



# Update

September 13, 2017  
Vol. 9, Issue 2

## **FROM THE 5-12 PRINCIPAL**

Welcome back to school! It's been an exciting two weeks catching up with our returning students and getting to know the students new to our school. I am impressed with the positive attitude, high level of motivation, and readiness to learn that I see in our students in my travels around both buildings. Now in our third week of school we have all begun to settle into the school year. The stage is set for another productive and happy academic year for our community.

With the start of the school year comes the launch of fall sports for students at the middle and high school levels. This year there is incredible excitement and an impressive number of students participating. We had over 100 students sign up to join teams for the 2017 fall season! Our athletic department under the leadership of Joe Kay has worked tirelessly to secure fields, schedule games, prepare paperwork, and hire coaches. South Shore Charter Public School is in the South Region of the Massachusetts Charter School Athletic Organization (MCSAO). Our MCSAO membership requires us to work with the athletic departments of the other charter schools within the league to negotiate game dates and locations. Facilities are at a premium across the association, adding complication to this work. This means that we do not always have as much notice prior to sporting events as we would like. The athletic department will be using this Update and the website to keep families informed as changes come up. The league's website, <http://www.mcsao.org/>, is another excellent source of information about athletics. It is regularly updated with schedules, standings, and players' stats. We hope to see many of you at games this fall supporting our teams!

It is exciting and encouraging to see the athletics grow and improve at our school. Some benefits of team sports such as improved physical fitness, leadership development, and better teamwork are readily apparent. Other skills develop as a result of busy teenagers needing to find balance between school, sports, and their social lives. In my experience, student athletes have strong time management skills as they need to make sure that they keep up with their studies while devoting a great deal of time to practices and games. I look forward to seeing our students reap these benefits over the course of the season.

On another note, it was a great pleasure to see such a large number of high school parents at last night's Back to School Night and at the Senior Parent Night that followed. Families had the opportunity to meet our terrific high school team and get a sense of a day in the life of their teenager. We look forward to welcoming our Level II families tonight, our Level III and Level IV families tomorrow, and our Level I families next Tuesday.

Writing in the Update gives me the opportunity to share a glimpse into life at our school with our families. I always welcome hearing your thoughts and am looking forward to another terrific school year.

*Angie Pepin - [apepin@sscps.org](mailto:apepin@sscps.org) – 781-982-4202 ext, 102*

Wednesday	09/13	Level II Parent Back-to-School Night	6:00-7:30pm
Thursday	09/14	Level III and Level IV Back-to-School Night	6:00-7:30pm
Thursday	09/14	Board of Trustees Finance Committee Development Committee	7:30pm 6:30pm 7:00pm
Tuesday	09/19	Level I Back-to-School Night	6:00-7:30pm
Wednesday	09/20	Professional Development Early Release	12:00pm
Thursday	09/21	No School – Rosh Hashanah	
Friday	09/22	Classes Resume	8:15am

## BOARD OF TRUSTEES

The SSCPS Board of Trustees will be meeting on Thursday, September 14, 2017 at 100 Longwater Circle beginning at 7:30pm. The agenda for this meeting is attached. All agendas and approved minutes are available on the school's website: [Board of Trustees](#)

## FROM THE DEVELOPMENT OFFICE

Welcome back to another school year at SSCPS! We have many great opportunities to celebrate our school community together and our first event is coming up next month.

Our 9th Annual Harvest Run 5K road race is coming up on Saturday, October 14th at 9am at Wompatuck State Park in Hingham. This road race has become a wonderful tradition for our school to come together, celebrate the fall and welcome friends and family. Last year we hosted close to 400 participants, and we raised over \$12,000. With your help, we hope to double our numbers! A family registration form is available in this update. Feel free to hand in your registration form to the front desk. For all student athletes, you can register [on-line here](#) using the discount code STUDENT. Pass on the [registration link](#) as this road race is open to the community.

Contact Laurie Dannison at [ldannison@sscps.org](mailto:ldannison@sscps.org) with any questions. Thank you for your support.

## STUDENT HANDBOOK AND RESTRAINT POLICY

Parents can find the updated Student Handbook and the updated [Restraint Policy](#) on our website. The new [Student Handbook](#) includes updates to our civil rights policies and procedures.

## SCHOOL MEALS (BREAKFAST AND LUNCH)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST complete a NEW 2017-2018 Meal Benefit application** and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits.

[Click here](#) for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family **MUST** still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT [WWW.SSCPS.ORG](http://WWW.SSCPS.ORG)  
 EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103  
 OR EMAIL [PALGERA@SSCPS.ORG](mailto:PALGERA@SSCPS.ORG)

## SOUTH SHORE CHARTER PUBLIC SCHOOL

Board of Trustees  
 Meeting Agenda  
 Thursday, September 14, 2017  
 Draft

	Agenda Item	Function	Action	Materials	Time
1.	Opening of Meeting	Call to Order Record Attendance			7:30pm
2.	Board Business • Minutes	Review & Approve	<b>VOTE</b>	Minutes from 07/20/2017	
3.	School & Academic Report  Executive Director Report • Opening of School • New Faculty • DESE Grant	Update		Pre-Board Packet	
4.	Committee Reports Faculty Students Parents Association Facilities Finance Development Governance Personnel	Update Update Update Update Update Update Update Update	<b>VOTE</b>	Pre-Board Packet	
5.	Adjourn				9:00pm

## **South Shore Charter Public School**

### **2017-2018 Pickup Procedures**

All of us share the common interest at dismissal time of getting all students safely and efficiently into their correct vehicles. Our first goal is safety. The second is an efficient system that treats everyone equitably. Following these procedures will help us maintain a positive school culture and neighborly relations with the other tenants of Assinippi Park. Please remember the following:

- The campus is closed to pick-up traffic before 3:00pm at both locations.
- Students in K-8 must be picked up at 100 Longwater Circle. Students residing in towns A-Q front door; students residing in towns R-W back door.
- Students in grades 9-12 should be picked up at 700 Longwater Drive unless they have a scheduled last period class at 100 Longwater.
- **Students may be picked up at the front or back doors only.** Other pick up points put student safety at risk. Pick up in other lots is trespassing. Please do not pick up your child in any neighboring parking lots.
- If you do not want to wait in line, you may find that planning to arrive between 3:15 and 3:25 works better for your family.
- There is no cell phone use while driving on campus during arrival and dismissal.
- To assist with traffic flow, please follow the traffic guard instructions as well as the lines and arrows painted on the pavement.
- The speed limit on campus is five miles per hour.
- All drivers are to stay in their cars and staff members will help your child get into the car.
- If your student or any student in your carpool is not present when you come to pick up that student, a staff member will ask you to pull into a designated waiting area to keep the line moving.
- Parents and guardians who are late to pick up their students must park and come to the front desk to sign out their child(ren).
- All high school students not picked up by 3:30 at the 700 Longwater campus will be escorted to 100 Longwater. There is no adult supervision.
- When an appointment requires an exact 3:00pm dismissal, we ask that you pick up your student at or before 2:30.
- Any person who does not cooperate with these procedures will be asked to meet with the Principals.
- SSCPS reserves the right to contact the local police and/or transport any student not picked up by 5:00pm, or any student left waiting for longer than half an hour following a school based event.



## 9th Annual Harvest Run 5K Road Race/Family Walk SSCPS FAMILY REGISTRATION

Saturday, October 14, 2017  
Wompatuck State Park, Hingham, MA

Family Name: \_\_\_\_\_ Town: \_\_\_\_\_

Cell (race results texted): \_\_\_\_\_ Email: \_\_\_\_\_

### WAIVER MUST BE READ AND UNDERSTOOD:

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all potential risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release South Shore Charter Educational Foundation, South Shore Charter Public School, all volunteer participants, the town of Hingham, MA, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event..

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name	M/F (circle one)	Age	Fee (up to 4 registrants and 2 shirts incl.)	Add Shirt 2 included \$10 each additional	Shirt Size AS, AM, AL, AXL YS, YM, YL  *Please specify	Add Registrant Fee 4 included \$5 each additional
1.	M/F					
2.	M/F					
3.	M/F			\$		
4.	M/F			\$		
5.	M/F			\$		\$
6.	M/F			\$		\$
<b>TOTAL</b>			<b>\$65</b>	<b>\$</b>		<b>\$</b>

<b>Pre-Race Number and T-Shirt Pick-Up:</b> Friday, October 13, 2017 2:00-6:00 p.m. Marathon Sports, Norwell	<b>SSCPS FAMILY REGISTRATION \$65</b> Fee includes 2 t-shirts and up to 4 registrations \$5 per add'l family member \$10 per add'l tee
<b>Race Schedule:</b> 7:30-8:30 a.m. - Registration and t-shirt pick-up 9:00 a.m. - The Harvest Run begins! *Refreshments provided after the race*	*Please make checks payable to: <b>SSCEF</b> All funds raised will benefit the South Shore Charter Educational Foundation  *Please contact Laurie Dannison if you have any questions <a href="mailto:ldannison@sscps.org">ldannison@sscps.org</a>



**THANKS FOR**

**CLIPPING**



**BOX TOPS!**

SSCPS School Earnings for 2016-2017 - \$727  
Lifetime Box Top Earnings \$10,002.25

Please place your BoxTops in the Envelope behind the Front Desk

**1<sup>st</sup> Submission Date (2017-2018) – October 16<sup>th</sup> 2017**

**Box Tops Expire** – Please send in any Box Tops that may expire soon.

*If your child would like volunteer hours to help clip and bundle Box Tops. Please contact me at [Hackett\\_Irene@yahoo.com](mailto:Hackett_Irene@yahoo.com). I will coordinate getting these to you.*

*Irene Hackett  
SSCPS BoxTops Coordinator*

## Stop & Shop A+ Rewards Program

A Volunteer Opportunity for Parents & Students

Attention SSCPS Parents!



[stopandshop.com/aplus](http://stopandshop.com/aplus)

& Shop is running a school-fundraising program, A+ School Rewards, and we need YOUR help! Every time you shop at a participating Stop & Shop from October 6, 2017 through March 15, 2018 using your Stop & Shop Card, you will earn points towards our school, BUT you have to register your Stop & Shop Rewards cards between now and September 11, 2017. It costs you nothing, does NOT impact your store discounts or gas points.

### How it works

A+ School Rewards are points that supporters earn with each purchase using their Stop & Shop Card. At the end of each month, points are used to calculate our school's cash total. Anyone can support up to two schools to benefit from their A+ School Rewards.

### Community Service / Volunteer Opportunity

We need students to sign up to volunteer at one of the Stop & Shop stores to ask customers to participate by providing their Stop & Shop Card number. Students will approach customers outside the store on their own. A Parent coordinator will be on site at each event to help them get comfortable with talking points, coach them through the rejection and gratitude, and ensure students are writing neatly. [Please register to work a volunteer shift.](#)

#### Event # 1

Sunday, September 17th at Norwell Stop & Shop, 468

Washington Street

9:45am-3pm

*Shift 1 9:45-12:30p*

*Shift 2 11:45-3p*

#### Event # 2

Saturday, September 23rd at Norwell Stop & Shop, 468

Washington Street

9:45am-3pm

*Shift 1 9:45-12:30p*

*Shift 2 11:45-3p*

#### Event # 3

Saturday, December 9<sup>nd</sup> at E. Weymouth Stop & Shop,  
700 Middle St., E. Weymouth, MA

9:45- 2p.m.

*Shift 1 9:45-12:00p*

*Shift 2 11:45-2p*

#### Event # 4

Saturday, December 10<sup>nd</sup> at E. Weymouth Stop & Shop,  
700 Middle St., E. Weymouth, MA

9:45- 2p.m.

*Shift 1 9:45-12:00p*

*Shift 2 11:45-2p*

To register to participate in this volunteer event, please email your student's name, parent's phone number and confirm your volunteer shift on one or more of the dates above by emailing Heidi Aylward, Parent Association Fundraising Chair at [summer\\_skies@msn.com](mailto:summer_skies@msn.com).

Please register your S&S Rewards card on-line to help SSCPS earn A+ School Rewards dollars from your shopping. Just log-on to: [www.stopandshop.com/aplus](http://www.stopandshop.com/aplus) with your card number or stop by and visit the Customer Service Desk of your local store.

With Appreciation,

Heidi Aylward, Class of 2021 Parent & your Parent Association Fundraising Chair for 2017/2018

Email: [Summer\\_Skies@msn.com](mailto:Summer_Skies@msn.com)



# Holly Hill Farm & Friends

9/12/2017 FOR IMMEDIATE RELEASE:

Contact Info: *Friends of Holly Hill Farm*, 236 Jerusalem Road, Cohasset, MA 02025 [www.hollyhillfarm.org](http://www.hollyhillfarm.org) 781-383-6565

## UPCOMING EVENTS & ACTIVITIES

### **PROUDLY ANNOUNCING HOLLY HILL FARM AWARDED BEST FARM STAND SOUTH OF BOSTON 2017®, BY BOSTON magazine!**

<http://www.bostonmagazine.com/best-of-boston/2017/holly-hill/>

#### **MEMBERS HARVEST PICNIC AND "BEYOND THE BARN FARM TOUR", SUNDAY, SEPTEMBER 17, 2017 Picnic from noon to 2:00pm, Tour from 2:00-4:00pm**

We welcome all *Friends of Holly Hill Farm* members and any new members of our organic, educational farm to enjoy our Harvest Picnic at noon! Sponsored by edible South Shore & South Coast, the Farm Tours will take place between 2:00-4:00 - explore behind the scenes at our working farm, historical barn and walking tour, enjoy a fun hayride, check out our vintage tractor collection, visit our farm animals, Build Your Own Flower Bouquet, explore the beauty of the Education Loop and see the fields where our organic produce and glorious flowers are grown. Farm Tour Free to Members, Non Members: \$5 per person/\$10 max for families. **New Members Special only Sept. 17: Family Membership \$50 for annual membership.** Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 [hollyhillfarm.org](http://hollyhillfarm.org)

#### **NEW! AFTER SCHOOL PROGRAM: HARVEST CHORES AND ANIMAL CARE, Tues. Sept. 26 through Oct. 17, 2017, 4:00-5:00pm, Ages 6-10**

Do you long for the Summer camp days of yore? Come spend some wonderful Fall afternoons at Holly Hill Farm. We are excited to host students for seasonal projects. We will sow Fall seeds, work with the animals, make compost, and harvest ready vegetables (and eat them too!). This program is for happy farmers ages 6-10. The program will run from 4-5 pm and begins September 26<sup>th</sup>, four Tuesdays until October 17<sup>th</sup>. Cost is \$42 for members and \$55 for non-members. Hope to see you at Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 [hollyhillfarm.org](http://hollyhillfarm.org)

#### **BLUE BARN FARM BENEFIT DINNER, THURSDAY, SEPTEMBER 14, 2017**

On September 14th, join Blue Barn Farm for dinner & drinks, live music, and a silent auction at [Boston Golf Club](http://BostonGolfClub.com)! Proceeds from the dinner will provide local families in need with fresh, organic food from local farms, including [Holly Hill Farm](http://HollyHillFarm.org) and [Norwell Farms](http://NorwellFarms.com). By attending, you'll help to increase food security for South Shore families and you'll support local agriculture! At the event, you'll enjoy a delicious dinner prepared by Boston Golf Club's Chef Augie, live bluegrass music by The Brothers Weir, and a silent auction! You'll also have the chance to meet some of your local farmers, along with Blue Barn Farm Share Program family members. <http://bit.ly/bluebarndinner>

**SAVE THE DATE SUNDAY, OCTOBER 15: 5K DISCOVER THE WOODS TRAIL RACE 10:00am, 1 MILE FUN RUN/WALK 11:00am** Woodland 5K trail run through Holly Hill Farm woods and surrounding fields. Check our website for more details soon. Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 [hollyhillfarm.org](http://hollyhillfarm.org)



### **FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!**

The Farm to Food Pantry Program is a unique opportunity for teenagers aged 13-18. We have already started farming and working in the garden to grow produce. Autumn hours are Fridays from 3:00 to 5:00 and Saturday mornings from 9:00 to 12:00. Please contact us if you wish to complete your community service requirements at Holly Hill Farm while learning valuable growing and harvesting skills to last a lifetime. We will deliver produce to local food pantries come harvest time. For further fall program information and to register, contact Education Director, Jon Belber at 781-383-6565 or [jbelberhollyhill@hotmail.com](mailto:jbelberhollyhill@hotmail.com)

### **HOLLY HILL FARM STAND OFFERING ORGANIC PRODUCE, SATURDAYS & SUNDAYS, 10:00 – 5:00pm**

Our Farm Stand is open EVERY SATURDAY AND SUNDAY! Just picked greens, abundant, sun ripened tomatoes and other vegetables, herbs and glorious floral arrangements from our fields to your table! Freshly baked breads from Hull's Bread Basket. Pick up some freshly made Mediterranean salads from To Dine For – plain, spinach/artichoke hummus, beet salad, chocolate hummus, etc. We have Narragansett Creamery yogurt, feta and mozzarella cheeses, fresh farm eggs. Try making some of your own granola using organically grown Maine Grain rolled oats, add some organic dried cranberries and a selection of nuts from Virginia Peanuts. Shop early for best selection. Holly Hill Farm, 236 Jerusalem Rd., Cohasset, MA 02025 781-383-6565 [hollyhillfarm.org](http://hollyhillfarm.org) Send email to [friendsofhollyhillfarm@gmail.com](mailto:friendsofhollyhillfarm@gmail.com) if you wish to receive weekly news from our weekly farm stand and other farm events and programs!

### **COHASSET FARMER'S MARKET**

**Thursdays, on Cohasset Common, North Main Street, Cohasset, 02025, 2:00 – 6:00pm**

Holly Hill Farm offers fresh, organically grown produce at the Cohasset Farmer's Market. Freshly harvested greens and other seasonal produce. Jean's freshly cut bouquets of brilliant sunflowers and other flowers from our fields. [Cohassetfarmersmarket.com](http://Cohassetfarmersmarket.com)

### **SCITUATE FARMER'S MARKET**

**Wednesdays in parking lot of St. Mary's Church, 1 Kent Street, Scituate, MA 02066, 3:00 – 7:00pm**

A convenient venue for Holly Hill Farm's organic produce, plus other locally harvested seafood, meats and produce. Stop by the Holly Hill Farm tent and say hello to Savannah and pick up some freshly harvested greens and other seasonal produce.

### **SOUTH SHORE QUESTS: HIKING HOLLY HILL FARM, Through November 15, 2017**

Questing is an educational treasure hunt and an outdoor experience that involves following a map and a series of clues to find a hidden box where you sign the guest book, leave your comments and an imprint of your personal stamp (if you have one). South Shore Quests are a great way to enjoy nature by turning a walk into a treasure hunt. Get your exercise while exploring wildlife and plants, learn a bit of geology and/or history in the bargain! Allow one hour to complete the Holly Hill Farm Quest through the farmyards and trails of surrounding woods. Quest books, \$5.00 and maps of the farm (\$3.00) are available for purchase in the Friends of Holly Hill Farm Office at 236 Jerusalem Rd., Cohasset, MA 02025. 781-383-6565. (Boots are recommended footwear). A full list of other quest locations can be found on [southshorequests.org](http://southshorequests.org).

South Shore Medical Center has partnered with South Shore Safety to offer your child Safety Education classes



Child Safety Program

## Home Alone, Staying Safe

Grades 4-6

- Is your child ready to stay home alone?
- Will your child be safe & responsible when home alone?
- Is your child "street smart" when going to and from the bus or school?

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"Home Alone Staying Safe" is a 3-hour program which prepares kids for situations that can happen when staying home alone, from the unexpected knock on the door to the 911 emergency phone call. It will also help ease the minds of parents who decide the time has come to leave their kids home alone or with siblings. This interactive and fun course, taught by South Shore Safety health educators, covers a range of safety topics:

- **Safety to and from school**
- **Basic self defense moves**
- **Phone safety**
- **Food/cooking safety**
- **Basic first aid**
- **Choking prevention**
- **Heimlich Maneuver**
- **Handling emergencies**
- **Lots of prevention!**

**Saturday, September 23, 2017**

**9:00 – 12noon**

**Cost:** \$45 per person

**Location:** SSMC, 143 Longwater Dr, Norwell

**Space is limited; Deadline for signup: Sept. 19**

Call: 781-681-1363

Or email: [southshoresafety2@gmail.com](mailto:southshoresafety2@gmail.com)

South Shore  
Medical Center

South Shore Medical Center has partnered with South Shore Safety to offer your child Safety Education classes.



## Babysitter Safety Training

Grades 6-8

- Is your child mature enough to be a babysitter or a mother's helper?
- Will your child be safe & responsible when babysitting?
- Does your child know what to do in an emergency situation?

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When parents choose to leave their children with a babysitter, they are looking for someone who is mature and fully prepared to handle emergency situations. Children want their babysitter to be lots of fun and creative. This interactive, hands-on, three-hour class, taught by South Shore Safety health educators, will help prepare your son or daughter to be the best babysitter on the block!

- Home safety
- Infant and child care
- Child development
- Basic first aid and choking rescue for infants and children
- Injury prevention
- How to handle emergencies
- Troubleshooting
- Healthy hints for meals and snacks
- Safe marketing strategies

**Saturday, September 23, 2017**

**1:00 – 4:00 pm**

**Cost:** \$45 per person

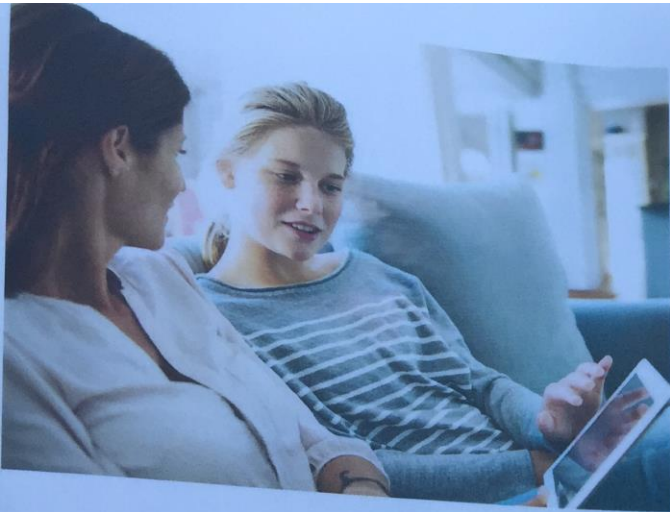
**Location:** SSMC 143 Longwater Dr. Norwell

**Deadline for Sign up is September 19th**

Call: 781-681-1363

Or email: [southshoresafety2@Gmail.com](mailto:southshoresafety2@Gmail.com)

South Shore  
Medical Center



**WEEDING  
THROUGH THE  
MYTHS**

**MARIJUANA IN  
MASSACHUSETTS**

**Open Tuesday, September 5 – Saturday, September 30  
Hanover Mall – Center Court  
1775 Washington Street, Hanover**

- **Mondays and Wednesdays: 5–7 p.m.**
- **Tuesdays and Thursdays: 10 a.m.–1 p.m.**
- **Saturdays: 1–3 p.m.**

*Weeding Through the Myths: Marijuana in Massachusetts* is an interactive educational display created to provide parents/guardians with information and insight on upcoming changes in Massachusetts related to the recreational use of marijuana.

Learn how to communicate and take steps to forge strong, positive connections with your teenager, because a strong parent/teen relationship is the most effective tool to prevent substance use.

We are grateful for the support from the Plymouth County District Attorney's Office that has made this program possible.

To learn more contact:  
[jean\\_kelly@sshosp.org](mailto:jean_kelly@sshosp.org)

**YouthHealth  
CONNECTION**

PART OF **South Shore Health System**

Brought to you by:

Youth Health Connection • The Plymouth County District Attorney's Office • Norfolk County District Attorney



## **Vision is more than 20/20**

***Presented by June Smith, OTR/L***

**Tuesday, September 26th, 2017**

**7:00-8:30pm**

**42 Winter Street, Pembroke, MA**

**\$25**

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**Does your child cover one eye, tilt or turn their head, complain of headaches or seem disinterested in reading, writing or ball skills? Come and learn how these skills relate to vision and how to access reliable community resources.**

### **Register Now!**

**For More Information or to Register please call  
South Shore Therapies at (781) 335-6663**

***\*Space is limited and is on a first come first serve basis\*  
Payment due at time of registration***

**You can also find us on Social Media!**





**Don't miss out on the Fall Camping Weekend at the  
Boston/Cape Cod KOA!!!!**

**Come hang out with old friends and make new friends!!!**

When: September 29 – October 1st

Where: Boston/Cape Cod KOA in Middleboro (off Route 44)

Discount: 10% off and kids camp free.

The pool will still be open! There are 2 bouncy pillows, 2 playgrounds,  
Basketball court and a train!

Call (508) 947-6435 or email [boston@koa.net](mailto:boston@koa.net) and tell them you are  
with the South Shore Charter School group!



*Not an SSCPS sponsored event.*

# Breakfast Order Form

## Breakfast for the Month of August/September, 2017

Due to the office by 3:00 pm, \***Tuesday**, September 12, 2017

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

Please **CHECK** off the day breakfast will be ordered.

Week of       Monday       Tuesday       Wednesday       Thursday       Friday  
 9/25 – 9/29

Number of Breakfasts ordered \_\_\_\_\_ X      \$1.85  
 Less credit due \_\_\_\_\_

## Lunch Order Form

Week of      Monday      Tuesday      Wednesday      Thursday      Friday  
 9/25 – 9/29      **Reg or Salad**      **Reg or Salad**      **Reg or Salad**      **Reg or Salad**      **Reg or Salad**

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered \_\_\_\_\_ X      \$3.40  
 Number of **Salads (B)** ordered \_\_\_\_\_ X      \$3.40  
 Less credit due \_\_\_\_\_

**Total Amount Enclosed**      \$ \_\_\_\_\_

Cash or Checks may be made out to SSCPS.



# Breakfast Order Form

## Breakfast for the Month of October, 2017

Due to the office by 3:00 pm, \***Tuesday**, September 26, 2017

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

Please **CHECK** off the day breakfast will be ordered.

Week of 10/2 – 10/6     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 10/9 – 10/13     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 10/16 – 10/20     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 10/23 – 10/27     Monday     Tuesday     Wednesday     Thursday     Friday

Week of 10/30 – 11/3     Monday     Tuesday     Wednesday     Thursday     Friday

Number of Breakfasts ordered \_\_\_\_\_ X \$1.85

*Less credit due* \_\_\_\_\_

**Total Amount Enclosed** \$\_\_\_\_\_

Cash or Checks may be made out to SSCPS.

# Lunch Order Form

## Lunch for the Month of October, 2017

Due to the office by 3:00 pm, \***Tuesday**, September 26, 2017

Student Name \_\_\_\_\_

Pod Teacher/Advisor \_\_\_\_\_ Grade \_\_\_\_\_

*Please circle **one** choice per each day lunch is ordered.*

Week of 10/2 – 10/6	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Early Release</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
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Week of 10/9 – 10/13	<u>Monday</u> <b>NO SCHOOL</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
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Week of 10/16 – 10/20	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
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Week of 10/23 – 10/27	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>Reg or Salad</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
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Week of 10/30 – 11/3	<u>Monday</u> <b>Reg or Salad</b>	<u>Tuesday</u> <b>Reg or Salad</b>	<u>Wednesday</u> <b>NO SCHOOL</b>	<u>Thursday</u> <b>Reg or Salad</b>	<u>Friday</u> <b>Reg or Salad</b>
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- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered \_\_\_\_\_ X \$3.40

Number of **Salads (B)** ordered \_\_\_\_\_ X \$3.40

*Less credit due* \_\_\_\_\_

**Total Amount Enclosed**

\$ \_\_\_\_\_


Cash or Checks may be made out to SSCPS





**SOUTH SHORE CHARTER SCHOOL**  
**OCTOBER, 2017**

**Breakfast**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
2 Frosted Flakes Whole Grain Crackers Fruit Juice Milk	3 WG Apple Roll Fruit Juice Milk	4 WG Cinnamon Roll Fruit Juice Milk	5 3.6 oz. WG Banana Muffin Fruit Juice Milk	6 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk
9 <b>COLUMBUS DAY</b> 	10 2 oz. Cereal Fruit Orange Juice Milk	11 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	12 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	13 WG Apple Roll Fruit Orange Juice Milk
16 Cereal Graham Crackers Fruit Orange Juice, Milk	17 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk	18 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	19 WG Cinnamon Roll Fruit Juice Milk	20 WG Bagel Fruit Orange Juice Milk
23 Cheerios Graham Crackers Fruit Orange Juice Milk	24 2 oz. Cereal Fruit Orange Juice Milk	25 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	26 Cereal Graham Crackers Fruit Juice Milk	27 WG Cinnamon Roll Fruit Juice Milk
30 Cereal Graham Crackers Fruit Orange Juice Milk	31 WG Croissant w/Jelly Fruit Juice Milk	<b>NOV. 1</b> <b>NO SCHOOL</b> <b>Professional Dev. Day</b>	<b>2</b> WG Apple Roll Fruit Orange Juice Milk	<b>3</b> 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk

\* All Meals include Choice of 1% or Skim Milk.     **Circle a Milk Choice**     1%     Skim

\* Complies with NSLP Regulations

**PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.**

**ALL MENUS ARE SUBJECT TO CHANGE**

**\*Before placing your order, please inform the school if you have a food allergy!**

Grade: \_\_\_\_\_  
 Room: \_\_\_\_\_



No. of Lunches: \_\_\_\_\_  
 Amount Enclosed: \_\_\_\_\_

**SOUTH SHORE CHARTER PUBLIC**

**SCHOOL K-8**

**OCTOBER, 2017**

**LUNCH MENU Circle A or B**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2 A <b>Chicken Parmesan Sub</b> Broccoli B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	3 A <b>Ham &amp; Cheese on WG Bun</b> Chickpea Salad w/Veggies B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	<b>EARLY RELEASE</b>		5 A <b>Oven Baked Chicken Bites</b> Green Bean Medley Whole Grain Roll B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	6 A <b>Cheese Pizza</b> Carrots Potato Wedges B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk				
9 <b>COLUMBUS DAY</b> 	10 A <b>Tuna Salad on WG Roll</b> Chickpea Salad B <b>Salad w/Crunchy Chicken &amp; WG Pita Bread</b> Milk	11 A <b>Sweet &amp; Sour Chicken</b> Broccoli Brown Rice B <b>Salad w/Crunchy Chicken &amp; WG Pita Bread</b> Milk	12 A <b>Herbed Baked Chicken</b> Green Beans Whole Grain Roll B <b>Salad w/Crunchy Chicken &amp; WG Pita Bread</b> Milk	13 A <b>Cheese Pizza</b> Carrots Potato Wedges B <b>Salad w/Crunchy Chicken &amp; WG Pita Bread</b> Milk					
16 A <b>Hamburger on WG Roll</b> Vegetarian Baked Beans B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	17 A <b>Grilled Chicken Breast</b> Veggie Pasta Salad B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	18 A <b>Sloppy Joe on WG Bun</b> Green Beans B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	19 A <b>Chicken Quesadilla</b> Corn B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	20 A <b>Cheese Pizza</b> Carrots Potato Wedges B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk					
23 A <b>Pancakes &amp; Sausage</b> Potato Wedges B <b>Salad w/String Cheese &amp; WG Pita Bread</b> Milk	24 A <b>Buffalo Chicken Wrap</b> Chickpea Salad w/Veggies B <b>Salad w/String Cheese &amp; WG Pita Bread</b> Milk	25 A <b>Ziti &amp; Meatballs</b> Broccoli B <b>Salad w/String Cheese &amp; WG Pita Bread</b> Milk	26 A <b>Chicken Teriyaki on WG Bun</b> Carrots B <b>Salad w/String Cheese &amp; WG Pita Bread</b> Milk	27 A <b>Cheese Pizza</b> Green Beans Potato Wedges B <b>Salad w/String Cheese &amp; WG Pita Bread</b>					
30 A <b>BBQ Chicken</b> Green Beans Brown Rice B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	31 A <b>Chicken Caesar Wrap</b> Chickpea Salad B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	<b>NOV. 1</b> <b>NO SCHOOL</b> <b>PROFESSIONAL DEV. DAY</b>	2 A <b>Meatballs on WG Sub</b> Potato Wedges B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	3 A <b>Cheese Pizza</b> Carrots & Corn B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk					

\* All Meals include Choice of 1% or Skim Milk. Circle a Milk Choice 1% Skim *All Meals Include Fruit* \* Complies with NSLP Regulations

**ALL MENUS ARE SUBJECT TO CHANGE** \*Before placing your order, please inform the school if you have a food allergy!

*“This institution is an Equal Opportunity Employer”*

Grade: \_\_\_\_\_  
 Room: \_\_\_\_\_



No. of Lunches: \_\_\_\_\_  
 Amount Enclosed: \_\_\_\_\_

**SOUTH SHORE CHARTER PUBLIC**

**SCHOOL 9-12**

**OCTOBER, 2017**

**LUNCH MENU Circle A or B**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2 A <b>Chicken Parmesan Sub</b> Broccoli B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	3 A <b>Ham &amp; Cheese on WG Bun</b> Chickpea Salad w/Veggies B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	4 <b>EARLY RELEASE</b>		5 A <b>Oven Baked Chicken Bites</b> Green Bean Medley Whole Grain Roll B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	6 A <b>Cheese Pizza</b> Carrots Potato Wedges B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk				
9 <b>COLUMBUS DAY</b> 	10 A <b>Tuna Salad on WG Roll</b> Chickpea Salad B <b>Salad w/Crunchy Chicken &amp; WG Pita Bread</b> Milk	11 A <b>Sweet &amp; Sour Chicken</b> Broccoli Brown Rice B <b>Salad w/Crunchy Chicken &amp; WG Pita Bread</b> Milk	12 A <b>Herbed Baked Chicken</b> Green Beans Whole Grain Roll B <b>Salad w/Crunchy Chicken &amp; WG Pita Bread</b> Milk	13 A <b>Cheese Pizza</b> Carrots Potato Wedges B <b>Salad w/Crunchy Chicken &amp; WG Pita Bread</b> Milk					
16 A <b>Hamburger on WG Roll</b> Vegetarian Baked Beans B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	17 A <b>Grilled Chicken Breast</b> Veggie Pasta Salad B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	18 A <b>Sloppy Joe on WG Roll</b> Green Beans B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	19 A <b>Chicken Quesadilla</b> Corn B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk	20 A <b>Cheese Pizza</b> Carrots Potato Wedges B <b>Salad w/Turkey &amp; WG Pita Bread</b> Milk					
23 A <b>Pancakes &amp; Sausage</b> Potato Wedges B <b>Salad w/String Cheese &amp; WG Pita Bread</b> Milk	24 A <b>Buffalo Chicken Wrap</b> Chickpea Salad w/Veggies B <b>Salad w/String Cheese &amp; WG Pita Bread</b> Milk	25 A <b>Ziti &amp; Meatballs</b> Broccoli B <b>Salad w/String Cheese &amp; WG Pita Bread</b> Milk	26 A <b>Chicken Teriyaki on WG Bun</b> Carrots B <b>Salad w/String Cheese &amp; WG Pita Bread</b> Milk	27 A <b>Cheese Pizza</b> Green Beans Potato Wedges B <b>Salad w/String Cheese &amp; WG Pita Bread</b> Milk					
30 A <b>BBQ Chicken</b> Green Beans Brown Rice B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	31 A <b>Chicken Caesar Wrap</b> Chickpea Salad B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	NOV. 1 <b>NO SCHOOL</b> <b>PROFESSIONAL DEV. DAY</b>		2 A <b>Meatballs on WG Sub</b> Potato Wedges B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk	3 A <b>Cheese Pizza</b> Carrots & Corn B <b>Salad w/Tuna &amp; WG Pita Bread</b> Milk				

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