



# Update

September 6, 2017  
Vol. 9, Issue 1

## **FROM THE EXECUTIVE DIRECTOR**

I am writing today with some exciting news about the South Shore Charter Public School. We have been awarded two grants that will make a significant impact on our school community. Over the summer we received news that our school would once again receive funding from the Game Change grant. This grant allows our students in the upper grades to train as peer leaders and school-wide advocates for healthy teenage relationships. Students who participated last year completed some rigorous training over the course of three days and worked diligently to spread information throughout our school community. The grant is funded by the New England Patriots and is made possible by the Massachusetts Attorney General's Office which provides much of the training throughout the workshop. Because of the terrific work of our students, and faculty leader Marianne Buckley Curran, we have been selected again to participate in this important initiative. We are looking forward to continuing the program this school year.

The second piece of grant news is sure to have a direct impact on our entire school community. We have received welcome news from the Massachusetts Department of Elementary and Secondary Education that our school has been recognized for enrollment increases at all grade levels. Due to our ongoing expansion, we have been awarded an EDGrant. Although the award is preliminary, it does appear that our school will receive \$300,000, and possibly additional sums in grant funding for expansion costs over the next two years. We have been in contact with leaders at the Department of Education to discuss some parameters of the funding. We will share more information about this grant as it becomes available.

This grant would have never been possible without the ongoing support and effort from our Board of Trustees, our faculty, and our families. For those of you new to our school, our Board in particular, worked tirelessly on issues of school-wide expansion and institutional growth. Their work future of the South Shore Charter Public School has made much possible for our students. To our Board, our faculty, our students, and our families: Thank you. This year is truly destined to be an exciting one.

*Alicia Savage – [asavage@sscps.org](mailto:asavage@sscps.org)*

Wednesday	09/06	Parents Association Meeting	6:30pm
Thursday	09/07	Picture Day – See attached flyer	
Friday	09/08	Level III Beach Day	
Saturday	09/09	Parents Association Back-to-School Picnic	3:00-5:00pm
Tuesday	09/12	High School Parent Back-to-School Night Senior Parent Night	6:00-7:30pm 7:30-8:30pm
Wednesday	09/13	Level II Parent Back-to-School Night	6:00-7:30pm
Thursday	09/14	Level III and Level IV Back-to-School Night	6:00-7:30pm
Thursday	09/14	Board of Trustees Finance Committee Development Committee	7:30pm 6:30pm 7:00pm
Tuesday	09/19	Level I Back-to-School Night	6:00-7:30pm

## STUDENT HANDBOOK AND RESTRAINT POLICY

Parents can find the updated Student Handbook and the updated [Restraint Policy](#) on our website. The new [Student Handbook](#) includes updates to our civil rights policies and procedures.

## SCHOOL MEALS (BREAKFAST AND LUNCH)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST complete a NEW 2017-2018 Meal Benefit application** and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits.

[Click here](#) for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family **MUST** still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

We value your input on our school meals. In next weeks update, there will be a survey for our families to complete asking for your feedback on our meal program and what we can do to improve it.

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT [WWW.SSCPS.ORG](http://WWW.SSCPS.ORG) EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL [PALGERA@SSCPS.ORG](mailto:PALGERA@SSCPS.ORG)**



# SSCPS PARENTS ASSOCIATION

Please join us for  
South Shore Charter Public School's  
back to school picnic  
Saturday, September 9th  
3pm-5pm

Come meet new friends and enjoy good  
music, food, face painting, games and prizes.

Bring a blanket, picnic dinner, and a  
nut free appetizer or dessert to  
share. There will also be food and  
snacks available to purchase.

Questions about this event or if you would like to volunteer  
please contact Colleen Leonard [sscleonard@gmail.com](mailto:sscleonard@gmail.com)



# Picture Day!

**Thursday, September 7!**

*Check the backpacks for Order Forms which are being sent home this week.*

*Send the completed Order Form with your child on Picture Day.*

*All students will have their picture taken whether an order is placed or not.*



## Stop & Shop A+ Rewards Program

A Volunteer Opportunity for Parents & Students

Attention SSCPS Parents!



[stopandshop.com/aplus](http://stopandshop.com/aplus)

& Shop is running a school-fundraising program, A+ School Rewards, and we need YOUR help! Every time you shop at a participating Stop & Shop from October 6, 2017 through March 15, 2018 using your Stop & Shop Card, you will earn points towards our school, BUT you have to register your Stop & Shop Rewards cards between now and September 11, 2017. It costs you nothing, does NOT impact your store discounts or gas points.

### How it works

A+ School Rewards are points that supporters earn with each purchase using their Stop & Shop Card. At the end of each month, points are used to calculate our school's cash total. Anyone can support up to two schools to benefit from their A+ School Rewards.

### Community Service / Volunteer Opportunity

We need students to sign up to volunteer at one of the Stop & Shop stores to ask customers to participate by providing their Stop & Shop Card number. Students will approach customers outside the store on their own. A Parent coordinator will be on site at each event to help them get comfortable with talking points, coach them through the rejection and gratitude, and ensure students are writing neatly. [Please register to work a volunteer shift.](#)

#### Event # 1

Sunday, September 17th at Norwell Stop & Shop, 468

Washington Street

9:45am-3pm

*Shift 1 9:45-12:30p*

*Shift 2 11:45-3p*

#### Event # 2

Saturday, September 23rd at Norwell Stop & Shop, 468

Washington Street

9:45am-3pm

*Shift 1 9:45-12:30p*

*Shift 2 11:45-3p*

#### Event # 3

Saturday, December 9<sup>th</sup> at E. Weymouth Stop & Shop,

700 Middle St., E. Weymouth, MA

9:45- 2p.m.

*Shift 1 9:45-12:00p*

*Shift 2 11:45-2p*

#### Event # 4

Saturday, December 10<sup>th</sup> at E. Weymouth Stop & Shop,

700 Middle St., E. Weymouth, MA

9:45- 2p.m.

*Shift 1 9:45-12:00p*

*Shift 2 11:45-2p*

To register to participate in this volunteer event, please email your student's name, parent's phone number and confirm your volunteer shift on one or more of the dates above by emailing Heidi Aylward, Parent Association Fundraising Chair at [summer\\_skies@msn.com](mailto:summer_skies@msn.com).

Please register your S&S Rewards card on-line to help SSCPS earn A+ School Rewards dollars from your shopping. Just log-on to: [www.stopandshop.com/aplus](http://www.stopandshop.com/aplus) with your card number or stop by and visit the Customer Service Desk of your local store.

With Appreciation,

Heidi Aylward, Class of 2021 Parent & your Parent Association Fundraising Chair for 2017/2018

Email: [Summer\\_Skies@msn.com](mailto:Summer_Skies@msn.com)



## 9th Annual Harvest Run 5K Road Race/Family Walk SSCPS FAMILY REGISTRATION

Saturday, October 14, 2017  
Wompatuck State Park, Hingham, MA

Family Name: \_\_\_\_\_ Town: \_\_\_\_\_

Cell (race results texted): \_\_\_\_\_

### WAIVER MUST BE READ AND UNDERSTOOD:

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all potential risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release South Shore Charter Educational Foundation, South Shore Charter Public School, all volunteer participants, the town of Hingham, MA, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name	M/F (circle one)	Age	Fee (up to 4 registrants and 2 shirts incl.)	Add Shirt 2 included \$10 each additional	Shirt Size AS, AM, AL, AXL YS, YM, YL  *Please specify	Add Registrant Fee 4 included \$5 each additional
1.	M/F					
2.	M/F					
3.	M/F			\$		
4.	M/F			\$		
5.	M/F			\$		\$
6.	M/F			\$		\$
<b>TOTAL</b>			<b>\$65</b>	<b>\$</b>		<b>\$</b>

<p><b>Pre-Race Number and T-Shirt Pick-Up:</b> Friday, October 13, 2017 2:00-6:00 p.m. Marathon Sports, Norwell</p>	<p><b>SSCPS FAMILY REGISTRATION \$65</b> Fee includes 2 t-shirts and up to 4 registrations \$5 per add'l family member \$10 per add'l tee</p>
<p><b>Race Schedule:</b> 7:30-8:30 a.m. - Registration and t-shirt pick-up 9:00 a.m. - The Harvest Run begins! *Refreshments provided after the race*</p>	<p>*Please make checks payable to: <b>SSCEF</b> All funds raised will benefit the South Shore Charter Educational Foundation</p> <p>*Please contact Laurie Dannison if you have any questions <a href="mailto:ldannison@sscps.org">ldannison@sscps.org</a></p>

# Holly Hill Farm & Friends

9/5/2017 FOR IMMEDIATE RELEASE:

Contact Info: *Friends of Holly Hill Farm*, 236 Jerusalem Road, Cohasset, MA 02025 [www.hollyhillfarm.org](http://www.hollyhillfarm.org) 781-383-6565

## UPCOMING EVENTS & ACTIVITIES

**PROUDLY ANNOUNCING HOLLY HILL FARM AWARDED  
BEST FARM STAND SOUTH OF BOSTON 2017@,  
BY BOSTON magazine!**

<http://www.bostonmagazine.com/best-of-boston/2017/holly-hill/>

**MEMBERS HARVEST PICNIC AND "BEYOND THE BARN FARM TOUR", SUNDAY, SEPTEMBER 17, 2017  
Picnic from noon to 2:00pm, Tour from 2:00-4:00pm**

We welcome all *Friends of Holly Hill Farm* members and any new members of our organic, educational farm to enjoy our Harvest Picnic at noon! Sponsored by edible South Shore & South Coast, the Farm Tours will take place between 2:00-4:00 - explore behind the scenes at our working farm, historical barn and walking tour, enjoy a fun hayride, check out our vintage tractor collection, visit our farm animals, Build Your Own Flower Bouquet, explore the beauty of the Education Loop and see the fields where our organic produce and glorious flowers are grown. Farm Tour Free to Members, Non Members: \$5 per person/\$10 max for families. **Membership Special only Sept. 17: Family Membership \$50 for annual membership.** Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 [hollyhillfarm.org](http://hollyhillfarm.org)

**FALL HARVEST AL FRESCO DINNER, SATURDAY, SEPTEMBER 9, 2017, 6-10pm**

Relax and enjoy a late summer evening dining under the stars with good friends, organic food exquisitely prepared by **Holly Hill Farm's Resident Chef, Katie Callahan, formerly of Bia Bistro, Tinker's Son, Galley Kitchen and currently at America's Test Kitchen.** Join us for a September harvest dinner in a casual, outdoor setting with a private tour of the farm led by Education Director, Jon Belber. Chef Katie will prepare a full dinner incorporating organic produce and herbs from Holly Hill Farm and locally sourced meat and/or fish. Dinner includes organic and biodynamic wines as well as beer from MISE of Newton. Our Chef will accommodate dietary restrictions with advance notice. Tickets may be purchased on our website, [hollyhillfarm.org](http://hollyhillfarm.org). *Friends of Holly Hill Farm* Members \$125/person, Nonmembers \$150/person. A portion of the ticket price is tax deductible. Proceeds fund educational programs on our organic farm and in 40 schools on the South Shore and Boston. Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 [hollyhillfarm.org](http://hollyhillfarm.org)

**NEW! HARVEST CHORES AND ANIMAL CARE, Tues. Sept. 26 through Oct. 17, 2017, 4:00-5:00pm, Ages 6-10**

Do you long for the Summer camp days of yore? Come spend some wonderful Fall afternoons at Holly Hill Farm. We are excited to host students for seasonal projects. We will sow Fall seeds, work with the animals, make compost, and harvest ready vegetables (and eat them too!). This program is for happy farmers ages 6-10. The program will run from 4-5 pm and begins September 26<sup>th</sup>, four Tuesdays until October 17<sup>th</sup>. Cost is \$42 for members and \$55 for non-members. Hope to see you at Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 [hollyhillfarm.org](http://hollyhillfarm.org)

**BLUE BARN FARM BENEFIT DINNER, THURSDAY, SEPTEMBER 14, 2017**

On September 14th, join Blue Barn Farm for dinner & drinks, live music, and a silent auction at [Boston Golf Club](http://BostonGolfClub.com)! Proceeds from the dinner will provide local families in need with fresh, organic food from local farms, including [Holly Hill Farm](http://HollyHillFarm.com) and [Norwell Farms](http://NorwellFarms.com). By attending, you'll help to increase food security for South Shore families and you'll support local agriculture! At the event, you'll enjoy a delicious dinner prepared by Boston Golf Club's Chef Augie, live bluegrass music by The Brothers Weir, and a silent auction! You'll also have the chance to meet some of your local farmers, along with Blue Barn Farm Share Program family members. <http://bit.ly/bluebardinner>

**FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!**

The Farm to Food Pantry Program is a unique opportunity for teenagers aged 13-18. We have already started farming and working in the garden to grow produce. Autumn hours are Fridays from 3:00 to 5:00 and Saturday mornings from 9:00 to 12:00. Please contact us if you wish to complete your community service requirements at Holly Hill Farm while learning valuable growing and harvesting skills to last a lifetime. We will deliver produce to local food pantries come harvest time. For further fall program information and to register, contact Education Director, Jon Belber at 781-383-6565 or [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com)

### **HOLLY HILL FARM STAND OFFERING ORGANIC PRODUCE, SATURDAYS & SUNDAYS, 10:00 – 5:00pm**

Our Farm Stand is open EVERY SATURDAY AND SUNDAY! Just picked greens, abundant, sun ripened tomatoes and other vegetables, herbs and glorious floral arrangements from our fields to your table! Freshly baked breads from Hull's Bread Basket. Pick up some freshly made Mediterranean salads from To Dine For – plain, spinach/artichoke hummus, beet salad, chocolate hummus, etc. We have Narragansett Creamery yogurt, feta and mozzarella cheeses, fresh farm eggs. Try making some of your own granola using organically grown Maine Grain rolled oats, add some organic dried cranberries and a selection of nuts from Virginia Peanuts. Natural nut butters make easy summer snacks and lunches! Shop early for best selection. Holly Hill Farm, 236 Jerusalem Rd., Cohasset, MA 02025 781-383-6565 [hollyhillfarm.org](http://hollyhillfarm.org) Send email to [friendsofhollyhillfarm@gmail.com](mailto:friendsofhollyhillfarm@gmail.com) if you wish to receive weekly news from our weekly farm stand and other farm events and programs!

### **COHASSET FARMER'S MARKET**

**Thursdays, on Cohasset Common, North Main Street, Cohasset, 02025, 2:00 – 6:00pm**

Holly Hill Farm offers fresh, organically grown produce at the Cohasset Farmer's Market. Freshly harvested greens and other seasonal produce. Jean's freshly cut bouquets of brilliant sunflowers and other flowers from our fields. [Cohassetfarmersmarket.com](http://Cohassetfarmersmarket.com)

### **SCITUATE FARMER'S MARKET**

**Wednesdays in parking lot of St. Mary's Church, 1 Kent Street, Scituate, MA 02066, 3:00 – 7:00pm**

A convenient venue for Holly Hill Farm's organic produce, plus other locally harvested seafood, meats and produce. Stop by the Holly Hill Farm tent and say hello to Savannah and pick up some freshly harvested greens and other seasonal produce.

### **SOUTH SHORE QUESTS: HIKING HOLLY HILL FARM, Through November 15, 2017**

Questing is an educational treasure hunt and an outdoor experience that involves following a map and a series of clues to find a hidden box where you sign the guest book, leave your comments and an imprint of your personal stamp (if you have one). South Shore Quests are a great way to enjoy nature by turning a walk into a treasure hunt. Get your exercise while exploring wildlife and plants, learn a bit of geology and/or history in the bargain! Allow one hour to complete the Holly Hill Farm Quest through the farmyards and trails of surrounding woods. Quest books, \$5.00 and maps of the farm (\$3.00) are available for purchase in the Friends of Holly Hill Farm Office at 236 Jerusalem Rd., Cohasset, MA 02025. 781-383-6565. (Boots are recommended footwear). A full list of other quest locations can be found on [southshorequests.org](http://southshorequests.org).



**Don't miss out on the Fall Camping Weekend at the  
Boston/Cape Cod KOA!!!!**

**Come hang out with old friends and make new friends!!!**

When: September 29 – October 1st

Where: Boston/Cape Cod KOA in Middleboro (off Route 44)

Discount: 10% off and kids camp free.

The pool will still be open! There are 2 bouncy pillows, 2 playgrounds,  
Basketball court and a train!

Call (508) 947-6435 or email [boston@koa.net](mailto:boston@koa.net) and tell them you are  
with the South Shore Charter School group!



*Not an SSCPS sponsored event.*

# Breakfast Order Form

## Breakfast for the Month of August/September, 2017

Due to the office by 3:00 pm, \***Tuesday**, September 12, 2017

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

Please **CHECK** off the day breakfast will be ordered.

~~Week of~~ ~~8/28~~ ~~9/1~~     Monday     Tuesday     Wednesday     Thursday     Friday

~~Week of~~ ~~9/4~~ ~~9/8~~     Monday     Tuesday     Wednesday     Thursday     Friday

~~Week of~~ ~~9/11~~ ~~9/15~~     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 9/18 – 9/22     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 9/25 – 9/29     Monday     Tuesday     Wednesday     Thursday     Friday

Number of Breakfasts ordered \_\_\_\_\_ X \$1.85

*Less credit due* \_\_\_\_\_

**Total Amount Enclosed** \$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.

# Lunch Order Form

## Lunch for the Month of August/September, 2017

Due to the office by 3:00 pm, \*Tuesday, September 12, 2017

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please circle **one** choice per each day lunch is ordered.*

Week of Monday Tuesday Wednesday Thursday Friday  
 8/28 – 9/1 ~~Reg or Salad~~ ~~Reg or Salad~~ ~~Reg or Salad~~ ~~Reg or Salad~~ ~~Early Release~~

Week of Monday Tuesday Wednesday Thursday Friday  
 9/4 – 9/8 ~~No School~~ ~~Reg or Salad~~ ~~Reg or Salad~~ ~~Reg or Salad~~ ~~Reg or Salad~~

Week of Monday Tuesday Wednesday Thursday Friday  
 9/11 – 9/15 ~~Reg or Salad~~ ~~Reg or Salad~~ ~~Reg or Salad~~ ~~Reg or Salad~~ ~~Reg or Salad~~

Week of Monday Tuesday Wednesday Thursday Friday  
 9/18 – 9/22 ~~Reg or Salad~~ ~~Reg or Salad~~ ~~Early Release~~ ~~No School~~ ~~Reg or Salad~~

Week of Monday Tuesday Wednesday Thursday Friday  
 9/25 – 9/29 ~~Reg or Salad~~ ~~Reg or Salad~~ ~~Reg or Salad~~ ~~Reg or Salad~~ ~~Reg or Salad~~

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered \_\_\_\_\_ X \$3.40

Number of **Salads (B)** ordered \_\_\_\_\_ X \$3.40

*Less credit due* \_\_\_\_\_

**Total Amount Enclosed**

\$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.





**SOUTH SHORE CHARTER SCHOOL**  
*August/September, 2017*

Monday	Tuesday	Wednesday	Thursday	Friday
28	29 WG Croissant w/Jelly Fruit Juice Milk	30 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	31 WG Bagel w/Jelly Fruit Orange Juice Milk	1 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk
4 <b>Labor Day</b>	5 2 oz. Cereal Fruit Juice Milk	6 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	7 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	8 WG Apple Roll Fruit Orange Juice Milk
11 Graham Crackers Cereal Fruit Orange Juice Milk	12 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk	13 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	14 WG Cinnamon Roll Fruit Juice Milk	15 WG Bagel Fruit Orange Juice Milk
18 Cheerios Graham Crackers Fruit Orange Juice Milk	19 2 oz. Cereal Fruit Orange Juice Milk	20 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	21 <b>No School</b>	22 WG Apple Roll Fruit Juice Milk
25 Cereal Graham Crackers Fruit Orange Juice Milk	26 WG Croissant w/Jelly Fruit Juice Milk	27 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	28 WG Bagel w/Jelly Fruit Orange Juice Milk	29 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk

\* All Meals include Choice of 1% or Skim Milk.

**Circle a Milk Choice**

**1%**

**Skim**

\* Complies with NSLP Regulations

**PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.**

**ALL MENUS ARE SUBJECT TO CHANGE**

**\*Before placing your order, please inform the school if you have a food allergy!**



Name \_\_\_\_\_  
 Grade: \_\_\_\_\_  
 Room: \_\_\_\_\_



South Shore Charter Public K-8  
 SEPTEMBER, 2017

LUNCH MENU Circle A, B  
 MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Aug 28	29 A <b>Ham &amp; Cheese on WG Bun</b> Chickpea Salad w/ Veggies B <b>Salad W/Tuna &amp; WG Pita</b> Bread Milk	30 A <b>Pancakes &amp; Sausage</b> Potato Wedges B <b>Salad W/Tuna &amp; WG Pita</b> Bread Milk	31 A <b>Oven Baked Chicken Bites</b> Green Bean Medley WG Roll B <b>Salad W/Tuna &amp; WG Pita</b> Bread Milk	Sept 1  <b>Early Release</b>
4  <b>No School Labor Day</b>	5 A <b>Tuna Salad on WG Roll</b> Chickepea Salad B <b>Salad W/Crunchy Chicken &amp; WG Pita Bread</b> Milk	6 A <b>Sweet &amp; Sour Chicken</b> Broccoli Brown Rice B <b>Salad W/Crunchy Chicken &amp; WG Pita Bread</b> Milk	7 A <b>Herb Baked Chicken</b> Green Beans WG Roll B <b>Salad W/Crunchy Chicken &amp; WG Pita Bread</b> Milk	8 A <b>Cheese Pizza</b> Potato Wedges Carrots B <b>Salad W/Crunchy Chicken &amp; WG Pita Bread</b> Milk
11 A <b>Hamburger on a WG Roll</b> Vegetarian Baked Beans B <b>Salad W/Turkey &amp; WG Pita</b> Bread Milk	12 A <b>Grilled Chicken Breast</b> Veggie Pasta Salad B <b>Salad W/Turkey &amp; WG Pita</b> Bread Milk	13 A <b>Sloppy Joe on WG Roll</b> Green Beans B <b>Salad W/Turkey &amp; WG Pita</b> Bread Milk	14 A <b>Chicken Quesadilla</b> Corn B <b>Salad W/Turkey &amp; WG Pita</b> Bread Milk	15 A <b>Cheese Pizza</b> Carrots & Potato Wedges B <b>Salad W/Turkey &amp; WG Pita</b> Bread Milk
18 A <b>Pancakes &amp; Sausage</b> Potato Wedges B <b>Salad W/String Cheese &amp; WGPita Bread</b> Milk	19 A <b>Buffalo Chicken Wrap</b> Chickpea Salad w/Veggies B <b>Salad W/String Cheese &amp; WG Pita Bread</b> Milk	20  <b>Early Release</b>	21  <b>No School</b>	22 A <b>Cheese Pizza</b> Potato Wedges Green Beans B <b>Salad W/String Cheese &amp; WG Pita Bread</b> Milk
25 A <b>Chicken Teriyaki</b> Green Beans Brown Rice B <b>Salad W/Tuna &amp; WG Pita</b> Bread Milk	26 A <b>Chicken Caesar Wrap</b> Chickpea Salad B <b>Salad W/Tuna &amp; WG Pita</b> Bread Milk	27 A <b>Stuffed Shells</b> Broccoli WG Roll B <b>Salad W/Tuna &amp; WG Pita</b> Bread Milk	28 A <b>Meatball Sub on WG</b> Potato Wedges B <b>Salad W/Tuna &amp; WG Pita</b> Bread Milk	29 A <b>Cheese Pizza</b> Carrots & Corn B <b>Salad W/Tuna &amp; WG Pita</b> Bread Milk

\* All Meals Include Choice of 1% or Skim Milk

Please make a meal choice by circling which meal desired each day: Circle a Choice of 1% or Skim Milk

**ALL MENUS ARE SUBJECT TO CHANGE**

\* All Meals Comply with the National School Program

\* Fruit will be served with all meals

\*Before placing your order, please inform the school if you have a food allergy!

Name \_\_\_\_\_  
 Grade: \_\_\_\_\_  
 Room: \_\_\_\_\_



**South Shore Charter Public 9-12**  
**SEPTEMBER, 2017**

**LUNCH MENU Circle A, B**  
**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Aug 28	29 A <b>Ham &amp; Cheese on WG Bun</b> Chickpea Salad w/ Veggies B <b>Salad W/Tuna &amp; WG Pita Bread</b> Milk	30 A <b>Pancakes &amp; Sausage</b> Potato Wedges B <b>Salad W/Tuna &amp; WG Pita Bread</b> Milk	31 A <b>Oven Baked Chicken Bites</b> Green Bean Medley WG Roll B <b>Salad W/Tuna &amp; WG Pita Bread</b> Milk	Sept 1  <b>Early Release</b>
4  <b>No School Labor Day</b>	5 A <b>Tuna Salad on WG Roll</b> Chickepea Salad B <b>Salad W/Crunchy Chicken &amp; WG Pita Bread</b> Milk	6 A <b>Sweet &amp; Sour Chicken</b> Broccoli Brown Rice B <b>Salad W/Crunchy Chicken &amp; WG Pita Bread</b> Milk	7 A <b>Herb Baked Chicken</b> Green Beans WG Roll B <b>Salad W/Crunchy Chicken &amp; WG Pita Bread</b> Milk	8 A <b>Cheese Pizza</b> Potato Wedges Carrots B <b>Salad W/Crunchy Chicken &amp; WG Pita Bread</b> Milk
11 A <b>Hamburger on a WG Roll</b> Vegetarian Baked Beans B <b>Salad W/Turkey &amp; WG Pita Bread</b> Milk	12 A <b>Grilled Chicken Breast</b> Veggie Pasta Salad B <b>Salad W/Turkey &amp; WG Pita Bread</b> Milk	13 A <b>Sloppy Joe on WG Roll</b> Green Beans B <b>Salad W/Turkey &amp; WG Pita Bread</b> Milk	14 A <b>Chicken Quesadilla</b> Corn B <b>Salad W/Turkey &amp; WG Pita Bread</b> Milk	15 A <b>Cheese Pizza</b> Carrots & Potato Wedges B <b>Salad W/Turkey &amp; WG Pita Bread</b> Milk
18 A <b>Pancakes &amp; Sausage</b> Potato Wedges B <b>Salad W/String Cheese &amp; WG Pita Bread</b> Milk	19 A <b>Buffalo Chicken Wrap</b> Chickpea Salad w/Veggies B <b>Salad W/String Cheese &amp; WG Pita Bread</b> Milk	20  <b>Early Release</b>	21  <b>No School</b>	22 A <b>Cheese Pizza</b> Potato Wedges Green Beans B <b>Salad W/String Cheese &amp; WG Pita Bread</b> Milk
25 A <b>Chicken Teriyaki</b> Green Beans Brown Rice B <b>Salad W/Tuna &amp; WG Pita Bread</b> Milk	26 A <b>Chicken Caesar Wrap</b> Chickpea Salad B <b>Salad W/Tuna &amp; WG Pita Bread</b> Milk	27 A <b>Stuffed Shells</b> Broccoli WG Roll B <b>Salad W/Tuna &amp; WG Pita Bread</b> Milk	28 A <b>Meatball Sub on WG</b> Potato Wedges B <b>Salad W/Tuna &amp; WG Pita Bread</b> Milk	29 A <b>Cheese Pizza</b> Carrots & Corn B <b>Salad W/Tuna &amp; WG Pita Bread</b> Milk

\* All Meals Include Choice of 1% or Skim Milk

Please make a meal choice by circling which meal desired each day: Circle a Choice of 1% or Skim Milk

**ALL MENUS ARE SUBJECT TO CHANGE**

\* All Meals Comply with the National School Program

\* Fruit will be served with all meals

\*Before placing your order, please inform the school if you have a food allergy!