



FROM THE K-4 PRINCIPAL

As the school year unfolds I am reminded of the interaction of various concentric cycles and our intermingling lives. Each of us has multiple family lives with a multiplicity of interacting branches. Each of us has influences that come from a grandparent or cousin; that comes from a neighbor or a neighborhood, from a book or pod cast, or video game, or movie, or a friend. We are all complex in who we are and we are all made from so many experiences. But in a school there is a pattern in life that is very stable year to year, and for a school, this time of the year is the "New Year". The time to celebrate possibility. The time to articulate each of our personal hopes. It is great to be exposed to Kindergarteners as they enter school. Their drive and purpose are very clear and they are always different, but they are always so much themselves at the start of every year. Too soon they will be seniors and thirteen New Years will have come and gone. Many people as adults will go on to lives that follow less of an annual cycle but for those of us lucky enough to work in a school this is a glorious time of the year. To paraphrase Robert McCloskey from a <u>Time of Wonder</u> -- a little bit sad to be leaving who we were and a little bit glad to becoming who we will be.

The goal of these Updates is to give you an insight into our lives here in school. Alicia, Angie, and I try to keep you informed and to capture what is new and what is promising. This year there are so many exciting things to celebrate -- wonderful new teachers, clean and polished spaces, new and old, joyous students who are so glad they are in their new school, our school.

The promising part of our school I want to highlight today is the library. Libraries in schools are well documented engines of achievement and success for students. Since our first days as a school, families have been going the extra mile to make sure that we have a library; and this year the library is in its fifth location. While all of the locations have been good, this one really seems to me to be the very best.

The key to our library's success has been a combination of volunteer help and one guiding light. That guiding light is Bev Bruce, our Literacy Specialist. Included here is an account that Bev wrote to me yesterday about the travels and travails of our library as it has reached what I hope is its final resting place in "the 'heart' of our school."

- 1) Move from Hull The library had no home at first, so the collection stayed in boxes in a large closet. Unfortunately, the book catalog that had been painstakingly entered by hand and stored on the library's computer hard drive got left behind by accident during the move! We had to start from Square One to rebuild the database.
- 2) The library was then given a small space that was the former staff room across from what is now Laurie Hogan's room (in the Level 2/3 hallway). The space was so tight that the shelves were stacked on top of each other! Unpacking the boxes prompted a BIG purge of old and musty materials. However, the books didn't circulate because we didn't have a cataloging system in place nor a computer. We may have done it by hand-I can't remember!
- 3) Next, we moved to the former file room, which is now Melissa Freitas's Kindergarten room. We started doing checkouts by hand, which was cumbersome- but at least the books were circulating. Thankfully, parents Josh Wright, Lisa Bumbalo, and Sue Duchaney helped to bring us to the 21st century by modifying an open source software program "Joomla" for electronic checkout.
- 4) Then three summers ago, we moved from the 100 Longwater building into the two rooms adjacent to the gym space. Beautiful shelving was custom made to hold our collection, and Macs were added for research. Denise

Demaggio served as the Library Clerk during the 2015-16 school year. In the spring of 2017 under Rio and Joe's leadership, the library converted its catalog to a more flexible open source program "Gibbon" to better match our needs.

5) Finally, the library moved this past summer to its current home in the "heart" of the school.

Amidst it all, our SSCPS parents did the bulk of the work...processing books, cataloging, organizing book fairs to fund the library, re-shelving, repairs, training volunteers, tracking overdue books, providing support during FIT times, and helping the library grow. And our stellar IT staff ensured that the software did what we needed it to do, and so many other faculty loaned a needed hand to get the work done. Our "small but mighty" library has its own story to tell!

There were so many other parents that are not listed above who helped along the way...and of course, we must not forget former Level I teacher Velma Begley. She led the charge in the old school, and she planted the seed that has blossomed to become our new space.

The new library is beautiful. Thanks Bev, the current Library Committee and all who helped along the way. As the traditional song says,

Step by step the longest march can be won, can be won Many stones can form an arch, singly none, singly none And by union what we will can be accomplished still Drops of water turn a mill, singly none singly none

Bev led the way and the library has come many miles, built many arches, and turned many mills.

Ted Hirsch - thirsch@sscps.org

Monday	10/02	Library Committee Work Party	6:00-8:00pm
Wednesday	10/04	Board of Trustees Executive Committee	8:00am
Wednesday	10/04	Professional Development Early Release	12:00pm
Upcoming event!	10/14	9 th Annual Harvest Run 5K – Wompatuck State Park	

ANNOUNCEMENTS

News from the Library

The Library Committee is pleased to announce that the library is now open for checkout! Because the library is run by parent volunteers, we have a few guidelines to keep our library strong:

- 1. Students will only check out <u>one book at a time</u>.
- 2. The checkout period is 2 weeks.
- 3. Students are not currently able to renew books, but we hope to offer this later in the year.
- 4. Students may not check out another book until their previous book is returned.

Thank you for your help in keeping track of your student's items!

"Many hands make light the work."

The committee is also holding a **WORK PARTY** on **Monday October 2nd from 6-8pm** in the library. During that time, we will be unpacking boxes and scanning and processing books for our collection. If you would like to assist for a little or all of that time, please email Bev Bruce (<u>bbruce@sscps.org</u>) We request that you leave your children at home for this event. Light refreshments will be served.



Back-to School Reminders: All Back-to-School paperwork including your child's emergency contact sheet, completed dismissal plan, and any health related forms are now due. If you are planning to volunteer, all volunteers must, on an annual basis, fill out a CORI form and pass the CORI check before volunteering. Please bring a photo ID, complete a form at the front desk, and meet with Pam Algera at <u>palgera@sscps.org</u> or (781)982-4202, ext. 103. Please note that processing a CORI check could take up to five business days so please plan accordingly.

WHAT'S HAPPENING IN PROJECTS AND WORKSHOPS?

The High School Cultural Diversity Workshop started this school year off with a bang. We had an Ethnic Food Sampler last week where the students brought food from their culture and shared it with the class and teachers after making presentations. Students had a wonderful time and were so excited to display their cultural foods. We sampled decadent Polish desserts, refreshing Pakistani Mango Juice, delicious Nigerian rice dishes, Spicy Jamaican Chicken, sweet St. Lucian Plantains, and so much more. Students plan on having a Heritage day with and Ethnic Food Sampler soon. They also plan on educating the lower levels about the diversities of various cultures and even educate residents of a nursing home as well.

Ifunanya Onwuka (Amy) Cultural Diversity Workshop Leader





FROM THE DEVELOPMENT OFFICE

The 9th Annual Harvest Run 5K Walk and Run road race is coming up on Saturday, October 14th at 9am at Wompatuck State Park in Hingham. This event has become a wonderful tradition for our school to come together and celebrate our community! The family registration is due tomorrow so please hand in your form at the front desk at 100 or 700. For all student athletes, you can register on-line here using the discount code STUDENT. Pass on on registration link as this road race is open to the community. It is not too late to refer a business for a sponsorship so please email Laurie Dannison at ldannison@sscps.org. Thank you for your continued support!

SCHOOL MEALS (BREAKFAST AND LUNCH)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST complete a NEW 2017-2018 Meal Benefit application** and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits.

<u>Click here</u> for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family MUST still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

FROM THE GUIDANCE DEPARTMENT

Welcome Back! As we settle into new academic year, I wanted to share what is new in the High School Guidance Department.

New Guidance Counselor: Please join me in welcoming Stephanie Chery, our new Guidance Counselor. Stephanie has a wonderful range of experience from working with non-profit educational organizations such as Inversant and American Student Assistance, where she has helped low-income students with financing their education. Stephanie holds her Masters in School Counseling from UMass- Boston. She will be responsible for students in grades 9 and 10. Her role will be assisting students with the transition to high school, monitoring student's academics and attendance, as well as lead the School Store Workshop.

Chyten Educational Partnership/College Center: SSCPS has partnered with Chyten Educational Service to have a new "College Center" and provide PSAT/SAT Preparatory classes at the high school. The College Center will have two College Access Counselors who will be available on Tuesdays and Thursdays to help Seniors with the college application process, including:

- Common Application Help
- Essay Help
- Activity List Development
- Resume
- Scholarship Search

For Juniors, the Access Counselors will assist with early college planning during the fourth quarter. From September to October 11th, Juniors will be preparing for the PSAT Exam. After the PSAT Exam, the Juniors will focus will be on preparing for the March SAT Exam.

Massasoit Community College: SSCPS is continuing its relationship with Massasoit Community College course taught here at school. This year, we are offering Speech Communications on Tuesday and Thursday from 3:00-4:15pm and French I during FIT. New courses will begin in January.

I will continue in my role at Guidance Director working with the upperclassman (grades 11-12), as well as working closely with Stephanie and Chyten to make sure all students access to our guidance services. Please check out our link on the SSCPS website under 'Guidance'. The site is still in progress, but I am working on updating it on a regular basis.

If you have any questions about the Guidance Program, please feel free to contact me at <u>mcarter@sscps.org</u> or 781-982-4202 x306.

Mary Carter, Guidance Director

WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT <u>WWW.SSCPS.ORG</u> EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103 OR EMAIL <u>PALGERA@SSCPS.ORG</u>



South Shore Charter Public School 2017-2018 Pickup Procedures

All of us share the common interest at dismissal time of getting all students safely and efficiently into their correct vehicles. Our first goal is safety. The second is an efficient system that treats everyone equitably. Following these procedures will help us maintain a positive school culture and neighborly relations with the other tenants of Assinippi Park. Please remember the following:

- The campus is closed to pick-up traffic before 3:00pm at both locations.
- Students in K-8 must be picked up at 100 Longwater Circle. Students residing in towns A-Q front door; students residing in towns R-W back door.
- Students in grades 9-12 should be picked up at 700 Longwater Drive unless they have a scheduled last period class at 100 Longwater.
- **Students may be picked up at the front or back doors only.** Other pick up points put student safety at risk. Pick up in other lots is trespassing. Please do not pick up your child in any neighboring parking lots.
- If you do not want to wait in line, you may find that planning to arrive between 3:15 and 3:25 works better for your family.
- There is no cell phone use while driving on campus during arrival and dismissal.
- To assist with traffic flow, please follow the traffic guard instructions as well as the lines and arrows painted on the pavement.
- The speed limit on campus is five miles per hour.
- All drivers are to stay in their cars and staff members will help your child get into the car.
- If your student or any student in your carpool is not present when you come to pick up that student, a staff member will ask you to pull into a designated waiting area to keep the line moving.
- Parents and guardians who are late to pick up their students must park and come to the front desk to sign out their child(ren).
- All high school students not picked up by 3:30 at the 700 Longwater campus will be escorted to 100 Longwater. There is no adult supervision.
- When an appointment requires an exact 3:00pm dismissal, we ask that you pick up your student at or before 2:30.
- Any person who does not cooperate with these procedures will be asked to meet with the Principals.
- SSCPS reserves the right to contact the local police and/or transport any student not picked up by 5:00pm, or any student left waiting for longer than half an hour following a school based event.

South Shore Charter Public School



Dear SSCPS Families,

It's been a great pleasure being a part of such a wonderful school. As we start the school year and the FITs have been established, I thought this may be a great time to continue with the various instrumental programs here at the school. This letter is in regards to being a part of SSCPS before school band program. The band meets on **Mondays** and **Thursdays** from 7:15-8:10.

Learning to play and improving skills on an instrument is a great way for students to grow to express his or herself in a new way; musically. These potential instrumental musicians will be playing in a band setting. Knowing that they each have a specific part to play in making the music come together as a whole, will feed their desire to learn to play even more. This ensemble is geared towards those that have been playing their instruments for at least one year.

If you are interested in participating in the before school band program, please fill out the application on the back and bring it to the front desk as soon as possible. If you have any questions, feel free to contact me.

Sincerely, Theron Leonard Music Teacher South Shore Charter Public School tleonard@sscps.org 781.982.4202 x318



South Shore Charter Public School before school band

Student's Name:
Address:
City, Zip:
Parent / Guardian's Name:
Contact Email Address:
Main Telephone Number:
Level/Grade:
Band Instrument of Choice:



Please return this form to the front desk as soon as possible.



9th Annual Harvest Run 5K Road Race/Family Walk SSCPS FAMILY REGISTRATION

Saturday, October 14, 2017 Wompatuck State Park, Hingham, MA

Family Name:	Town:
Cell (race results texted):	Email:

WAIVER MUST BE READ AND UNDERSTOOD:

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all potential risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release South Shore Charter Educational Foundation, South Shore Charter Public School, all volunteer participants, the town of Hingham, MA, and all sponsors, their representatives and successors from all claims or

Date:

liabilities of any kind arising out of my participation in this event ..

Signature:

Signature					Dates	
Name	M/F (circle one)	Age	Fee (up to 4 registrants and 2 shirts incl.)	Add Shirt 2 included \$10 each additional	Shirt Size AS, AM, AL, AXL YS, YM, YL *Please specify	Add Registrant Fee 4 included \$5 each additional
1.	M/F					
2.	M/F					
3.	M/F			\$		
4.	M/F			\$		
5.	M/F			\$		\$
6.	M/F			\$		\$
TOTAL			\$65	\$		\$

Pre-Race Number and T-Shirt Pick-Up:	SSCPS FAMILY REGISTRATION \$65
Friday, October 13, 2017 2:00-6:00 p.m.	Fee includes 2 t-shirts and up to 4 registrations
Marathon Sports, Norwell	\$5 per add'l family member \$10 per add'l tee
Race Schedule: 7:30-8:30 a.m Registration and t-shirt pick-up 9:00 a.m The Harvest Run begins! "Refreshments provided after the race"	*Please make checks payable to: SSCEF All funds raised will benefit the South Shore Charter Educational Foundation *Please contact Laurie Dannison if you have any questions Idannison@sscps.org

Holly Hill Farm & Friends

9/26/2017 FOR IMMEDIATE RELEASE:

Contact Info: *Friends of Holly Hill Farm*, 236 Jerusalem Road , Cohasset, MA 02025 <u>www.hollyhillfarm.org</u> 781-383-6565 <u>UPCOMING EVENTS & ACTIVITIES</u>

PROUDLY ANNOUNCING HOLLY HILL FARM AWARDED BEST FARM STAND SOUTH OF BOSTON 2017®, BY BOSTON magazine!

http://www.bostonmagazine.com/best-of-boston/2017/holly-hill/

AFTER SCHOOL PROGRAM: HARVEST CHORES AND ANIMAL CARE, Tues. Sept. 26 through Oct. 17, 2017, 4:00-5:00pm, Ages 6-10

Do you long for the Summer camp days of yore? Come spend some wonderful Fall afternoons at Holly Hill Farm. We will sow Fall seeds, work with the animals, make compost, and harvest vegetables (and eat them too!). This program is for happy farmers ages 6-10. The program will run from 4-5 pm and begins September 26th, four Tuesdays until October 17th. Cost is \$42 for members and \$55 for non-members. Hope to see you at Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 hollyhillfarm.org

NEW! COMPOST WORKSHOP, Sat., Oct. 28, 10-12pm

Join us as we learn how to set up (or enhance) a backyard compost pile. Compost is a great resource for a natural, nutrient-rich fertilizer for your garden at any stage of growth. This hands-on workshop and demonstration will also send you home with some finished compost for your own garden. \$12/members, \$15/non-members. Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 hollyhillfarm.org

NEW! GARLIC FESTIVAL, Sat., Oct. 28, 12-2pm

Come an learn all the best techniques of growing great garlic, purchase up to 10 garlic heads so you can plant cloves in your home garden. Join us and savor the distinctive, fresh flavors of our organically grown and roasted garlic on hot baked bread. Free event, but seed garlic will be available for purchase. Look for Holly Hill Farm's garlic-infused, take-home foods in our Farm Stand, open 10-5 on Saturday the 28th. Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 hollyhillfarm.org

SAVE THE DATE! SUNDAY, OCTOBER 15: 5K DISCOVER THE WOODS TRAIL RACE 10:00am, ONE MILE FUN RUN/WALK 11:00am Woodland 5K trail run through Holly Hill Farm woods and surrounding fields. Check our website for more details soon. Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 hollyhillfarm.org

SAVE THE DATE! SATURDAY, NOVEMBER 4th, 9-10pm: GREENHOUSE FARM TO TABLE DINNER & SILENT

AUCTION Our last dinner of the year will be held in our cozy greenhouse. Chef Tina Conte, of Garden to Garnish in Hanson, will create a menu celebrating Holly Hill Farm's late autumn harvest. Organic wines and craft beers will be provided by David Mitchell of MISE, Inc. in Newton. The evening also includes our annual Silent Auction, featuring local artisan gift items and local business offerings. Call Holly Hill Farm to reserve seating. On-line reservations will be available beginning September 25th. Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 hollyhillfarm.org

FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!

The Farm to Food Pantry Program is a unique opportunity for teenagers aged 13-18. We have already started farming and working in the garden to grow produce. Autumn hours are Fridays from 3:00 to 5:00 and Saturday mornings from 9:00 to 12:00. Please contact us if you wish to complete your community service requirements at Holly Hill Farm while learning valuable growing and harvesting skills to last a lifetime. We will deliver produce to local food pantries come harvest time. For further fall program information and to register, contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com

HOLLY HILL FARM STAND OFFERING ORGANIC PRODUCE, SATURDAYS & SUNDAYS, 10:00 – 5:00pm

Our Farm Stand is open EVERY SATURDAY AND SUNDAY! Just picked greens, abundant, sun ripened tomatoes and other vegetables, herbs and glorious floral arrangements from our fields to your table! Freshly baked breads from Hull's Bread Basket. Pick up some freshly made Mediterranean salads from To Dine For – plain, spinach/artichoke hummus, beet salad, etc. We have Narragansett Creamery yogurt, feta and mozzarella cheeses, fresh farm eggs when available. Shop early for best selection. Holly Hill Farm, 236 Jerusalem Rd., Cohasset, MA 02025 781-383-6565 hollyhillfarm.org Send email to friendsofhollyhillfarm@gmail.com if you wish to receive weekly news from our weekly farm stand and other farm events and programs!

COHASSET FARMER'S MARKET

Thursdays, on Cohasset Common, North Main Street, Cohasset, 02025, 2:00 – 6:00pm

Holly Hill Farm offers fresh, organically grown produce at the Cohasset Farmer's Market. Freshly harvested greens and other seasonal produce. Jean's freshly cut bouquets of brilliant sunflowers and other flowers from our fields. Cohassetfarmersmarket.com

SCITUATE FARMER'S MARKET

Wednesdays in parking lot of St. Mary's Church, 1 Kent Street, Scituate, MA 02066, 3:00 – 7:00pm

A convenient venue for Holly Hill Farm's organic produce, plus other locally harvested seafood, meats and produce. Stop by the Holly Hill Farm tent and say hello to Savannah and Jon and pick up some freshly harvested greens and other seasonal produce.

SOUTH SHORE QUESTS: HIKING HOLLY HILL FARM, Through November 15, 2017

Questing is an educational treasure hunt and an outdoor experience that involves following a map and a series of clues to find a hidden box where you sign the guest book, leave your comments and an imprint of your personal stamp (if you have one). South Shore Quests are a great way to enjoy nature by turning a walk into a treasure hunt. Get your exercise while exploring wildlife and plants, learn a bit of geology and/or history in the bargain! Allow one hour to complete the Holly Hill Farm Quest through the farmyards and trails of surrounding woods. Quest books, \$5.00 and maps of the farm (\$3.00) are available for purchase in the Friends of Holly Hill Farm Office at 236 Jerusalem Rd., Cohasset, MA 02025. 781-383-6565. (Boots are recommended footgear). A full list of other quest locations can be found on southshorequests.org.

Don't miss out on the Fall Camping Weekend at the Boston/Cape Cod KOA!!!!

Come hang out with old friends and make new friends!!!

When: September 29 - October 1st

Where: Boston/Cape Cod KOA in Middleboro (off Route 44)

Discount: 10% off and kids camp free.

The pool will still be open! There are 2 bouncy pillows, 2 playgrounds, Basketball court and a train!

Call (508) 947-6435 or email <u>boston@koa.net</u> and tell them you are with the South Shore Charter School group!





Not an SSCPS sponsored event.

Breakfast Order Form Breakfast for the Month of October, 2017

Due to the office by 3:00 pm, *Tuesday, October 3, 2017

Student Name	
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Pod Teacher/Advisor _____ Grade _____

Please <u>CHECK</u> off the day breakfast will be ordered.

Total Amoun Cash or Checks may be		CPS.	\$	
Less credit due				
Number of Breakfasts of	ordered		X \$1.85	
Week of [] Monday 10/30 – 11/3	[] Tuesday	[X] Wednesday	[] Thursday	[] Friday
Week of [] Monday 10/23 – 10/27	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of [] Monday 10/16 – 10/20	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of [X] Monday 10/9 – 10/13	[] Tuesday	[] Wednesday	[] Thursday	[] Friday
Week of [] Monday 10/2 10/6	-[-]-Tuesday-	[] Wednesday	[] Thursday	_ [_] Friday

Lunch Order Form Lunch for the Month of October, 2017

Due to the office by 3:00 pm, *Tuesday, October 3, 2017

Student Name

Pod Teacher/Advisor _____ Grade

Please <u>circle</u> one choice per each day lunch is ordered.

Week of <u>Monday</u>	– <u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	
10/2 10/6 Reg	or <mark>Salad – Re</mark> g	g or <mark>Salad Ea</mark>	rly Release	Reg or <mark>Salad</mark>	
Week of <u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	Thursday	<u>Friday</u>	Reg or Salad
10/9 – 10/13 NO SC	CHOOL Reg	or <mark>Salad Reg</mark>	or <mark>Salad I</mark>	Reg or <mark>Salad</mark>	
Week of <u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	Reg or
10/16 – 10/20 Reg o	or <mark>Salad Re</mark> g	g or <mark>Salad Re</mark>	g or <mark>Salad</mark>	Reg or <mark>Salad</mark>	
Week of <u>Monday</u>	Tuesday	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	Reg or
10/23 – 10/27 Reg o	or <mark>Salad Re</mark>	g or <mark>Salad Re</mark>	eg or <mark>Salad</mark>	Reg or <mark>Salad</mark>	
Week of <u>Monday</u>	Tuesday	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	Reg or <mark>Salad</mark>
10/30 – 11/3 Reg o	or <mark>Salad Re</mark>	g or <mark>Salad</mark> No	O SCHOOL	Reg or <mark>Salad</mark>	

- Option A = Regular Lunch Choice •
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of Regular Lunches (A) ordered	X	\$3.40
Number of Salads (B) ordered	X	\$3.40
Less credit due		
Total Amount Enclosed	\$	

Cash or Checks may be made out to SSCPS



SOUTH SHORE CHARTER SCHOOL

OCTOBER, 2017

Breakfast

Monday	Tuesday W	ednesday Thursday	Friday	
2	3	4	5	6
Frosted Flakes	WG Apple Roll	WG Cinnamon Roll	3.6 oz. WG Banana Muffin	3.6 oz. WG Chocolate Chip Muffin
Whole Grain Crackers	Fruit	Fruit	Fruit	Fruit
Fruit	Juice	Juice	Juice	Orange Juice
Juice	Milk	Milk	Milk	Milk
Milk				
9 COLUMBUS DAY	10	11	12	13
	2 oz. Cereal	3.6 oz. WG Blueberry Muffin	3.6 oz. WG Chocolate Muffin	WG Apple Roll
VE A -	Fruit	Fruit	Fruit	Fruit
3- MA	Orange Juice Milk	Orange Juice	Orange Juice	Orange Juice
	IVIIIK	Milk	Milk	Milk
16	17	18	19	20
Cereal	3.6 oz. WG Banana Muffin	3.6 oz. WG Chocolate Chip Muffin	WG Cinnamon Roll	WG Bagel
Graham Crackers	Fruit	Fruit	Fruit	Fruit
Fruit	Orange Juice	Orange Juice	Juice	Orange Juice
Orange Juice, Milk	Milk	Milk	Milk	Milk
23	24	25	26	27
Cheerios	2 oz. Cereal	3.6 oz. WG Apple Muffin	Cereal	WG Cinnamon Roll
Graham Crackers	Fruit	Fruit	Graham Crackers	Fruit
Fruit	Orange Juice	Orange Juice	Fruit	Juice
Orange Juice Milk	Milk	Milk	Juice	Milk
MIIK			Milk	
30	31	NOV. 1	2	3
Cereal	WG Croissant w/Jelly	NO SCHOOL	WG Apple Roll	3.6 oz. WG Chocolate Chip Muffin
Graham Crackers	Fruit		Fruit	Fruit
Fruit	Juice	Professional Dev. Day	Orange Juice	Orange Juice
Orange Juice	Milk		Milk	Milk
Milk				
* All Meals include Choice of 19	% or Skim Milk. Circle a Mi	ilk Choice 1% Skim		* Complies with NSLP Regulations

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE

*Before placing your order, please inform the school if you have a food allergy!

Grade:	
Room:	



No. of Lunches:	
Amount Enclosed:	

SOUTH SHORE CHARTER PUBLIC

SCHOOL K-8

OCTOBER, 2017

					•••••				
LU	NCH MENU Circle A o	or B							
	MONDAY		TUESDAY		WEDNESDAY	THU	RSDAY FR	DAY	
2 A B	Chicken Parmesan Sub Broccoli Salad w/Tuna & WG Pita Bread Milk	3 A B	Ham & Cheese on WG Bun Chickpea Salad w/Veggies Salad w/Tuna & WG Pita Bread Milk	4	EARLY RELEASE	5 A B	Oven Baked Chicken Bites Green Bean Medley Whole Grain Roll Salad w/Tuna & WG Pita Bread Milk	6 A B	Cheese Pizza Carrots Potato Wedges Salad w/Tuna & WG Pita Bread Milk
9	COLUMBUS DAY	10 A B	Tuna Salad on WG Roll Chickpea Salad Salad w/Crunchy Chicken & WG Pita Bread Milk	11 A B	Sweet & Sour Chicken Broccoli Brown Rice Salad w/Crunchy Chicken & WG Pita Bread Milk	12 A B	Herbed Baked Chicken Green Beans Whole Grain Roll Salad w/Crunchy Chicken & WG Pita Bread Milk	13 A B	Cheese Pizza Carrots Potato Wedges Salad w/Crunchy Chicken & WG Pita Bread Milk
16 A B	Hamburger on WG Roll Vegetarian Baked Beans Salad w/Turkey & WG Pita Bread Milk	17 A B	Grilled Chicken Breast Veggie Pasta Salad Salad w/Turkey & WG Pita Bread Milk	18 A B	Sloppy Joe on WG Bun Green Beans Salad w/Turkey & WG Pita Bread Milk	19 A B	Chicken Quesadilla Corn Salad w/Turkey & WG Pita Bread Milk	20 A B	Cheese Pizza Carrots Potato Wedges Salad w/Turkey & WG Pita Bread Milk
23 A B	Pancakes & Sausage Potato Wedges Salad w/String Cheese & WG Pita Bread Milk	24 A B	Buffalo Chicken Wrap Chickpea Salad w/Veggies Salad w/String Cheese & WG Pita Bread Milk	25 A B	Ziti & Meatballs Broccoli Salad w/String Cheese & WG Pita Bread Milk	26 A B	Chicken Teriyaki on WG Bun Carrots Salad w/String Cheese & WG Pita Bread Milk	27 A B	Cheese Pizza Green Beans Potato Wedges Salad w/String Cheese & WG Pita Bread
30 A B	BBQ Chicken Green Beans Brown Rice Salad w/Tuna & WG Pita Bread Milk	31 A B	Chicken Caesar Wrap Chickpea Salad Salad w/Tuna & WG Pita Bread Milk		V. 1 NO SCHOOL PROFESSIONAL DEV. DAY	2 A B	Meatballs on WG Sub Potato Wedges Salad w/Tuna & WG Pita Bread Milk	3 A B	Cheese Pizza Carrots & Corn Salad w/Tuna & WG Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk. Circle a Milk Choice 1% Skim All Meals Include Fruit * Complies with NSLP Regulations ALL MENUS ARE SUBJECT TO CHANGE *Before placing your order, please inform the school if you have a food allergy! "This institution is an Equal Opportunity Employer"

Grade:	
Room:	



No. of Lunches:	
Amount Enclose	d:

SOUTH SHORE CHARTER PUBLIC

SCHOOL 9-12

OCTOBER, 2017

UN	NCH MENU Circle A o	or B							
	MONDAY		TUESDAY		WEDNESDAY	THU	RSDAY	FRIDAY	7
2		3		4		5		6	
4	Chicken Parmesan Sub Broccoli	Α	Ham & Cheese on WG Bun Chickpea Salad w/Veggies		EARLY	А	Oven Baked Chicken Bite Green Bean Medley	es A	Cheese Pizza Carrots
3	Salad w/Tuna &	В	Salad w/Tuna &				Whole Grain Roll		Potato Wedges
	WG Pita Bread		WG Pita Bread		RELEASE	В	Salad w/Tuna &	В	Salad w/Tuna &
	Milk		Milk				WG Pita Bread Milk		WG Pita Bread Milk
)	COLUMBUS DAY	10		11		12		13	;
	~	Α	Tuna Salad on WG Roll	Α	Sweet & Sour Chicken	Α	Herbed Baked Chicken	Α	
		-	Chickpea Salad		Broccoli		Green Beans		Carrots
		B	Salad w/Crunchy Chicken &	D	Brown Rice	n	Whole Grain Roll	0 D	Potato Wedges
	A CONTRACTOR		WG Pita Bread Milk	В	Salad w/Crunchy Chicken & WG Pita Bread	в	Salad w/Crunchy Chicken WG Pita Bread	& B	Salad w/Crunchy Chicken & WG Pita Bread
			MIIK		Milk		Milk		Milk
16		17		18	WIIK	19		20	
	Hamburger on WG Roll	17 A	Grilled Chicken Breast	18 A	Sloppy Joe on WG Roll	19 A	Chicken Quesadilla	20 A	
1	Vegetarian Baked Beans	A	Veggie Pasta Salad	A	Green Beans	A	Cincken Quesaunia Corn	А	Carrots
B	Salad w/Turkey &	В	Salad w/Turkey &	В	Salad w/Turkey &	В	Salad w/Turkey &		Potato Wedges
	WG Pita Bread	2	WG Pita Bread	2	WG Pita Bread	2	WG Pita Bread	В	Salad w/Turkey &
	Milk		Milk		Milk		Milk		WG Pita Bread
									Milk
23		24		25		26		27	1
4	Pancakes & Sausage	Α	Buffalo Chicken Wrap	Α	Ziti & Meatballs	Α	Chicken Teriyaki on WG	Bun A	
	Potato Wedges	_	Chickpea Salad w/Veggies		Broccoli	_	Carrots		Green Beans
B	Salad w/String Cheese &	В	Salad w/String Cheese &	В	Salad w/String Cheese &	В	Salad w/String Cheese &		Potato Wedges
	WG Pita Bread Milk		WG Pita Bread Milk		WG Pita Bread Milk		WG Pita Bread Milk	В	Salad w/String Cheese &
	MIIK		MIIK		IVIIIK		MIIK		WG Pita Bread Milk
30		31		NO	V.1	2		3	
A	BBQ Chicken	A	Chicken Caesar Wrap	1.0	NO SCHOOL	Ā	Meatballs on WG Sub	A	Cheese Pizza
-	Green Beans		Chickpea Salad			1	Potato Wedges		Carrots & Corn
	Brown Rice	В	Salad w/Tuna &		PROFESSIONAL DEV. DAY	В	Salad w/Tuna &	В	Salad w/Tuna &
B	Salad w/Tuna &		WG Pita Bread				WG Pita Bread		WG Pita Bread
	WG Pita Bread		Milk				Milk		Milk
	Milk								

* All Meals include Choice of 1% or Skim Milk. Circle a Milk Choice 1% Skim All Meals Include Fruit

* Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE

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