



Update

November 1 2017

Vol. 11, Issue 1

FROM THE 5-12 PRINCIPAL

Last month the Department of Elementary and Secondary Education awarded John and Abigail Adams scholarships to members of the class of 2018. The DESE awards this scholarship to students in recognition of outstanding performance on the high school MCAS exams. I am proud to announce the recipients from South Shore Charter Public School:

Cassandra Amicangelo
Nicholas Aniagu
Mary Antonellis
Paul Joseph Blanchard
Simmons Brown
Henry Chao
Zoe Childs
Tanner Demaggio
Jared Farmer

Giovanni Joseph
Jordan Lussier
Madison Mirabile
Katelin Morin
Wariinga (Lucy) Njoroge
Nicole Rousseau
Mia Strahm
Daniel Trocher
Alison Walsh

Congratulations! These eighteen students represent thirty-five percent of our Senior class! The scholarship provides a tuition waiver for up to eight semesters of undergraduate coursework at a Massachusetts state college or university. High School Seniors become eligible for the scholarship when they score at the Advanced performance level on one of the three high school state assessment tests in ELA, Mathematics, or Science; and score at the Proficient level or higher on the remaining two high school state assessment tests; and have combined scores from the three tests that place them in the top 25 percent of students in the graduating class in their graduating class at SSCPS or in their sending district. While tuition accounts for only a small percentage of the cost of attending a public college or university, over the course of four years the scholarship can save students up to \$7000. It is also an important public recognition of a significant academic achievement.

This year we also have two students that the National Merit Scholarship Corporation has named Commended Scholars based on their performance on the 2016 PSAT. This honor was only granted to approximately 34,000 of the over 1.5 million juniors who took the PSAT last fall. Commended Scholars make up approximately the top two percent of test takers. I'd like to recognize **Henry Chao** and **Jared Farmer** for earning this distinction. Congratulations! While commended scholars do not go on in the National Merit competition, they do become candidates for scholarships awarded by corporations and private businesses.

I extend my congratulations not only to the students mentioned above, but to the families and teachers that have supported their achievements. You all have a great deal to be proud of. Standardized testing is not the most glamorous aspect of education, but it can have some significant rewards at the high school level as families plan to pay for college costs. In other testing news, I'd like to remind everyone that I will be hosting an informational meeting about the next-generation MCAS on Friday, November 3rd at 8:00am at 100 Longwater Circle. The purpose of the meeting is to help you understand your child's scores and to answer questions that you might have about the new test. The intended audience is parents of students who took the grades 3-8 MCAS tests last spring. I hope to see many of you there!

Angie Pepin apepin@sscps.org

Friday	11/03	Parent MCAS Information Meeting at 100	8:00am
Saturday	11/04	Parents Association Meeting at 100	9:00am
Saturday	11/04	Arts and Craft Fair at the SSCPS Gym	9:00am-2:00pm
Tuesday	11/07	10 th Grade Field Trip to Salem	
Tuesday	11/07	Annual Book Fair at 100	
Wednesday	11/08	Annual Book Fair at 100	
Wednesday	11/08	Executive Committee Meeting	8:00am
Wednesday	11/08	MCAS High School ELA Retest	
Wednesday	11/08	9 th Grade Parent Meeting at 700	6:30-7:30pm
Thursday	11/09	MCAS High School ELA Retest	
Thursday	11/09	National Honor Society Induction at 700	6:00pm
Thursday	11/09	1 st Quarter Grades Distributed	
Friday	11/10	Veteran's Day Observed – No School	

IMPORTANT ANNOUNCEMENT FROM THE MUSIC DEPARTMENT

Due to a scheduling conflict there has been a change to the Winter Concert performances.

Thursday, December 7 – Grades 5-12

Thursday, December 14 - Grades K-4

Both concerts will be held at the Hingham High School Auditorium and begin at 6pm.

FROM THE HEALTH OFFICE

Reminder SSCPS is a NUT free school. This includes all types of nuts. Nothing should be brought in that contains nuts (such as Nutella, candy, cereal with cuts, peanut butter crackers or cookies, granola bars with nuts, etc.). Thank you for helping keep all students safe at school.

ATHLETIC UPDATE

Volleyball and Soccer Teams Vying for MCSAO Tournament Success

Congratulations to the High School Girls Volleyball team who has advanced to the semifinals of the MCSAO State Tournament by defeating Paulo Friere Charter of Holyoke on Monday. They will play Pioneer Charter of Everett on Wednesday, November 1st, at Salem Academy. If they win, then they will advance to the finals on Friday in Salem.

Congratulations to both high school soccer teams on their successful regular seasons. Both teams will be playing in the quarterfinal round of the MCSAO State Tournament on Thursday, November 2nd. The girls will play Boston Collegiate at Pope John Paul Park in Dorchester at 3:30, while the boys will play Codman Academy of Dorchester at Robert's Playground, Wentworth Street in Dorchester at 5:30pm.

Come out and support the teams as they try to secure our first MCSAO championship. Go Jaguars!

FROM THE GUIDANCE OFFICE



Calling all 9th Grade PARENTS...

SSCPS High School Guidance Department would like you to attend:

WHAT: Special Parent Meeting

WHO: 9th grade parents

WHEN: Wednesday, November 8th

TIME: 6:30-7:30PM

WHERE: SSCPS High School - 700 Longwater Drive

WHY: Meet guidance staff while discussing student Exit Standards & Graduation Requirements

Questions Contact:

Stephanie Chery, Guidance Counselor, schery@sscps.org, 781.982.4202 ext.290
Mary Carter, Director of Guidance, mcarter@sscps.org, 781.982.4202 ext. 306

LIBRARY NEWS



The Library Committee is hosting the annual **Fall Book Fair** on **Tuesday November 7th and Wednesday November 8th**. This event is a major fundraiser for the library, and profits are used to purchase new books for the library. The fair will be held in the front foyer of the school both days. Teachers bring their classes to the fair to browse and develop their 'wish lists', and students will then bring home their wish list plus an order form for purchases.

We have again partnered with local bookseller **Storybook Cove** in the Hanover Mall (www.storybookcove.com) to provide an outstanding selection of titles for K-12 students. The collection is available for browsing on both days, and the list is also available online at the bookstore website. In addition, you can access the browsing booklet and print an order form from the SSCPS website.

The order forms are due Tuesday November 14th.

Please return all sections of the triplicate order form along with payment (cash or check). Checks should be made out to SSCPS. Books will be delivered before the Thanksgiving break.



“Holiday Holds”: If you would like to order books as holiday presents, mark those titles on your order form with an ‘H’. **If you would like to keep this order a secret, we request that any orders with a Holiday Hold be dropped off at the FRONT DESK, not with the classroom teacher.** Those books will be delivered separately from the rest of your order.



Book Donation for Library: If your family would like to donate a book to the library, mark the title/s on your order form with a 'D'. We will put a bookplate with your family's name in the front of the book to acknowledge your donation.

- **Interested in volunteering at the Book Fair?** We need parents to help at the tables both days in half hour or hourly time slots from 8:30 am to 3:00 pm. **Please email Debbie Paquette at debbielbundrick@yahoo.com.**
- **Questions ?** Please email them to bbruce@sscps.org.

2018 YEARBOOK

Order Your 2018 Yearbook!

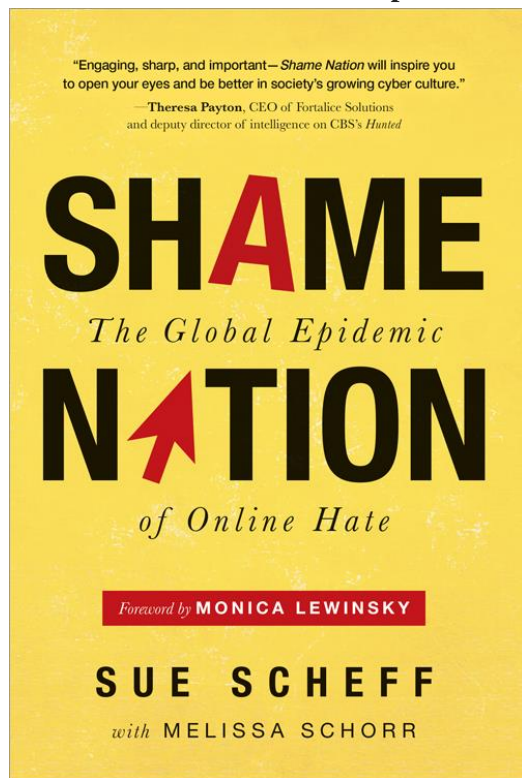
The 2018 yearbook is now in progress. To order online go to www.coffeepond.com. To login use school password: **bluejaguar**. **Parents of seniors may submit a special personalized page** that will appear in the back of the book at these rates: **Full page \$150, 1/2 pg. \$75, 1/4 pg. \$50. Due date is March 15th, 2018.** The yearbook staff can help with any design concerns.

Also there are still a few 2017 books left, please email Christine at cbodnar@sscps.org to get yours!

PARENTS ASSOCIATION

[Parents Association Next Steps Presentation](#) This presentation was put together by ninth grade parent, Heidi Aylward and reviewed by the remaining elected officials of the PA. Please review this presentation in its entirety as it contains an important guide to the next steps of the Parents Association as well as a timeline for the upcoming elections. Also within this presentation is a call to bridge some of the divide that has occurred within our parent community. We are asking all members of our school community to refrain from posting thoughts, opinions, questions, or excerpts of this information on social media. If you have any questions, please contact sscpspaelection@gmail.com

SHAME NATION Author to speak at the PA meeting this Saturday!



Join local author and journalist Melissa Schorr for a discussion about how to best protect and maintain your online reputation, based on her new book, **SHAME NATION: The Global Epidemic of Online Hate** (Sourcebooks 2017). She will speak on the book's best tips for combatting trolls, standing up to cyberbullies and preventing a digital disaster from affecting you or someone you love.

- How to secure your online identity
- Cleaning up your digital history
- The risks of oversharing/sharenting/sexting

Co-authored by internet safety advocate Sue Scheff and featuring a foreword by activist Monica Lewinsky, signed copies of the book will be available for purchase for \$20 cash.

Bio: Melissa Schorr is a contributing editor for the *Boston Globe Sunday Magazine*, where she writes features and edits the popular "Dinner with Cupid" matchmaking column. She is also the author of two young adult novels, *Goy Crazy* and *Identity Crisis*. She lives in Cohasset with her husband and her two daughters.

Visit her website at www.melissaschorr.com. Learn more at www.shamenationbook.com

FROM THE DEVELOPMENT OFFICE

The South Shore Charter Educational Foundation is officially kicking off the Annual Fund Giving Campaign. Revenues raised through our Annual Fund allow us to upgrade our library, improve our grounds, purchase SmartBoards, musical instruments, athletic equipment and supplies, and install water filtration systems. We have mailed each family a letter this week in an effort to get 100% participation. If every family contributes, we will achieve our \$75,000 goal this fiscal year. Feel free to make your fully tax deductible donation [on-line here](#). And please make sure you check with your employer for a company match. The company match is a wonderful program so please check the [link here](#).

If you'd like, you can drop off your Annual Fund contribution at [100 Longwater Circle](#) at the K-8 campus, or [700 Longwater Drive](#) at the High School.

Thank you for your continued support.

SCHOOL MEALS (BREAKFAST AND LUNCH)

Children need healthy meals to learn. The South Shore Charter Public School offers healthy meals every school day. Your children may qualify for free meals or reduced price meals.

If your child(ren) was eligible for free or reduced meal benefits last year, this does not automatically qualify your family for benefits this academic year. Your family **MUST complete a NEW 2017-2018 Meal Benefit application** and return it to Charlene Evans, Food Services Coordinator at SSCPS, UNLESS you have received a notification letter from the school this academic year notifying your family of approval of direct certification of meal benefits. [Click here](#) for the application for free or reduced price meal benefits.

If a your family was notified of free and reduced meal benefit eligibility this academic year, Your family **MUST** still complete a lunch and breakfast order form for each student for each day they wish to accept a meal benefit. You are able to complete meal orders on a weekly or monthly basis.

COMMUNITY SERVICE OPPORTUNITY

Emergency Supply Drive for Puerto Rico in Response to Hurricanes Maria and Irma has been extended!

Ben, Sam, and Josh Walker's doctor's office is collecting supplies to ship to Puerto Rico in response to Hurricanes Maria and Irma. Ben, Sam, and Josh are asking every SSCPS family to consider donating at least one item from the list below to be shipped to Puerto Rico in the next couple of weeks. The citizens of Puerto Rico are in desperate need of the most basic supplies for survival. Kindly place all donations in the large box located in the front lobby of 100 Longwater Circle. The collection drive is open from **Friday, October 6 – Friday, November 3**.

Emergency Supplies

- Bottled Water
- Baby wipes
- Hand sanitizer
- Diapers
- Canned foods
- Dry foods, such as peanut butter
- Baby formula
- Garbage bags
- Towels
- Canned milk
- Canned and dry pet food
- Baby and adult pain relief medicine
- Stomach and Diarrhea relief medicine
- Mosquito repellent and Mosquito Nets
- Blankets
- Pillows
- First-aid kits
- Laundry detergents
- Dish soap
- Cots

Thank you so very much! Ben, Sam and Josh Walker

**WEEKLY UPDATES ARE EMAILED AND POSTED ON OUR WEBSITE AT WWW.SSCPS.ORG
EVERY WEDNESDAY – TO RECEIVE A PAPER COPY PLEASE CONTACT PAM ALGERA EXT. 103
OR EMAIL PALGERA@SSCPS.ORG**



WINTER

COLLECTING FROM: 11/02-12/1

CLOTHING

DROPOFF Lobby at 100

DRIVE!!!!

-
- ME AND MY BROTHER ARE DOING A WINTER CLOTHING DRIVE FOR CRADLES TO CRAYONS A CHARITY FOR FAMILIES STRUGGLING TO AFFORD BASIC ITEMS FOR THEIR CHILDREN

-
- WHO'S COLLECTING?? - LILLIAN AND WILLIAM FITCH IN LEVEL THREE AND FOUR

WE NEED YOUR NEW OR GENTLY USED WINTER CLOTHING FOR CHILDREN AGE'S NEWBORN-12YEARS

NEEDED ITEMS:

- MITTENS/GLOVES
- SCARVES/HATS
- COATS
- SWEATSHIRTS
- LONG PANTS
- LONGSLEEVE SHIRTS
- PAJAMAS (NEW ONLY)
- SHOES (GENTLY USED)
- WINTER BOOTS
- SNOW PANTS
- WARM SOCKS (NEW ONLY)





Cross Country



Redeemable Can Drive

Bring redeemable EMPTY aluminum, plastic and glass cans and bottles in your car when you pick up your kids!

Monday-Friday Throughout the week
of October 30 to November 3 at
Dismissal

Location: 100 and 700



“Creativity is contagious. Pass it on.”

-Albert Einstein

Community through Creation an Art & Craft Fair Fundraiser

Saturday, November 4, 2017

9am-2pm

104 Longwater Drive

Norwell, MA

★Hassle-free parking at 100 Longwater Circle★



ART-CRAFTS-RAFFLES

- ⇒ SHOP LOCAL
- ⇒ EXPLORE ART AND CRAFTERS
- ⇒ START HOLIDAY SHOPPING
- ⇒ NETWORK WITH CREATIVE PEOPLE
- ⇒ SUPPORT OUR PUBLIC SCHOOL



Artists & Vendors, please reach out for a Vendor Registration Form if you're interested in participating!

Heidi Aylward (Parent Association Fundraising Chair)

Summer_Skies@msn.com

Proceeds benefit the SSCEF



**HALLOWWEN CANDY
GIVE BACK
OPPORTUNITY!!**

Charter Student Families

Please consider donating your unopened
Halloween candy to service men and women
overseas

(In partnership with South Shore Smiles
Dental Care in Braintree)

The Maccarrone family will be collecting all
candy donations for "Operation Gratitude"
between November 2nd and November 6th

Let's say **THANK YOU** to our Troops!

South Shore Medical Center has partnered with South Shore Safety to offer your child Safety Education classes



Child Safety Program

Home Alone, Staying Safe

Grades 4-6

- Is your child ready to stay home alone?
- Will your child be safe & responsible when home alone?
- Is your child "street smart" when going to and from the bus or school?

"Home Alone Staying Safe" is a 3-hour program which prepares kids for situations that can happen when staying home alone, from the unexpected knock on the door to the 911 emergency phone call. It will also help ease the minds of parents who decide the time has come to leave their kids home alone or with siblings. This interactive and fun course, taught by South Shore Safety health educators, covers a range of safety topics:

- **Safety to and from school**
- **Basic self defense moves**
- **Phone safety**
- **Food/cooking safety**
- **Basic first aid**
- **Choking prevention**
- **Heimlich Maneuver**
- **Handling emergencies**
- **Lots of prevention!**

Saturday, November 18, 2017

9:00 – 12noon

Cost: \$45 per person

Location: SSMC, 143 Longwater Dr, Norwell

Space is limited; Sign up early!

Call: 781-681-1363

Or email: southshoresafety2@gmail.com

South Shore
Medical Center

South Shore Medical Center has partnered with South Shore Safety to offer your child Safety Education classes.



Babysitter Safety Training

Grades 6-8

- Is your child mature enough to be a babysitter or a mother's helper?
 - Will your child be safe & responsible when babysitting?
 - Does your child know what to do in an emergency situation?
-

When parents choose to leave their children with a babysitter, they are looking for someone who is mature and fully prepared to handle emergency situations. Children want their babysitter to be lots of fun and creative. This interactive, hands-on, three-hour class, taught by South Shore Safety health educators, will help prepare your son or daughter to be the best babysitter on the block!

- Home safety
- Infant and child care
- Child development
- Basic first aid and choking rescue for infants and children
- Injury prevention
- How to handle emergencies
- Troubleshooting
- Healthy hints for meals and snacks
- Safe marketing strategies

Saturday, November 18, 2017

1:00 – 4:00 pm

Cost: \$45 per person

Location: SSMC 143 Longwater Dr. Norwell

Space is limited; Sign up early!

Call: 781-681-1363

Or email: southshoresafety2@gmail.com

South Shore
Medical Center

Holly Hill Farm & Friends

10/31/2017 FOR IMMEDIATE RELEASE:

Contact Info: *Friends of Holly Hill Farm*, 236 Jerusalem Road, Cohasset, MA 02025 www.hollyhillfarm.org 781-383-6565

UPCOMING EVENTS & ACTIVITIES

**PROUDLY ANNOUNCING HOLLY HILL FARM AWARDED
BEST FARM STAND SOUTH OF BOSTON 2017®,
BY BOSTON magazine!**

<http://www.bostonmagazine.com/best-of-boston/2017/holly-hill/>

FULL MOON FARM TO TABLE DINNER & SILENT AUCTION, Sat., Nov. 4th, 6-10pm

Our last dinner of the year will be held in our cozy greenhouse. Chef Tina Conte, of Garden to Garnish in Hanson, has created a menu celebrating Holly Hill Farm's late autumn harvest. Handmade spinach cannelloni, grilled swordfish with shishito pepper relish, curried pumpkin soup are just a few of the menu offerings! Organic wines and craft beers will be provided by David Mitchell of MISE, Inc. in Newton. The evening also includes our annual Silent Auction, featuring local artisan gift items including Jewelry by Sage, original artwork from Tina Watson and Becky O'Toole, gift baskets and gift certificates from local businesses. \$125/members, \$150/nonmembers. For online reservations go to hollyhillfarm.org. Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565

SAVE THE DATE FOR: HOLLY HILL FARM HOLLY DAY FAIR, Sat., Dec. 2, 10-3pm

9th Annual Holly Day Fair! Create your own wreath using freshly harvested evergreens from the woodlands of Holly Hill Farm, add a festive bow and it's ready to adorn your home! Brown Boar Farm's sizzling hot grilled sausages, homemade hot soup and beverages, local artisans to offer unique holiday gifts and more! Stay tuned for more news! Holly Hill Farm, 236 Jerusalem Road, Cohasset 781-383-6565 hollyhillfarm.org

NEW! FARM TO FOOD PANTRY VOLUNTEER WORK DAY, SAT., NOV. 11, 9-12pm

Come help make compost, harvest, build a garden bed, plant and tend at the farm's food pantry garden. Many tasks for willing volunteers. We have lots to harvest for Father Bill's in Quincy and there is garlic to plant as well. We will enhance the fence, construct a few new beds and add nutrients to these hard working garden beds, which have helped with our yield of over 400 pounds of organic produce this season, to local food pantries and kitchens. Hope to see you there. FREE EVENT. If you wish to make a donation, please send to Farm to Food Pantry Program at Holly Hill Farm, 236 Jerusalem Road, Cohasset. 781-383-6565 hollyhillfarm.org

FARM TO FOOD PANTRY COMMUNITY SERVICE FOR TEENS AT HOLLY HILL FARM!

The Farm to Food Pantry Program is a unique opportunity for teenagers aged 13-18. We have already started farming and working in the garden to grow produce. Autumn hours are Fridays from 3:00 to 5:00 and Saturday mornings from 9:00 to 12:00. Please contact us if you wish to complete your community service requirements at Holly Hill Farm while learning valuable growing and harvesting skills to last a lifetime. We will deliver produce to local food pantries come harvest time. For further fall program information and to register, contact Education Director, Jon Belber at 781-383-6565 or jbelberhollyhill@hotmail.com

HOLLY HILL FARM STAND OFFERING ORGANIC PRODUCE, SATURDAYS & SUNDAYS, 10:00 - 5:00pm

Our Farm Stand is open EVERY SATURDAY AND SUNDAY until December 2! Just picked greens and other vegetables, herbs and glorious floral arrangements from our fields to your table! Freshly baked breads from Hull's Bread Basket. Pick up some freshly made Mediterranean salads from To Dine For - plain, spinach/artichoke hummus, beet salad, etc. We have Narragansett Creamery yogurt, feta and mozzarella cheeses, fresh farm eggs when available. Shop early for best selection. Holly Hill Farm, 236 Jerusalem Rd., Cohasset, MA 02025 781-383-6565 hollyhillfarm.org Send email to friendsofhollyhillfarm@gmail.com if you wish to receive weekly news from our weekly farm stand and other farm events and programs!

SOUTH SHORE QUESTS: HIKING HOLLY HILL FARM, Through November 15, 2017

Questing is an educational treasure hunt and an outdoor experience that involves following a map and a series of clues to find a hidden box where you sign the guest book, leave your comments and an imprint of your personal stamp (if you have one). South Shore Quests are a great way to enjoy nature by turning a walk into a treasure hunt. Get your exercise while exploring wildlife and plants, learn a bit of geology and/or history in the bargain! Allow one hour to complete the Holly Hill Farm Quest through the farmyards and trails of surrounding woods. Quest books, \$5.00 and maps of the farm (\$3.00) are available for purchase in the Friends of Holly Hill Farm Office at 236 Jerusalem Rd., Cohasset, MA 02025. 781-383-6565. (Boots are recommended footwear). A full list of other quest locations can be found on southshorequests.org.



July 8 & 9 August 19 & 20 November 4 & 5

10am-4pm

www.hullartists.com

Always Free, Always Fun!

Breakfast Order Form
Breakfast for the Month of November, 2017
Due to the office by 3:00 pm, ***Tuesday**, November 7, 2017

Student Name _____

Pod Teacher/Advisor _____ Grade _____

Please **CHECK** off the day breakfast will be ordered.

~~Week of [] Monday [] Tuesday [] Wednesday [] Thursday [X] Friday~~
~~11/6 – 11/10~~

Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
11/13 – 11/17

Week of [] Monday [] Tuesday [] Wednesday [X] Thursday [X] Friday
11/20 – 11/24

Week of [] Monday [] Tuesday [] Wednesday [] Thursday [] Friday
11/27 – 12/1

Number of Breakfasts ordered _____ X \$1.85

Less credit due _____

Total Amount Enclosed \$ _____

Cash or Checks may be made out to SSCPS.

Lunch Order Form

Lunch for the Month of November, 2017

Due to the office by 3:00 pm, ***Tuesday**, November 7, 2017

Student Name _____

Pod Teacher/Advisor _____ Grade _____

*Please circle **one** choice per each day lunch is ordered.*

Week of	Monday	Tuesday	Wednesday	Thursday	Friday
11/6 – 11/10	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad	NO SCHOOL

Week of	Monday	Tuesday	Wednesday	Thursday	Friday
11/13 – 11/17	Reg or Salad	Reg or Salad	Reg or Salad	Early Release	Reg or Salad

Week of	Monday	Tuesday	Wednesday	Thursday	Friday
11/20 – 11/24	Reg or Salad	Reg or Salad	Early Release	NO SCHOOL	NO SCHOOL

Week of	Monday	Tuesday	Wednesday	Thursday	Friday
11/27 – 12/1	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad	Reg or Salad

- Option A = Regular Lunch Choice
- Option B = Salad Lunch Choice
- Can only choose 1 (one) option

Number of **Regular Lunches (A)** ordered _____ X \$3.40

Number of **Salads (B)** ordered _____ X \$3.40

Less credit due _____

Total Amount Enclosed \$ _____

Cash or Checks may be made out to SSCPS



Essence of Thyme and Cravings

SOUTH SHORE CHARTER SCHOOL
NOVEMBER, 2017

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
6 Frosted Flakes Crackers Fruit Juice Milk	7 2 oz. Cereal Fruit Juice Milk	8 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	9 3.6 oz. WG Chocolate Muffin Fruit Orange Juice Milk	10 NO SCHOOL
13 Cereal Graham Crackers Fruit Orange Juice Milk	14 3.6 oz. WG Banana Muffin Fruit Orange Juice Milk	15 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk	16 WG Cinnamon Roll Fruit Juice Milk	17 WG Bagel Fruit Orange Juice Milk
20 Cheerios Graham Crackers Fruit Orange Juice Milk	21 2 oz. Cereal Fruit Orange Juice Milk	22 3.6 oz WG Banana Muffin Fruit Orange Juice Milk	23 	24 NO SCHOOL
27 Cereal Graham Crackers Fruit Orange Juice Milk	28 WG Croissant w/Jelly Fruit Juice Milk	29 3.6 oz. WG Blueberry Muffin Fruit Orange Juice Milk	30 WG Apple Roll Fruit Orange Juice Milk	DEC. 1 3.6 oz. WG Chocolate Chip Muffin Fruit Orange Juice Milk

* All Meals include Choice of 1% or Skim Milk.

Circle a Milk Choice 1% Skim

* Complies with NSLP Regulations

PLEASE MAKE A MEAL CHOICE BY CIRCLING THE DAY BREAKFAST IS DESIRED.

ALL MENUS ARE SUBJECT TO CHANGE

***Before placing your order, please inform the school if you have a food allergy!**

Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL K-8
NOVEMBER, 2017

LUNCH Circle A or B
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6 A Oven Baked Chicken Bites Potato Wedges B Salad w/Crunchy Chicken & WG Pita Bread Milk	7 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	8 A Sweet & Sour Chicken Brown Rice Broccoli B Salad w/Crunchy Chicken & WG Pita Bread Milk	9 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	10 NO SCHOOL
13 A Hamburger on WG Roll Vegetarian Baked Beans B Salad w/Turkey & WG Pita Bread Milk	14 A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	15 A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	16 A Chicken Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	17 A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
20 A Pancakes & Sausage Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk	21 A Buffalo Chicken Wrap Chickpea Salad w/Veggies B Salad w/String Cheese & WG Pita Bread Milk	22 No Lunch Early Release	23 Happy Thanksgiving	24 NO SCHOOL
27 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	28 A Ham & Cheese on WG Bun Chickpea Salad B Salad w/Tuna & WG Pita Bread Milk	29 A Chicken Parmesan Sandwich Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	30 A Ziti & Meatballs Broccoli B Salad w/Tuna & WG Pita Bread Milk	DEC. 1 A Cheese Pizza Carrots & Corn B Salad w/Tuna & WG Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk. Circle a Milk Choice 1% Skim *All Meals Include Fruit* * Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE *Before placing your order, please inform the school if you have a food allergy!

"This institution is an Equal Opportunity Employer"

Grade: _____
 Room: _____



No. of Lunches: _____
 Amount Enclosed: _____

SOUTH SHORE CHARTER PUBLIC SCHOOL 9-12
NOVEMBER, 2017

LUNCH Circle A or B
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6 A Oven Baked Chicken Bites Potato Wedges B Salad w/Crunchy Chicken & WG Pita Bread Milk	7 A Tuna Salad on WG Roll Chickpea Salad w/Carrots B Salad w/Crunchy Chicken & WG Pita Bread Milk	8 A Sweet & Sour Chicken Brown Rice Broccoli B Salad w/Crunchy Chicken & WG Pita Bread Milk	9 A Herbed Baked Chicken Green Beans Whole Grain Roll B Salad w/Crunchy Chicken & WG Pita Bread Milk	10 NO SCHOOL
13 A Hamburger on WG Roll Vegetarian Baked Beans B Salad w/Turkey & WG Pita Bread Milk	14 A Grilled Chicken Breast Veggie Pasta Salad B Salad w/Turkey & WG Pita Bread Milk	15 A Sloppy Joe on WG Bun Green Beans B Salad w/Turkey & WG Pita Bread Milk	16 A Chicken Quesadilla Corn B Salad w/Turkey & WG Pita Bread Milk	17 A Cheese Pizza Carrots Potato Wedges B Salad w/Turkey & WG Pita Bread Milk
20 A Pancakes & Sausage Potato Wedges B Salad w/String Cheese & WG Pita Bread Milk	21 A Buffalo Chicken Wrap Chickpea Salad w/Veggies B Salad w/String Cheese & WG Pita Bread Milk	22 No Lunch Early Release	23 	24 NO SCHOOL
27 A Chicken Teriyaki Brown Rice Green Beans B Salad w/Tuna & WG Pita Bread Milk	28 A Ham & Cheese on WG Bun Chickpea Salad B Salad w/Tuna & WG Pita Bread Milk	29 A Chicken Parmesan Sandwich Potato Wedges B Salad w/Tuna & WG Pita Bread Milk	30 A Ziti & Meatballs Broccoli B Salad w/Tuna & WG Pita Bread Milk	DEC. 1 A Cheese Pizza Carrots & Corn B Salad w/Tuna & WG Pita Bread Milk

* All Meals include Choice of 1% or Skim Milk. Circle a Milk Choice 1% Skim *All Meals Include Fruit & Juice* * Complies with NSLP Regulations

ALL MENUS ARE SUBJECT TO CHANGE *Before placing your order, please inform the school if you have a food allergy!

This institution is an Equal Opportunity Employer