



### FROM THE K-12 INTERIM PRINCIPAL

Yesterday our graduating Seniors, their teachers, and their families celebrated the many accomplishments of the class of 2018 at our annual Senior Dinner. Senior Dinner is a tradition with roots in the early days at SSCPS when the event was a potluck held in the high school great room. While the event has evolved over the years, the purpose remains the same. The night gives our students, their families, and our K-12 faculty a chance to connect with each other prior to graduation and an opportunity recognize the many significant achievements of our twelfth grade students. Last night we recognized academic accomplishments with awards for student work in their twelfth grade classes. We highlighted the work of Projects and Workshops by awarding pins to students for their Workshops work. We recognized students that participated in the Game Change initiative, those that were part of our athletics program, students in Black Students Union, our National Honor Society members, and the Student Board officers. Our students, their families, and their teachers have a great deal to be proud of.

We have started some new traditions at recent dinners. Each year graduating students are eligible for the Student Athlete Leadership Award. In order to qualify for this award a student must:

- o Demonstrate leadership, teamwork, discipline, commitment, a strong work ethic, and citizenship
- Have served as a captain on a varsity team
- o Be a member of a student organization
- o Have achieved a minimum 3.0 grade point average
- o Be recognized for their individual athletic achievements by the Massachusetts Charter School Athletic Organization

This year we had three students qualify. Congratulations to **Madison Mirabile**, **Nicole Rousseau**, and **Naomi Zorrilla** for earning this distinction!

Our community recognized students with several scholarships at last night's event. Putney Transportation provided two scholarships to graduating seniors with plans to give back to their community. Those awards went to **Lucy Njoroge** and **Alison Walsh**. The Johnny Cupcakes Entrepreneurial Scholarship, awarded to a SSCPS High School Senior pursuing a higher education who exhibits creativity, innovation, ambition and the entrepreneurial spirit went to **Ryan Gallagher**. The American Red Cross Scholarship for work on our community blood drives went to **Mia Strahm**. Several other scholarships will be awarded on Saturday.

For the first time this year we had organizations from within the residential communities of our students present scholarships at our Senior Dinner. The Hull Firefighters Memorial Fund annually awards Town of Hull residents scholarships to attend universities for higher education in fire, police, or nursing. This year the membership voted unanimously voted to award **Alison Walsh** this scholarship. The Rockland-Hanson Rotary Club awarded **Tanner Demaggio** with a scholarship for his community service and high level of academic achievement. The Hanover Women's Club issued a scholarship to **Gabriella Rivera** for her high academic achievement, service to others, and commitment to the arts. It is exciting to see our students seeking out and earning these additional opportunities.

Last night was a joyful celebration for our school community and only the beginning of what is always an exciting week leading up to graduation. All of our students, K-12, will cheer for our soon to be graduates at our grad walk on Friday morning. This has become an important tradition. Our culminating event, the 23rd commencement of the South Shore Charter Public School, will take place Saturday morning at 11:00am. I hope to see many of you there!

Thursday	05/31	Level I and Level II Grandparents and Friends Day Concert – Under the Tent	1:30pm
Thursday	05/31	Annual K-12 Spring Concert at 100 Longwater Circle – Under the Tent	6:00pm
Friday	06/01	Level IV Day of Service – Nantasket Beach	
Friday	06/01	Graduation Walk and Rehearsal	10:00am
Saturday	06/02	Class of 2018 Graduation at 100 Longwater Circle – Under the Tent	11:00am
Tuesday	06/05	Level I Parent Coffee	8:15am
Tuesday	06/05	6 <sup>th</sup> Grade Science Fair at the SSCPS Gym	
Tuesday	06/05	Amy's Kindergarten Art Show	2:00pm
Wednesday	06/06	High School Science MCAS	
Wednesday	06/06	Level III Pizza Social	4:00- 6:00pm
Thursday	06/07	High School Science MCAS	
Thursday	06/07	Level II Parent Coffee	8:15am
Thursday	06/07	Title I/Tutoring Year End Pizza Party at the SSCPS Gym	3:30 - 4:15pm

### **ANNOUNCEMENTS**

# SSCPS Spring Concert - There will be two concerts on Thursday, May 31, 2018.

The afternoon concert is a special performance for Grandparents and Special Friends. This is a Level I and II event.

In the evening we will be hosting our traditional spring concert. This is an all-school event and registration is not necessary. We hope to see you there!

## **Money Found**

A little over a month ago, on April 24<sup>th</sup>, a student found a sum of money on the Big Playground. We have been holding onto it in the hope that someone would come looking for it but no one has.

If you believe you lost a sum of money at that time, please contact Karen at the front desk. Thanks!

# 2018 YEARBOOK

# Order Your 2018 Yearbook!

All students K-12 are included in the yearbook. To order online go to <a href="www.coffeepond.com">www.coffeepond.com</a>. To login use school password: <a href="bluejaguar">bluejaguar</a>.

## **NEWS FROM THE LIBRARY**

### Announcing the SSCPS Summer Reading Book Fair!

Get a jump start on summer reading at the book fair being held on **Thursday May 31st!** The fair will take place in the Art Room at 100 Longwater **from 5:30-7:30 pm** before and during the Spring Concert.



The fair is hosted by the Library Committee and independent bookstore *Storybook Cove* storybookcove.com in the Hanover Mall. Families receive a 10% discount and no tax is charged, and proceeds benefit the SSCPS Library. All required and recommended books for K-12 students will be available for purchase. The K-12 list is available on the SSCPS website. Summer assignment packets will be posted on the website in June.

**PLEASE NOTE:** This is a "cash and carry event" (**cash and checks preferred**), and multiple copies will be available so that you can take your purchases home with you that day. In the event that copies run out, orders will be taken and delivered before the end of the school year. Questions? Email Bev Bruce <a href="mailto:bbruce@sscps.org">bbruce@sscps.org</a>.

# FROM THE DEVELOPMENT OFFICE



Thank you for everyone who has contributed to our Annual Fund. The Fund pays for operating expenses, Projects and Workshop expenses, as well as music, arts and athletic programs. Please contribute your fully tax deductible donation before our fiscal year ends on June 30, 2018. Mail your donation to: SSCEF, P.O. Box 512, Accord, MA, 02018, or drop off a check in the envelope at the Front Desk, or Donate Now online.

# FROM THE PARENTS ASSOCIATION

# 2018-2019 Parent Association Election for SSCPS!

Survey Closes: 6/1/2018 – Click the link below to cast your vote:

https://www.surveymonkey.com/r/PAElection2018

# New PA will be inducted at the June 13, 2018 Meeting (6:30 pm @SSCPS K-8 Building)

Thank you all for coming to cast a ballot for all Parents Association positions. Only SSCPS Parents and Guardians may cast votes.

As your appointed Election Team, we are committed to ensuring the process is efficient, fair, measurable and accessible to all parents.

- Only current SSCPS Parents or Guardians may vote in this election
- One vote per parent/guardian will be allowed
- You must make one selection for each position
- You are given the option to abstain from voting for a particular position if, for any reason, you choose not to (via an "I choose not to cast a vote for this position" option)
- Results will ONLY be shared on an aggregate level (e.g. # of total voters, # of votes per nominee, # that chose not to vote for a position, etc.)
- If there is a tie for a position, a second survey will be sent out only for those who need a tie-breaker
- If there is a dispute or demand for a recount, at least one member of the Election Team (*Heidi Aylward, Ken Poudrier & Artie Sharpe*) and one school administrator will be engaged to review or re-count parent/guardian submissions
- The Special Election Team remains committed and unbiased throughout its work on this process, and we're committed to the integrity of the SSCPS Parent Association

Thank you to the nominees who have volunteered to run for an official position on the SSCPS Parents Association.

# **COMMUNITY SERVICE OPPORTUNITY**

Hello from the Tufts Library in Weymouth. I just wanted to let you know that we have volunteer opportunities <u>this summer</u> in the Children's Room of the Tufts Library. We are specifically looking for kids going into grade 7 and up to man our Bead Bank. Here is a link for more information and how the kids can sign themselves up for service: <a href="https://goo.gl/w1oXCJ">https://goo.gl/w1oXCJ</a> <a href="https://gww.weymouth.ma.us/teens/pages/volunteer-summer-2017">https://gww.weymouth.ma.us/teens/pages/volunteer-summer-2017</a>

# **COMMUNITY INTEREST**

### Wellspring

As of April 1<sup>st</sup> SNAP (food stamps) recipients and those interested in becoming SNAP recipients here on the south shore will no longer have to travel or call Quincy or Brockton for assistance. Wellspring is now a DTA Community Partner and will be able to handle all SNAP (food stamp) applications and re-certifications. We will also be able to complete interim reports and help trouble shoot any issues that arise with benefit coverage. Please direct anyone interested in this offering to Stephanie Masland: 781-925-3211 x127.

Sober Parenting Journey (SPJ). Wellspring is proudly partnering with South Shore Peer Recovery to offer this evidence supported program. SPJ is a 14 week workshop where participants meet weekly in a small group setting for 2 hours. The class is free to all participants and included complimentary childcare and dinner. Parents and caregivers in recovery face the additional challenge of building strong, positive relationships with their children while maintaining their sobriety, which can be both rewarding and daunting. Sober Parenting Journey provides a valuable source of fellowship and support and enhances awareness of potential triggers that may escalate relapse. Registration ends April 15<sup>th</sup> for this class.

# SCHOOL MEALS (BREAKFAST AND LUNCH)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family MUST complete a NEW 2017-2018 Meal Benefit application and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits. Click here for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family MUST still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>

# The average age of a homeless person in Massachusetts is

Last year Massachusetts public schools identified 21,221 students impacted by homelessness.

### All Items Must Be New

### SUPPLIES NEEDED

- Quality backpacks for boys & girls K-12
- Large Pencil Boxes
- Zippered Pencil Pouches
- Large Erasers
- Glue Sticks
- · Blunt Children's Scissors
- · Large Pencil Sharpeners (with cover)
- Crayons (24 pack)
- Washable Markers Broad Tip (8 pack) (must be washable)
- · Colored Pencils (12 pack)
- Red Pens
- Highlighters
- · Flexible Plastic Rulers
- · Index Cards (100 pack)
- Calculators (square root & scientific)
- · Shiny Pocket Folders
- Composition Notebooks
- Single Subject Notebooks (wide ruled)
- · 3-Holed, Lined Paper (wide ruled)
- 1" Binders
- · Binder Dividers

New Books for all grade levels (k-12). Appropriate subject matter requested. Check it Out on Amazon Swipe or Click



THE MISSION OF SCHOOL ON WHEELS OF MASSACHUSETTS IS TO SUPPORT THE ACADEMIC, SOCIAL AND EMOTIONAL GROWTH OF STUDENTS IMPACTED BY HOMELESSNESS.

Ways You Can Help conduct a

# Supply Drive

For Children and Teens Impacted by Homelessness



I wondered why somebody didn't do something. Then I realized, I am somebody. Author Unknown

Coordinate a supply drive at your school, business or place of worship.

For information contact: schoolonwheels@sowma.org



SCHOOL on WHEELS MASSACHUSETTS Educate Kids

Empower Families End Homelessness

100 Laurel Street. Suite 121 East Bridgewater, MA 02333 508. 587. 9091 WWW.SOWMA.ORG







# Your Town > SSCPS Service

# 2018/2019 School Bus Service Registration Directions:

- → Log onto <u>www.putneytrans.com</u>
- → Select the [Registration] tab

# Login Information For South Shore Charter Public School

→Your Username: guest

→ Your Password: school

NOTE: Registration for new families will begin 5/30/2018. Seating is limited, please register early.

For more information, please email Norma Laurent at <a href="mailto:nlaurent@putneytrans.com">nlaurent@putneytrans.com</a>.

This service is on a first come first serve basis. Once the bus is full, remanding families will be added to our waitlist.

# EAA Chapter 279 Young Eagles Rally



# Free airplane rides for kids ages 8 to 17

Parent/legal guardian approval and signature required

Saturday, **June 9**, 2018 (Rain dates June 10 or June 23) 10 a.m. to 2 p.m. (weather permitting)

Civil Air Patrol Headquarters, Plymouth Airport 222 South Meadow Rd., Plymouth (Next to Gate 1)

Contact: Robert Yaeger -- RWYaeger@aol.com

Information & pre-registration: www.PlymouthCAP.org

Sponsor: EAA Chapter 279; Pilots: Plymouth Aero Club





When: June 27 - June 30, 9:00am - 3:00pm Who: Boys ages 7 - 14, Beginners Welcome! With: Harvard Men's Basketball Program

Players attending the 2018 Basketball Academy at Harvard will have the unique experience of spending four days on the Harvard University campus. Campers will have the chance to work directly with the Harvard Basketball coaching staff and players! Please join us for a great week of hoops, learning, and fun!

BasketballAcademyAtHarvard.net

#GOCRIMSON





# WELLSPRING MULTI-SERVICE CENTER & SOUTH SHORE PEER RECOVERY PRESENT

# SOBER PARENTING JOURNEY

Tuesdays beginning May 1<sup>st</sup> from 5:00-7:00pm At South Shore Peer Recovery, 51 Cole Parkway, Scituate

Parenting Journey is free and open to everyone. We work with mothers, fathers, and caregivers from all walks of life who are raising children of all ages.

# SOBER PARENTING JOURNEY | PROGRAM

In Sober Parenting Journey, a small group of parents and caregivers meet for 2 hours a week for 14 weeks. The program includes activities, discussions, a family-style meal each session and complimentary childcare. Addiction is complicated and difficult to overcome. Parents and caregivers in recovery face the additional challenge of building strong, positive relationships with their children while maintaining their sobriety, which can be both rewarding and daunting. Sober Parenting Journey provides a valuable source of fellowship and support and enhances awareness of potential triggers that may escalate relapse. In a safe and caring setting, participants will explore past and present patterns of emotional regulation, compulsive thinking, and addictive behaviors that influence choices. With hard work and honesty, participants will create a new path that strengthens sobriety, accountability, and positive actions while facing the daily challenges of recovery.

This Sober Parenting Journey workshop is a Wellspring and South Shore Peer Recovery program made possible in part by HAPSA, Safe Harbor Cohasset Coalition, Hull Firefighters, Social Service League of Cohasset, Quincy Family Resource Center and Debby & John Flanagan.

South Shore Peer Recovery organizes people in recovery from all addictions, their family members, friends and allies, to put a positive face on recovery. SSPR provides peer support, education, and advocacy opportunities; working to remove barriers to recovery; treating all with dignity and respect regardless of the pathway of recovery.

Wellspring is a multi-service organization with a mission to provide support and skills to people facing challenges to their financial, physical or emotional wellbeing in order to help them achieve independence and self-sufficiency.

Wellspring Multi-Service Center · www.wellspringhull.org 814 Nantasket Avenue, Hull, MA 02045 · 781,925,3211

South Shore Peer Recovery – <u>www.southshorepeerrecovery.com</u> 51 Cole Parkway, Scituate MA 02066 – 781-378-0453



# REGISTER TODAY!

Must register by April 15<sup>th</sup>
Contact Stephanie Masland at
Wellspring for more information
781.925.3211 x127
Stephanie@wellspringhull.org
Program limited to 8 participants

### WHAT'S IN IT FOR YOU

In a supportive setting, we will work with you to uncover your inner strengths and help you to achieve personal transformation in recovery:

- Begin to understand & experience healing new & old wounds
- Address the impact of triggers that lead to relapse
- Learn about local resources & support available to you
- Effectively communicate with vour children
- Become more confident & optimistic about maintaining recovery
- Learn to overcome shame, guilt & stop justifying consequences related to substance use
- Create new possibilities for yourself & your children





# Are You A SNAP(Food Stamps) Recipient? Do You Want To Become One?

# Wellspring Multi-Service Center can help!

Now a proud Community Partner with the Department of Transitional Assistance (DTA), Wellspring can assist you with all of your SNAP issues, application & recertification needs

No more drives to Quincy or Brockton DTA locations!

No more waiting on the phone for answers to simple questions!

# For more information...

Stephanie Masland, Director of Community Outreach 781-925-3211 x127



Wellspring is a multi-service organization with a mission to provide support and skills to people facing challenges to their financial, physical or emotional well-being in order to help them achieve independence and self-sufficiency. Wellspring is an equal opportunity provider and employer that embraces, supports and actively promotes tolerance and nondiscrimination. This policy applies to all Wellspring practices; relations with clients; and relations with the community. Wellspring will not discriminate on the basis of race, nationality, gender, age, sexual orientation, gender identity, religion or disability.

Wellspring Multi-Service Center • www.wellspringhull.org • 814 Nantasket Avenue, Hull, MA 02045 • 781.925.3211

This message is funded in part by the USDA. USDA is an equal opportunity provider and employer.

# Breakfast Order Form Breakfast for the Month of June, 2018

Due to the office by 3:00 pm, \*Tuesday, June 5, 2018

Student Nam	e					
Pod Teacher/Advisor			Grade			
	Ple	ase <u>CHECK</u> off	the day breakfast w	ill be ordered.		
Week of 6/4 6/8		[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[ ] Friday	
Week of 6/11 – 6/15	[ ] Monday	[ ] Tuesday	[] Wednesday	[ ] Thursday	[] Friday	
Week of 6/18 – 6/22	[ ] Monday	[ ] Tuesday	[ ] Wednesday	[ ] Thursday	[] Friday	
Number of B	reakfasts ordered	1		X \$1	.85	
	ue Il <b>Amount En</b> eks may be made			\$	<u> </u>	

# Lunch Order Form Lunch for the Month of June, 2018

Due to the office by 3:00 pm, \*Tuesday, June 5, 2018

Student Nam	ie					
Pod Teacher/Advisor		G1	ade			
	Please <u>circ</u>	<u>le</u>	per each day l	unch	is ordered	d.
Week of 6/4 6/8	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Reg or <mark>Salad</mark>	— <u>Th</u> — <b>Re</b>	nursday eg or <mark>Salad</mark>	— <u>Friday</u> — Reg or <mark>Salad</mark>
Week of 6/11 – 6/15	Monday Reg or Salad	Tuesday Reg or Salad	Wednesday Reg or Salad		nursday eg or <mark>Salad</mark>	<u>Friday</u> <b>Reg</b> or <mark>Salad</mark>
Week of 6/18 – 6/22	Monday <b>Reg</b> or <mark>Salad</mark>	Tuesday Early Release	Wednesday Early Release		nursday arly Release	<u>Friday</u> <b>Early Release</b>
• Optio	on A = Regular Lur on B = Salad Lunch only choose 1 (one	n Choice				
Number of R	Regular Lunches (	A) ordered		X	\$3.40	
Number of S	alads (B) ordered			X	\$3.40	
Less credit d	ue					
	al Amount Encl cks may be made o				\$	_



# SOUTH SHORE CHARTER SCHOOL JUNE, 2018

# **BREAKFAST**

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Rice Krispies	2 oz. Cereal	3.6 oz. WG Blueberry Muffin	3.6 oz. WG Chocolate Muffin	WG Apple Roll
Graham Crackers	Fruit	Fruit	Fruit	Fruit
Fruit	Juice	Orange Juice	Orange Juice	Orange Juice
Orange Juice	Milk	Milk	Milk	Milk
Milk				
11	12	13	14	15
Cereal	3.6 oz. WG Banana Muffin	3.6 oz. WG Chocolate Chip Muffin	WG Cinnamon Roll	WG Bagel
Graham Crackers	Fruit	Fruit	Fruit	Fruit
Fruit	Orange Juice	Orange Juice	Juice	Orange Juice
Orange Juice	Milk	Milk	Milk	Milk
Milk				
18	19	20	21	22
Cheerios	2 oz. Cereal	3.6 oz. WG Apple Muffin	Cereal	WG Cinnamon Roll
Graham Crackers	Fruit	Fruit	Graham Crackers	Fruit
Fruit	Orange Juice	Orange Juice	Fruit	Juice
Orange Juice	Milk	Milk	Juice	Milk
Milk			Milk	



Circle a Milk Choice

Skim

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

1%

ALL MENUS ARE SUBJECT TO CHANGE

\*Before placing your order, please inform the school if you have a food allergy!

<sup>\*</sup> All Meals include Choice of 1% or Skim Milk.

<sup>\*</sup> Complies with NSLP Regulations

Grade: _	
Room:	



No. of Lunches:	
Amount Enclosed:	

# SOUTH SHORE CHARTER PUBLIC

# **SCHOOL K-8**

JUNE, 2018

# LUNCH Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 A Oven Baked Chicken Bites Potato Wedges & WG Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	5 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	6 A Sweet & Sour Chicken Brown Rice & Broccoli B Salad w/Crunchy Chicken & WG Pita Bread Milk	7 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	8 A Cheese Pizza Carrots & Broccoli B Salad w/ Crunchy Chicken & WG Pita Bread Milk
A Hamburger on WG Bun Vegetarian Baked Beans B Salad w/ Turkey & WG Pita Bread Milk	A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	A Meatballs on WG Sub Corn B Salad w/Turkey & WG Pita Bread Milk	A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
A Pancakes & Sausage Potato Wedges  B Salad w/String Cheese & WG Pita Bread Milk				



Circle a Milk Choice

Skim

All Meals Include Fruit

\* Complies with NSLP Regulations

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"This institution is an Equal Opportunity Employer"

<sup>\*</sup> All Meals include Choice of 1% or Skim Milk.

Grade: _	
Room:	



No. of Lunches:	
Amount Enclosed:	

# **SOUTH SHORE CHARTER PUBLIC**

# SCHOOL 9-12

JUNE, 2018

# LUNCH Circle A or B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
4 A Oven Baked Chicken Bites Potato Wedges & WG Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	5 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	6 A Sweet & Sour Chicken Brown Rice & Broccoli B Salad w/Crunchy Chicken & WG Pita Bread Milk	7 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	8 A Cheese Pizza Carrots & Broccoli B Salad w/ Crunchy Chicken & WG Pita Bread Milk	
A Hamburger on WG Bun Vegetarian Baked Beans B Salad w/ Turkey & WG Pita Bread Milk	A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	A Meatballs on WG Sub Corn B Salad w/Turkey & WG Pita Bread Milk	15 A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk	
A Pancakes & Sausage Potato Wedges  B Salad w/String Cheese & WG Pita Bread Milk					
Vacadon  Packing Hade STHPLE					

<sup>\*</sup> All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1%

Skim

All Meals Include Fruit

\* Complies with NSLP Regulations

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