



SOUTH SHORE CHARTER PUBLIC SCHOOL

Inspiring every student to excel in academics, service, and life

Dear SSCPS Families,

Enclosed you will find the School Health Guidelines and a copy of the Massachusetts School Immunization Requirements. Please make every effort to ensure your child has an up-to-date physical (within 13 months) and is fully immunized prior to the start of the 2018-2019 school year. Your child's health care provider will supply you with this required documentation.

Please mail these documents to:

South Shore Charter Public School
100 Longwater Circle
Norwell, MA 02061
Attn: Health Office
or
fax to # 781-982-4201

Your cooperation is appreciated.

Sincerely,

Susan Dupras R.N.
High School Health Office

Darcie Edwards, R.N.
K-8 Health Office



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ALLERGY ALERT
NO PEANUT/NUT PRODUCTS
ALLOWED ON
LEVEL I, LEVEL II, LEVEL III, AND LEVEL IV

Dear Parents/ Guardians,

This letter is to inform you that several students on Level I, Level II, Level III, and Level IV have **SEVERE PEANUT/NUT ALLERGIES**. Strict **avoidance** of peanut/nut products is the only way to prevent a life threatening allergic reaction. We are asking your assistance in providing the students with a safe learning environment.

If exposed to peanuts/nuts the student may develop a life threatening allergic reaction that may require emergency medical treatment. The greatest potential for exposure at school is to peanut products and nut products. To reduce the risk of exposure Level I, Level II, Level III, and Level IV will be **PEANUT/NUT-FREE** until further evaluation. Please do not send any peanut or nut containing products for your child to school for snack or lunch. If your child has eaten peanuts or nuts prior to coming to school, please be sure your child's hands have been washed before entering the school building.

We appreciate your support of these procedures. If you have any questions, please contact me.

Thank you for your cooperation,

Darcie Edwards, R.N.
Health Office
781-982-4202 X104



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School Health Guidelines

I. Health Policy and Requirements

All students must have documentation of the following immunizations:

- MMR – (2 doses)
- Polio Vaccine – (4 doses)
- DPT – (5 doses)
- Hepatitis – (3 doses)
- Varicella (2 doses)
- Tdap (1dose) by 7th grade

Kindergarten and all new students: A physical exam completed within 13 months prior to school entry.

All students entering grades 4 and 7 are required to submit a completed physical exam form prior to the start of the school year.

All students who will be participating in the school sports program: An up to date physical-exam (within the last 13 months) is required.

State and local laws prevent us from making exceptions to this policy.

II. Medication

An authorization form must be completed and signed by both the parent and physician before school personnel may administer prescription medications to a student. All medications must be provided in the original pharmacy or manufacturer-labeled container. *Asthma inhalers are not an exception.*

Please check the expiration date on medication that will be administered at school and make every attempt to ensure that they do not expire during the school year. Parents are responsible for replacing expired medication. Please ask your pharmacist to label a bottle for home and one for school. An adult must deliver all medications to school and pick up at the end of the school year. All medications not picked up will be disposed of.

An authorization form must be signed by parent/guardian before over the counter medications (non-prescription) may be administered. These medications will be administered according to school policy and the school physician.

All medication orders expire at the end of the school year. New medication orders are needed for the start of a new school year

III. Communicable Disease

Please notify the school nurse if your child is diagnosed with a communicable disease.

Students may return to school as follows:

- Strep throat – 24 hours after the first dose of medication and fever free.
- Chicken pox – 7 days from appearance of first eruption, lesions crusted 24 hours, fever free.
- Impetigo – 24 hours after treatment has begun and sores covered.
- Head lice – Students with head lice will be excluded from school for treatment. They may return to school 24 hours following treatment if found to be nit free and checked by the school nurse. Please consult your physician or pharmacist for an appropriate preparation.

IV. Health restrictions and school attendance

Please keep your child home if he/she has:

- An elevated temperature >100°F
- A suspicious rash
- Irritated eyes with drainage
- Vomiting or diarrhea within the past 24 hours
- Contagious disease, (strep throat, conjunctivitis, etc.)
- Pain that requires the use of narcotic medication.
- An upper respiratory illness with significant coughing and/or nasal discharge.

Please note: Your child must be fever free for 24 hours before returning to school without fever reducing medication.

V. Potential problems or changes in health status

Please inform the school nurse of any of the following:

- Update of immunizations
- Illness or injury that requires a prolonged absence or restrictions (i.e. crutches/cast)
- Surgery
- Treatments requested by physician
- Change in activity status (if unable to participate in PE)
- Change in medication

VI. Illness at School

The school environment can be an excellent medium for the spread of illness. We ask for your cooperation in reducing the exposure of other members of the school community by **promptly picking up your child when requested.**

Any child with these symptoms will be dismissed:

- Vomiting
- Diarrhea
- Temperature of 100 degrees or above
- Suspected communicable disease



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School Policy for Medication Administration at School

Dear Parent/Guardian:

The following policy is in place to ensure the health and safety of students requiring medications during the school day:

*The South Shore Charter Public School requires an Authorization for Medication form, completed by the student's licensed prescriber, to be on file in your child's health record before any **prescription** medication is administered at school. **Non-prescription** medication may be administered with a signed parental consent form and according to school policy. Please sign and return the separate form titled authorization for administration of non-prescription medication if you would like your child to receive any of these medications as needed during school hours.*

- **Signed Prescription Medication Order.** All prescription medication requires a written order from your child's physician allowing it to be administered at school. Orders must be renewed at the beginning of each new academic year.
- **Signed Parent/Guardian Consent For Prescription Medication.** This consent must be signed before any medication can be given. Both the Medication Order and the Parent/Guardian Consent form for prescription medication are enclosed in this packet. Please complete the form for non-prescription medication if you would like your child to receive medication in school as necessary.
- If your child requires an **Epipen** you must supply **TWO Epipen** auto injectors to the health office. Please check the expiration date to insure that they will be current for the entire school year. **Parents are responsible for replacing expired medication.**

You or a responsible adult whom you designate should deliver the medication to the school in a pharmacy or manufacturer-labeled container. Please ask your pharmacist to provide a separate bottle for school. No more than a 30-day supply of medicine should be delivered to the school.

Sincerely,

Susan Dupras R.N. – High School Health Office
Darcie Edwards R.N. – K-8 Health Office



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GENERAL GUIDELINES TO AVOID SPREAD OF INFECTIONS

Please review these general guidelines following them will go a long way toward keeping everyone healthier.

WASH HANDS...WASH HANDS...WASH HANDS... this is the #1 way to stop the spread of germs - of course this also means making sure fingernails are clean.

PLEASE TAKE YOUR CHILD'S TEMPERATURE IF HE/SHE IS COMPLAINING OF THE FOLLOWING: sore throat, upset stomach, diarrhea, general aches and pains, swollen lymph nodes, or headache. Any of those symptoms plus fever most likely indicates your child needs to stay out of school.

SCHOOLS HEALTH POLICY dictates a child stay at home or will be sent home with a temperature of 100 degrees.

PLEASE DO NOT SEND YOUR CHILD TO SCHOOL with any of the following conditions:

- If he/she appears to have redness and/or discharge from the eyes. It could be conjunctivitis, commonly called "pink eye" and can be highly contagious if caused by bacteria. (allergic conjunctivitis is not contagious, but can only be diagnosed by your child's health care practitioner.)
- Diarrhea
- Fever
- Nausea/Vomiting
- Sore/painful throat with possible strep infection.
- Children with a positive strep culture must stay home until after they have had at least 24 hours of antibiotic medication and the fever is gone.

YOUR CHILD MUST BE SYMPTOM FREE FOR 24 HOURS BEFORE RETURNING TO SCHOOL.

Please call your child's teacher and /or the health office to report confirmed cases of infectious diseases. This courtesy will help us alert others to any potential outbreak of communicable disease.

For any questions or concerns, please call the health office @ 781-982-4202 ext.104