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## Weekly Update | April 26, 2023

Vol. 4. Issue 3

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### A Message from TC

Spring is a season of growth and change, and I encourage you to take advantage of the opportunities it presents. Whether it's taking a walk in the park, trying new activities, or refreshing your mind and body, there are many ways to embrace the newness of spring. This season is also the beginning of grade level transitioning and matriculation for students.

As we approach the end of another school year, I wanted to touch on the topic of transitioning grades in high school. Moving from one grade to the next can be both exciting and challenging. However with the right support and preparation, it can be a smooth and successful experience.

One of the biggest changes in high school is the increase in academic rigor. High school courses are generally more challenging, requiring students to be more self-directed in their learning. In order to prepare for this transition, it's important for students to maintain good study habits and work hard throughout the school year. This will help them develop the necessary skills and habits to succeed in high school.

In addition to the increased academic demands, students will face new social and emotional challenges in high school. The high school environment can be very different from middle school, and students may need to navigate new relationships, cliques, and social dynamics. It's important for parents and guardians to have open and honest communication with their children, and to provide them with the necessary tools and resources to manage these challenges which will help to support them through this transition.

We encourage students to get involved in extracurricular activities such as sports teams, clubs, and community service projects to help make the transition to high school as smooth as possible. These activities provide a great opportunity for students to meet new people, develop new skills, and build confidence.

As we move into the journey of switching from high school to college, it's natural to feel a mix of excitement and anxiety. This can be a significant change, and it's important to understand the benefits and challenges you might face during this timeframe. College offers increased independence, diverse learning opportunities, networking opportunities, and career preparation. However, it also comes with its own set of challenges such as

adapting to a new environment, managing time and responsibilities, balancing academics and social life, and financing education.

Shifting from high school to college can be an exciting and enriching experience, but it also comes with its own set of challenges. It's important to be prepared and have a support system in place to help overcome these challenges and make the most of your college experience.



NHS Student/Faculty Basketball Game

We hope this message has provided you with helpful information and insights into the transition process. If you or your child are feeling overwhelmed, please don't hesitate to reach out to a counselor or other support staff for help. We are here to support and guide you every step of the way.

--  
**Christophe Teulet-Cote**  
High School Assistant Principal

# FROM THE HEALTH OFFICE

With spring upon us the health office wanted to send out some reminders.

- Caffeinated beverages are not allowed in the K through 8 building. This includes coffee, energy drinks and soda.
- Please make sure to check your students for ticks daily, although students are not allowed in the woods, ticks can travel.
- Sunscreen and bug spray can not be applied at school. Please apply bug spray or sunscreen before sending your student to school in the morning.
- Please send your students to school daily with a reusable water bottle.
- Level I students should have a complete change of clothes in their backpacks.

Please keep your students home if they have any off the following symptoms/illness

- Fever greater than 100.0
- Vomiting/diarrhea in last 24 hours
- Not able to manage cough/nasal congestion
- Test positive for COVID

When can my student return to school

- Fever free for 24 hours without medication (if you give Tylenol or Motrin in the morning, please keep student home from school)
- No vomiting/diarrhea for 24 hours
- Well enough to stay at school for the day



Thank you students and families who participated in the American Heart Association Kids Heart Challenge! We received this letter today:

April 26, 2023

Heather Brems

South Shore Charter Public School

100 Longwater Cir

Norwell, MA 02061

Dear Heather Brems:

On behalf of the American Heart Association, thank you very much for raising \*\$4,473.12 with your school's recent Kids Heart Challenge /American Heart Challenge program.

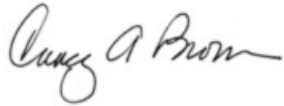
Families and schools are critical links in providing the foundation for cardiovascular wellness in our country. Your support and participation in the Kids Heart Challenge/American Heart Challenge makes a tremendous impact in helping millions of Americans through increased awareness of cardiovascular disease, lifesaving scientific research and critically needed education efforts.

The American Heart Association's grant program offers participating schools grants of \$250 up to \$2,500 for health and wellness initiatives including physical activity equipment. Eligibility requirements can be found [here](#).

Additionally, we offer monthly Learning Series webinars for educators, which may qualify for professional development hours. You can view all our [school and teacher benefits](#) that we offer.

Together, we are fierce — a relentless force for a world of longer, healthier lives. Thank you for your continued support and dedication to our mission.

With heart,



Nancy Brown  
Chief Executive Officer  
American Heart Association

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## UPCOMING SCHOOL EVENTS

*SSCPs PROM COMMITTEE PRESENTS...*

# D DRIPPING IN L LUXURY

FRIDAY  
MAY 12

AT THE TIRELL ROOM  
254 Quarry St. Quincy, Ma, 02169  
07:00pm-11:00pm

*Featuring:*  
dj **JUUKES**

EARLY TICKET SALES START  
**\$65** March 20th-24th, 27th-31st  
Full plated food provided and drinks !!





# Literacy Night is coming!

Thursday, May 4th, from 6 to 7 p.m.

Families of grades K-4 students, please join us for Literacy Night! Your children will hear stories read or told aloud to them in English and other languages by teachers and volunteers.

*Pajamas and slippers are appropriate dress!*

If you have any questions please contact:

Kristen Gale (kgale@sscps.org) 781-982-4202 x344

*This is not a drop off event. Please plan for an adult to attend with your child.*

SSCPS SENIOR CLASS  
**FOOD DRIVE**  
COLLECTION DATE: APRIL 5TH-MAY 3RD

FOOD IS A HUMAN RIGHT AND IS AN IMMEDIATE AND TANGIBLE WAY TO HELP SOMEONE. EVERY DONATION OF FOOD CAN MAKE A DIFFERENCE. OUR GOAL IS 500 CANS: HELP US REACH IT!

DONATE FOOD IN THE DONATION BOX IN YOUR HOMEROOM. THE HOMEROOM THAT COLLECTS THE MOST FOOD GETS A POPSICLE PARTY!

IF YOU HAVE QUESTIONS ABOUT WHAT ITEMS TO DONATE, CHECK WITH YOUR HOMEROOM TEACHER.

**NON-PERISHABLE FOOD ITEMS:**

- (cluded but is the most needed)
  - Canned or Dry Soups
    - Lentil soup
    - Minestrone soup
    - Split pea soup
    - Tomato soup
    - Vegetable soup
    - Vegetable stock
  - Canned Stews and Chili
    - Turkey chili
  - Canned Vegetables
    - Tomatoes
    - Green beans
    - Green string beans
    - Carrots
    - Corn
    - Pumpkin
    - Spinach
    - Tomatoes
    - Artichokes
  - Canned Fruit
    - Peaches
    - Apples
    - Prunes
  - Canned Meats
    - Canned Tuna and Salmon
    - Peanut Butter
    - Jelly (for glass)
    - Tea Bags
    - Coffee (Ground No Sugar)
    - Canned Pasta
    - Canned Pasta (Spaghetti "10's")
    - Hot and Cold Cereals
    - Rice
    - Cakes/Mixes
    - Pancake Mix
    - Syrup
    - Powdered Milk
    - Packaged Pasta (Macaroni & Cheese, etc.)
  - Juice Boxes
  - Canned Salads
  - Canned Beans
  - Spam
  - Canned Gravy
  - Granulated Sugar
  - Baby Food & Cereal (Glass Jars Accepted)
  - Baby Formula (Infant/Similac)
  - Granola Bars
  - Cereal Bars
  - Others:
    - Brown rice
    - Grits
    - Oats
    - Pasta
    - Raisins
    - White rice
    - Almonds
    - Almond butter
    - Cashews
    - Cashew butter
    - Chia seeds
    - Hazelnut butter
    - Pumpkin seeds
    - Sesame seeds
    - Walnuts
    - Anchocho oil
    - Bottled water
    - Creamer milk
    - Coconut milk
    - Coffee & tea
    - Dark chocolate
    - Protein bars
    - Jerky
    - Maple syrup & honey
    - Non-dairy creamer
    - Olive oil
    - Raisins
    - Bane broth

These are all just examples. If you're unsure about an item not on this list, feel free to do a quick Google search!

# SPRING INTO GIVING



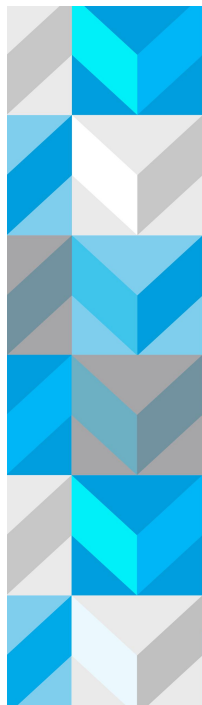
Spring is finally upon us at SSCPS. It's hard to believe that our school is now 28 years old. Where has the time gone? Those early days—the foundation of who we are today—are an important part of our story, and so are you! We are so proud that you have chosen to send your child to our school and have become part of the South Shore Charter Public School story. Together, our stories have shaped this wonderful community into what it is today.

SSCPS has much to offer this spring, and that's largely made possible by the generous donations from our community. Get a glimpse of upcoming special events and athletics that are right around the corner this season at SSCPS [here](#). The money raised toward our Annual Fund this month will be put to use toward the area of greatest need at the end of the school year. Help us reach our \$50k fundraising goal and support the future of SSCPS!

**MAKE A DONATION!**

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**ORDER YOUR YEARBOOK!**



# Your school memories from cover to cover

*Tus recuerdos escolares de principio a fin.*

Visit [ybpay.com](https://ybpay.com) to order your yearbook today!

*¡Ingresa a ybpay.com para encargar tu anuario hoy!*

**Order Deadline:**

Fecha Tope Para el Pedido:

**04/28/2023**

**Yearbook ID Code:**

Código ID del anuario:

**14917723**

Contact our Help Center for assistance at [lifetouch.com/support-us](https://lifetouch.com/support-us). Select Yearbook Orders for assistance.   
 Comunícate con nuestro Centro de Ayuda para recibir asistencia en [lifetouch.com/support-us](https://lifetouch.com/support-us). Selecciona Pedidos del Anuario para recibir asistencia.

EVTG3FX8C South Shore Charter Public School  
YB23USYBPY © 2022 Shutterfly Lifetouch LLC

**Lifetouch**

To order your yearbook click the button below!

**Yearbook ID code:** 14917723

**Order deadline:** 04/28/2023

## Order Your Yearbook!

The Yearbook Design Team kindly requests any interested students to submit a design for the cover page of the yearbook. Students will have the opportunity to choose their first choice from a list. Interested parties of designer students will have until-mid February to submit their creations. The competition is open to the entire school and the theme should be anything SSCPS!

# COMMUNITY SERVICE OPPORTUNITIES

**Interfaith Social Services - Stop the Stigma 5K**





**5K SPONSORS:**



Each year, Interfaith Social Services organizes the Stop the Stigma 5K to support our loved ones, inspire acceptance, and challenge stigmas. On Saturday, April 29 at The Kennedy Center, there will be a race for this year's End the Stigma 5K.

Students who participate in the race will earn 6 community service hours. Register [here](#).

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## COMMUNITY INTEREST



**EMPLOYERS**

LocalMotion of Boston

Feeney Brothers Utility Services

Rockland Trust

Electroswitch

HFI

Department of Conservation and Recreation

The Norfolk Companies

The Commonwealth of Massachusetts

Suffolk County Sheriff's Department

Bay State Community Services

Linden Ponds

Shaw's

National Express Transit

John M. Corcoran & Co.

+ More

A proud partner of the  
**AmericanJobCenter**  
network

**JOB FAIR**



**SPRING 2023 JOB FAIR**

1515 Hancock Street Quincy, MA

**15+ EMPLOYERS | MULTIPLE INDUSTRIES**

GOVERNMENT - UTILITIES - FINANCE  
HEALTHCARE - TRANSPORTATION - ENGINEERING

**THURSDAY, MAY 18TH**

**10AM - 2PM**

Call 617-745-4000 to **Register**

1515 Hancock Street, Suite 101  
Quincy, MA 02169



**← FREE PARKING IN REAR**

Free Parking will be available during the Job Fair at the lot immediately off of Walter J. Hannon Parkway, behind the Career Center.

1515 Hancock Street • Quincy, MA 02169 • 617.745.4000  
www.MassHireSS.com

MassHire Programs & Services are funded in full by US Department of Labor (USDOL) Employment and Training Administration grants. Additional details furnished upon request.



YMCA TRAINING, INC. IS NOW ENROLLING FOR:

# MEDICAL ADMIN CREDENTIAL EMPLOYMENT PROGRAM

## TRAINING INCLUDES:

- Online Sessions
- Microsoft Office 365 & Zoom
- Resume Writing, Interview Practice, Job Search & Mentoring
- Internships at Greater Boston hospitals
- Exam for Medical Administrative Assistant Certification

## WHAT WE COVER:

- Medical Office Administrative Duties
- Health Insurance
- Billing and Claims
- Introduction to Medical Coding
- Medical Terminology

## PROGRAM REQUIREMENTS

- High School Diploma or HiSET (GED)
- Schedule Commitment (Monday-Friday, 9am-1:30pm)
- Seeking Full-Time Employment
- Work Authorization
- Must be up to date with immunizations/vaccinations

## DID YOU KNOW?

- Laptops and internet access is available
- You'll receive a one year YMCA of Greater Boston family membership upon enrollment

For More Information :  
 Alice McNeill  
 Medical Admin. Program Coordinator  
 857.302.1019  
 amcneill@ymcaboston.org

**APPLY TODAY!**

# SOUTH SHORE YMCA



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## SOUTH SHORE YMCA AFTERSCHOOL

The South Shore YMCA offers a quality Afterschool Program that takes place in a safe, supportive environment that fosters the physical, cognitive, social, and emotional growth of each child. We strive to support the family unit and provide developmentally appropriate enrichment programs that encourage not just learning, but also the love of learning.

- **Monday through Friday from school dismissal until 6pm**
- **Afterschool options, 1-5 days per week**
- **Grades K-8**
- **Early Release programs from school dismissal until 6pm**
- **Homework assistance**
- **Freedom to explore materials, games, and equipment**
- **Engage in daily indoor/outdoor physical activities**
- **Enhance social skills through positive interactions with peers and YMCA staff**
- **USDA approved healthy daily snacks**

We believe in positive methods of child guidance/discipline. Our staff establishes age-appropriate, reasonable yet consistent limits to help children function in their world. We strive to strengthen each child's own cultural identity while reinforcing respect and celebrating differences through play and positive interactions.



Financial assistance is available thanks to the charitable donations made possible through the South Shore YMCA's Annual Campaign. Monies secured ensure that all are welcome to participate. Applications are available at the Emilson Branch and online at [ssymca.org](http://ssymca.org). Please consider donating your time, talent and treasure to this year's campaign!

To inquire about our Afterschool Program please contact:

Shirley Carrier  
[scarrier@ssymca.org](mailto:scarrier@ssymca.org)  
Phone: 781-826-7900 x 5241

Liam McSweeney  
[lmcsweeney@ssymca.org](mailto:lmcsweeney@ssymca.org)  
Phone: 781-826-7900 x 5240

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## MASSHEALTH REDETERMINATIONS

# Attention MassHealth Members

You need to renew your coverage this year.



Act now. Stay covered.





## Take three steps to renew coverage this year:

- 👤 **1. Update your info**
- ✉️ **2. Check your mail**
- 📄 **3. Respond to MassHealth**

**1. Update your personal information:** Inform MassHealth of any changes to your information (address, phone number, email and income).

**2. Check your mail from MassHealth:** If you get a blue envelope in the mail, you will need to take action to stay covered.

**3. Respond to MassHealth:** Respond promptly with any requested information from MassHealth. All MassHealth renewals and requests for information will have a due date.

Submit your renewal form before the deadline, even if your personal information has not changed.

### Need Help?

**Online:**  
[www.masshealthrenew.org](http://www.masshealthrenew.org)

**By phone:**  
Call MassHealth Customer Service at 800-841-2900 or (TTY: 711) Monday to Friday between 8:00 a.m. – 5:00 p.m.  
• Learn what documents MassHealth needs from you and your renewal's due date.

**In person:**  
Scan this code or go to [www.masshealthrenew.org](http://www.masshealthrenew.org) to make an appointment with a MassHealth representative or get help near you.



Update your contact information (address, phone number, email) so MassHealth can contact you when it is time for your renewal. If MassHealth cannot reach you, you could lose your health coverage.

If you think you may no longer be eligible for MassHealth, other health coverage options are available, such as an affordable plan through the MA Health Connector.

Members can visit [www.masshealthrenew.org](http://www.masshealthrenew.org) or call customer service at 1-877-MA ENROLL (1-877-623-7773) to learn more or enroll in a plan.

Starting April 1, 2023, MassHealth will begin the eligibility redetermination process, renewing all 2.3M members over the following 12 months. This will generally be the first-time members are at risk of losing their coverage since February 2020. In preparation for this effort, MassHealth has increased staffing significantly to handle a greater volume of calls and applications, improved our systems to automatically renew as many members' coverage as possible, and is working in close collaboration with health plans, providers, and other stakeholders. Even with this preparation, we understand that this may be difficult for members.

# FROM THE PARENTS ASSOCIATION



## Calling for nominations of all elected positions of the Parents Association The 2023-2024 school year self-nomination closes Saturday May 13th

Dear SSCPS Parents & Guardians,

It's that time of year when we select the leadership of the Parents Association (PA) for the next school year. While every parent is automatically a member of the PA, we have a few positions that require a vote! We are opening nominations for the 2023-2024 school year and invite you to consider YOURSELF!

- Officer positions include; Chair, Vice Chair, Secretary, and Treasurer



- Committee positions include; Community Building, Fundraising, Technology, and Diversity and Inclusion
- And of course the Level Representatives are needed from Kindergarten through High School

Elections will be held from May 17th through June 3rd (a new survey will be provided), but to get your name on the ballot, we need you to self nominate by completing the attached form: [PA Nomination Form](#).

This form is only for those who wish to nominate themselves for a position on the Parents Association. Before nominating yourself, we ask that you visit [www.sscps.org](http://www.sscps.org) and read the current Parents Association By-Laws, which contains important information about the PA purpose as well as roles & responsibilities for each elected position.

### Parents Association By-Laws

We will collect information about you to 1. *Ensure that only SSCPS Parents or Legal Guardians are nominating themselves*, and 2. *Reach out should there be questions about your submission*. You will notice that we are not allowing you to nominate others. This is intentional, so that only those who are personally interested and committed are running for election.

Thank you for your continued support of our children and their school. Questions can be sent to [sscpsaelection@gmail.com](mailto:sscpsaelection@gmail.com), or you can contact any member of the PA.


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# COMMUNITY CLEAN-UP DAY AT SSCPS!

**April 29, 2023 | 10:00am - 2:00pm**

Students can receive 4 hours towards their community service requirement (2 hours for working, and a generous 2 hours for travel time). Please bring a rake, gloves, boots, bug spray, and any other items you might need!

We also need a few parent volunteers (you must have your CORI and fingerprints on file with school). Please email [ebsweeney@hotmail.com](mailto:ebsweeney@hotmail.com) to sign up.

An illustration showing a group of diverse people participating in a community clean-up. In the foreground, a man in a brown jacket and red pants is raking leaves. To his left, a woman in a yellow dress is holding a black trash bag. Further left, a man in a green shirt is standing next to a yellow recycling bin. In the background, another man in a yellow shirt is raking, and a woman is holding a black trash bag. There are several recycling bins (yellow, red, and blue) and trees in the background under a blue sky with white clouds.

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In 2022 the SSCPS Parents Association created a new chair, Diversity and Inclusion. The Parents Association is looking for a few parent volunteers to help design what we want this role to look like. If interested please attend this months PA meeting on 1/18/2023 at 6:30pm or email [cindylyons1337@gmail.com](mailto:cindylyons1337@gmail.com).

**The Parents Association is working to ensure teachers can fill their classrooms with the items they need. To help support our teachers and their classrooms, please view the wishlists below.**

**Thank you!**



VIEW WISHLISTS

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## PA Meeting Schedule | 2022-2023 School Year

Below you will find the meeting dates for the 2022-2023 school year:

- September 21, 2022
- October 19, 2022
- November 16, 2022
- December 21, 2022
- January 18, 2023
- February 15, 2023
- March 15, 2023
- April 26, 2023
- May 17, 2023
- June 14, 2023 (Transition Meeting)

Be on the lookout for upcoming volunteer opportunities. Information on the Back to School Picnic will be coming soon as well.

If you have any questions please feel free to reach out. Our website can be found [here](#).

**Cindy Lyons**  
Parent Council Chair  
[Cindylyons1337@gmail.com](mailto:Cindylyons1337@gmail.com)

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You can now access the 2023-2024 school calendar [here](#) and down below under School Documents.

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# THIS WEEK | UP AND COMING

|           |       |  |             |
|-----------|-------|--|-------------|
| Wednesday | 04/26 | Parents Association Meeting via <a href="#">Zoom</a> | 6:30pm      |
| Thursday  | 04/27 | School Council Meeting via <a href="#">Zoom</a>      | 4:30pm      |
| Friday    | 04/28 | High School Art Workshop Fashion Show                |             |
| Monday    | 05/01 | AP Chemistry Exam<br>AP Government and Politics Exam |             |
| Tuesday   | 05/02 | AP Environmental Science Exam                        |             |
| Wednesday | 05/03 | Executive Committee Meeting                          | 8:00am      |
| Wednesday | 05/03 | AP Literature and Composition Exam                   |             |
| Thursday  | 05/04 | AP Statistics Exam                                   |             |
| Thursday  | 05/04 | Grades K-4 Literacy Night                            | 6:00pm      |
| Friday    | 05/05 | Professional Development Early Release               | 12:00pm     |
| Friday    | 05/05 | NHS hosts Blood Drive at 700 Longwater Drive         | 1:00-6:00pm |

## IMPORTANT LINKS

*Weekly Updates are emailed and posted to our website [www.sscps.org](http://www.sscps.org) every Wednesday.*

- [Back-to-School Information](#)
- [Food Services](#)
- [Health Office](#)
- [Massachusetts Department of Transitional Assistance](#)
- **Visit the [Parents Association Website](#)**

**Here are links to upcoming events and other items of interest. Please contact Pam Algera at [palgera@sscps.org](mailto:palgera@sscps.org) to submit SSCPS items for publication.**

**School Documents:**

[2022-23 School Calendar](#)

[2023-2024 School Calendar](#)

[Student and Family Handbook](#)

[Arrival and Dismissal Procedures](#)

[SSCPS By-Laws](#)



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[www.sscps.org](http://www.sscps.org)

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