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## Weekly Update | December 13, 2023

Vol. 12 Issue 2

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[View this email in your browser](#)

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## A Message from Angie

We are in an incredibly busy season as we race toward the holiday break. The first trimester is behind us and last week teachers and families had the opportunity to come together to have meaningful conversations about student achievement. It was wonderful to see so many parents in both buildings as we increased the number of available in person parent-teacher conference appointments.

While teaching and learning continues, traditional December events provide students with an opportunity to showcase their hard work, celebrate with their peers, and build community as 2023 winds down. Last Wednesday our students performed in two winter concerts, highlighting their work in the music department. In the morning our K-2 students sang their hearts out to a packed house in our PE space. Later that evening students involved in our performing ensembles played and sang in our first off-site concert since 2019.

As a K-12 school we have the opportunity to see growth over the years. It was wonderful to see that growth in the progression of the evening's concert program. Students in our beginning strings and instrumental project programs have been playing for less than three months and are just learning to hold and care for their instruments. Those students did a fantastic job demonstrating their new skills as they played simple tunes while they sang the notes. Our more experienced concert strings, concert band, jazz band, and high school workshop students served as excellent models of how hard work and practice pay off. Similar growth was evident in our vocal ensembles.

Next week may be short but it is packed with activity. Thursday, December 21st is our annual Craft Day, a tradition for SSCPS students in grades K-6. On Craft Day students have the opportunity to make a variety of crafts that volunteers from our community provide and monitor. This year we are reintroducing choice and allowing students to visit different classrooms with friends from across their grade to complete crafts that are setup in each classroom. This event is one of the most highly anticipated of the year and it is only able to run because of the willingness of families to come in and volunteer. Thank you to all of the parents who have already signed up and completed the necessary paperwork. We are still looking for volunteers, particularly for grades five and six. If you are interested in volunteering on Craft Day please sign up [here](#). Anyone that volunteers at SSCPS must complete a CORI, attend volunteer training, and be fingerprinted. Please plan ahead and get your paperwork completed as soon as possible if you plan to come in and volunteer on Craft Day. If you are unable to volunteer but are willing to donate the materials needed to complete a craft please let me know. We are looking for enough materials for approximately 50 students for each craft.

Also on December 21st our high school students will be hosting our eighth grade students who will be visiting to learn more about expectations at the high school level as they prepare for their transition next year. Our high school students have created presentations about different aspects of high school life and are ready to lead tours and answer questions. During their visit, the eighth graders will also serve as judges in the high school's annual door decorating contest. This is one of several planned visits as we work to scaffold the transition to high school.

I hope that all of you find time to relax, rest, and celebrate with family and friends over the break. I wish everyone a happy, and healthy 2024! As always, please do not hesitate to reach out with any questions or concerns.

Sincerely,

**Angie Pepin**  
Principal, K-12

## On the Levels

### Winter Concerts





## Athletics

### MCSAO Fall Season Awards

Photo and Content Credit to Instagram Account: @sscps\_sports

The graphic features the following athletes and their sports:

- SEAN BARBOUR** - Varsity Boys Soccer
- ALI BOUIH** - Varsity Boys Soccer
- ADRIA SUNNERBERG** - Varsity Girls Soccer
- ADITI SURYAWANSHI** - Varsity Girls Volleyball
- AMOGH ATHIMAMULA** - Varsity Boys Soccer
- GABBY LOUIS** - Varsity Girls Soccer
- AAYAH ZAYNOUNE** - Varsity Girls Soccer

The graphic also includes the logos for SSCPS Jaguars and MCSAO, and the hashtag #GOJAGUARS.

### MCSAO All-Star Selections

Congratulations to these student athletes for heavily contributing to a highly successful season:

**Sean Barbour** - Varsity Boys Soccer

**Ali Bouih** - Varsity Boys Soccer

**Adria Sunnerberg** - Varsity Girls Soccer

**Aditi Suryawanshi** - Varsity Girls Volleyball

**Amogh Athimamula** - Varsity Boys Soccer

**Gabby Louis** - Varsity Girls Volleyball

**Aayah Zaynounge** - Varsity Girls Soccer



Coach John Oliva and the Boys Soccer team celebrated another successful season, securing their second consecutive MCSAO South Divisional Championship with an impressive 8-2 record. Since Coach Oliva's arrival, the team has achieved an impressive 14-3 regular season record across the last two years. The Boys program clinched the #2 seed in the MCSAO playoffs before being eliminated by a formidable Salem Academy team in the Quarterfinals. Congratulations to Coach Oliva!



JJ is no stranger to racking up awards - as he is a multi time MCSAO All-Star and one of the best players the program has had. JJ emerged as the state's assists leader, amassing 22 assists in just 9 league games, highlighting his exceptional skill and selfless leadership. Goated. Congratulations JJ!



Junior standout Misha Attardo delivered one of the most dominating season performances in school history. Misha's tally of 28 goals and 11 assists amassed an impressive 67 points, backed by an astonishing 7 hat tricks and consistently exceptional performances. A season for the ages. Congratulations, Misha!



In his 8th season at the helm of the Varsity Girls soccer team, Coach Matt Goodell orchestrated a truly memorable campaign. The now two time Coach of the Year (won previously in 2017) guided his squad to a South Divisional Championship, boasting an impressive 12-5 overall record. During this run, the girls team managed to rattle off 11 consecutive wins. The team carried this momentum into the MCSAO playoffs, securing a commanding 4-0 win against Salem Academy. The Girls found themselves minutes away from a trip to the championship before Boston Collegiate pulled away with a 3-2 win. Notably, the Girls also secured a berth in the MIAA tournament, marking a monumental achievement in their inaugural year. Congratulations to Coach Goodell!

## Varsity Basketball

Photo and Content Credit to Instagram Account: @sscps\_sports



The 2023-2024 winter season commenced last Thursday as our Varsity basketball teams hit the road to face divisional opponents Foxboro Regional Charter school. The Varsity girls took the floor first in the double header and exchanged baskets with Foxboro Charter early in the first quarter. Kennedy McIntyre was extremely aggressive on both sides of the ball early on and led the Jaguars to an early lead. Foxboro eventually made a run of their own before closing the 1st half with a lead. Sophomore Devyn Bowden made her impact felt in the 2nd half as she displayed her shooting and playmaking ability. Ultimately, Foxboro Charter would not be denied as they pulled away with a 12 point victory over the visiting Jaguars. Devyn Bowden led the Jaguars with a team high 13 points while Kennedy McIntyre chipped in with 8 points of her own. Junior Jemela Igbo's defensive effort was also on full display for the Jaguars.

The Varsity Boys took the floor next and struck first with a knockdown jumper from Junior guard, Clayden Jean-Baptise. The Jaguars made their defensive pressure felt early on as Foxboro Charter turnovers turned into transition points for the visitors. Foxboro made a rally of their own and started to thrive in the open floor while taking a lead The Foxboro

lead was short-lived as the duo of Khai Francis and Clay Jean-Baptiste took over the game. Clay finished with a game high 26 points while team captain Khai Francis scored 23 points.

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## Come Cheer on the Jaguars in their Upcoming Games:

**Friday | December 15, 2023**

Varsity Girls Basketball v. Boston Collegiate (Home) 3:30 - 5:00 pm [\*\*Starland Sportsplex & Fun Park\*\*](#)

Varsity Boys Basketball v. Boston Collegiate (Home) 3:30 - 5:00 pm [\*\*Starland Sportsplex & Fun Park\*\*](#)

**#GoJaguars** 

## From the Board of Trustees

### **A Message from Jimmy Juste, Chair of the Board of Trustees** **PA Focus Group Update**

Dear Parents, Faculty, and Staff,

I am pleased to share an update on the recent Parent Focus Group meeting that took place at our charter school. The meeting, held on October 25th, was a success with the participation of 14 dedicated parents who actively engaged in discussions to provide valuable insights and more reaching out through email for other opportunities to contribute.

Their feedback was thoughtful and reflective of the deep commitment our parents have towards building a connected community.

Some key highlights from the discussions include:

***Communication and Transparency:*** Parents expressed gratitude for the efforts taken to keep them informed about their child's progress and school activities while also highlighting the importance of digestible updates.

***Community Engagement:*** Parents were enthusiastic about the opportunities to create genuine connections with other families and demonstrated a need for a strong sense of community within our school. They expressed a feeling of nostalgia for infrastructure and events that existed before the pandemic that made building relationships easier. New

*families articulated a challenge with feeling integrated into the community's norms and common language.*

Parents provided valuable feedback and seemed to appreciate the opportunity to speak their minds to a few listening ears. I want to express my heartfelt gratitude to all the parents who attended the focus group meeting. Your input is invaluable and plays a crucial role in shaping the future of our school.

Because our meeting was in-person, it meant that some families were not able to access the opportunity to participate. Stay tuned for upcoming dates for an additional virtual focus group to increase our reach into the community and make sure all voices have the opportunity to contribute in a meaningful way. We are dedicated to your feedback informing our school's ongoing efforts to build a home away from home.

If you have any further suggestions or concerns, please do not hesitate to reach out. Together, we will continue to make our charter school a thriving and nurturing environment for every child.

Warm regards,

**Jimmy Juste**

Chair of the Board of Trustees

South Shore Public Charter School

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## **K-6 Craft Day 2023 Volunteer Sign-up**

We are looking for volunteers to help with this year's Craft Day event on Thursday, December 21st. If you are interested in volunteering on Craft Day please sign up [here](#). We are asking volunteers to plan for a craft for about 50 students. **Due to the structure of the event, individuals may only register for one grade level.**

**Anyone that volunteers at SSCPS must complete a CORI, attend volunteer training, and be fingerprinted. Please plan ahead and get your paperwork completed as soon as possible if you plan to come in and volunteer on Craft Day.** This sign up will close on Friday, December 15th to allow us time to plan. Thank you for your consideration. We are all looking forward to this year's Craft Day!

## **Athletics and Extracurricular Activities**

# Afterschool Enrichment Program

Levels II and III





## SSCPS AFTERSCHOOL ENRICHMENT PROGRAM

### SESSION 1

GRADES 3-6

- NOV 6, 2023 - DEC 22, 2023
- MONDAYS AND WEDNESDAYS
- TIME: 3:15 - 4:15 PM



### SESSION 1 CLUBS:

#### MONDAY

- SPORTS AND PLAYTIME CLUB
- CRAFTY CREATORS CLUB
- ART CLUB
- THEATRE CLUB

#### WEDNESDAY

- STORY ILLUSTRATORS CLUB
- THEATRE CLUB
- WEB WARRIORS: CODING AND LOGIC GAMES CLUB
- SPORTS AND PLAYTIME CLUB
- PAINTING PIONEERS CLUB
- YOGA AND QIGONG CLUB



**SESSION 2  
COMING SOON!**

GET READY FOR MORE EXCITING AFTERSCHOOL ENRICHMENT OPPORTUNITIES IN SESSION 2!  
KEEP AN EYE OUT FOR UPCOMING INFORMATION ABOUT THE CLASSES AND ENROLLMENT PROCESS.  
WE CAN'T WAIT TO SPARK YOUR CHILD'S CURIOSITY AND INSPIRE A LIFELONG PASSION FOR LEARNING.

CONTACT NADEEN SULLIVAN  
PHONE: 781-982-4202 EXT. 356  
EMAIL: NSULLIVAN@SSCPS.ORG

## Holly Hill Farm - Winter 2024 Educational Enrichment Sessions

Ages 3-12



**Friends of  
Holly Hill Farm**  
A Farm for Teaching & Learning

**HollyHillFarm.org**

236 Jerusalem Road  
Cohasset, MA 02025  
781-383-6565

January 2 - March 18, 2024

# Winter Sessions

## ...on the Farm

Join us for our 10-week\* sessions!  
Sessions meet one day per week.  
Tiered pricing available.



### Afterschool Sessions!

4:00-6:00 pm

ages 5-12\*

#### Healthy Cooking

**Mondays, Ages 8-12**

Create and warm up with us around the masonry oven or farm stove! Children will work with our farm health coach and educator to prepare recipes, which may include winter crops and various root vegetables, flatbreads, soups, baked goods, rice bowls, chips, and more. Children will also learn how to prepare foods safely and healthfully.

(\*Monday sessions meet 9 weeks)

#### Outdoor Exploration & Creation

**Tuesdays, Ages 5-7 or Wednesdays, Ages 8-12**

Children will explore and create within the secret areas around the farm, including the woods, meadows, and Ice Pond. Each outing will open their eyes to new places and possibilities as they learn to navigate, observe, and create within the winter settings of the farm. Children may be using compasses, building full-size shelters, creating winter fairy homes, tracking animals, and more. The Wednesday older group will also learn how to cook simple foods over an open fire and build winter tools.

#### Winter STEAM

**Thursdays, Ages 5-8**

Based on the many science themes of winter, children will experiment, engineer, solve problems, create art, write poems and stories, and more. Some of these themes may include formation of ice and snow, maple sugaring, winter farming, and animal shelters and habits.

### Morning & Afternoon Sessions!

ages 3-5

**Mornings: 9:30 am - 12:00 pm (M-F)**

**Afternoons 1:00 pm - 3:30 pm (M,T,W,F)**

Explorations, activities, and experiences may include: exploring snowflakes and ice, building nests, finding animal signs, maple sugaring, caring for the farming animals, experimenting with compost, planting in hoop houses, explore the seasons, and create, play and experiment!

### Homeschool Sessions!

ages 5-12

**Thursdays 1:00 - 3:30 pm, Ages 5-12**

Program will be modified based on average age group of registrants. You can read descriptions for our 5-12 year old programming to get a sampling of what we could offer)



Visit our website  
or scan here  
for details &  
registration!



[hollyhillfarm.org/winter-sessions](https://hollyhillfarm.org/winter-sessions)

#### February Vacation Programs

\*Our winter sessions will not meet during the week of February 19 - 23.

We will be offering fun one-day programs you can register for soon!

## What's New in Projects and Workshops



**Donate warm winter coats for children and adults.**

**Front Desk @100**

**Nadeen's Classroom @700**

*All sizes are welcome! Coats only, please.*



**SCHOOL REWARDS**  
  
 With your help, we could win up to \$1,000 in School Rewards donated by Jordan's Furniture!

Donated coats are professionally cleaned by Anton's and given free of charge to local families in need.



## High School: School Store Workshop

Check out the School Apparel website, created by the High School School Store Workshop!

**SSCPS SCHOOL APPAREL**

## Community Service

### Attention Students and Families

Got some community service hours done?

Use the links below to submit your community service hours!

[LEVEL I COMMUNITY SERVICE](#)

[LEVEL II COMMUNITY SERVICE](#)

[LEVEL III COMMUNITY SERVICE](#)

[LEVEL IV COMMUNITY SERVICE](#)

[HIGH SCHOOL COMMUNITY SERVICE](#)

## Upcoming Events

# SOUTH THRIFT SHORE STORE



## DISCOUNTED, SECOND-HAND CLOTHING

VISIT NHS'S VERY OWN THRIFT STORE FROM DECEMBER 11 TO DECEMBER 13. DONATE BEFORE THEN TO GAIN COUPONS FOR YOUR OWN SHOPPING. PROCEEDS WILL GO TO THE SSCPS NHS AND UNSOLD CLOTHES WILL BE DONATED.



## 11-13 DECEMBER 2023

700B WRIGHT ROOM

### Donate your clothes before December 6 to receive a \$1 coupon for each item you donate!\*



YOU MAY TALK TO KATIE CIANELLI OR OTHER NHS MEMBERS FOR DETAILS

\*Maximum coupon value of \$5

### Parents Association and SEPAC

A winter-themed graphic for an SSCPS SEPAC meeting. The background is a light blue sky with falling snow. Two snowmen are positioned on either side of the text. The snowman on the left wears a red hat with a pom-pom and a red scarf. The snowman on the right wears a black top hat and a red scarf, and holds a broom. The text is centered and reads: "SSCPS SEPAC Meeting" in a large, dark blue serif font. Below it, "January 11th 7pm via Zoom" is written in a dark blue cursive font. The main announcement, "Jessica Gonsalves from Plymouth Country Family Support Inc. will be joining us to talk about her program and the supports and resources they offer", is in a red serif font. At the bottom, a dark blue banner contains the text "RSVP to SEPAC@SSCPS.ORG" in white, bold, sans-serif font.

**SSCPS SEPAC Meeting**

*January 11th 7pm via Zoom*

Jessica Gonsalves from Plymouth Country Family Support Inc. will be joining us to talk about her program and the supports and resources they offer

**RSVP to SEPAC@SSCPS.ORG**

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## Lost & Found

Last year we donated over 15 industrial sized trash bags full of Lost & Found items. We know that both students and parents alike spent far too many hours searching for those items before accepting they were gone for good.

We are going to try something slightly different this year. As in past years Lost & Found items will be folded, displayed in hallways at 100 Longwater, and photos will be posted in two parent-run Facebook groups including the **SSCPS Parent/Guardian Information** site.

The major change this year is we will follow a schedule for display/donations:

### November

Week of 11/14 - Fold/pics

11/22 - Donate

### **December**

Week of 12/11 - Fold/pic (If needed)

12/21 - Donate

### **February**

Week of 2/5 - Fold/pic

2/13 - Donate

### **April**

Week of 4/1 - Fold/pic

4/9 - Donate

### **May/June**

Week of 5/28 - Fold/pic (if needed)

6/4 - Donate

Help your students (and your wallets!)

## **LOST & FOUND**

**LABEL** everything that comes to school. We check all clothing for names before donating and 95% of the time there is no name.

**OFFER** encouragement to your children to keep track of their items.

**SAVE** your sanity.

**TEACH** your child/ren that while it is great to donate their used coats, they may want to hold onto it for at least one season.

**FOLLOW** the FB sites to see pics of lost items.

**UNDERSTAND** the program is run by volunteers and dates are subject to change.

## **From the Health Office**

### **Flu Season**

Dear Families,

This flu season is shaping up to be challenging. Like many schools, we are seeing an increased number of cases.

Below are a few reminders about our policies regarding viruses. Please follow these guidelines to help limit the transmission of illness.

- Students must stay home with any vomiting or diarrhea. They may return to school once symptom-free for 24 hours.
- Students must stay home if they have a fever >100. They may return to school when fever free for 24 hours without fever reducing medication like Tylenol/ibuprofen.
- Students should stay home with severe cold symptoms/cough.

Below please find some information from the [Centers for Disease Control regarding the flu virus](#). Please reach out to either of the nurses with questions. Thank you for your help in keeping everyone in our building healthy!



Influenza (flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and lungs. Flu is different from a cold and usually comes on suddenly. Each year flu causes millions of illnesses, hundreds of thousands of hospitalizations, and tens of thousands of deaths in the United States.

Flu can be very dangerous for children. CDC estimates that between 2010 - 2020, between 6,000 and 27,000 children younger than 5 years old have been hospitalized from flu each year in the U.S. Flu vaccine is safe and helps protect children from flu.

**What parents should know**

**How serious is flu?**  
While flu illness can vary from mild to severe, children often need medical care because of flu. Children younger than 5 years old and children of any age with certain long-term health problems are at increased risk of flu complications like pneumonia, bronchitis, sinus and ear infections. Some health problems that are known to make children more vulnerable to flu include asthma, diabetes and disorders of the brain or nervous system.

**How does flu spread?**  
Flu viruses are thought to spread mainly by droplets made when someone with flu coughs, sneezes or talks. These droplets can land in the mouths or noses of people nearby. A person also can get flu by touching something that has flu virus on it and then touching their mouth, eyes, or nose.

**What are flu symptoms?**  
Flu symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, feeling tired and sometimes vomiting and diarrhea (more common in children than adults). Some people with flu will not have a fever.

**Protect your child**

**How can I protect my child from flu?**  
The first and best way to protect against flu is to get a yearly flu vaccine for yourself and your child.

- Flu vaccination is recommended for everyone 6 months and older every year. Flu shots and nasal spray flu vaccines are both options for most children.
- It's especially important that young children and children with certain long-term health problems get vaccinated.
- Caregivers of children at higher risk of flu complications should get a flu vaccine. (Babies younger than 6 months are at higher risk for serious flu complications, but too young to get a flu vaccine.)
- Pregnant people should get a flu vaccine to protect themselves and their baby from flu. Research shows that flu vaccination during pregnancy can protect the baby from flu for several months after birth.
- Flu viruses are constantly changing so flu vaccines are updated often to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season.

**Are flu vaccines safe?**  
Flu vaccines have an excellent safety record. Millions of people have safely received flu vaccines for decades. Flu shots and nasal spray flu vaccines are both options for vaccination. Different types of flu vaccines are licensed for different ages. Each person should get one that is appropriate for their age. CDC and the American Academy of Pediatrics recommend an annual flu vaccine for all children 6 months and older.

**What are the benefits of getting a flu vaccine?**

- A flu vaccine can keep you and your child from getting sick. When vaccine viruses and circulating viruses are matched, flu vaccination has been shown to reduce risk of getting sick with flu by about 40 to 60%.
- Flu vaccines can keep your child from being hospitalized for flu in the pediatric intensive care unit. One recent study showed that flu vaccine reduced children's risk of flu-related pediatric intensive care unit admission by 74%.
- Flu vaccine can be life saving in children. A study using data from recent flu seasons found that flu vaccine reduced the risk of flu-associated death by half among children with higher risk medical conditions



- and by nearly two-thirds among children without medical conditions
- Flu vaccination also may make your illness milder if you do get sick.
- Getting yourself and your child vaccinated also can protect others who may be more vulnerable to serious flu illness, like babies and young children, older people, and people with certain long-term health problems.

**What are some other ways I can protect my child against flu?**

In addition to getting a flu vaccine, you and your child should take everyday actions to help prevent the spread of germs.

Stay away from people who are sick as much as possible to keep from getting sick yourself. If you or your child are sick, avoid others as much as possible to keep from infecting them. Also, remember to regularly cover your coughs and sneezes, wash your hands often, avoid touching your eyes, nose and mouth, and clean surfaces that may be contaminated with flu viruses. These everyday actions can help reduce your chances of getting sick and prevent the spread of germs to others if you are sick. However, a yearly flu vaccine is the best way to prevent flu illness.

**If your child is sick**

**What can I do if my child gets sick?**  
Talk to your doctor early if you are worried about your child's illness.

Make sure your child gets plenty of rest and drinks enough fluids.

If your child is 5 years or older and does not have a long-term health problem and gets flu symptoms, including a fever and/or cough, consult your doctor as needed.

Children younger than 5 years old – especially those younger than 2 years – and children of any age with certain long-term health problems (including asthma or any lung disease, heart disease, diabetes and disorders of the brain or nervous system), are at higher risk of serious flu complications. Because children at higher risk of serious flu complications can benefit from early antiviral treatment of flu, parents of such children should contact their child's doctor if they develop flu symptoms.

**What if my child seems very sick?**

- Even healthy children can get very sick from flu. If your child is experiencing the following emergency warning signs, you should go to the emergency room:
- Fast breathing or trouble breathing
  - Bluish lips or face
  - Ribs pulling in with each breath
  - Chest pain

- Severe muscle pain (child refuses to walk)
- Dehydration (no urine for 8 hours, dry mouth, no tears when crying)
- Not alert or interacting when awake
- Seizures
- Fever above 104°F
- In children less than 12 weeks, any fever
- Fever or cough that improve but then return or worsen
- Worsening of chronic medical conditions



This list is not all inclusive. Please consult your medical provider for any other symptom that is severe or concerning.

**Is there a medicine to treat flu?**

Yes. Antiviral drugs are prescription medicines that can be used to treat flu illness. They can shorten your illness and make it milder, and they can prevent serious complications that could result in a hospital stay. Antivirals work best when started during the first two days of illness. Antiviral drugs are recommended to treat flu in people who are very sick (for example, people who are in the hospital) or people who are at higher risk of serious flu complications who get flu symptoms. Antivirals can be given to most children and pregnant people.

**How long can a sick person spread flu to others?**

People with flu may be able to infect others from one day before getting sick to up to five to seven days after. Severely ill people or young children may be able to spread the flu longer, especially if they still have symptoms.

**Can my child go to school, day care, or camp if he or she is sick?**

No. Your child should stay home to rest and to avoid spreading flu to other children or caregivers.

**When can my child go back to school after having flu?**

Keep your child home from school, day care, or camp for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C) or higher.

\*Make sure to use either 100°F (38 degrees Celsius) or 100.4°F (38 degrees Celsius) as a cutoff for fever, but the number can vary depending on factors such as the method of measurement and the age of the person.

For more information, visit [www.cdc.gov/flu/protect/children.htm](http://www.cdc.gov/flu/protect/children.htm) or call 800-CDC-INFO



In January the health office will be starting required screenings. The health office will be doing height and weight screenings and hearing and vision screenings depending on the students grade level. If you would like to opt out of any of these screenings please send and email to [jkjelgaard@sscps.org](mailto:jkjelgaard@sscps.org) (K-8th) or [Bfolan@sscps.org](mailto:Bfolan@sscps.org) (high school). If you have any questions please do not hesitate to reach out.

Students on Level I should have a spare set of clothes being left at school. Students go outside in almost all weather. Please make sure your students clothing is weather appropriate.

If your student is sick we ask that you keep them home from school. Absences with a doctor's note will be excused absences. Your student is required to stay home in the following situations:

- **Fever.** Students may return to school once fever has resolved for 24 hours without any medications.
- **Vomiting or diarrhea.** Students may return to school once vomiting or diarrhea has resolved for 24 hours.
- **Contagious illnesses** (such as strep or conjunctivitis). Students may return after starting antibiotics for 24 hours and remain fever free for 24 hours.
- **Positive for COVID-19.** Please contact your school nurse to determine when your student can return.

Students who develop any of these symptoms during the school day will need to be picked up promptly.

## Special Announcements



**Celebrate Your Big Day!**

Get everything you need to make your graduation complete. Order your cap, gown, tassel, and stole today. **All orders must be complete by Friday, December 15th.**



Plus, order your personalized invitations, thank you notes, and unforgettable keepsakes with just one click!



## School Picture Orders

## Don't Forget to Order This Year's School Pictures

# ENJOY 10% OFF your order!

**CODE: F202310OFF**

EXPIRES: May 1, 2024

[Redeem Now](#)

Dear Parents,

As a token of appreciation, Lifetouch is offering discounts on school photography!

- 50% off a purchase of \$50+ with code THANKFUL50
- 40% off a purchase of \$40+ with code THANKFUL40
- 30% off a purchase of \$30+ with code THANKFUL30

Valid through 11/25/23

To order, log in to your account on [mylifetouch.com](https://mylifetouch.com) or create an account using your student's school ID number. Don't forget to order your FREE Digital SmileSafe card!

More about the Smilesafe program [here](#).

### Weekly Calendar

<b>Friday</b>	<b>12/15</b>	<b>NHS Hosts Holiday Rooms at 700 Longwater Drive</b>	<b>5:00pm</b>
<b>Thursday</b>	<b>12/21</b>	<b>Craft Day for Grades K-6</b>	
<b>Thursday</b>	<b>12/21</b>	<b>Early Release Day</b>	<b>12:00pm</b>
<b>Friday</b>	<b>12/22</b>	<b>December Vacation Begins – No School</b>	
<b>Tuesday</b>	<b>01/02</b>	<b>Classes Resume</b>	<b>8:15am</b>

## Important Links

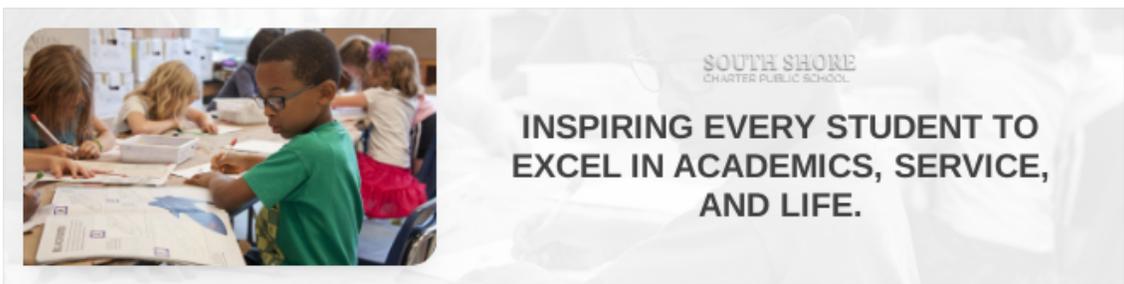
**Weekly Updates are emailed and posted to our website [www.sscps.org](http://www.sscps.org) every Wednesday.**

- [Afterschool Enrichment Program](#)
- [Back-to-School Information](#)
- [Food Services](#)
- [Health Office](#)
- [Massachusetts Department of Transitional Assistance](#)
- [Community Service](#)
- **Visit the [Parents Association Website](#)**

## School Documents:

2023-2024 School Calendar  
Student and Family Handbook  
Arrival and Dismissal Procedures  
SSCPS By-Laws

**Here are links to upcoming events and other items of interest. Please contact Pam Algera at [palgera@sscps.org](mailto:palgera@sscps.org) to submit SSCPS items for publication.**



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