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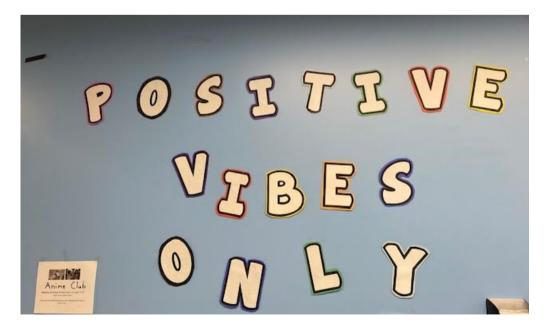


Weekly Update | March 16, 2022

Vol. 3, Issue 3

A Message from Joe

March can be a very long and drawn out month for students at SSCPS. It lies in between two months that include a week break and it commences MCAS season, including the preparation and stress it brings. The High School will continue to convey a message of hope and positivity as we continue on to march (no pun intended) to the end of the school year. We find ourselves about two-thirds of the way from the last day of school. With masks now being optional and the weather getting warmer, there is hope in a very positive manner—one such hope to regain some normalcy that was lost in the past two years.



Our Counseling Department, along with Michelle Gallagher, designed Advisory lessons serving as "Motivational Mondays." Every Monday, during the students Advisory block, students will be participating in an activity that helps motivate them.

On the first Monday, our Guidance Counselor, Stephanie Chery, developed a lesson to inspire students to write a letter to provide someone with hope while promoting kindness and empathy. The lesson started with the following quote for the Advisory class to ponder: "In a world where you can be anything, be kind." This served as a reminder to choose kindness in your words, thoughts and actions. Using the website moreloveletters.com, students read profiles of individuals that could use some hope, kindness, and acknowledgement in their life. They chose a person to write a letter or postcard to and Stephanie sent their kind words that week. This lesson was part of SSCPS Kindness Day in the High School. Kindness day lasted all week, as students were greeted daily with upbeat music, disco balls, lights, bubbles and different decorations to get the students off to a positive start daily.







This past Monday, Dan Costin invited a guest to visit our advisories virtually through Zoom. Wes, representing the organization Minding your Mind, talked to our students about his experience with mental health and how he found success. Minding your Mind is an organization that works to promote and provide mental health education to adolescents, teens, young adults, parents, and teachers. Learn more about Wes and Minding your Mind at MindingyourMind.org.



Speaker Wes of Minding your Mind.

On Monday, March 21st, we will be hosting another guest speaker to give our students a motivational "pep talk" style sports presentation on life and how to be successful. Jerry Thornton is a sports writer, author, comedian, and podcast host based in the Boston area. He has written many Boston based sports columns and

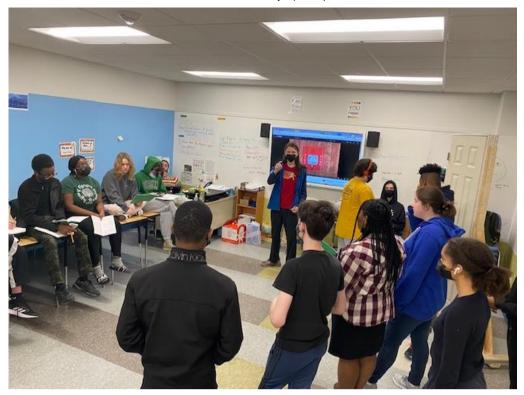
books including *Darkness to Dynasty: The First 40 Years of the New England Patriots*. He is the former co-host of WEEI sports radio's "Dale and Holley with Thornton" and NBC Sports Patriots pregame show. He currently writes daily sports blogs for Barstool Sports and hosts an NFL podcast. We are looking forward to listening to his story. On March 28th, plans are still being finalized. Looking forward to what the team has in store!

On March 7th, Guidance hosted a college panel for our Juniors. The panel consisted of representatives from Bridgewater State University, Suffolk University, Regis College, UMass Dartmouth, and Framingham State University. Each panelist gave an overview of their school and answered questions about college from the Junior Class. Thank you to Mary Carter for organizing the event.

Exhibitions of Mastery have begun in the High School. On March 8th, 2022, The Mock Trial Workshop held its EOM with an outside judge in the Great Room during Workshop and afterschool.



On March 19th, the Theater Workshop will be attending the annual Massachusetts Educational Theater Guild at Duxbury High School. They will be competing against local schools in the drama festival. Good luck!



Thank you for the continued efforts of faculty and students that make these events possible and successful. The High School will continue to convey a message of hope and positivity as we continue on to march to the end of the school year!

--

Joe Kay

Assistant High School Principal

Today: SSCPS National Honor Society Blood Drive



The need is constant.
The gratification is instant.
Give blood."

Redcrossblood.org | 1-800-RED CROSS

SSCPS Blood Drive

PE Space- 104 Longwater Dr.

Wednesday March 16, 2022

1:00- 6:00pm

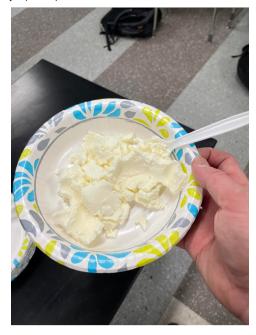
Sign up through the following Red Cross link and type in zip code, 02061:

CLICK HERE

More from the High School Chemistry Activities: Homemade Ice Cream









Students Ronan Ainsley, JJ Facey, Magnus Duran, Jacob Snee and Cecilia Medina practice chemical reactions that create homemade ice cream during Mr. Dreyer's chemistry class.

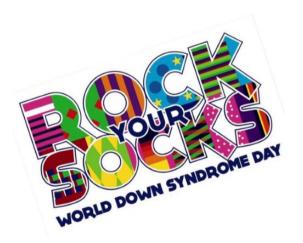


It is with great honor that SSCPS presents this scholarship in the name of Jacquelyn Marie Brock. This scholarship will be awarded to a SSCPS senior that has been accepted to an accredited institution of higher learning with plans to study any related career in the arts and/or creative writing curriculum.

A link to the scholarship application can be found below.

SENIORS APPLY HERE

SSCPS and the Diversity Committee invites you to...



When: Monday, March 21, 2022

Where: Our school (SSCPS) and your community

Why: World Down Syndrome Day is a global awareness day that has been officially observed by the United Nations since 2012. Since people with Down Syndrome have an extra (3rd) copy on the 21st chromosome, and socks are shaped like chromosomes, wearing crazy, funny, and cool socks that day helps to support and create awareness of these unique individuals in our school community with the "bonus" chromosome!

We are challenging ALL members of our community to "rock their socks" in an effort to show how people with Down Syndrome are an integral part of our school:) #inclusionforall

Inclusive Kicks Program - Saturdays in April



A Message from the Go Green Workshop

Hello parents of SSCPS!

You are hearing from Sawdah and Adria of the Go Green workshop in the high school. As a part of our spring project, we have been researching ways to keep the school community eco-friendly and are working to inform the rest of the school community about this topic. We created a short slideshow for the teachers to show the students of grades 1 through 4, containing ways to keep SSCPS "green". Feel free to take a look at the slideshow attached and let us know your thoughts. We also invite you to complete a short survey to learn "how many earths would we need if everyone lived like you?" If you have any questions please feel free to reach out to us and we hope this will inspire our school to stay green!

--

Sawdah Osman and Adria Sunnerberg

Ways to Keep SSCPS Green

Ecological Footprint Survey

UPCOMING COMMUNITY EVENTS

Visions of Community Virtual Conference - 3/19



DDS Training Workshop - 3/21

The Transition Years: A Mini Series

DDS 101 Training

This free workshop will provide need to know information about the Department of Developmental Services as the transition from high school to life after high school approaches.

You will learn about:

- ELIGIBILITY: How do I become eligible for DDS Services?
- AREA OFFICE: What is the role of the DDS Area office?
- FAMILY SUPPORT: What can Family Support provide to my family, and what are the limitations?
- SELF-DIRECTION: What are Self-Directed Services and how do they differ from Traditional Services?
- AUTISM SERVICES: What support is available to my family member with autism, and how do we access it?

When: Monday, March 14th, 6:00pm -7:30pm

Where: Virtually via WEBEX

Follow This Link To Register: https://conta.cc/33j29l4

In Our Words: Navigating the Transition Years

This free presentation will introduce you to 3 women who currently receive supports from DDS. They will discuss their experiences navigating their transition years, relationships, and Agency with Choice.







Celia Walsh

Shelby Richardi

Lauren Richardi

When: Monday, March 21st, 6:00pm -7:30pm

Where: Virtually via WebEx

Follow This Link To Register: https://conta.cc/3gNB9xe

<u>Sibshops Virtual Classes - 3/23-4/27</u>

www.pcfamilysupport.org



Sibshops are fun, action-packed workshops for children (age 7-18) who have a brother or sister wit special needs to connect with others that get it.

You're invited to our Spring 2022

Sibshops!!

A program just for SIBS with

special needs. It gives us great pleasure to share this amazing opportunity with you, to provide you an engaging, and fun way to meet new friends that may get things on a whole new level.

My name is Jennifer Roback, a certified Sibshop facilitator. I am a teacher, and mom to three beautiful children. I look forward to sharing this experience with you.

Virtual

Classes!

We will be offering a FREE 6-week online series

Wednesday Evenings

5:30-6:30pm

3/23/22-4/27/22

*access link to be provided after signing up



To Register-Name:

Parent/

Guardian: Email:

Phone:

Send to:

Age:

Cari Robbins

Plymouth County Family

Support

118 Long Pond Rd Ste 100 Plymouth, Ma 02360

508-927-4520 ext100

carir@pcfamilysupport.org

FREE VIRTUAL CONCERT -**BOSTON SYMPHONY ORCHESTRA**

The Boston Symphony Orchestra is offering free access to a Family Concert until March 19th, 2022. Click the button below to view!

VIEW CONCERT

COMMUNITY SERVICE OUTREACH

The SSCPS community is accepting donations in order to provide "Kindness Bundles" to those in need. In this colder weather, some items in higher demand are hats, gloves, socks, and the like. Both new and gently used items are welcomed.

Donations are being collected through the month of March-please feel free to visit the link below to view the list of desired items. All donations can be delivered directly to SSCPS in the bin front or the bin in room 101.

Donation Website

Traffic Reminder

We appreciate your efforts to be a good neighbor to our surrounding office buildings. We are asking that all cars waiting in line not use neighboring properties as places to park or drive through when dropping off or picking up your students. Please do not block our neighbors' driveways and entrances during drop off or pick up.

Thank you for your cooperation and understanding.

At-Home Rapid Antigen Testing (NEW opt-in form)

- 1. At-Home Rapid Antigen Testing on Sunday (NEW opt-in form)
- 2. Routine COVID Safety Checks every week (If you have not yet signed up, <u>click here</u>. If you are setting up a secondary account, please put the code: **KDHEHV** under the organization code.)
- 3. Symptomatic Testing (If you have not yet signed up, click here)

Overview: At-Home Rapid Testing Program

- About the Test: <u>iHealth</u> is a 15-minute at-home FDA-approved rapid antigen test
- Opt-In: To participate, you must opt in by completing the form. By opting in, you will agree to review the training materials for test administration, report positive test results to your student's school, and administer the tests according to SSCPS Health Office guidelines.
- Weekly: Every two weeks you will receive an iHealth at-home rapid test kit.
 Each kit contains two individual tests. Your student will administer one test each week on Sunday.
- Reporting Positive Test Results: If your student tests positive on an at-home
 antigen test, you will inform their school of the positive result using the
 [Positive Test Result Notification form]. The school will keep the results
 confidential and will not make individual results public. In addition, it is strongly
 recommended that you inform your healthcare professional of the positive
 result.
- Easy, Free, and Flexible: This test is administered at home (not at school),
 reducing the burden on school staff and time to administer tests and increasing
 a family's flexibility to do testing in the home for free.

How do I administer the test?

- Click here for a full "how to" written guide in various languages
- Click here for a video of an individual self-testing

How do I submit results?

- Submit Results: You must submit positive test results to your student's school. <u>Click here</u> to submit positive test results.
- Confidentiality: Positive test results are shared with your school district for informational purposes only. Individual results will remain confidential, and they will never be made public.

Darcie Edwards, RN

(she/her/hers) SSCPS School Nurse 781-982-4202 x104 dedwards@sscps.org

More from the Health Office

Per Massachusetts guidelines, all students in Grades 1, 4, 7, 10 are to have a height and weight done at school. We will be starting this after February vacation week. Please contact the appropriate health office if you would like to opt your student out of this.

You can still sign up for the opt-in at home weekly COVID testing. Please have your student drop off the signed paperwork to the health office. You only need to report a positive COVID test result.

Free COVID-19 Vaccine Clinic & Test Site

Beginning on Tuesday February 8, 2022, the Town of Marshfield is offering a COVID 19 vaccine and testing site at the Marshfield Fairgrounds 61 South River Street in Marshfield. The clinic is open for all Plymouth County residents on Tuesdays, Thursdays, and Saturdays from 9am-3pm. Appointments can be made by logging onto www.marshfieldcares.com or the service is also available for walk-ins. The clinic has all 3 vaccines and boosters, if you have your vaccination card, please bring it with you. The vaccinations and test are done through a drive-thru operation that is free and convenient.

FY22 School Calendar Modifications

On December 9th, the SSCPS Board of Trustees voted to modify the FY22 School Calendar due to instructional days missed.

Changes are as follows:

On April 15th, there will be a half-day to make up for the snow day on January 7th. Religious exemptions will be granted.

There will be no school on June 20, the state holiday Juneteenth.

From the Yearbook Committee:

The 2022 yearbook is coming - now is your chance to order yours! Yearbooks are back to their normal pricing of \$40 each.

To order yours, head to the <u>Coffee Pond website</u> and enter the password "bluejaguar".

Parents of seniors can have a personalized page in the yearbook as well.

SENIOR AD PRICING:

-full page: \$150 -half page: \$75 -1/4 page: \$50

Home Energy Assistance Progams

Low Income Home Energy Assistance Program (LIHEAP) - Known commonly as Fuel Assistance, the Low Income Home Energy Assistance Program provides eligible households with help in paying a portion of winter heating bills.

Heating System Repair & Replacement Program (HEARTWAP) - The

Heating System Repair and Replacement Program provides emergency heating system repair and replacement services to lowincome households.

Weatherization Assistance Program (WAP) - Funded by the U.S. Department of Energy, the Low Income Weatherization Assistance Program provides eligible households with full-scale home energy conservation services.

For full details please review the link here: https://www.mass.gov/home-energy-assistance-programs

Housing Help

Paying rent or a mortgage can be especially challenging during a pandemic. The Massachusetts Department of Housing and Community Development has centralized information about resources for families struggling to make rent or mortgage payments due to COVID-19. If you or another family you know needs assistance, please click below for more information.

HOUSING HELP

Food Service - Breakfast and Lunch Program

April Breakfast and Lunch Order Forms are now available!

All students enrolled at SSCPS qualify for Free Breakfast and Lunch for the 2021-2022 academic year. Please click on this link - FamilyID Online

Registration - and register for meals. If you have any questions, contact me at csalamone@sscps.org or at 781-982-4202 x156.



The Parents Association is working to ensure teachers can fill their classrooms with the items they need. To help support our teachers and their classrooms, please view the wishlists below.

Thank you!

VIEW WISHLISTS

This Week | Up and Coming

Wednesday	03/16	Blood Drive hosted by the National Honor at the SSCPS Gym, 104 Longwater Drive	1-6pm
Thursday	03/17	High School Advance Placement Meeting via Zoom	10:15am
Friday	03/18	Professional Development Early Release	12:00pm
Saturday	03/19	High School Drama Festival in Duxbury	
Tuesday	03/22	MCAS ELA Grade 10	
Wednesday	03/23	MCAS ELA Grade 10	
Wednesday	03/23	Parents Association Meeting via Zoom	6:30pm

IMPORTANT LINKS

Weekly Updates are emailed and posted to our website www.sscps.org every Wednesday.

- Back-to-School Information
- Food Service
- COVID-19 Protocols 2021-22
- Health Office
- Massachusetts Department of Transitional Assistance
- Visit the Parents Association Website
- Visit our new online option to <u>purchase</u>
 SSCPS apparel!

School Documents:

2021-22 School Calendar

Student and Family
Handbook

<u>Arrival and Dismissal</u> <u>Procedures</u>

SSCPS By-Laws

Here are links to upcoming events and other items of interest. Please contact Pam Algera at palgera@sscps.org to submit SSCPS items for publication.



SOUTH SHORE

INSPIRING EVERY STUDENT TO EXCEL IN ACADEMICS, SERVICE, AND LIFE.











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www.sscps.org

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