll B <b>Salad w/Crunchy Chicken &amp; WG Pita Bread</b> Milk	6 A <b>Tuna Salad on WG Roll</b> Chickpea Salad w/Carrots B <b>Salad w/Crunchy Chicken &amp; WG Pita Bread</b> Milk	7 <b>EARLY RELEASE</b>	8 A <b>Herbed Baked Chicken</b> Green Beans Whole Grain Roll B <b>Salad w/Crunchy Chicken &amp; WG Pita Bread</b> Milk	9 A <b>Cheese Pizza</b> Carrots & Broccoli B <b>Salad w/ Crunchy Chicken &amp; WG Pita Bread</b> Milk
12 A <b>Hamburger on WG Bun</b> Vegetarian Baked Beans B <b>Salad w/ Turkey &amp; WG Pita Bread</b> Milk	13 A <b>Grilled Chicken Breast</b> Veggie Pasta Salad B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	14 A <b>Sloppy Joe on WG Bun</b> Green Beans B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	15 A <b>Chicken Quesadilla</b> Corn B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	16 A <b>Cheese Pizza</b> Carrots Potato Wedges B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk
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Circle a Milk Choice

1%

Skim

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\* Complies with NSLP Regulations

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