



FROM THE EXECUTIVE DIRECTOR

"I don't want to live in the kind of world where we don't look out for each other. Not just the people that are close to us, but anybody who needs a helping hand." ~ Charles de Lint

Today we mark the second day of spring with a looming nor'easter, the fourth this winter. Despite the challenges over the past few weeks, our students, faculty, and families have been wonderful in making the best of the challenges set before us. Last week was an excellent example. Although there were numerous schedule changes to accommodate two missed days of school, our students at all grade levels worked hard to regain momentum and keep on with the tasks and fun of learning. Despite an interrupted week of learning, Level I and II families and students were able to participate in an informative African Diaspora Night. This weekend, we look forward to seeing our students perform "You're a Good Man, Charlie Brown" on Friday and Saturday. It is reassuring to realize that despite winter in New England, student learning persists.

Our high school students worked especially hard to regain the momentum of our conversations regarding school safety. On Friday morning, Sergeant Brian Resnick came to speak to our students in the high school great room. The purpose of Sergeant Resnick's visit was to review school safety and discuss the latest protocols for incident drills. What occurred was a discussion with our high school students that amounted to much more. I would like to take this opportunity to share with you some of Sergeant Resnick's words of wisdom as well as some of our own that you may find useful when talking to your child about school safety and mental health.

- You are safe at school. Your school conducts yearly lock down drills to train students and teachers how to
 respond during a critical incident. This practice is important because you get better with each incident drill.
 The Norwell Police Department is here to help you during these drills and has remained up to date on the
 latest procedures and recommendations for schools going under lockdown.
- You may be the best source of information. If you see or hear something that causes concern, tell someone like a teacher, parent, or the School Resource Officer. Your teachers and school administrators know how to do an investigation and know how to report a student in need of help.
- Know that the Norwell Police is less than one minute away. Unlike what you may see on television, most police officers do not work at a desk at the police station. Entire shifts are spent in squad cars that drive around Norwell and all schools. If there were ever a critical incident call, the first police car would arrive on the scene and enter the school immediately. The first responding police car would not wait outside the school for back up. They go right in.
- A good way to prepare for a critical incident is to think about the possible scenarios that could occur. Try to think about what you would do to protect yourself. For example, how would you lock yourself behind a door? What items in the classroom could you use to barricade yourself in? In an evacuation situation, what would the most efficient route be? Once you start to imagine these scenarios, you familiarize yourself with the situation and make yourself more comfortable with a difficult idea.
- Think positively. You are valuable. You are worth protecting. Everyone has something to go home to. Know that you mean the world to someone. It is our job to be sure that you make it home, not only for the person you are, but for all the people who love you.

It is never easy to discuss the topic of school safety, particularly in these uncertain times. As you may imagine, it can make some students very uncomfortable and anxious. However, as the conversations continued that Friday morning, it was clear that students were able to harness some of those feelings and construct some very real questions. It is my sincere hope that this will be the beginning of a larger conversation both in our school, and nationwide. Thank you to Sergeant Resnick, School Resource Officer Phelps, and to the entire Norwell Police Department for all you do for our school.

Alicia Savage – asavage@sscps.org

Wednesday	03/21	POSTPONED – Winter Sports Banquet	
Thursday	03/22	Level IV Theatre Project to Huntington Theatre Boston	
Thursday	03/22	Middle School Europe Trip Meeting	6:00pm
Friday	03/23	High School Store Workshop to Kingston	
Friday	03/23	"You're a Good Man Charlie Brown" Hanover High School	7:30pm
Saturday	03/24	"You're a Good Man Charlie Brown" Hanover High School	3:00pm
Tuesday	03/27	Grade 10 ELA MCAS	
Wednesday	03/28	Grade 10 ELA MCAS	
Wednesday	03/28	Winter Sports Banquet at the SSCPS Gym	4:30-6:00pm
Thursday	03/29	Grade 10 ELA MCAS	
Save the Date!	04/10	International Food Night – See attached flyer for details	

FROM THE DEVELOPMENT OFFICE

Early Bird Pricing for TWO more weeks for the 23rd SSCEF Annual Auction! Friday, May 4, 2018 at Atlantica, Cohasset, MA 6:00 p.m.



<u>Register today</u> for our annual auction benefiting the school! We invite all faculty, families and friends in our community. Mail your 50/50 tickets back to the school with a check payable to SSCEF. Auction items are piling up and you don't want to miss this event!

If you would like to sponsor a teacher, or sponsor the event, or have any connections to restaurants, vacation homes, businesses, etc, please contact Laurie Dannison at ldannison@sscps.org.

Thank you for your support. All funds raised from the Auction and Annual Fund support every student in our K-12 community.

Please use Amazon Smile with each Amazon purchase you regularly make. Log into www.smile.amazon.com and use your regular username and password. Search South Shore Charter Educational Foundation and earn free money.

2018 YEARBOOK

Order Your 2018 Yearbook!

The 2018 yearbook is now in progress. To order online go to www.coffeepond.com. To login use school password: bluejaguar. Parents of seniors may submit a special personalized page that will appear in the back of the book at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 15th, 2018. The yearbook staff can help with any design concerns.

COMMUNITY SERVICE OPPORTUNITY

Join the 27th Annual Walk for Hospice – Saturday, March 24

SSCPS mom Kate Youngclaus, and her children Avery, grade 5, Sadie grade 2 and Maggie in kindergarten are participating in the 27th Annual Walk for Hospice of the South Shore taking place on Saturday, March 24, 2018. Each year the Walk for Hospice helps provide necessary funds for end-of-life care for hundreds of patients, and bereavement services for their family and friends. Supporting the Walk ensures that no patient is ever turned away, regardless of his or her ability to pay. Please consider joining our team, South Shore Charter Public School! http://giving.southshorehealth.org/site/TR/SignatureEvent/TeamRaiserWorkshop?team_id=1511&pg=team&fr_id=1090

Level 3 Student Collecting Donations for Local Animal Shelter

Fisher Roman loves cats. LOVES them. He even adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can of cat food or bags of cat litter and drop it off in Fisher's Cat Box on Level 3. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

SCHOOL MEALS (BREAKFAST AND LUNCH)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family MUST complete a NEW 2017-2018 Meal Benefit application and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits. Click here for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family MUST still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>

WHAT'S HAPPENING IN PROJECTS AND WORKSHOPS?

On March 7th, high school students at SSCPS experienced the cultures of the world. The Cultural Diversity Workshop spearheaded Heritage Day in collaboration with the School Store, the Photography Workshop and the Strings Workshop. Students and teachers at the high school were educated on cultures across five continents. Students visited different countries and were able to actively participate and experience various cultures. Whether they listened to African music, tried Caribbean dances, or tried Asian or European Foods, everyone got a sample of the diverse cultures that exist in the world. Students took pictures at the Flag Wall and visited the Arts and Crafts Exhibition which showcased items from various countries of the world. Heritage Day was a huge success and we look forward to next year's event.

Pictures say it all!!

Students at the Flag Wall



Arts and Crafts Exhibit





Students and teachers are enjoying the Cultural Experience!!



Heritage Day Organizers



The Cultural Diversity Workshop

The School Store Workshop



Spring 2018 PSAT DAY for Grades 8, 9, and 10

On Thursday, April 5th - all students in grades 8, 9, and 10 will be taking a PSAT Exam during the day.

Grade 8/9

South Shore Charter Public School is committed to helping students reach their college and career goals. To this end, SSCPS is offering, free of charge, the opportunity for all eighth and ninth grade students to take the PSAT 8/9. The PSAT 8/9 assessment will help your student prepare for the future. By taking the PSAT 8/9, your student will learn which skills he or she needs to work on for continued success through high school and college. In addition, the PSAT 8/9 will identify areas where your student excels and may want to consider taking higher-level courses, as well as areas he or she should focus on to improve academically. Please note that PSAT 8/9 scores are not sent to colleges. In high school students will continue their preparation by continuing to take the PSAT in grades 9-10 and eventually taking the SAT in grades 11-12.

What Does the PSAT 8/9 Measure?

The PSAT 8/9 measures reading, writing and language, and math skills learned both in and out of school. Students won't be asked to recall facts from literature, history, or science, or to complete math formulas, because this test measures reasoning and critical thinking skills

Why Take the Test?

The PSAT 8/9 helps establish a baseline for students as they enter high school and begin preparing for college and career readiness. When test results are released, students with College Board and Khan Academy® accounts will receive free, personalized study recommendations at satpractice.org. With the feedback that students receive this is a perfect opportunity to practice, learn their strengths and weaknesses, and develop a plan for growth.

How Long will the Assessment Take and How Many Questions?

Actual testing time is 2 hours and 25 minutes. The Evidence-Based Reading and Writing section is composed of two tests. The Reading Test gives the student a chance to show how well he or she understood what they read. This section has 42 questions and an allotted time of 55 minutes. The Writing and Language Test asks the student to revise and edit text. This section has 40 questions with an allotted time of 30 minutes. The Math Test evaluates the student's ability to solve problems and use appropriate approaches and tools strategically. It measures math skills across three areas: Heart of Algebra, Problem Solving and Data Analysis, and Passport to Advanced Math. The Math Test includes a portion that allows the use of a calculator and a portion that does not. There are a total of 38 questions. The non-calculator section allows for 20 minutes and the calculator portion allows for 40 minutes.

What Should My Student do if He or She Doesn't Know an Answer?

Your student may encounter some difficult questions that he or she does not know how to answer. Advise your student that if this happens, not to get discouraged but to answer every question to the best of his or her ability.

How does my Student Receive PSAT 8/9 Scores?

Individual PSAT 8/9 results and explanations will be available 4-6 weeks after test day.

PSAT 10

The PSAT 10 is taken by tenth graders to further familiarize the students with the PSAT/NMSQT (Grade 11 PSAT). The PSAT 10 is virtually identical to the PSAT/NMSQT - it has the same number of questions, same time per sections, format, etc. The significant difference between the PSAT 10 and PSAT/NMSQT is what the exams are used for. Namely, the PSAT/NMSQT is used to qualify students for National Merit, and the PSAT 10 does not.



Help Us ... Help You -Hire a

Student Intern

Every spring, our high school seniors spend three weeks in an internship getting real life experience in a work setting and possible future career. If your office or business is willing to offer an internship position, we would like to hear from you.

The details:

- 30 hours a week/for 3 weeks (generally between the hours of 8:30-3:00)
- From April 30 May 18
- Unpaid
- Any type of work: physical, office work, outdoor/indoor

Requires:

- a mentor willing to oversee the intern's activities
- Email a record of hours worked once a week
- Complete a student evaluation at the end of the internship

If you have an internship opportunity, please contact Mary Carter at mcarter@sscps.org with the following information:

- Name and address of company/business
- Contact name, phone number and/or email
- Brief description of the type of work/environment involved
- Any special requirements that are needed (good with computers, can lift boxes, for example)

International Food Night!

Where: The SSCPS PE space (104 Longwater Drive)
When: Tuesday April 10th, from 6:00 to 7:30 p.m.



Please join us for a potluck dinner! Bring your family's favorite food so we all can share and eat together.

- We do not have a kitchen facility so all food should arrive ready to serve.
 - SSCPS will supply water, plastic utensils, paper plates & paper cups.
- PLEASE be aware that SSCPS staff are not responsible for supervising your children. Thank you!

Schedule

6:00 – 6:15 Welcome! Sign-in and family pictures

6:15 - 6:45 Buffet dinner

6:45 – 7:00 High School Step Team performance

7:00 - 7:15 Dessert

7:15 - 7:30 Clean up

Due to food allergies, please bring the card below <u>listing the ingredients</u> of your dish.

23rd Annual Auction

Atlantica Restaurant 6 - 10 pm Friday, May 4th

\$45 Early Bird Fee - before April 5th
After April 5th, \$50 per person
Includes dinner, appetizers, live music and more!

50/50 Raffle is Back! Wall of Wine is Back!

Fabulous auction items including :

Week Away in Ireland
New Hampshire and Cape Getaways
Week Away at Camp Bournedale
Johnny Cupcakes Bakers Dozen
Michael Aprea Catered Chefs Party for 12
College and Kids Baskets!
Overnight Hotels, Sox Tickets, Original Artwork,
College Application Prep!

Register on our website www.sscps.org



The 23nd Annual SSCEF Auction Friday, May 4th, 2018 Atlantica, Cohasset, MA

Retail Value:

SSCEF is a 501(c)(3) charitable organization providing foundational financial support for the South Shore Charter Public School. SSCEF is a key partner in allocating funds to bolster our program offerings and to offset operating costs.

Contributions to SSCEF are tax deductible to the extent permitted by IRS regulations. Tax I.D. 030528760.

Item Donated:_____

You are invited to join us!

SSCPS contact name, number and email:

Sponsorship Opportunities:

*Silver Sponsor: \$1,000

*Family and Friends Sponsor: \$100

*Faculty/Staff Sponsor: \$75

Credit Card Info: Name____ Card Number___ Credit Card Security Code Exp. Date



SSCEF Sponsorship Packages

\$5,000

- 10 tickets to event with prime reserved seating
- Name displayed at event
- Recognition on our school website
- Listing company on event and social media
- Opportunity to speak at the event

\$2,500

- 6 tickets to event with reserved seating
- Name displayed at event
- Recognition on our school website
- Listing company on event and social media
- Opportunity to speak at the event

\$1,000

- 4 tickets to event
- Name displayed at event
- · Recognition on our school website and social media

\$500

- 2 tickets to event
- Name displayed at event
- Recognition on social media

\$250

- Name displayed at event
- Recognition on social media

\$100

- · Friend of the Foundation Thank You
- Recognition on our school website under "Friend of SSCEF"

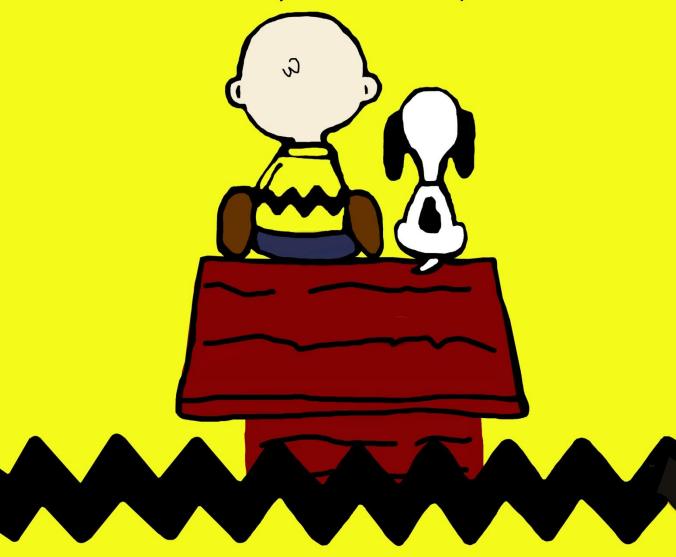
\$75

Sponsor a faculty or staff member

Please contact <u>ldannison@sscps.org</u> for more information.

South Shore Charter School Presents You're A Good Man, Charlie Brown

Hanover High School Auditorium 287 Cedar Street, Hanover, MA Friday, March 23 at 7:30 pm Saturday, March 24 at 3 pm



NEW! Reserved seating \$11 at ShowTix4U.com or 1-866-967-8167

YOU'RE A GOOD MAN, CHARLIE BROWN is presented by arrangement with TAMS-WITMARK MUSIC LIBRARY, INC. 560 Lexington Avenue, New York 10022





Join other SSCPS Families* for a night of fun at the Great Wolf Lodge located in Framingham, MA.

April 6, 2018 through April 7, 2018.

Deluxe Queen Suites - \$169.00 + discounted room fee of \$9.99 and the inclusion of unlimited rope course (5th person fee is also waived)

The room block is secure until March 6. After that, they reserve the right to release rooms to the public. To make your reservation, please call: 1-866-980-9653

You must mention South Shore Charter block code 1804SouthShore

*This is a parent organized trip, NOT school sponsored



Maria Trozzi, Program Director for Joanna's Place, is having a FREE Resiliency Workshop for children & their parents about coping with life changing illness.

Developing Resiliency Workshop:

Join Maria Trozzi in this workshop to help start the conversation with children who have a parent with a life changing illness. Fill your toolbox with strategies to develop resiliency, regardless of the diagnosis your family is facing. Join other families, have a pizza supper, and maybe for the first time, share feelings with others experiencing similar challenges.

Thursday, March 29th 6-7:30pm Hospice of the South Shore, 30 Reservoir Park Drive, Rockland

This is a FREE Workshop for South Shore families! Please share with any families you know who are experiencing a life changing illness.

Register now by emailing Mary Boyle at mary.boyle@joannasplace.org or calling 781-413-5141.

Thank you, Mary Boyle Joanna's Place



FOR IMMEDIATE RELEASE:

Contact Info: Friends of Holly Hill Farm, 236 Jerusalem Road , Cohasset, MA 02025 www.hollyhillfarm.org 781-383-6565 UPCOMING EVENTS & ACTIVITIES

SCITUATE FARMER'S MARKET, Indoors at ST. LUKE'S CHURCH, 465 First Parish Rd., Scituate MARCH 31,

APRIL 7, 8:30am-1:00pm Holly Hill Farm is at the Scituate Winter Farmer's and Artisans Market! Unique Farmers and Artisans market with exclusive vendors offering products produced from the earth and hailed from all over New England. Come and buy some Holly Hill Farm Honey, fresh pea shoots, as available. **Brown Boar Farm** will also be there selling their pork products. **Email Meaghan for price list:** Meaghan.swetish@brownboarfarm.com

WEDNESDAY MORNINGS AT THE FARM, MARCH 14, 21 & 28, 10:00-11:00am

Come walk, explore and enjoy Holly Hill Farm as Winter transitions to Spring! Parents, caregivers and youngsters, dress for some time outdoors, enjoy a healthy snack with story time. \$5 per family suggested donation. Pre-register if you plan to attend one or all of the sessions. Please call or email in advance. Holly Hill Farm, 236 Jerusalem Rd, Cohasset. 781-383-6565, hollyhillfarm.org Email: jbelberhollyhill@hotmail.com

MAKE YOUR OWN GARDEN GOLD! Saturday, March 24, 10:30am-12:00

'Black Gold' is what good compost is called by experienced gardeners who know how to create truly alive soil in their gardens. Our "Queen of Compost", Janice McPhillips, will teach us how to create, maintain and utilize homemade compost from free ingredients. She will also have a worm bin available to show you how to feed red wigglers veggie scraps, etc. in a worm bin all winter long. Cost: *Friends of Holly Hill Farm* Members; \$12 non-members, \$15. Pre-register by email: friendsofhollyhillfarm@gmail.com or call 781-383-6565, **Holly Hill Farm**, **236 Jerusalem Road**, **Cohasset**, **hollyhillfarm.org**

THINK SPRING ANNUAL MEMBERS MEETING, TUESDAY, APRIL 10, 7:00pm to be held at the LIGHTKEEPER'S COTTAGE, 15 LIGHTKEEPER'S LANE, COHASSET

Holly Hill Farm is a non-profit organic farm with an educational mission located on Jerusalem Road in Cohasset. On Tuesday, April 10 at 7:00pm, at our Annual Member's Meeting, our Guest Speaker, Ed Stockman, a biologist and fourth-generation farmer, will present a lecture on "The High Cost of Cheap Food". Mr. Stockman's lecture is free and open to the public. The multi-media presentation will teach participants about the true cost of the foods we eat, highlight the latest in independent food testing research and give concrete tips about easy ways to avoid exposure to the most problematic pesticides. The presentation will take place at 7:00pm at the Lightkeeper's Cottage, 15 Lightkeeper's Lane, Cohasset. It will include ample time for audience questions and light refreshments will be served. Contact Cindy Prentice, Holly Hill Farm Executive Director at cprenticehollyhillfarm@verizon.net. 781-383-6565. Hollyhillfarm.org

NEW EVENT! WOODFIRED OVEN WORKSHOP, SATURDAY, APRIL 21, 10:00am-2:00pm

Woodfired ovens can cook so much more than pizzas! Have you been curious as to how to cook using an outdoor woodfired oven? Perhaps you've been thinking of having one built or one came with your new house. Join Holly Hill Farm's resident Oven Guru, Sally Rossi-Ormon, as she takes you through a four course meal using the principles and techniques of woodfired cooking. **Four hour workshop** includes info on wood oven types, equipment for outdoor cooking, wood selection and more. Prepare and enjoy a complete meal from tapas style appetizers to main course and dessert! Cost: *Friends of Holly Hill Farm* Members \$40; Nonmembers: \$50.00. Pre-register by email friendsofhollyhillfarm@gmail.com or call 781-383-6565, **Holly Hill Farm, 236 Jerusalem Road, Cohasset, hollyhillfarm.org**

FARM TO FOOD PANTRY TEEN COMMUNITY SERVICE PROGRAM AT HOLLY HILL FARM, COHASSET

The Farm to Food Pantry Program is a unique opportunity for teenagers aged 13-18. We are ready to plant, grow and work in the Farm Pantry Garden. We are excited to host students seeking community service and who wish to volunteer at Holly Hill Farm. Start Dates: Friday, March 16, 3:00-5:00pm and/or Saturday March 17, 9:00-12:00. This schedule will be in effect through June 23. For further information and to register, visit our website, hollyhillfarm.org. Contact Education Director, Jon Belber with any questions at 781-383-6565 or jbelberhollyhill@hotmail.com

Walking Trails are open to the public at HOLLY HILL FARM every day!

Holly Hill Farm is a tranquil destination for a stroll in the woods and a visit with our farm animals. Property maps are available for purchase in the Greenhouse or in the Farm Office during business hours (\$3.) Holly Hill Farm, 236 Jerusalem Road, Cohasset, 781-383-6565 hollyhillfarm.org

Breakfast Order Form Breakfast for the Month of April, 2018

Due to the office by 3:00 pm, *Tuesday, March 27, 2018

Student Nam	ne				
Pod Teacher/Advisor		Grade			
Please <u>CHECK</u> off			the day breakfast will be ordered.		
Week of 4/2 – 4/6	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 4/9 – 4/13	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 4/16 – 4/20	[X] Monday	[X] Tuesday	[X] Wednesday	[X] Thursday	[X] Friday
Week of 4/23 – 4/27	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 4/30 – 5/4	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Number of Breakfasts ordered X \$1.85					
Less credit due Total Amount Enclosed Cash or Checks may be made out to SSCPS.				\$	

Lunch Order Form Lunch for the Month of April, 2018

Due to the office by 3:00 pm, *Tuesday, March 27, 2018

Student Name	e				
Pod Teacher/	Advisor	de			
	Please <u>circl</u>	<u>e</u> one choice p	oer each day lu	ınch is ordered	d.
Week of 4/2 – 4/6	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Early Release	Thursday Reg or Salad	Friday Reg or Salad
Week of 4/9 – 4/13	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Reg or Salad	Thursday Reg or Salad	Friday Reg or Salad
Week of 4/16 – 4/20	Monday ~ ~	Tuesday ~ ~ S P R I	Wednesday N G B R E A	Thursday K ~ ~ ~ ~	<u>Friday</u>
Week of 4/23 – 4/27	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Reg or Salad	Thursday Reg or Salad	<u>Friday</u> Reg or <mark>Salad</mark>
Week of 4/30 – 5/4	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Early Release	Thursday Reg or Salad	Friday Reg or Salad
• Option	n A = Regular Lunch n B = Salad Lunch nly choose 1 (one)	Choice			
Number of R	egular Lunches (A	(A) ordered	X	\$3.40	
Number of Sa	alads (B) ordered			X \$3.40	
Less credit di	ıe				_
	l Amount Enclo			\$	_



SOUTH SHORE CHARTER PUBLIC SCHOOL *APRIL*, 2018

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
2 Frosted Flakes	3 WG Apple Roll	4 WG Cinnamon Roll	5 3.6 oz. WG Banana Muffin	6 3.6 oz. WG Chocolate Chip Muffin
WG Crackers	Fruit	Fruit	Fruit	Fruit
Fruit	Juice	Juice	Juice	Orange Juice
Juice	Milk	Milk	Milk	Milk
Milk				
9	10	11	12	13
Rice Krispies	3.6 oz. WG Banana Muffin	2 oz. Cereal	3.6 oz. WG Chocolate Muffin	WG Apple Roll
WG Crackers	Fruit	Fruit	Fruit	Fruit
Fruit	Juice	Orange Juice, Milk	Orange Juice	Orange Juice
Orange Juice, Milk	Milk		Milk	Milk
16	17	18	19	20
	V A	C A	TI	O N
23	24	25	26	27
Cheerios	2 oz. Cereal	3.6 oz. WG Apple Muffin	Cereal	WG Cinnamon Roll
Graham Crackers Fruit	Fruit Orange Juice	Fruit Orange Juice	Graham Crackers Fruit	Fruit Juice
Orange Juice	Milk	Milk	Juice	Milk
Milk	TYTIK	TAME	Milk	TVIIII.
30	May 1	2	3	4
Cereal	WG Croissant w/Jelly	3.6 oz. WG Blueberry Muffin	WG Apple Roll	3.6 oz. WG Chocolate Chip Muffin
Graham Crackers	Fruit	Fruit	Fruit	Fruit
Fruit	Juice	Orange Juice	Orange Juice	Orange Juice
Orange Juice Milk	Milk	Milk	Milk	Milk

^{*} All Meals include Choice of 1% or Skim Milk.

ALL MENUS ARE SUBJECT TO CHANGE

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

^{*} Complies with NSLP Regulations

Grade: _	
Room:	



No. of Lunches:	
Amount Enclosed:	

SOUTH SHORE CHARTER PUBLIC

SCHOOL K-8

APRIL, 2018

LUNCH Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A Chicken Parmesan Sub Broccoli B Salad w/Tuna & WG Pita Bread Milk	A Ham & Cheese on WG Bun Chickpea Salad w/Veggies B Salad w/Tuna & WG Pita Bread Milk	EARLY DISMISSAL	5 A Oven Baked Chicken Bites Green Bean Medley Whole Grain Roll B Salad w/Tuna & WG Pita Bread Milk	6 A Cheese Pizza Carrots Potato Wedges B Salad w/Tuna & WG Pita Bread Milk
9 A Hamburger on WG Roll Vegetarian Baked Beans B Salad w/Crunchy Chicken & WG Pita Bread Milk	A Tuna Salad on WG Roll Baby Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	A Sweet & Sour Chicken Brown Rice Broccoli B Salad w/Crunchy Chicken & WG Pita Bread Milk	A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	A Cheese Pizza Potato Wedges B Salad w/ Crunchy Chicken & WG Pita Bread Milk
16	\mathbf{V} \mathbf{A}	C A	T I	O N
A Pancakes & Sausage Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk	A Buffalo Chicken Wrap Chickpea Salad w/Veggies B Salad w/String Cheese & WG Pita Bread Milk	A Ziti & Meatballs Broccoli B Salad w/String Cheese & WG Pita Bread Milk	A Chicken Teriyaki on WG Bun Carrots B Salad w/String Cheese & WG Pita Bread Milk	A Cheese Pizza Green Beans Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk
30 A BBQ Chicken Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	May 1 A Chicken Caesar Wrap Chickpea Salad B Salad w/Tuna & WG Pita Bread Milk	EARLY DISMISSAL	A Meatballs on WG Sub Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	A Cheese Pizza Carrots & Corn B Salad w/Tuna & WG Pita Bread Milk

^{*} All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1%

Skim

All Meals Include Fruit

* Complies with NSLP Regulations

Grade: _	
Room:	



No. of Lunches:	
Amount Enclosed:	

SOUTH SHORE CHARTER PUBLIC

SCHOOL 9-12

APRIL, 2018

LUNCH Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A Chicken Parmesan Sub Broccoli B Salad w/Tuna & WG Pita Bread Milk	A Ham & Cheese on WG Bun Chickpea Salad w/Veggies B Salad w/Tuna & WG Pita Bread Milk	EARLY DISMISSAL	5 A Oven Baked Chicken Bites Green Bean Medley Whole Grain Roll B Salad w/Tuna & WG Pita Bread Milk	6 A Cheese Pizza Carrots Potato Wedges B Salad w/Tuna & WG Pita Bread Milk
9 A Hamburger on WG Roll Vegetarian Baked Beans B Salad w/Crunchy Chicken & WG Pita Bread Milk	A Tuna Salad on WG Roll Baby Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	A Sweet & Sour Chicken Brown Rice Broccoli B Salad w/Crunchy Chicken & WG Pita Bread Milk	A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	A Cheese Pizza Potato Wedges B Salad w/ Crunchy Chicken & WG Pita Bread Milk
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23 A Pancakes & Sausage Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk	A Buffalo Chicken Wrap Chickpea Salad w/Veggies B Salad w/String Cheese & WG Pita Bread Milk	A Ziti & Meatballs Broccoli B Salad w/String Cheese & WG Pita Bread Milk	A Chicken Teriyaki on WG Bun Carrots B Salad w/String Cheese & WG Pita Bread Milk	A Cheese Pizza Green Beans Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk
30 A BBQ Chicken Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	May 1 A Chicken Caesar Wrap Chickpea Salad B Salad w/Tuna & WG Pita Bread Milk	EARLY DISMISSAL	A Meatballs on WG Sub Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	A Cheese Pizza Carrots & Corn B Salad w/Tuna & WG Pita Bread Milk

^{*} All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

6 Skim

All Meals Include Fruit

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy! "This institution is an Equal Opportunity Employer"

^{*} Complies with NSLP Regulations