



FROM THE EXECUTIVE DIRECTOR

The Weekly Update and the school website are the primary vehicles of communication for our school. In today's update you will find both the revised school calendar for the current school year as well as next year's school calendar. As mentioned in an email sent last week, this year we have missed six school days due to inclement weather. The Commonwealth of Massachusetts requires that all public schools be in session for 180 calendar days. Because we begin the school year in August, this year our school calendar is 184 days. Consequently, we have amended the calendar to add two days to the school year. The revised 2017-2018 school calendar includes the following:

Monday, June 18, 2018 - Full day (3:00 pm dismissal) Tuesday, June 19, 2018 - Half day/Final Exams (12:00 pm dismissal) Wednesday, June 20, 2018 - Half day/Final Exams (12:00 pm dismissal) Thursday, June 21, 2018 - Half day/Final Exams (12:00 pm dismissal) Friday, June 22, 2018 - Last day of school/ Half day (12:00 pm dismissal)

The last day for kindergarten students is Tuesday, June 12, 2018, to allow for kindergarten screening. That date will not change.

The 2018-2019 school calendar is similar to this year's calendar. We have removed one professional development half day. The first professional development half day will be on September 12, 2018. We use the September half to provide faculty members the opportunity to collaboratively review student IEP and 504 educational plans. Other half days will be used for Parent/Teacher conferences or professional development.

Kindergarten orientation will be on Monday, August 27. The first day of school for all grades will be on Tuesday, August 28.

A more detailed school events calendar may be found on the left side of <u>our website</u> homepage under *Upcoming Events*. Located underneath the events listing are two options, <u>Show All</u> and <u>Show Calendar</u>. Each option will bring you to a broader listing of all school-wide events.

One calendar event held last night was International Food Night. This evening has become an annual tradition where we celebrate the many cultures and traditional dishes of our SSCPS community. The audience was treated to an amazing performance by our very own step dance team Stomp Dynasty. It was a terrific evening of celebration that illuminates what makes our school so special. Thank you to all of our students and families who participated and brought in dishes. Thank you to all faculty and staff, particularly to Jenna Brink, Nora Broderick, Pam Golden, Laurie Hogan, Dan Vasconcellos, Marion Whalen Finn, and the tireless Bev Bruce who helped bring this night to fruition. And a very special thank you to Level IV Science teacher and SSCPS alum, Stacy Tchouanguem for coaching our step team to perfection.

Lastly, I would like to thank our students, families, faculty, and staff for their unparalleled diligence and patience during yesterday's lock down incident. The support and kind words from so many of our families have been greatly appreciated.

Safe travels to all of our students, faculty, and family members leaving on the Italy trip this evening. Wishing everyone a safe and restful April break.

Alicia Savage – asavage@sscps.org

South Shore Charter Public School AMENDED 2017-2018 CALENDAR - Pending Board Approval

	AUGUST 2017				7	SEPTEMBER 2017					OCTOBER 2017												
s	M	T	W	T	F	S	Faculty - 5 (8 new) Students - 3	s	M	T	w	T	F	s	Faculty - 19 Students - 19	S	M	T	W	T	F	S	Faculty - 21 Students - 21
		1	2	3	4	5	8/21, 8/22, 8/25 New Teacher						1	2	9/1 Early Release	1	2	3	4	5	6	7	10/4 PD Early Release
6	7	8	9	10	11	12		3	4	5	6	7	8	9	Kindergarten Early Release Week of 8/28	8	9	10	11	12	13	14	10/9 Columbus Day
13	14	15	16	17	18	19	8/23& 24 Prof Dev Days	10	11	12	13	14	15	16	9/4 Labor Day	15	16	17	18	19	20	21	
20	21	22	23	24	25	26	8/28 Kindergarten Orienta- tion Early Release all week	17	18	19	20	21	22	23	9/20 PD Early Release 9/21 Rosh Hashanah	22	23	24	25	26	27	28	
27	28	29	30	31			8/29 1st Day of Classes	24	25	26	27	28	29	30		29	30	31					
			N	OVE	MBI	ER 2	017				Ι	ECE	MBE	R 20	17					JAN	UAR	Y 201	18
S	M	T	W	T	F	S	Faculty – 19 Students - 18	S	M	T	W	T	F	S	Faculty - 16 Students - 16	S	M	T	W	T	F	S	Faculty—18 Students - 17
			1	2	3	4	11/1 Prof Dev Day						1	2		31	1	2	3	4	5	6	1/3 Prof Dev Day 1/4 Classes Resume
5	6	7	8	9	10	11	11/10 Veteran's Day Obs	3	4	5	6	7	8	9	12/6 PD Early Release P/T Conferences	7	8	9	10	11	12	13	1/10 PD Early Release
12	13	14	15	16	17	18		10	11	12	13	14	15	16		14	15	16	17	18	19	20	1/15 MLK Day
19	20	21	22	23	24	25	11/22 Early Release 11/23&24Thanksgiving	17	18	19	20	21	22	23	12/22 Early Release 12/25 Vacation Begins	21	22	23	24	25	26	27	
26	27	28	29	30				24	25	26	27	28	29	30		28	29	30	31				
FEBRUARY 2018			MARCH 2018					APRIL 2018															
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				1	2	3						1	2	3		1	2	3	4	5	6	7	4/4 PD Early Release
4	5	6	7	8	9	10	2/7 PD Early Release	4	5	6	7	8	9	10	3/7 PD Early Release	8	9	10	11	12	13	14	P/T Conferences
11	12	13	14	15	16	17		11	12	13	14	15	16	17		15	16	17	18	19	20	21	4/16 Spring Break
18	19	20	21	22	23	24	2/19 Winter Break	18	19	20	21	22	23	24		22	23	24	25	26	27	28	
25	26	27	28					25	26	27	28	29	30	31	3/30 Good Friday	29	30						
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South Shore Charter Public School DRAFT 2018-2019 CALENDAR

	AUGUST 2018				8				SI	EPTI	EMB	ER 2	018	OCTOBER 2018									
S	М	T	w	T	F	s	Faculty - 6 (9 new)	S	м	Т	w	T	F	s	Faculty - 18	S	M	T	W	T	F	S	Faculty - 22
			1	2	3	4	Students - 4 8/20, 8/21, 8/24 New Teacher							1	Students - 18	9/30	1	2	3	4	5	6	Students - 22 10/3 PD Early Release
5	6	7	8	9	10	11	8/22& 23 Prof Dev Days	2	3	4	5	6	7	8	9/3 Labor Day	7	8	9	10	11	12	13	10/8 Columbus Day
12	13	14	15	16	17	18		9	10	11	12	13	14	15	9/12 PD Early Release	14	15	16	17	18	19	20	10/8 Columbus Day
19	20	21	22	23	24	25	8/27 Kindergarten Orienta- tion Early Release all week 8/28 1st Day of Classes	16	17	18	19	20	21	22		21	22	23	24	25	26	27	
26	27	28	29	30	31		8/31 Early Release	23	24	25	26	27	28	29	9/19 Yom Kipper	28	29	30	31				
			N	OVE	MBI	ER 2	018				D	ECE	MBE	ER 20	18					JAN	UAR	Y 201	19
S	М	T	W	T	F	S	Faculty – 19 Students - 18	S	M	T	W	T	F	S	Faculty - 15 Students - 15	S	M	T	W	T	F	S	Faculty - 20 Students - 19
				1	2	3	Students - 10							1	Students - 13	12/30	12/31	1	2	3	4	5	1/3 Classes Resume
4	5	6	7	8	9	10	11/9 Prof Dev Day	2	3	4	5	6	7	8	12/5 PD Early Release P/T Conferences	6	7	8	9	10	11	12	
11	12	13	14	15	16	17	11/12 Veteran's Day Obs	9	10	11	12	13	14	15		13	14	15	16	17	18	19	1/18 Prof Dev Day
18	19	20	21	22	23	24	11/21 Early Release 11/22 & 23	16	17	18	19	20	21	22	12/21 Early Release 12/24 Vacation Begins	20	21	22	23	24	25	26	1/21 MLK Day
25	26	27	28	29	30		Thanksgiving	23	24	25	26	27	28	29		27	28	29	30	31			
FEBRUARY 2019			MARCH 2019									AP	RIL	2019									
S	M	T	W	T	F	S	Faculty - 15 Students - 15	S	M	T	W	T	F	S	Faculty - 21 Students - 20	s	\mathbf{M}	T	W	T	F	S	Faculty - 17 Students - 17
					1	2							1	2		3/31	1	2	3	4	5	6	4/3 PD Early Release
3	4	5	6	7	8	9	2/6 PD Early Release	3	4	5	6	7	8	9	3/6 PD Early Release	7	8	9	10	11	12	13	P/T Conferences
10	11	12	13	14	15	16		10	11	12	13	14	15	16	140 P 4P P	14	15	16	17	18	19	20	4/15 Spring Break
17	18	19	20	21	22	23	2/18 Winter Break	17	18	19	20	21	22	23	3/20 Prof Dev Day	21	22	23	24	25	26	27	
24	25	26	27	28				24	25	26	27		29	30		28	29	30					
				M	AY 2	2019						Л	INE 2	2019							st Day		
S	M	T	W	T	F	S	Faculty - 22 Students - 22	S	M	T	W	T	F	S	Faculty - 14 Students - 13 (K's 7)				K	Orient		lugust	e 27, 2018 :11, 2019
			1	2	3	4	5/1 PD Early Release							1	Graduation: 6/1 6/11 Kindergarten Last						arten S		
5	6	7	8	9	10	11		2	3	4	5	6	7	8	Day 6/12-14- K Screenings								o School
12	13	14	15	16	17	18		9	10	11	12	13	14	15	6/17-6/19 Early Release				Pr	ofessio	nal De	velopr	nent Days - No School
19	20	21	22	23	24	25	5/25 Mary 1 - 1 Day	16	17	18	19 E	20	21	22	6/19 - Last Day 6/20 - Faculty Day				Pr	of. De	v. Early	Relea	ase 12pm
26	27	28	29	30	31		5/27 Memorial Day	23	24	25	26	27	28	29					Ea	arly Re	lease I	ays 12	2pm
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Wednesday	04/11	Parents Association Meeting	6:30pm
Thursday	04/12	NHS Hosts Blood Drive at the SSCPS Gym	1:00-6:00pm
Friday	04/13	11 th Grade to College Fair	
Friday	04/13	Level IV Healthy You to Patriot Place	
Friday	04/13	High School Music Workshop Concert at the SSCPS Gym	6:00pm
Mon-Fri	04/16-04/20	Spring Vacation	
Monday	04/23	Classes Resume	8:15am
Tuesday	04/24	Level II ELA MCAS	
Tuesday	04/24	Grades K-4 New Student Enrollment Registration and Information Night	5:30-7:30pm
Wednesday	04/25	Level IV ELA MCAS	
Wednesday	04/25	Level I Arbrenne's Pod to South Shore Science Center	11:30am-2:30pm
Wednesday	04/25	Grades 5-8 New Student Enrollment Registration and Information Night	5:30-7:30pm
Thursday	04/26	Level II ELA MCAS	
Friday	04/27	Level IV ELA MCAS	

ANNOUNCEMENT

International Food Night was a great success!

Thanks to all the families who attended, the parent and student volunteers, the administration, and the high school Step Team for making the evening so enjoyable. From the Haitian patties to the Canadian s'mores dessert, we had the world cuisines covered! If you left behind a serving dish or spoon, it can be picked up at the Front Desk at 100 Longwater Circle. Thanks to all!

FROM THE PHYSICAL EDUCATION DEPARTMENT

Thank you to everyone for participating in Jump/Hoops for Heart week!

Thank you to everyone who participated in Jump Rope/Hoops for Heart with the American Heart Association. Whether it was collecting donations or learning about their hearts, students in Levels I-III worked hard to bring more awareness to the importance of heart health!

SSCPS raised close to \$3,000 for the American Heart Association and in doing so, earned a \$100 gift certificate for new P.E equipment. Stay tuned to hear our top fundraising students and classes from each level!

All fundraising should be completed and forms should have been turned in to the front desk or to the P.E department.



WHAT'S HAPPENING IN PROJECTS AND WORKSHOPS?

The Level III World Performance Project has had an exciting two weeks!









The students performed their traditional Jamaican dance for the preschoolers next door at Younger University. The dance was choreographed by 6th grader, Abygale Gorman. A few students started the performance with a visual poster of Jamaica and shared some interesting facts on the country. After, they taught the little ones some dance moves and they all danced to some fun Reggae music:) The kids also made coloring sheets of the Jamaican flag to leave behind for the preschoolers to color later on in the day. They also created two beautiful pieces of scenery to hang in the background during their performance! They represented SSCPS very well and had a great time!

It was also a pleasure to welcome Mimi Takeishi's mother to our project to share Japanese culture with us. Students tried on beautiful Yukatas, a traditional Japanese dress. They also

learned origami, practiced using chopsticks and read Manga. We look forward to learning from more cultures around the world!

FROM THE DEVELOPMENT OFFICE

Next month is our 23rd Annual Auction celebrating our school! Save the date for Friday, May 4, 2018 at Atlantica, Cohasset, MA 6:00 p.m.



<u>Register today</u> - Tickets are \$50 per person and include dinner, live music and so much more! We invite all faculty, families and friends to take part in this wonderful night. Mail your 50/50 tickets back to the school with a check payable to SSCEF. Auction items are piling up and you don't want to miss this event!

Can't make the event? Purchase your <u>raffle tickets here</u>.

It's not too late to sponsor a teacher, or sponsor the event. If you have any connections to restaurants, vacation homes, businesses, etc, please contact Laurie Dannison at ldannison@sscps.org. If you can help volunteer to set up for the event on Thursday, May 3rd, please email Laurie.

Thank you for your support. All funds raised from the Auction and Annual Fund support every student in our K-12 community.

Please use Amazon Smile with each Amazon purchase you regularly make. Log into www.smile.amazon.com and use your regular username and password. Search South Shore Charter Educational Foundation and earn free money.

PARENTS ASSOCIATION

The SSCPS Parents Association invites you to our April 11, 2018 meeting at 6:30pm at 100 Longwater Circle, Norwell with special guest speaker Brenna Briggs.





Brenna Briggs is an easting disorder survivor, recovery advocate, writer, speaker, mentor and coach. After over 10 years struggling with anorexia and bulimia she is dedicated to educating the community about the severity of eating disorders and what they are and how to treat them. Brenna is extremely passionate about helping others learn to feel comfortable in their own skin and

bodies. She is also the Project HEAL Boston chapter amabassassor. Project HEAL is the leading non-profit in the US delivering prevention, treatment financing, and recovery support for people suffering from eating disorders.

IN PAC WORKSHOPS

South Shore Charter Public School's In Pac Group is pleased to offer to the following workshops:

Presented by:



Thursday, May 3'2018 at 6:30pm 100 Longwater Circle, Norwell

Family Engagement: A Key to Student and School Success

Reviews research findings on the benefits of family engagement at home and at school. Looks at what motivates families to become engaged and identifies various ways that families can participate in school activities

Positive Communication and Collaboration

Presented by: Katie Emanuel https://www.katieemanuel.com

Tuesday, May 22, 2018 at 6:30pm 100 Longwater Circle, Norwell

In this seminar we will cover how to develop positive communication and collaboration skills to foster a relationship with your child's teachers and IEP team.

- **Positive communication** is the ability to express thoughts, ideas, and feelings in a way that not only conveys what you want to express, but leaves the listener wanting to learn more. Whether it is in an IEP meeting, a parent-teacher conference, or a simple email exchange with a parent or specialist, positive communication lays the foundation for collaboration.
- **Collaboration** is the ability to use positive communication skills to affect growth or change toward a common goal. Collaboration is key when establishing goals, services, accommodations, and modifications for a special needs child in the classroom. To do this most effectively, parents and teachers must collaborate. Parents and teachers can work together to create not only an IEP that serves the child best. They can also become partners in the school community.

We will talk through strategies and techniques to incorporate these tools into the special education process!

2018 YEARBOOK

Order Your 2018 Yearbook!

The 2018 yearbook is now in progress. To order online go to www.coffeepond.com. To login use school password: bluejaguar. Parents of seniors may submit a special personalized page that will appear in the back of the book at these rates: Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 15th, 2018. The yearbook staff can help with any design concerns.

COMMUNITY SERVICE OPPORTUNITY

Level 3 Student Collecting Donations for Local Animal Shelter

Fisher Roman loves cats. LOVES them. He even adopted a homeless cat from the local animal shelter. While he was at the shelter, he noticed all the cats that don't have homes. There were LOTS. So, to help the homeless cats in his town of Hull, Fisher is collecting cat food & cat litter and donating it to the shelter (called the Hull Seaside Animal Rescue). If you would like to help the cats and kittens who don't have homes, you can bring in a can of cat food or bags of cat litter and drop it off in Fisher's Cat Box on Level 3. You can drop off your donations from now until the last day of school. Meow! (That's "Thank You!" in Cat Language)

COMMUNITY INTEREST

Wellspring

As of April 1st SNAP (food stamps) recipients and those interested in becoming SNAP recipients here on the south shore will no longer have to travel or call Quincy or Brockton for assistance. Wellspring is now a DTA Community Partner and will be able to handle all SNAP (food stamp) applications and re-certifications. We will also be able to complete interim reports and help trouble shoot any issues that arise with benefit coverage. Please direct anyone interested in this offering to Stephanie Masland: 781-925-3211 x127.

Sober Parenting Journey (SPJ). Wellspring is proudly partnering with South Shore Peer Recovery to offer this evidence supported program. SPJ is a 14 week workshop where participants meet weekly in a small group setting for 2 hours. The class is free to all participants and included complimentary childcare and dinner. Parents and caregivers in recovery face the additional challenge of building strong, positive relationships with their children while maintaining their sobriety, which can be both rewarding and daunting. Sober Parenting Journey provides a valuable source of fellowship and support and enhances awareness of potential triggers that may escalate relapse. Registration ends April 15th for this class.

SCHOOL MEALS (BREAKFAST AND LUNCH)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family MUST complete a NEW 2017-2018 Meal Benefit application and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits. Click here for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family MUST still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>

got internship?

Help Us ... Help You -Hire a

Student Intern

Every spring, our high school seniors spend three weeks in an internship getting real life experience in a work setting and possible future career. If your office or business is willing to offer an internship position, we would like to hear from you.

The details:

- 30 hours a week/for 3 weeks (generally between the hours of 8:30-3:00)
- From April 30 May 18
- Unpaid
- Any type of work: physical, office work, outdoor/indoor

Requires:

- a mentor willing to oversee the intern's activities
- Email a record of hours worked once a week
- Complete a student evaluation at the end of the internship

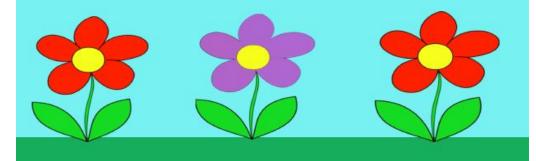
If you have an internship opportunity, please contact Mary Carter at mcarter@sscps.org with the following information:

- Name and address of company/business
- Contact name, phone number and/or email
- Brief description of the type of work/environment involved
- Any special requirements that are needed (good with computers, can lift boxes, for example)

High School Music Workshop Benefit Concert

In the P.E. Space Friday, April 13th @ 6pm

\$5- Guests \$3- Students



23rd Annual Auction

Atlantica Restaurant 6 - 10 pm Friday, May 4th

\$45 Early Bird Fee - before April 5th
After April 5th, \$50 per person
Includes dinner, appetizers, live music and more!

50/50 Raffle is Back! Wall of Wine is Back!

Fabulous auction items including :

Week Away in Ireland
New Hampshire and Cape Getaways
Week Away at Camp Bournedale
Johnny Cupcakes Bakers Dozen
Michael Aprea Catered Chefs Party for 12
College and Kids Baskets!
Overnight Hotels, Sox Tickets, Original Artwork,
College Application Prep!

Register on our website www.sscps.org



The 23nd Annual SSCEF Auction Friday, May 4th, 2018 Atlantica, Cohasset, MA

Retail Value:

SSCEF is a 501(c)(3) charitable organization providing foundational financial support for the South Shore Charter Public School. SSCEF is a key partner in allocating funds to bolster our program offerings and to offset operating costs.

Contributions to SSCEF are tax deductible to the extent permitted by IRS regulations. Tax I.D. 030528760.

Item Donated:_____

You are invited to join us!

SSCPS contact name, number and email:

Sponsorship Opportunities:

*Silver Sponsor: \$1,000

*Family and Friends Sponsor: \$100

*Faculty/Staff Sponsor: \$75

Credit Card Info: Name____ Card Number___ Credit Card Security Code Exp. Date



SSCEF Sponsorship Packages 23rd Annual SSCEF Auction at Atlantica, Cohasset May 4th, 2018

\$5,000

- 10 tickets to event with prime reserved seating
- Name displayed at event
- Recognition on our school site
- Listing company on website and on social media
- Opportunity to give out company material

\$2,500

- 6 tickets to event with reserved seating
- Name displayed at event
- Recognition on our school website
- Listing company on event and social media
- Opportunity to give out company material

\$1,000

- 4 tickets to event
- Name displayed at event
- Recognition on our school and social media sites
- Opportunity to give out company material

\$500

- 2 tickets to event
- Name displayed at event
- Recognition on social media

\$250

- Name Displayed at event
- Recognition on social media

\$100

- Friend of the Foundation Thank You
- Recognition on our school website under "Friend of SSCEF"

\$75

Sponsor a faculty or staff member

Please contact Idannison@sscbs.org for more information

Please send Sponsorship Information to the South Shore Charter Educational Foundation, (SSCEF),
P.O. Box 512, Accord, MA 02018

www.sscos.org Phone: 781.982.4202



Babysitter Safety Training

Grades 6-8

- Is your child mature enough to be a babysitter or a mother's helper?
- Will your child be safe & responsible when babysitting?
- · Does your child know what to do in an emergency situation?

When parents choose to leave their children with a babysitter, they are looking for someone who is mature and fully prepared to handle emergency situations. Children want their babysitter to be lots of fun and creative. This interactive, hands-on, three-hour class, taught by South Shore Safety health educators, will help prepare your son or daughter to be the best babysitter on the block!

- Home safety
- Infant and child care
- Child development
- Basic first aid and choking rescue for infants and children
- Injury prevention
- How to handle emergencies
- Troubleshooting
- · Healthy hints for meals and snacks
- Safe marketing strategies

Saturday, April 14, 2018 1:00 – 4:00 pm

Cost: \$45 per person Location: SSMC 143 Longwater Dr. Norwell

Space is limited; Sign up early!

Call: 781-681-1363

Or email: southshoresafety2@Gmail.com

South Shore Medical Center



Home Alone, Staying Safe

Grades 4-6

Child Safety Program

- Is your child ready to stay home alone?
- Will your child be safe & responsible when home alone?
- Is your child "street smart" when going to and from the bus or school?

"Home Alone Staying Safe" is a 3-hour program which prepares kids for situations that can happen when staying home alone, from the unexpected knock on the door to the 911 emergency phone call. It will also help ease the minds of parents who decide the time has come to leave their kids home alone or with siblings. This interactive and fun course, taught by South Shore Safety health educators, covers a range of safety topics:

- · Safety to and from school
- · Basic self defense moves
- Phone safety
- Food/cooking safety
- Basic first aid
- Choking prevention
- Heimlich Maneuver
- Handling emergencies
- Lots of prevention!

Saturday, April 14, 2018 9:00 – 12noon

Cost: \$45 per person

Location: SSMC, 143 Longwater Dr, Norwell

Space is limited; Sign up early!

Call: 781-681-1363

Or email: southshoresafety2@gmail.com

South Shore Medical Center



Cambridge Science Festival Starts Next Week!

More than 250 events over 10 days!!

Join us for the 12th annual Cambridge Science Festival as we explore everything from neuroscience with a well-known comedian, to the science of local food, to science trivia with journalists and cocktails. Daytimes offer free and exciting hands-on activities for kids and families, while evenings are reserved for curious adults.

The complete list of events is here!

Interested in volunteering? Join us for a couple of hours or a couple of days and we'll do our best to match you with an opportunity that makes the best use of your talents. But hurry and sign up here - our volunteer options will close soon.

Cambridge Science Festival April 13th - 22nd, 2018

Please tell a friendll

About the Cambridge Science Festival: The Cambridge Science Festival is an annual 10-day celebration of science, technology, engineering, arts, and math in Cambridge and New England. Every spring, the Cambridge Science Festival makes science accessible, engaging and fun for everyone through multifaceted, multicultural events. Our generous 2018 sponsors include Nord Anglia Education, MIT, Biogen Foundation, the City of Cambridge, Pfizer, Knight Science Journalism at MIT, Siena Construction, Philips, Amgen, de Florez Fund for Humor, Google, Harvard, Akamai, Alnylam, American Welding Society, Blueprint Medicines, DivcoWest, IBM, Microsoft, MIT Lincoln Laboratory, MilliporeSigma, Takeda, WGBH, The Feast of the Blessed Sacrament, and iZotope.





WELLSPRING MULTI-SERVICE CENTER & SOUTH SHORE PEER RECOVERY PRESENT

SOBER PARENTING JOURNEY

Tuesdays beginning May 1st from 5:00-7:00pm At South Shore Peer Recovery, 51 Cole Parkway, Scituate

Parenting Journey is free and open to everyone. We work with mothers, fathers, and caregivers from all walks of life who are raising children of all ages.

SOBER PARENTING JOURNEY | PROGRAM

In Sober Parenting Journey, a small group of parents and caregivers meet for 2 hours a week for 14 weeks. The program includes activities, discussions, a family-style meal each session and complimentary childcare. Addiction is complicated and difficult to overcome. Parents and caregivers in recovery face the additional challenge of building strong, positive relationships with their children while maintaining their sobriety, which can be both rewarding and daunting. Sober Parenting Journey provides a valuable source of fellowship and support and enhances awareness of potential triggers that may escalate relapse. In a safe and caring setting, participants will explore past and present patterns of emotional regulation, compulsive thinking, and addictive behaviors that influence choices. With hard work and honesty, participants will create a new path that strengthens sobriety, accountability, and positive actions while facing the daily challenges of recovery.

This Sober Parenting Journey workshop is a Wellspring and South Shore Peer Recovery program made possible in part by HAPSA, Safe Harbor Cohasset Coalition, Hull Firefighters, Social Service League of Cohasset, Quincy Family Resource Center and Debby & John Flanagan.

South Shore Peer Recovery organizes people in recovery from all addictions, their family members, friends and allies, to put a positive face on recovery. SSPR provides peer support, education, and advocacy opportunities; working to remove barriers to recovery; treating all with dignity and respect regardless of the pathway of recovery.

Wellspring is a multi-service organization with a mission to provide support and skills to people facing challenges to their financial, physical or emotional wellbeing in order to help them achieve independence and self-sufficiency.

Wellspring Multi-Service Center · www.wellspringhull.org 814 Nantasket Avenue, Hull, MA 02045 · 781,925,3211

South Shore Peer Recovery – <u>www.southshorepeerrecovery.com</u> 51 Cole Parkway, Scituate MA 02066 – 781-378-0453



REGISTER TODAY!

Must register by April 15th
Contact Stephanie Masland at
Wellspring for more information
781.925.3211 x127
Stephanie@wellspringhull.org
Program limited to 8 participants

WHAT'S IN IT FOR YOU

In a supportive setting, we will work with you to uncover your inner strengths and help you to achieve personal transformation in recovery:

- Begin to understand & experience healing new & old wounds
- Address the impact of triggers that lead to relapse
- Learn about local resources & support available to you
- Effectively communicate with vour children
- Become more confident & optimistic about maintaining recovery
- Learn to overcome shame, guilt & stop justifying consequences related to substance use
- Create new possibilities for yourself & your children





Are You A SNAP(Food Stamps) Recipient? Do You Want To Become One?

Wellspring Multi-Service Center can help!

Now a proud Community Partner with the Department of Transitional Assistance (DTA), Wellspring can assist you with all of your SNAP issues, application & recertification needs

No more drives to Quincy or Brockton DTA locations!

No more waiting on the phone for answers to simple questions!

For more information...

Stephanie Masland, Director of Community Outreach 781-925-3211 x127



Wellspring is a multi-service organization with a mission to provide support and skills to people facing challenges to their financial, physical or emotional well-being in order to help them achieve independence and self-sufficiency. Wellspring is an equal opportunity provider and employer that embraces, supports and actively promotes tolerance and nondiscrimination. This policy applies to all Wellspring practices; relations with clients; and relations with the community. Wellspring will not discriminate on the basis of race, nationality, gender, age, sexual orientation, gender identity, religion or disability.

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This message is funded in part by the USDA. USDA is an equal opportunity provider and employer.



4/10/2018 FOR IMMEDIATE RELEASE:

Contact Info: Friends of Holly Hill Farm, 236 Jerusalem Road , Cohasset, MA 02025 www.hollyhillfarm.org 781-383-6565 UPCOMING EVENTS & ACTIVITIES

NEW FARM EVENT! SUMMER SEEDLING AND TRANSPLANTING WORKSHOP SATURDAY, APRIL 14, 10:30-12:00pm

Come learn about which crops are appropriate to sow and transplant in mid April. We will work with seedlings that need more space and summer plants that will be ready for growing. Each participant will have the opportunity to take home a few 6 packs of various seedlings. Come celebrate Spring and learn from the farmers. Cost: Friends of Holly Hill Farm Members \$12; Nonmembers: \$15.00. Pre-register by email jbelberhollyhill@hotmail.com or call 781-383-6565, Holly Hill Farm, 236 Jerusalem Road, Cohasset, 02025 hollyhillfarm.org

NEW FARM EVENT! APRIL VACATION FUN AT THE FARM TUESDAY, WEDNESDAY & THURSDAY, APRIL 17, 18 & 19, 9:00-12pm

Youngsters ages 6-10, come join us for vacation exploration at Holly Hill Farm. Spring is here and there is a lot to discover in the barnyard and in the woods as well as to plant and grow. For 1, 2 or all 3 days children can visit with the animals, make compost, take home some seedlings and enjoy seasonal, warm weather activities on the farm. Cost per day: *Friends of Holly Hill Farm* Members \$36; Nonmembers: \$42.00. Consider becoming an annual member of the *Friends of Holly Hill* Farm with year-round discounts. **Pre-register by email** riendsofhollyhillfarm@gmail.com or call 781-383-6565, Holly Hill Farm, 236 Jerusalem Road, Cohasset, hollyhillfarm.org

NEW FARM EVENT! ANNUAL HOLLY HILL FARM EARLY PLANT SALE! SATURDAY, APRIL 21, 10:00am-4:00pm

Much anticipated **EARLY PLANT SALE** at Holly Hill Farm takes place on Saturday, April 21. If you want to transplant organically grown early crop seedlings into your gardens, be sure to come to 236 Jerusalem Road in Cohasset between 10:00am and 4:00pm. Selections will include cold hardy kales, swiss chard, cabbage, lettuce, onions/leeks, shallots, some herbs and limited flowers. We have a selection of Vermont Compost Co. organic soils and amendments for purchase as well as packaged High Mowing Co. organic seeds plus bare root perennial vegetables and berries. **781-383-6565, Holly Hill Farm, 236 Jerusalem Road, Cohasset, hollyhillfarm.org**

NEW FARM EVENT! WOODFIRED OVEN WORKSHOP, SATURDAY, APRIL 21, 10:00am-2:00pm

Wood fired ovens can cook so much more than pizzas! Have you been curious as to how to cook using an outdoor wood fired oven? Perhaps you've been thinking of having one built or one came with your new house. Join Holly Hill Farm's resident Oven Guru, Sally Rossi-Ormon, as she takes you through a four course meal using the principles and techniques of wood fired cooking. **Four hour workshop** includes info on wood oven types, equipment for outdoor cooking, wood selection and more. Prepare and enjoy a complete meal from tapas style appetizers to main course and dessert! Cost: *Friends of Holly Hill Farm* Members \$40; Nonmembers: \$50.00. Consider becoming an annual member of the *Friends of Holly Hill* Farm with year-round discounts. Pre-register by email friendsofhollyhillfarm@gmail.com or call 781-383-6565, **Holly Hill Farm, 236 Jerusalem Road, Cohasset, hollyhillfarm.org**

EARTH DAY EVENT AT THE FRUIT CENTER MARKETPLACE, 79 WATER STREET, HINGHAM, SUNDAY, APRILL 22, 8am-7pm

Bring your reusable shopping bags to the Fruit Center Marketplace on Earth Day, Sunday, April 22. This local market will donate \$2.00 per recycled bag to *Friends of Holly Hill Farm* in honor of Earth Day all day long! Demonstrate your support for environmental protection locally and globally by bringing your own shopping bags while purchasing premium produce and groceries at the Fruit Center Marketplace. The Fruit Center also sells their own reusable bags at check out.

NEW FARM EVENT! DISCOVER THE WOODS IN SPRING! SATURDAY, APRIL 28, 1:00PM TO 5:00PM

In the spirit of Earth Day, come volunteer and lend a hand as we walk the wooded trails at Holly Hill Farm and help clear the paths of debris from winter storms. We will provide tools, loppers, instructions and tasks, small and large for kids, families and adults to make the trails safer for visitors to hike and enjoy our beautiful woods. Light refreshments and energizing snacks will be provided. Please contact Jon Belber to let us know if you will be joining us. jbelberhollyhill@hotmail.com 781-383-6565. Holly Hill Farm, 236 Jerusalem Road, Cohasset, hollyhillfarm.org

FARM TO FOOD PANTRY TEEN COMMUNITY SERVICE PROGRAM AT HOLLY HILL FARM, COHASSET

The Farm to Food Pantry Program is a unique opportunity for teenagers aged 13-18. We are ready to plant, grow and work in the Farm Pantry Garden. We are excited to host students seeking community service and who wish to volunteer at Holly Hill Farm. Ongoing Dates: Friday, March 16, 3:00-5:00pm and/or Saturday March 17, 9:00-12:00. This schedule will be in effect through June 23. For further information and to register, visit our website, hollyhillfarm.org. Contact Education Director, Jon Belber with any questions at 781-383-6565 or jbelberhollyhill@hotmail.com

Walking Trails are open to the public at HOLLY HILL FARM every day!

Holly Hill Farm is a tranquil destination for a stroll in the woods and a visit with our farm animals. Property maps are available for purchase in the Greenhouse or in the Farm Office during business hours (\$3.) Holly Hill Farm, 236 Jerusalem Road, Cohasset, 781-383-6565 hollyhillfarm.org

DEVORAH HEITNER



WEDNESDAY, APRIL II • 7:00 PM



OPEN TO THE PUBLIC

Tickets: \$10 per person at inlyschool.org/speaker-series

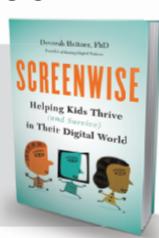
General seating. Tickets will also be available at the door.

Helping Kids Thrive in Their Digital World

Dr. Devorah Heitner, author of Screenwise:
Helping Kids Thrive (and Survive) in Their
Digital World, will address the challenges
and opportunities parents and caretakers
face as they look to bring up empowered
and empathetic children in today's alwaysconnected and ever-changing world.



In partnership with Buttonwood Books and Toys, copies of Devorah Heitner's book will be available to purchase at the event.





46 WATCH HILL DRIVE, SCITUATE
INLYSCHOOL.ORG/SPEAKER-SERIES

Order Form Breakfast for the Month of April, 2018

Due to the office by 3:00 pm, *Tuesday, April 22, 2018

Student Nan	ne					
Pod Teacher	r/Advisor			Gr	ade	
	Ple	ase <u>CHECK</u> off t	he day breakfast wi	ill be o	ordered.	
Week of 4/30 – 5/4	[] Monday	[] Tuesday	[] Wednesday	[]	Thursday	[] Friday
Number of I	Breakfasts ordered	l			X \$1.5	85
	due al Amount Ene cks may be made				\$	_
		Lunch	Order For	m		
	Monday R eg or <mark>Salad</mark>	Tuesday Reg or Salac	Wednesday Early Release		Thursday Reg or <mark>Sala</mark> e	Friday Reg or Salad
• Opti	on A = Regular Loon B = Salad Lundonly choose 1 (on	ch Choice				
Number of I	Regular Lunches	(A) ordered		X	\$3.40	
Number of §	Salads (B) ordered	d		X	\$3.40	
Less credit a	due					
	al Amount Endecks may be made				\$	

Breakfast Order Form Breakfast for the Month of May, 2018

Due to the office by 3:00 pm, *Tuesday, May 1, 2018

Student Name									
Pod Teacher/	Advisor		Grade						
	Plea	use <u>CHECK</u> off	the day breakfast wi	ill be ordered.					
Week of 5/7 – 5/11	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday				
Week of 5/14 – 5/218	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday				
Week of 5/21 – 5/25	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday				
Week of 5/28 – 6/1	[X] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday				
Number of Bi	reakfasts ordered			X \$1	1.85				
	ue I Amount Enc ks may be made			\$					

Lunch Order Form Lunch for the Month of May, 2018

Due to the office by 3:00 pm, *Tuesday, May 1, 2018

Student Nam	e				
Pod Teacher/	Advisor		Gra	ade	
	Please <u>circ</u>	<u>le</u>	per each day li	unch is ordere	d.
Week of 5/7 – 5/11	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Reg or Salad	Thursday Reg or Salad	Friday Reg or Salad
Week of 5/14 – 5/18	Monday Reg or Salad	<u>Tuesday</u> Reg or Salad	Wednesday Reg or Salad	<u>Thursday</u> Reg or Salad	<u>Friday</u> Reg or <mark>Salad</mark>
Week of 5/21 – 5/25	Monday Reg or <mark>Salad</mark>	Tuesday Reg or Salad	Wednesday Reg or Salad	Thursday Reg or Salad	<u>Friday</u> Reg or <mark>Salad</mark>
Week of 5/28 – 6/1	Monday No School	Tuesday Reg or Salad	Wednesday Reg or Salad	Thursday Reg or Salad	Friday Reg or Salad
 Option 	on A = Regular Lur on B = Salad Lunch only choose 1 (one)	Choice			
Number of R	egular Lunches (A) ordered	2	X \$3.40	
Number of S	alads (B) ordered			X \$3.40	
Less credit d	ие				
	al Amount Encl eks may be made o			\$	_



SOUTH SHORE CHARTER SCHOOL MAY, 2018

BREAKFAST

Monday Tuesday		Wednesday	Thursday	Friday
7 Rice Krispies	8 2 oz. Cereal	9 3.6 oz. WG Blueberry Muffin	10 3.6 oz. WG Chocolate Muffin	11 WG Apple Roll
Graham Crackers	Fruit	Fruit	Fruit	Fruit
Fruit	Juice	Orange Juice	Orange Juice	Orange Juice
Orange Juice Milk	Milk	Milk	Milk	Milk
14	15	16	17	18
Cereal	3.6 oz. WG Banana Muffin	3.6 oz. WG Chocolate Chip Muffin	WG Cinnamon Roll	WG Bagel
Graham Crackers	Fruit	Fruit	Fruit	Fruit
Fruit	Orange Juice	Orange Juice	Juice	Orange Juice
Orange Juice	Milk	Milk	Milk	Milk
Milk				
21	22	23	24	25
Cheerios	2 oz. Cereal	3.6 oz. WG Apple Muffin	Cereal	WG Cinnamon Roll
Graham Crackers	Fruit	Fruit	Graham Crackers	Fruit
Fruit	Orange Juice	Orange Juice	Fruit	Juice
Orange Juice Milk	Milk	Milk	Juice Milk	Milk
28	29	30	31	June 1
	WG Croissant w/Jelly	3.6 oz. WG Blueberry Muffin	WG Apple Roll	3.6 oz Banana Muffin
MEMORIAL	Fruit	Fruit	Fruit	Fruit
	Juice	Orange Juice	Orange Juice	Juice
DAY	Milk	Milk	Milk	Milk
	IVIIIX	MIII	IVIIIK	IVIIIK

^{*} All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1% Skim

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!

^{*} Complies with NSLP Regulations

Grade:	
Room:	



No. of Lunches:	
Amount Enclosed:	

SOUTH SHORE CHARTER PUBLIC

SCHOOL K-8

MAY, 2018

LUNCH Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 A Oven Baked Chicken Bites Potato Wedges & WG Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	8 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	9 A Sweet & Sour Chicken Brown Rice & Broccoli B Salad w/Crunch Chicken & WG Pita Bread Milk	10 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	11 A Cheese Pizza Carrots & Broccoli B Salad w/ Crunchy Chicken & WG Pita Bread Milk
14 A Hamburger on WG Bun Vegetarian Baked Beans B Salad w/ Turkey & WG Pita Bread Milk	A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	16 A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	17 A Chicken Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
A Pancakes & Sausage Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk	A Buffalo Chicken Wrap Chickpea Salad w/Veggies B Salad w/String Cheese & WG Pita Bread Milk	A American Chop Suey Green Beans & WG Roll B Salad w/String Cheese & WG Pita Bread Milk	A Sweet & Sour Chicken Brown Rice & Broccoli B Salad w/String Cheese & WG Pita Bread Milk	A Cheese Pizza Carrots & Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk
MEMORIAL DAY	A Ham & Cheese on WG Bun Chickpea Salad B Salad w/Hummus & WG Pita Bread Milk	A Chicken Parmesan Sandwich Potato Wedges B Salad w/Hummus & WG Pita Bread Milk	A Ziti & Meatballs Broccoli B Salad w/Hummus & WG Pita Bread Milk	JUNE 1 A Cheese Pizza Green Beans & Carrots B Salad w/Hummus & WG Pita Bread Milk

^{*} All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1%

6 Skim

All Meals Include Fruit

* Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!

"This institution is an Equal Opportunity Employer"

Grade:	
Room:	



No. of Lunches:	
Amount Enclosed:	

SOUTH SHORE CHARTER PUBLIC

SCHOOL 9-12

MAY, 2018

LUNCH Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7	8	9	10	11
A Oven Baked Chicken Bites	A Tuna Salad on WG Roll	A Sweet & Sour Chicken	A Herbed Baked Chicken	A Cheese Pizza
Potato Wedges & WG Roll	Chickpea Salad w/Carrots	Brown Rice & Broccoli	Green Beans	Carrots & Broccoli
B Salad w/Crunchy Chicken	B Salad w/Crunchy Chicken &	B Salad w/Crunch Chicken &	Whole Grain Roll	B Salad w/ Crunchy Chicken &
& WG Pita Bread	WG Pita Bread	WG Pita Bread	B Salad w/Crunchy Chicken &	WG Pita Bread
Milk	Milk	Milk	WG Pita Bread	Milk
			Milk	
14	15	16	17	18
A Hamburger on WG Bun	A Grilled Chicken Breast	A Sloppy Joe on WG Bun	A Chicken Quesadilla	A Cheese Pizza
Vegetarian Baked Beans	Veggie Pasta Salad	Green Beans	Corn	Carrots
B Salad w/ Turkey &	B Salad w/Turkey &	B Salad w/Turkey &	B Salad w/Turkey &	Potato Wedges
WG Pita Bread	WG Pita Bread	WG Pita Bread	WG Pita Bread	B Salad w/Turkey &
Milk	Milk	Milk	Milk	WG Pita Bread
				Milk
21	22	23	24	25
A Pancakes & Sausage	A Buffalo Chicken Wrap	A American Chop Suey	A Sweet & Sour Chicken	A Cheese Pizza
Potato Wedges	Chickpea Salad w/Veggies	Green Beans & WG Roll	Brown Rice & Broccoli	Carrots & Potato Wedges
B Salad w/String Cheese &	B Salad w/String Cheese &	B Salad w/String Cheese &	B Salad w/String Cheese &	B Salad w/String Cheese &
WG Pita Bread	WG Pita Bread	WG Pita Bread	WG Pita Bread	WG Pita Bread
Milk	Milk	Milk	Milk	Milk
28	29	30	31	JUNE 1
MEMORIAL	A Ham & Cheese on WG Bun	A Chicken Parmesan Sandwich	A Ziti & Meatballs	A Cheese Pizza
WEWORIAL	Chickpea Salad	Potato Wedges	Broccoli	Green Beans & Carrots
D 4 37	B Salad w/Hummus &			
	WG Pita Bread	WG Pita Bread	WG Pita Bread	WG Pita Bread
	Milk	Milk	Milk	Milk

^{*} All Meals include Choice of 1% or Skim Milk.

ALL MENUS ARE SUBJECT TO CHANGE

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Circle a Milk Choice 1%

⁶ Skim

All Meals Include Fruit

^{*} Complies with NSLP Regulations