



FROM THE EXECUTIVE DIRECTOR

September keeps us all looking forward to the exciting new year ahead. Students have returned to class, settled in, and are now in the full swing of the school year. For our families, these past weeks have been filled with four Back-to-School nights, the Parents Association Meeting, Senior Parent Night, the Board of Trustees Meeting, and the Back-to-School Picnic. Today we begin our first Professional Development session of the new school year. We are ready.

As the school continues to grow, so do the opportunities for students. Not only are we able to take more students from the wait list, we are also able to offer a greater variety of programming for all students. This year faculty and staff are looking forward to implementing the new English Language Arts curriculum *Wit and Wisdom* on Levels I and II. This curriculum was originally selected by Level I teacher Honora (Nora) Broderick and Sheina Prince. In just a few short weeks last spring, the excitement around this new program moved like lightening through the levels. As a faculty we have sought to improve academic preparedness not by just increasing rigor, but also by reducing academic barriers for our changing student population. This includes students with specific learning needs and students who are English Language Learners. We believe that *Wit and Wisdom* has been a good start toward reaching these goals.

There has been a definitive need for curriculum consistency. This need has been both between the levels and among the classrooms within those levels. Sheina and Nora discovered this curriculum because it is the ELA partner to the Eureka Math curriculum. Eureka Math was in its pilot year at SSCPS two years ago and fully implemented last year. Because results in learning and teaching have been so positive among teachers at Levels I and II, *Wit and Wisdom* became the next step forward. In June twelve language arts teachers travelled to Kentucky to attend professional development so that teachers would be able to begin implementation at the opening of this school year. In October faculty from Level I and II will be visiting an elementary school in Worcester to observe *Wit and Wisdom* in the classroom.

The timing for implementing the new curricula could not be better. In the spring of 2017 the Massachusetts Department of Elementary and Secondary Education released new curriculum frameworks for English Language Arts and Literacy and Mathematics. Part of the work of teachers is to take this new curriculum and align it to the new standards in the most effective way for our learners. This is how teachers design lessons. The best lessons are designed collaboratively so they can be implemented in harmony with one another. The new ELA curriculum, being theme-based, allows for this process to unfold in amazing ways. Unlike readers or anthologies, *Wit and Wisdom* is literature-based. Many of the literary texts have been used by our teachers in the past, some are familiar classics, others are newer literature being used so that students and teachers may explore these themes together.

As a K-12 school we are continually searching for ways to make the curriculum more cohesive so that each level provides students with the building blocks not only for that day, week, or year, but in the years

of learning to come. For example, in the Grade 4 Module 4 *Myth Making* students explore the origins of Greek mythology using such core texts as *Understanding Greek Myths* by Natalie Hyde and *Gifts from the Gods: Ancient Words and Wisdom* by Lisa Lunge-Larsen. Following a study of Greek myths, the unit delves into Native American mythology incorporating the literary text *Pushing Up the Sky* by Joseph Bruchac. The unit concludes with more contemporary literature *Walk Two Moons* by Sharon Creech. This study in Level II builds the foundation for a student's later work as they move up through the levels so that the students will be well-prepared when as high school students they come across the literary works of the contemporary Native American novelist Sherman Alexie and the Ancient Greek playwright Sophocles.

As with all change the new curriculum frameworks will present some challenges for our students and faculty. In response to these challenges we have increased the department level time in the professional development calendar for the upcoming school year. We are greatly looking forward to this journey and to the year ahead.

Alicia Savage – <u>asavage@sscps.org</u>

Wednesday	Vednesday 09/20 Professional Development Early Release		12:00pm
Thursday	09/21	No School – Rosh Hashanah	
Friday	09/22	Classes Resume	8:15am
Mon-Tues	09/25- 9/26	Senior Class Retreat – Camp Burgess	
Tuesday	09/26	9 th Grade Retreat – Treetop Adventures – Canton	
Tuesday 09/26		INPAC Meeting – Basic Rights Presentation	6:30pm

ANNOUNCEMENTS

Back-to School Reminders: All Back-to-School paperwork including your child's emergency contact sheet, completed dismissal plan, and any health related forms are now due. If you are planning to volunteer, all volunteers must, on an annual basis, fill out a CORI form and pass the CORI check before volunteering. Please bring a photo ID, complete a form at the front desk, and meet with Pam Algera at <u>palgera@sscps.org</u> or (781)982-4202, ext. 103. Please note that processing a CORI check could take up to five business days so please plan accordingly.

Board of Trustees: Thank you to the parents who attended last week's meeting. The minutes to the July meeting were approved and are available on the school's <u>website</u>.

FROM THE DEVELOPMENT OFFICE

Our 9th Annual Harvest Run 5K road race is coming up on Saturday, October 14th at 9am at Wompatuck State Park in Hingham. This road race has become a wonderful tradition for our school to come together, celebrate the fall, and welcome friends and family. Last year we hosted close to 400 participants, and we raised over \$12,000. With your help, we hope to double our numbers! A family registration form is available in this update and is due by September 28th to ensure you get a race t-shirt! Feel free to hand in your registration form to the front desk. For all student athletes, you can register on-line here using the discount code STUDENT. Pass on the registration link as this road race is open to the community. It is not too late to refer a business for a sponsorship so please email Laurie Dannison at ldannison@sscps.org.

Thank you for your continued support!

SCHOOL MEALS (BREAKFAST AND LUNCH)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST complete a NEW 2017-2018 Meal Benefit application** and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits.

<u>Click here</u> for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family MUST still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>



South Shore Charter Public School 2017-2018 Pickup Procedures

All of us share the common interest at dismissal time of getting all students safely and efficiently into their correct vehicles. Our first goal is safety. The second is an efficient system that treats everyone equitably. Following these procedures will help us maintain a positive school culture and neighborly relations with the other tenants of Assinippi Park. Please remember the following:

- The campus is closed to pick-up traffic before 3:00pm at both locations.
- Students in K-8 must be picked up at 100 Longwater Circle. Students residing in towns A-Q front door; students residing in towns R-W back door.
- Students in grades 9-12 should be picked up at 700 Longwater Drive unless they have a scheduled last period class at 100 Longwater.
- **Students may be picked up at the front or back doors only.** Other pick up points put student safety at risk. Pick up in other lots is trespassing. Please do not pick up your child in any neighboring parking lots.
- If you do not want to wait in line, you may find that planning to arrive between 3:15 and 3:25 works better for your family.
- There is no cell phone use while driving on campus during arrival and dismissal.
- To assist with traffic flow, please follow the traffic guard instructions as well as the lines and arrows painted on the pavement.
- The speed limit on campus is five miles per hour.
- All drivers are to stay in their cars and staff members will help your child get into the car.
- If your student or any student in your carpool is not present when you come to pick up that student, a staff member will ask you to pull into a designated waiting area to keep the line moving.
- Parents and guardians who are late to pick up their students must park and come to the front desk to sign out their child(ren).
- All high school students not picked up by 3:30 at the 700 Longwater campus will be escorted to 100 Longwater. There is no adult supervision.
- When an appointment requires an exact 3:00pm dismissal, we ask that you pick up your student at or before 2:30.
- Any person who does not cooperate with these procedures will be asked to meet with the Principals.
- SSCPS reserves the right to contact the local police and/or transport any student not picked up by 5:00pm, or any student left waiting for longer than half an hour following a school based event.



9th Annual Harvest Run 5K Road Race/Family Walk SSCPS FAMILY REGISTRATION

Saturday, October 14, 2017 Wompatuck State Park, Hingham, MA

Family Name:	Town:
Cell (race results texted):	Email:

WAIVER MUST BE READ AND UNDERSTOOD:

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all potential risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release South Shore Charter Educational Foundation, South Shore Charter Public School, all volunteer participants, the town of Hingham, MA, and all sponsors, their representatives and successors from all claims or

Date:

liabilities of any kind arising out of my participation in this event ..

Signature:

Signature					Dates	
Name	M/F (circle one)	Age	Fee (up to 4 registrants and 2 shirts incl.)	Add Shirt 2 included \$10 each additional	Shirt Size AS, AM, AL, AXL YS, YM, YL *Please specify	Add Registrant Fee 4 included \$5 each additional
1.	M/F					
2.	M/F					
3.	M/F			\$		
4.	M/F			\$		
5.	M/F			\$		\$
6.	M/F			\$		\$
TOTAL			\$65	\$		\$

Pre-Race Number and T-Shirt Pick-Up:	SSCPS FAMILY REGISTRATION \$65
Friday, October 13, 2017 2:00-6:00 p.m.	Fee includes 2 t-shirts and up to 4 registrations
Marathon Sports, Norwell	\$5 per add'l family member \$10 per add'l tee
Race Schedule: 7:30-8:30 a.m Registration and t-shirt pick-up 9:00 a.m The Harvest Run begins! "Refreshments provided after the race"	*Please make checks payable to: SSCEF All funds raised will benefit the South Shore Charter Educational Foundation *Please contact Laurie Dannison if you have any questions Idannison@sscps.org

Stop & Shop A+ Rewards Program



A Volunteer Opportunity for Parents & Students

Attention SSCPS Parents!

& Shop is running a school-fundraising program, A+ School Rewards, and we need YOUR help! Every time you shop at a participating Stop & Shop from October 6, 2017 through March 15, 2018 using your Stop & Shop Card, you will earn points towards our school, <u>BUT you have to register your Stop & Shop Rewards cards between now and September 11, 2017</u>. It costs you nothing, does NOT impact your store discounts or gas points.

How it works

A+ School Rewards are points that supporters earn with each purchase using their Stop & Shop Card. At the end of each month, points are used to calculate our school's cash total. Anyone can support up to two schools to benefit from their A+ School Rewards.

Community Service / Volunteer Opportunity

We need students to sign up to volunteer at one of the Stop & Shop stores to ask customers to participate by providing their Stop & Shop Card number. Students will approach customers outside the store on their own. A Parent coordinator will be on site at each event to help them get comfortable with talking points, coach them through the rejection and gratitude, and ensure students are writing neatly. Please register to work a volunteer shift.

Event #1

Sunday, September 17th at Norwell Stop & Shop, 468 Washington Street 9:45am-3pm Shift 1 9:45-12:30p Shift 2 11:45-3p

Event # 2 Saturday, September 23rd at Norwell Stop & Shop, 468 Washington Street 9:45am-3pm Shift 1 9:45-12:30p Shift 2 11:45-3p Event # 3 Saturday, December 9nd at E. Weymouth Stop & Shop, 700 Middle St., E. Weymouth, MA 9:45- 2p.m.

Shift 1 9:45-12:00p Shift 2 11:45-2p

Event # 4 Saturday, December 10nd at E. Weymouth Stop & Shop, 700 Middle St., E. Weymouth, MA 9:45- 2p.m. Shift 1 9:45-12:00p Shift 2 11:45-2p

To register to participate in this volunteer event, please email your <u>student's name</u>, <u>parent's</u> phone number and <u>confirm</u> <u>your volunteer shift</u> on one or more of the dates above by emailing Heidi Aylward, Parent Association Fundraising Chair at <u>summer_skies@msn.com</u>.

Please register your S&S Rewards card on-line to help SSCPS earn A+ School Rewards dollars from your shopping. Just log-on to: www.stopandshop.com/aplus with your card number or stop by and visit the Customer Service Desk of your local store.

With Appreciation,

Heidi Aylward, Class of 2021 Parent & your Parent Association Fundraising Chair for 2017/2018 Email: Summer_Skies@msn.com

Holly Hill Farm & Friends

9/19/2017 FOR IMMEDIATE RELEASE:

Contact Info: *Friends of Holly Hill Farm*, 236 Jerusalem Road , Cohasset, MA 02025 <u>www.hollyhillfarm.org</u> 781-383-6565 <u>UPCOMING EVENTS & ACTIVITIES</u>

PROUDLY ANNOUNCING HOLLY HILL FARM AWARDED BEST FARM STAND SOUTH OF BOSTON 2017®, BY BOSTON magazine!

http://www.bostonmagazine.com/best-of-boston/2017/holly-hill/

AFTER SCHOOL PROGRAM: HARVEST CHORES AND ANIMAL CARE, Tues. Sept. 26 through Oct. 17, 2017, 4:00-5:00pm, Ages 6-10

Do you long for the Summer camp days of yore? Come spend some wonderful Fall afternoons at Holly Hill Farm. We will sow Fall seeds, work with the animals, make compost, and harvest vegetables (and eat them too!). This program is for happy farmers ages 6-10. The program will run from 4-5 pm and begins September 26th, four Tuesdays until October 17th. Cost is \$42 for members and \$55 for non-members. Hope to see you at Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 hollyhillfarm.org

NEW! COMPOST WORKSHOP, Sat., Oct. 28, 10-12pm

Join us as we learn how to set up (or enhance) a backyard compost pile. Compost is a great resource for a natural, nutrient-rich fertilizer for your garden at any stage of growth. This hands-on workshop and demonstration will also send you home with some finished compost for your own garden. \$12/members, \$15/non-members. Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 hollyhillfarm.org

NEW! GARLIC FESTIVAL, Sat., Oct. 28, 12-2pm

Come an learn all the best techniques of growing great garlic, purchase up to 10 garlic heads so you can plant cloves in your home garden. Join us and savor the distinctive, fresh flavors of our organically grown and roasted garlic on hot baked bread. Free event, but seed garlic will be available for purchase. Look for Holly Hill Farm's garlic-infused, take-home foods in our Farm Stand, open 10-5 on Saturday the 28th. Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 hollyhillfarm.org

SAVE THE DATE! SUNDAY, OCTOBER 15: 5K DISCOVER THE WOODS TRAIL RACE 10:00am, ONE MILE FUN RUN/WALK 11:00am Woodland 5K trail run through Holly Hill Farm woods and surrounding fields. Check our website for more details soon. Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 hollyhillfarm.org

SAVE THE DATE! SATURDAY, NOVEMBER 4th, 9-10pm: GREENHOUSE FARM TO TABLE DINNER & SILENT

AUCTION Our last dinner of the year will be held in our cozy greenhouse. Chef Tina Conte, of Garden to Garnish in Hanson, will create a menu celebrating Holly Hill Farm's late autumn harvest. Organic wines and craft beers will be provided by David Mitchell of MISE, Inc. in Newton. The evening also includes our annual Silent Auction, featuring local artisan gift items and local business offerings. Call Holly Hill Farm to reserve seating. On-line reservations will be available beginning September 25th. Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 hollyhillfarm.org

FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!

The Farm to Food Pantry Program is a unique opportunity for teenagers aged 13-18. We have already started farming and working in the garden to grow produce. Autumn hours are Fridays from 3:00 to 5:00 and Saturday mornings from 9:00 to 12:00. Please contact us if you wish to complete your community service requirements at Holly Hill Farm while learning valuable growing and harvesting skills to last a lifetime. We will deliver produce to local food pantries come harvest time. For further fall program information and to register, contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com

HOLLY HILL FARM STAND OFFERING ORGANIC PRODUCE, SATURDAYS & SUNDAYS, 10:00 - 5:00pm

Our Farm Stand is open EVERY SATURDAY AND SUNDAY! Just picked greens, abundant, sun ripened tomatoes and other vegetables, herbs and glorious floral arrangements from our fields to your table! Freshly baked breads from Hull's Bread Basket. Pick up some freshly made Mediterranean salads from To Dine For – plain, spinach/artichoke hummus, beet salad, etc. We have Narragansett Creamery yogurt, feta and mozzarella cheeses, fresh farm eggs when available. Shop early for best selection. Holly Hill Farm, 236 Jerusalem Rd., Cohasset, MA 02025 781-383-6565 hollyhillfarm.org Send email to <u>friendsofhollyhillfarm@gmail.com</u> if you wish to receive weekly news from our weekly farm stand and other farm events and programs!

COHASSET FARMER'S MARKET

Thursdays, on Cohasset Common, North Main Street, Cohasset, 02025, 2:00 – 6:00pm

Holly Hill Farm offers fresh, organically grown produce at the Cohasset Farmer's Market. Freshly harvested greens and other seasonal produce. Jean's freshly cut bouquets of brilliant sunflowers and other flowers from our fields. Cohassetfarmersmarket.com

SCITUATE FARMER'S MARKET

Wednesdays in parking lot of St. Mary's Church, 1 Kent Street, Scituate, MA 02066, 3:00 – 7:00pm

A convenient venue for Holly Hill Farm's organic produce, plus other locally harvested seafood, meats and produce. Stop by the Holly Hill Farm tent and say hello to Savannah and Jon and pick up some freshly harvested greens and other seasonal produce.

SOUTH SHORE QUESTS: HIKING HOLLY HILL FARM, Through November 15, 2017

Questing is an educational treasure hunt and an outdoor experience that involves following a map and a series of clues to find a hidden box where you sign the guest book, leave your comments and an imprint of your personal stamp (if you have one). South Shore Quests are a great way to enjoy nature by turning a walk into a treasure hunt. Get your exercise while exploring wildlife and plants, learn a bit of geology and/or history in the bargain! Allow one hour to complete the Holly Hill Farm Quest through the farmyards and trails of surrounding woods. Quest books, \$5.00 and maps of the farm (\$3.00) are available for purchase in the Friends of Holly Hill Farm Office at 236 Jerusalem Rd., Cohasset, MA 02025. 781-383-6565. (Boots are recommended footgear). A full list of other quest locations can be found on southshorequests.org.

South Shore Medical Center has partnered with South Shore Safety to offer your child Safety Education classes



Home Alone, Staying Safe

Child Safety Program

- Is your child ready to stay home alone?
- Will your child be safe & responsible when home alone?
- Is your child "street smart" when going to and from the bus or school?

"Home Alone Staying Safe" is a 3-hour program which prepares kids for situations that can happen when staying home alone, from the unexpected knock on the door to the 911 emergency phone call. It will also help ease the minds of parents who decide the time has come to leave their kids home alone or with siblings. This interactive and fun course, taught by South Shore Safety health educators, covers a range of safety topics:

- Safety to and from school
- Basic self defense moves
- Phone safety
- Food/cooking safety
- Basic first aid
- Choking prevention
- Heimlich Maneuver
- Handling emergencies
- Lots of prevention!

Saturday, September 23, 2017 9:00 – 12noon

Cost: \$45 per person Location: SSMC, 143 Longwater Dr, Norwell

Space is limited; Deadline for signup: Sept. 19

Call: 781-681-1363 Or email: <u>southshoresafety2@gmail.com</u>

> South Shore Medical Center

South Shore Medical Center has partnered with South Shore Safety to offer your child Safety Education classes.



Babysitter Safety Training

Grades 6-8

- Is your child mature enough to be a babysitter or a mother's helper?
- Will your child be safe & responsible when babysitting?
- Does your child know what to do in an emergency situation?

When parents choose to leave their children with a babysitter, they are looking for someone who is mature and fully prepared to handle emergency situations. Children want their babysitter to be lots of fun and creative. This interactive, hands-on, three-hour class, taught by South Shore Safety health educators, will help prepare your son or daughter to be the best babysitter on the block!

- Home safety
- Infant and child care
- Child development
- Basic first aid and choking rescue for infants and children
- Injury prevention
- How to handle emergencies
- Troubleshooting
- Healthy hints for meals and snacks
- Safe marketing strategies

Saturday, September 23, 2017 1:00 – 4:00 pm

Cost: \$45 per person Location: SSMC 143 Longwater Dr. Norwell

Deadline for Sign up is September 19th

Call: 781-681-1363 Or email: <u>southshoresafety2@Gmail.com</u>

> South Shore Medical Center



WEEDING THROUGH THE MYTHS

MARIJUANA IN MASSACHUSETTS

Open Tuesday, September 5 – Saturday, September 30 Hanover Mall – Center Court 1775 Washington Street, Hanover

- Mondays and Wednesdays: 5–7 p.m.
- Tuesdays and Thursdays: 10 a.m.-1 p.m.
- Saturdays: 1–3 p.m.

Weeding Through the Myths: Marijuana in Massachusetts is an interactive educational display created to provide parents/guardians with information and insight on upcoming changes in Massachusetts related to the recreational use of marijuana.

Learn how to communicate and take steps to forge strong, positive connections with your teenager, because a strong parent/teen relationship is the most effective tool to prevent substance use.

We are grateful for the support from the Plymouth County District Attorney's Office that has made this program possible.

To learn more contact: jean_kelly@sshosp.org



Brought to you by:



Vision is more than 20/20

Presented by June Smith, OTR/L

Tuesday, September 26th, 2017

7:00-8:30pm

42 Winter Street, Pembroke, MA

\$25

Does your child cover one eye, tilt or turn their head, complain of headaches or seem disinterested in reading, writing or ball skills? Come and learn how these skills relate to vision and how to access reliable community resources.

Register Now!

For More Information or to Register please call South Shore Therapies at (781) 335-6663

Space is limited and is on a first come first serve basis Payment due at time of registration

You can also find us on Social Media!



Don't miss out on the Fall Camping Weekend at the Boston/Cape Cod KOA!!!!

Come hang out with old friends and make new friends!!!

When: September 29 - October 1st

Where: Boston/Cape Cod KOA in Middleboro (off Route 44)

Discount: 10% off and kids camp free.

The pool will still be open! There are 2 bouncy pillows, 2 playgrounds, Basketball court and a train!

Call (508) 947-6435 or email <u>boston@koa.net</u> and tell them you are with the South Shore Charter School group!





Not an SSCPS sponsored event.

Breakfast Order Form Breakfast for the Month of October, 2017

Due to the office by 3:00 pm, *Tuesday, September 26, 2017

Student Name _____

Pod Teacher/Advisor _____ Grade _____

\$_____

Please **<u>CHECK</u>** off the day breakfast will be ordered.

Week of 10/2 – 10/6	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 10/9 – 10/13	[X] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 10/16 – 10/20	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 10/23 – 10/27	[] Monday	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of 10/30 – 11/3	[] Monday	[] Tuesday	[X] Wednesday	[] Thursday	[] Friday
Number of Bro	eakfasts ordered			X \$1.8	35

Less credit due **Total Amount Enclosed** Cash or Checks may be made out to SSCPS.

Lunch Order Form Lunch for the Month of October, 2017

Due to the office by 3:00 pm, *Tuesday, September 26, 2017

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please <u>circle</u> one choice per each day lunch is ordered.

Week of 10/2 – 10/6	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Early Release	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>
Week of 10/9 – 10/13	<u>Monday</u>	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>
	NO SCHOOL	Reg or <mark>Salad</mark>	Reg or Salad	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>
Week of	<u>Monday</u>	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>
10/16 – 10/20	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>
Week of	<u>Monday</u>	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>
10/23 – 10/27	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>
Week of 10/30 – 11/3	<u>Monday</u>	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>
	R eg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	NO SCHOOL	Reg or <mark>Salad</mark>	Reg or <mark>Salad</mark>
Option	n A = Regular Lund n B = Salad Lunch nly choose 1 (one)	Choice			
Number of R	egular Lunches (A) ordered	X	\$3.40	
Number of <mark>Sa</mark>	lads (B) ordered		X	X \$3.40	
Less credit du	le				
	l Amount Enclo ks may be made ou			\$	



SOUTH SHORE CHARTER SCHOOL OCTOBER, 2017

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Frosted Flakes Whole Grain Crackers Fruit	WG Apple Roll Fruit Juice	WG Cinnamon Roll Fruit Juice	3.6 oz. WG Banana Muffin Fruit Juice	3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice
Juice Milk	Milk	Milk	Milk	Milk
9 COLUMBUS DAY	10 2 oz. Cereal Fruit Orange Juice Milk	11 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	12 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	13 WG Apple Roll Fruit Orange Juice Milk
16 Cereal Graham Crackers Fruit Orange Juice, Milk	17 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk	18 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	19 WG Cinnamon Roll Fruit Juice Milk	20 WG Bagel Fruit Orange Juice Milk
23 Cheerios Graham Crackers Fruit Orange Juice Milk	24 2 oz. Cereal Fruit Orange Juice Milk	25 3.6 oz. WG Apple Muffin Fruit Orange Juice Milk	26 Cereal Graham Crackers Fruit Juice Milk	27 WG Cinnamon Roll Fruit Juice Milk
30 Cereal Graham Crackers Fruit Orange Juice Milk * All Meals include Choice of 10	31 WG Croissant w/Jelly Fruit Juice Milk % or Skim Milk. Circle a Mi	NOV. 1 NO SCHOOL Professional Dev. Day	2 WG Apple Roll Fruit Orange Juice Milk	3 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk * Complies with NSLP Regulations

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!

Grade:	
Room:	



No. of Lunches: ______Amount Enclosed: ______

SCHOOL K-8

SOUTH SHORE CHARTER PUBLIC

OCTOBER, 2017

		0010DLR, 2017		
UNCH MENU Circle A (MONDAY	or B TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A Chicken Parmesan Sub Broccoli 3 Salad w/Tuna & WG Pita Bread Milk	3 A Ham & Cheese on WG Bun Chickpea Salad w/Veggies B Salad w/Tuna & WG Pita Bread Milk	4 EARLY RELEASE	5 A Oven Baked Chicken Bites Green Bean Medley Whole Grain Roll B Salad w/Tuna & WG Pita Bread Milk	6 A Cheese Pizza Carrots Potato Wedges B Salad w/Tuna & WG Pita Bread Milk
9 COLUMBUS DAY	10 A Tuna Salad on WG Roll Chickpea Salad B Salad w/Crunchy Chicken & WG Pita Bread Milk	11 A Sweet & Sour Chicken Broccoli Brown Rice B Salad w/Crunchy Chicken & WG Pita Bread Milk	 Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk 	13 A Cheese Pizza Carrots Potato Wedges B Salad w/Crunchy Chicken & WG Pita Bread Milk
 Hamburger on WG Roll Vegetarian Baked Beans Salad w/Turkey & WG Pita Bread Milk 	 17 A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk 	18 A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	19 A Chicken Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	20 A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
23 A Pancakes & Sausage Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk	24 A Buffalo Chicken Wrap Chickpea Salad w/Veggies B Salad w/String Cheese & WG Pita Bread Milk	25 A Ziti & Meatballs Broccoli B Salad w/String Cheese & WG Pita Bread Milk	26 A Chicken Teriyaki on WG Bun Carrots B Salad w/String Cheese & WG Pita Bread Milk	27 A Cheese Pizza Green Beans Potato Wedges B Salad w/String Cheese & WG Pita Bread
30 A BBQ Chicken Green Beans Brown Rice B Salad w/Tuna & WG Pita Bread Milk	31 A Chicken Caesar Wrap Chickpea Salad B Salad w/Tuna & WG Pita Bread Milk	NOV. 1 NO SCHOOL PROFESSIONAL DEV. DAY	2 A Meatballs on WG Sub Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	3 A Cheese Pizza Carrots & Corn B Salad w/Tuna & WG Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk. Circle a Milk Choice 1% Skim All Meals Include Fruit * Complies with NSLP Regulations ALL MENUS ARE SUBJECT TO CHANGE *Before placing your order, please inform the school if you have a food allergy! "This institution is an Equal Opportunity Employer"

Grade: _	
Room:	



No. of Lunches: ______Amount Enclosed: _____

SCHOOL 9-12

SOUTH SHORE CHARTER PUBLIC

OCTOBER, 2017

					o o = o = ==, = o = :				
UN	NCH MENU Circle A	or B							
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
2	Chicken Parmesan Sub	3 A	Ham & Cheese on WG Bun	4		5 A	Oven Baked Chicken Bites	6 A	Cheese Pizza
	Broccoli		Chickpea Salad w/Veggies		EARLY		Green Bean Medley		Carrots
3	Salad w/Tuna & WG Pita Bread	B	Salad w/Tuna & WG Pita Bread		RELEASE	В	Whole Grain Roll Salad w/Tuna &	В	Potato Wedges Salad w/Tuna &
	Milk		Milk				WG Pita Bread Milk		WG Pita Bread Milk
)	COLUMBUS DAY	10		11		12		13	
		Α	Tuna Salad on WG Roll Chickpea Salad	А	Sweet & Sour Chicken Broccoli	Α	Herbed Baked Chicken Green Beans	Α	Cheese Pizza Carrots
	VF FA -	В	Salad w/Crunchy Chicken &		Brown Rice		Whole Grain Roll		Potato Wedges
	A CONTRACTOR		WG Pita Bread Milk	В	Salad w/Crunchy Chicken & WG Pita Bread	В	Salad w/Crunchy Chicken & WG Pita Bread	В	Salad w/Crunchy Chicken & WG Pita Bread
			WI11K		Milk		Milk		Milk
6		17		18		19		20	
1	Hamburger on WG Roll	Α	Grilled Chicken Breast	Α	Sloppy Joe on WG Roll	Α	Chicken Quesadilla	Α	Cheese Pizza
	Vegetarian Baked Beans	_	Veggie Pasta Salad	_	Green Beans	_	Corn		Carrots
B	Salad w/Turkey &	В	Salad w/Turkey &	B	Salad w/Turkey &	В	Salad w/Turkey &	Б	Potato Wedges
	WG Pita Bread Milk		WG Pita Bread Milk		WG Pita Bread Milk		WG Pita Bread Milk	B	Salad w/Turkey & WG Pita Bread
	WIIIK		WIIIK		WIIIK		IVIIIK		WG Pita Bread Milk
23		24		25		26		27	
4	Pancakes & Sausage	Α	Buffalo Chicken Wrap	Α	Ziti & Meatballs	Α	Chicken Teriyaki on WG Bun	Α	Cheese Pizza
_	Potato Wedges	_	Chickpea Salad w/Veggies	_	Broccoli		Carrots		Green Beans
3	Salad w/String Cheese &	В	Salad w/String Cheese &	В	Salad w/String Cheese &	В	Salad w/String Cheese &	п	Potato Wedges
	WG Pita Bread Milk		WG Pita Bread Milk		WG Pita Bread Milk		WG Pita Bread Milk	B	Salad w/String Cheese & WG Pita Bread
	WIIK		WIIK		WIIK		WIIK		Milk
0		31		NO	V. 1	2		3	
4	BBQ Chicken	Α	Chicken Caesar Wrap		NO SCHOOL	Α	Meatballs on WG Sub	Α	Cheese Pizza
	Green Beans	_	Chickpea Salad				Potato Wedges	_	Carrots & Corn
	Brown Rice	В	Salad w/Tuna &		PROFESSIONAL DEV. DAY	В	Salad w/Tuna &	В	Salad w/Tuna &
3	Salad w/Tuna & WG Pita Bread Milk		WG Pita Bread Milk				WG Pita Bread Milk		WG Pita Bread Milk

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