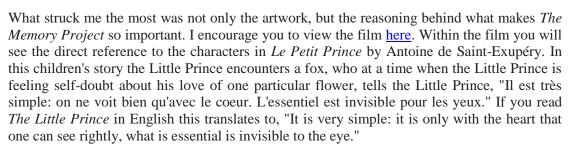


Update May 9, 2018 Vol. 5, Issue 2

FROM THE EXECUTIVE DIRECTOR

On behalf of the South Shore Charter Educational Foundation I would like to thank all who attended and supported our annual auction. This year's celebration was a night of great music, good food, and amazing artwork. We could not have had such a successful night without the support of our families and local businesses. We received many generous donations from members of our school community. Our teachers, parents, and students stepped up in so many ways. Thank you, Danielle Bayer for the live music. Thank you to all families who contributed so generously to the Ted Hirsch street sign. And as always, student artwork was the focal point of the evening. The classroom projects were both heartfelt and stunning. It is amazing to witness what our students can do when their energy and talents are harnessed in one direction.

Friday evening was a night to celebrate what sets us apart from other schools. One of the most important components of our school is project based learning. As a school community we continue to work hard to ensure that what makes us unique also lends itself to rigorous academics. There is no better example of this effort than what our very own art department does every day. Friday night we premiered a short film *The Memory Project*. When I first viewed the film one week ago I was struck by how closely this project parallels all that we seek to accomplish here at the South Shore Charter Public School. When you watch the short film you will see the work of three SSCPS students Israa Khandker, Simmone Brown, and Veronique Milieus. As students in the Illustration Workshop taught by Dan Vasconcellos, they created portraits of three different children who live in Russia under challenging circumstances. Israa, Simmone, and Veronique joined with one thousand other student artists across the United States to give the special gift of a portrait to those most in need.



The Memory Project clearly captures that which is invisible to the eye. Although each portrait is a sketch taken from a visible photograph, the student artists were able to capture the invisible essence of each subject through their drawings. Just as the Little Prince realizes his rose is unique and special because it is the one he loves, so too is each subject of a portrait. Each child is special. Each child is unique. Each child now has a portrait to capture their value. And our students illustrated three of those portraits. Not only does The Memory Project

showcase the work done by students in our art department, in so many ways it showcases who we are as a school. What makes us unique is often invisible. It is in our hearts and minds as much as it is in our hallways and classrooms. Sometimes it takes a character from a children's book and talented student artists to remind us of that.





Thank you, Dan Vasconcellos, Marianne Buckley Curran, Christine Bodnar, Jody Regan, and Pam Golden for leadership in the arts as well as your time and talent. Thank you to all parent volunteers who did a wonderful job pulling everything together. A tremendous thank you to the entire Auction Committee., And special thanks to Justina Pettinelli, Caitriona Hollowed, Kendra Polefka, Leslie Alden, and Laurie and Charles Dannison for making this night of celebration possible.

Wednesday	05/09	Parents Association Meeting	6:30pm
Thursday	05/10	AP US Government and Politics	
Thursday	05/10	Level IV Math MCAS	
Thursday	05/10	Board of Trustees Meeting Finance Development Personnel	7:30pm 6:30pm 7:00pm 7:15pm
Friday	05/11	8 th Grade Science MCAS	
Friday	05/11	Grades 11 and 12 Prom at the Quincy Marriott	
Monday	05/14	AP Biology	
Monday	05/14	Level II Math MCAS	
Tuesday	05/15	AP Calculus	
Tuesday	05/15	Level III Math MCAS	
Wednesday	05/16	AP Language and Composition	
Wednesday	05/16	Level II Math MCAS	
Wednesday	05/16	Parents Association Hosting Dr. Lawrence Cohen	6:30pm

FROM THE DEVELOPMENT OFFICE



On behalf of the South Shore Charter Public School community, I would like to thank all who contributed to and participated in our annual auction last Friday evening. The night was a tremendous success and we could not have accomplished so much without so many hands on deck. We had many generous donations from members of our school community; families, faculty, and friends. Each year the student artwork and classroom projects made the evening feel

like a night out at a museum! Our parent volunteers did a wonderful job putting this evening together and making it a night to remember.

A tremendous thank you to the entire Auction Committee: Leslie Alden, Caitriona Hollowed, Justina Pettinelli, Kendra Polefka, Naomi Preble, Marla Purciello, Theona Royer, Christina Sheehan, and Eileen and Bruce Wainwright. And a very special thank you to our sponsors: Alternatives ABA, Amy Farrell Real Estate, BC Electric, Boston Private, Carolann's, Kris LaRue Real Estate, Rich Dairy, Sea Street Gas and Service, and The Wandering Florist.

Thank you to the following parent volunteers that made this night a huge success!

Leslie Alden	Peter Farrell	Caitriona Hollowed	Justina Pettinelli
Paul Alden	Nicole Franklin	Katie Lenihan	Kendra Polefka
Jennifer Anderson	Melissa Freitas	Emily Lincoln	Naomi Preble
Heidi Aylward	Susan Habchy	Maura Longueil	Marla Purciello
Russ Bowles	Mark Harvey	Scott McCallum	John Purciello
Charles Dannison	Christina Harvey	Carolyn Mustin	

Thank you to the following members of our faculty that we cherish so much:

Pam Algera	Marianne Buckley-	Kerry Doble	William Tramontana
Kristine Bingham	Curran	Annette Golden	Dan Vasconcellos
Christine Bodnar	Mary Carter	Jody Regan	Carol Wise
Karen Boyle	Rio deGennaro	Alicia Savage	

FROM THE PARENTS ASSOCIATION

It's that time of year! While every parent is automatically a member of the Parents Association (PA), we have a few positions that require a vote! We are opening up nominations for the 2018-2019 school year and invite you to consider YOURSELF!

Are you interested in being more involved? Care to hang out with a group of SSCPS parents and guardians once a month to make our school better? Want to be part of keeping families and school connected?

Well....joining PA might be for you! We're an integral part of engaging families to support our school.

All positions are up for nomination!

We're kicking off the election process by inviting you to self-nominate for a position. Nominations will be accepted until 5/14/18. Please consider nominating yourself.

Once nominations have been collected, we will send another email with a survey link for you to vote for all of your PA officers, committee chairs and level/grade representatives.

We plan to close the voting by 5/30/18 and hand the PA over to the incoming group during our June 13th PA meeting.

If you are interested in running for a position, we invite you to self-nominate here:

https://www.surveymonkey.com/r/DXM755Y

Thank you for your continued support of our children and their school. Questions can be sent to sscpspaelection@gmail.com, or you can contact any member of the PA.

Heidi Aylward - summer skies@msn.com

INPAC WORKSHOPS

Positive Communication and Collaboration

Presented by: Katie Emanuel https://www.katieemanuel.com

Tuesday, May 22, 2018 at 6:30pm 100 Longwater Circle, Norwell

In this seminar we will cover how to develop positive communication and collaboration skills to foster a relationship with your child's teachers and IEP team.

- **Positive communication** is the ability to express thoughts, ideas, and feelings in a way that not only conveys what you want to express, but leaves the listener wanting to learn more. Whether it is in an IEP meeting, a parent-teacher conference, or a simple email exchange with a parent or specialist, positive communication lays the foundation for collaboration.
- **Collaboration** is the ability to use positive communication skills to affect growth or change toward a common goal. Collaboration is key when establishing goals, services, accommodations, and modifications for a special needs child in the classroom. To do this most effectively, parents and teachers must collaborate. Parents and teachers can work together to create not only an IEP that serves the child best. They can also become partners in the school community.

We will talk through strategies and techniques to incorporate these tools into the special education process!

2018 YEARBOOK

Order Your 2018 Yearbook!

The 2018 yearbook is now in progress. To order online go to www.coffeepond.com. To login use school password: bluejaguar.

COMMUNITY SERVICE OPPORTUNITY

Hello from the Tufts Library in Weymouth. I just wanted to let you know that we have volunteer opportunities <u>this summer</u> in the Children's Room of the Tufts Library. We are specifically looking for kids going into grade 7 and up to man our Bead Bank. Here is a link for more information and how the kids can sign themselves up for service: https://goo.gl/w1oXCJ https://www.weymouth.ma.us/teens/pages/volunteer-summer-2017

COMMUNITY INTEREST

Wellspring

As of April 1st SNAP (food stamps) recipients and those interested in becoming SNAP recipients here on the south shore will no longer have to travel or call Quincy or Brockton for assistance. Wellspring is now a DTA Community Partner and will be able to handle all SNAP (food stamp) applications and re-certifications. We will also be able to complete interim reports and help trouble shoot any issues that arise with benefit coverage. Please direct anyone interested in this offering to Stephanie Masland: 781-925-3211 x127.

Sober Parenting Journey (SPJ). Wellspring is proudly partnering with South Shore Peer Recovery to offer this evidence supported program. SPJ is a 14 week workshop where participants meet weekly in a small group setting for 2 hours. The class is free to all participants and included complimentary childcare and dinner. Parents and caregivers in recovery face the additional challenge of building strong, positive relationships with their children while maintaining their sobriety, which can be both rewarding and daunting. Sober Parenting Journey provides a valuable source of fellowship and support and enhances awareness of potential triggers that may escalate relapse. Registration ends April 15th for this class.

SCHOOL MEALS (BREAKFAST AND LUNCH)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family MUST complete a NEW 2017-2018 Meal Benefit application and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits. Click here for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family MUST still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>

EAA Chapter 279 Young Eagles Rally



Free airplane rides for kids ages 8 to 17

Parent/legal guardian approval and signature required

Saturday, **June 9**, 2018 (Rain dates June 10 or June 23) 10 a.m. to 2 p.m. (weather permitting)

Civil Air Patrol Headquarters, Plymouth Airport 222 South Meadow Rd., Plymouth (Next to Gate 1)

Contact: Robert Yaeger -- RWYaeger@aol.com

Information & pre-registration: www.PlymouthCAP.org

Sponsor: EAA Chapter 279; Pilots: Plymouth Aero Club





Please join nationally renowned child psychologist and author

Lawrence J. Cohen, Ph.D.

May 16, 2018 6:30pm 100 Longwater Circle

for a discussion on children, Playful Parenting, and risk-taking on the playground

Dr. Cohen, author of <u>Playful Parenting</u> and <u>The Opposite of Worry</u>, is a licensed psychologist specializing in children's play and play therapy. He is a speaker and consultant to public and independent schools and a teacher of parenting classes and classes for daycare teachers. **During the presentation with Dr. Cohen, we will gain insights about:**

- The parent-child connection, which comes through tuning in to children's needs, empathy, and play
- One often-neglected need of children: the need for self-determined play, including risky play
- Children's need for the chance to embrace their full physicality, not just be brains to pack with knowledge
- Some exciting developments from some pioneering schools in China and elsewhere!



When: June 27 - June 30, 9:00am - 3:00pm Who: Boys ages 7 - 14, Beginners Welcome! With: Harvard Men's Basketball Program

Players attending the 2018 Basketball Academy at Harvard will have the unique experience of spending four days on the Harvard University campus. Campers will have the chance to work directly with the Harvard Basketball coaching staff and players! Please join us for a great week of hoops, learning, and fun!

BasketballAcademyAtHarvard.net

#GOCRIMSON

Do you want to help your child with their organization and planning skills?

Executive Function with Sarah Ward

Monday, May 21, 2018

7 p.m. – 9 p.m.

Meeting Location:

Hanover High School (Auditorium) 287 Cedar Street, Hanover

Description:

Parents, teachers and professionals: Come learn how to work with and coach students to effectively balance and manage academic work, time, and materials.

Learn how to:

- 1) Create a homework space
- Organize personal and school materials
- Record assignments and create a schedule
- Manage time, tasks and complete long term projects

You will walk away with many simple, ready-touse strategies and tools for teaching children how to develop independent executive function skills.

Presented by: Award winning Sarah Ward, M.S., CCC/SLP - Speech and Language Pathologist who had presented to and consulted with more that 450 public and private schools across the US and internationally.

Check out our page on the Hanover Schools website at www.hanoverschools.org/community/pac for further information and a calendar of upcoming events.

No RSVP required



Hanover Parent Advisory PAC



What is the Hanover Special Education Parent Advisory Council?

The SEPAC is a parent group whose mission is to work toward understanding, respect, support and appropriate education for all children with learning differences in our community. The Hanover SEPAC will provide an opportunity for parents to network and share information as well as a way to work constructively with our schools to make them the best they can be for all children.







WELLSPRING MULTI-SERVICE CENTER & SOUTH SHORE PEER RECOVERY PRESENT

SOBER PARENTING JOURNEY

Tuesdays beginning May 1st from 5:00-7:00pm At South Shore Peer Recovery, 51 Cole Parkway, Scituate

Parenting Journey is free and open to everyone. We work with mothers, fathers, and caregivers from all walks of life who are raising children of all ages.

SOBER PARENTING JOURNEY | PROGRAM

In Sober Parenting Journey, a small group of parents and caregivers meet for 2 hours a week for 14 weeks. The program includes activities, discussions, a family-style meal each session and complimentary childcare. Addiction is complicated and difficult to overcome. Parents and caregivers in recovery face the additional challenge of building strong, positive relationships with their children while maintaining their sobriety, which can be both rewarding and daunting. Sober Parenting Journey provides a valuable source of fellowship and support and enhances awareness of potential triggers that may escalate relapse. In a safe and caring setting, participants will explore past and present patterns of emotional regulation, compulsive thinking, and addictive behaviors that influence choices. With hard work and honesty, participants will create a new path that strengthens sobriety, accountability, and positive actions while facing the daily challenges of recovery.

This Sober Parenting Journey workshop is a Wellspring and South Shore Peer Recovery program made possible in part by HAPSA, Safe Harbor Cohasset Coalition, Hull Firefighters, Social Service League of Cohasset, Quincy Family Resource Center and Debby & John Flanagan.

South Shore Peer Recovery organizes people in recovery from all addictions, their family members, friends and allies, to put a positive face on recovery. SSPR provides peer support, education, and advocacy opportunities; working to remove barriers to recovery; treating all with dignity and respect regardless of the pathway of recovery.

Wellspring is a multi-service organization with a mission to provide support and skills to people facing challenges to their financial, physical or emotional wellbeing in order to help them achieve independence and self-sufficiency.

Wellspring Multi-Service Center · www.wellspringhull.org 814 Nantasket Avenue, Hull, MA 02045 · 781,925,3211

South Shore Peer Recovery – <u>www.southshorepeerrecovery.com</u> 51 Cole Parkway, Scituate MA 02066 – 781-378-0453



REGISTER TODAY!

Must register by April 15th
Contact Stephanie Masland at
Wellspring for more information
781.925.3211 x127
Stephanie@wellspringhull.org
Program limited to 8 participants

WHAT'S IN IT FOR YOU

In a supportive setting, we will work with you to uncover your inner strengths and help you to achieve personal transformation in recovery:

- Begin to understand & experience healing new & old wounds
- Address the impact of triggers that lead to relapse
- Learn about local resources & support available to you
- Effectively communicate with vour children
- Become more confident & optimistic about maintaining recovery
- Learn to overcome shame, guilt & stop justifying consequences related to substance use
- Create new possibilities for yourself & your children





Are You A SNAP(Food Stamps) Recipient? Do You Want To Become One?

Wellspring Multi-Service Center can help!

Now a proud Community Partner with the Department of Transitional Assistance (DTA), Wellspring can assist you with all of your SNAP issues, application & recertification needs

No more drives to Quincy or Brockton DTA locations!

No more waiting on the phone for answers to simple questions!

For more information...

Stephanie Masland, Director of Community Outreach 781-925-3211 x127



Wellspring is a multi-service organization with a mission to provide support and skills to people facing challenges to their financial, physical or emotional well-being in order to help them achieve independence and self-sufficiency. Wellspring is an equal opportunity provider and employer that embraces, supports and actively promotes tolerance and nondiscrimination. This policy applies to all Wellspring practices; relations with clients; and relations with the community. Wellspring will not discriminate on the basis of race, nationality, gender, age, sexual orientation, gender identity, religion or disability.

Wellspring Multi-Service Center • www.wellspringhull.org • 814 Nantasket Avenue, Hull, MA 02045 • 781.925.3211

This message is funded in part by the USDA. USDA is an equal opportunity provider and employer.

5/1/2018 FOR IMMEDIATE RELEASE:

Contact Info: Friends of Holly Hill Farm, 236 Jerusalem Road, Cohasset, MA 02025 www.hollyhillfarm.org 781-383-6565

UPCOMING EVENTS & ACTIVITIES

MIGRATING BIRD WALK WITH SALLY AVERY, SATURDAY, MAY 5, 8:00-10:00am

Join renowned birding expert and enthusiast Sally Avery for "Spring Birding" in the woods, trails and coastal wetlands of Holly Hill Farm. Sally has led numerous tours for Mass Audubon in addition to this annual bird walk at Holly Hill Farm. With her local and statewide following, Sally will instruct and demonstrate her keen audible and visual ornithology expertise. Bring waterproof walking shoes and keen ears and eyes as we delight in this lovely rite of spring. Free to all, but pre-registration is encouraged. Rain or shine, unless heavy rainfall. We welcome dogs at the farm, but please refrain from bringing your furry friends for this particular walk in order that we have the best conditions for spotting migrating songbirds! Meet in front of Main Barn 7:45am. 781-383-6565, Holly Hill Farm, 236 Jerusalem Road, Cohasset, hollyhillfarm.org

BEHIND THE SCENES PREVIEW OF SPRING PLANT SALE, SATURDAY, MAY 5, 2:00pm

Want to have a farmer's eye view of 40,000 seedlings? Farmer Jasmin Callahan will give visitors a preview of old favorites and new varieties growing in our Greenhouse of vegetables, herbs and flowers. Advice on which varieties are best suited for container gardens, companion planting combinations and succession growing will be provided. This behind the scenes tour will help you plan for a productive, exciting year of growing organically. FREE TO ALL MEMBERS AND THOSE WHO WISH TO BECOME MEMBERS to take advantage of the Members Only Plant Sale on Friday, May 11 from 4-7pm. 781-383-6565, Holly Hill Farm, 236 Jerusalem Road, Cohasset, hollyhillfarm.org

NEW! HOLLY HILL FARM ORGANIC PLANT SALE

Members Only Plant Sale Friday, May 11 from 4:00-7:00pm Saturday & Sunday, May 12 & 13, 10:00am – 4:00pm Saturday & Sunday, May 19 & 20, 10:00am- 4:00pm

Holly Hill Farm's annual Organic Plant Sale is an event not to be missed! Celebrate the arrival of warm weather by planting a garden with Holly Hill Farm's own greenhouse grown, organic vegetable, herb and flower seedlings. We have a broad array of heirloom and hybrid varieties plus we have added new, exciting varieties for you to bring to maturity in your gardens. Enhance your herb garden this year with lavenders, basils, lemon verbena, pineapple sage, rosemary and more! Floral favorites such as sunflowers and unique varieties of snapdragons and zinnias. Our farmers and staff will be on hand to answer questions. If you want to shop for plants on Friday, May 11, our Members Only Plant Sale, you can become a member of *Friends of Holly Hill Farm* at the sale, or anytime prior to May 11. Cash, check or credit cards accepted. **781-383-6565, Holly Hill Farm, 236 Jerusalem Road, Cohasset, hollyhillfarm.org**

NEW! FARM TO TABLE SPRING DINNER, SATURDAY, JUNE 2, 6-10pm

Join us for our annual Spring Dinner with Chef Maryann Saporito from Hola! of Marshfield. The prix fixe dinner menu will take advantage of the early season farm offerings. Wine and beer pairings are included. Evening includes a tour of Peck's Meadow to view our organically grown field and the new greenhouse. Proceeds will support educational programs at the Farm and at local schools. Kindly email or call to reserve seating. Tickets and pricing information on our website. **781-383-6565, Holly Hill Farm, 236 Jerusalem Road, Cohasset, hollyhillfarm.org**

FUN ACTIVITY! SOUTH SHORE QUESTS!

Quest Boxes will remain in place from April 15th to November 15th, 2018

South Shore Quest season has begun! Are you new to questing? A quest is a way to turn a walk into a treasure hunt. The South Shore Quest committee publishes a book of quests every year. This year there are 14 quests in many towns across the South Shore and there is a **new Troll themed quest at Holly Hill Farm!** Quests are self-guided. Quest books are for sale at the farm (\$5.00 each book) and at several other locations around the South Shore including Holly Hill Farm, the Hingham Public Library, South Shore Natural Science Center, Buttonwood Books & Toys. Always check this website prior to your Quest for updates: http://www.southshorequests.org/

DISCOVER THE WOODS IN SPRING! SATURDAY, APRIL 28, 1:00PM TO 5:00PM

In the spirit of Earth Day, come volunteer and lend a hand as we walk the wooded trails at Holly Hill Farm and help clear the paths of debris from winter storms. We will provide tools, loppers, instructions and tasks, small and large for kids, families and adults to make the trails safer for visitors to hike and enjoy our beautiful woods. Light refreshments and energizing snacks will be provided. Please contact Jon Belber to let us know if you will be joining us. jbelberhollyhill@hotmail.com 781-383-6565. Holly Hill Farm, 236 Jerusalem Road, Cohasset, hollyhillfarm.org

FARM TO FOOD PANTRY TEEN COMMUNITY SERVICE PROGRAM AT HOLLY HILL FARM, COHASSET

The Farm to Food Pantry Program is a unique opportunity for teenagers aged 13-18. We are ready to plant, grow and work in the Farm Pantry Garden. We are excited to host students seeking community service and who wish to volunteer at Holly Hill Farm. Ongoing Dates: Friday, March 16, 3:00-5:00pm and/or Saturday March 17, 9:00-12:00. This schedule will be in effect through June 23. For further information and to register, visit our website, hollyhillfarm.org. Contact Education Director, Jon Belber with any questions at 781-383-6565 or jbelberhollyhill@hotmail.com

NEW FARM EVENT! CARROTS BY CYCLE BENEFIT, THURSDAY, MAY 31, 2018

Help support Farm to Food Pantry coordinator Jon Belber as he sets off on his bicycle to plant carrot seeds on Thursday, May 31st. This part 1 phase will begin at a garden in Boston, then head to gardens in Quincy, Braintree, Weymouth, Hingham, Hull, Scituate and end at Holly Hill Farm in Cohasset. The day long bike riding and planting is to raise awareness about the need for fresh, organic produce for food pantry clients at local, area community kitchens and food pantries. Part 2 will occur in late Summer when he plans to bike and harvest the carrots. Please make a donation to support this program that works with teens across the South Shore to grow, harvest and deliver fresh produce to Wellspring, Father Bill's and food pantries in these towns. Additional riders welcome. To make a donation to the Farm to Food Pantry program at the Friends of Holly Hill Farm, a 501 (c)(3) nonprofit, go to the website, HollyHillFarm.org or email jbelberhollyhill@hotmail.org.

Walking Trails are open to the public at HOLLY HILL FARM every day!

Holly Hill Farm is a tranquil destination for a stroll in the woods and a visit with our farm animals. Property maps are available for purchase in the Greenhouse or in the Farm Office during business hours (\$3.) Holly Hill Farm, 236 Jerusalem Road, Cohasset, 781-383-6565 hollyhillfarm.org

Breakfast Order Form Breakfast for the Month of May, 2018

Due to the office by 3:00 pm, *Tuesday, May 8, 2018

Student Nam	ne				
Pod Teacher/Advisor			Grade		
Please <u>CHECK</u>		ase <u>CHECK</u> off	the day breakfast wi	ill be ordered.	
Week of 5/7 5/11		[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 5/14 5/18		[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 5/21 – 5/25	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 5/28 - 6/1	[X] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Number of B	Breakfasts ordered	l		X \$1	1.85
	lue al Amount Enc cks may be made			\$	

Lunch Order Form Lunch for the Month of May, 2018

Due to the office by 3:00 pm, *Tuesday, May 8, 2018

Student Nam	ne				
Pod Teacher/Advisor		Gr	ade		
	Please <u>circ</u>	<u>le</u>	per each day li	unch is order	red.
			Wednesday Reg or Salad		Friday Reg or Salad
	-	•	Wednesday Reg or Salad	•	Friday Reg or Salad
Week of 5/21 – 5/25	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Reg or Salad	Thursday Reg or Salac	Friday Reg or Salad
Week of 5/28 – 6/1	Monday No School	Tuesday Reg or Salad	Wednesday Reg or Salad	Thursday Reg or Salac	Friday Reg or Salad
• Optio	on A = Regular Luncl on B = Salad Luncl only choose 1 (one	n Choice			
Number of R	Regular Lunches (A) ordered		X \$3.40	
Number of Salads (B) ordered				X \$3.40	
Less credit d	ue				
	al Amount Encl cks may be made c			\$	



SOUTH SHORE CHARTER SCHOOL MAY, 2018

BREAKFAST

Tuesday	Wednesday	Thursday	Friday
8	9	10	11
	· ·		WG Apple Roll
***			Fruit
	_		Orange Juice
Milk	Milk	Milk	Milk
15	16	17	18
3.6 oz. WG Banana Muffin	3.6 oz. WG Chocolate Chip Muffin	WG Cinnamon Roll	WG Bagel
Fruit	Fruit	Fruit	Fruit
Orange Juice	Orange Juice	Juice	Orange Juice
Milk	Milk	Milk	Milk
22	23	24	25
2 oz. Cereal	3.6 oz. WG Apple Muffin	Cereal	WG Cinnamon Roll
Fruit	Fruit	Graham Crackers	Fruit
Orange Juice	Orange Juice	Fruit	Juice
Milk	Milk	Juice	Milk
		Milk	
29	30	31	June 1
WG Croissant w/Jelly	3.6 oz. WG Blueberry Muffin	WG Apple Roll	3.6 oz Banana Muffin
Fruit	Fruit	Fruit	Fruit
Juice	Orange Juice	Orange Juice	Juice
Milk	Milk	Milk	Milk
	8 2 oz. Cereal Fruit Juice Milk 15 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk 22 2 oz. Cereal Fruit Orange Juice Milk 29 WG Croissant w/Jelly Fruit Juice	8 2 oz. Cereal Fruit Juice Milk 15 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk 16 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk 22 2 oz. Cereal Fruit Orange Juice Milk 23 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk 30 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk 30 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk 30 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	8 2 oz. Cereal Fruit Juice Milk 15 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk 16 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk 17 WG Cinnamon Roll Fruit Orange Juice Milk 22 2 oz. Cereal Fruit Orange Juice Milk 23 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk 24 Cereal Graham Crackers Fruit Orange Juice Milk 29 WG Croissant w/Jelly Fruit Juice 30 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk 31 WG Apple Roll Fruit Orange Juice Milk 31 WG Apple Roll Fruit Orange Juice Milk 31 WG Apple Roll Fruit Orange Juice Milk 31 Orange Juice

^{*} All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice

1% Skim

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!

^{*} Complies with NSLP Regulations

Grade:	
Room:	



No. of Lunches:	
Amount Enclosed:	

SOUTH SHORE CHARTER PUBLIC

SCHOOL K-8

MAY, 2018

LUNCH Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 A Oven Baked Chicken Bites Potato Wedges & WG Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	8 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	9 A Sweet & Sour Chicken Brown Rice & Broccoli B Salad w/Crunch Chicken & WG Pita Bread Milk	10 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	11 A Cheese Pizza Carrots & Broccoli B Salad w/ Crunchy Chicken & WG Pita Bread Milk
14 A Hamburger on WG Bun Vegetarian Baked Beans B Salad w/ Turkey & WG Pita Bread Milk	A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	17 A Chicken Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
A Pancakes & Sausage Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk	A Buffalo Chicken Wrap Chickpea Salad w/Veggies B Salad w/String Cheese & WG Pita Bread Milk	A American Chop Suey Green Beans & WG Roll B Salad w/String Cheese & WG Pita Bread Milk	A Sweet & Sour Chicken Brown Rice & Broccoli B Salad w/String Cheese & WG Pita Bread Milk	A Cheese Pizza Carrots & Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk
MEMORIAL DAY	A Ham & Cheese on WG Bun Chickpea Salad B Salad w/Hummus & WG Pita Bread Milk	A Chicken Parmesan Sandwich Potato Wedges B Salad w/Hummus & WG Pita Bread Milk	A Ziti & Meatballs Broccoli B Salad w/Hummus & WG Pita Bread Milk	JUNE 1 A Cheese Pizza Green Beans & Carrots B Salad w/Hummus & WG Pita Bread Milk

^{*} All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1%

6 Skim

All Meals Include Fruit

* Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!

"This institution is an Equal Opportunity Employer"

Grade: _	
Room:	



No. of Lunches:	
Amount Enclosed:	

SOUTH SHORE CHARTER PUBLIC

SCHOOL 9-12

MAY, 2018

LUNCH Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 A Oven Baked Chicken Bites Potato Wedges & WG Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	8 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	9 A Sweet & Sour Chicken Brown Rice & Broccoli B Salad w/Crunch Chicken & WG Pita Bread Milk	10 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	11 A Cheese Pizza Carrots & Broccoli B Salad w/ Crunchy Chicken & WG Pita Bread Milk
14 A Hamburger on WG Bun Vegetarian Baked Beans B Salad w/ Turkey & WG Pita Bread Milk	15 A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	16 A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	17 A Chicken Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
A Pancakes & Sausage Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk	A Buffalo Chicken Wrap Chickpea Salad w/Veggies B Salad w/String Cheese & WG Pita Bread Milk	A American Chop Suey Green Beans & WG Roll B Salad w/String Cheese & WG Pita Bread Milk	A Sweet & Sour Chicken Brown Rice & Broccoli B Salad w/String Cheese & WG Pita Bread Milk	A Cheese Pizza Carrots & Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk
MEMORIAL DAY	A Ham & Cheese on WG Bun Chickpea Salad B Salad w/Hummus & WG Pita Bread Milk	A Chicken Parmesan Sandwich Potato Wedges B Salad w/Hummus & WG Pita Bread Milk	A Ziti & Meatballs Broccoli B Salad w/Hummus & WG Pita Bread Milk	JUNE 1 A Cheese Pizza Green Beans & Carrots B Salad w/Hummus & WG Pita Bread Milk

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