

Supporting Grieving Kids & Teens: tools for caregivers

Monday, November 26th 6-7:30pm Hospice of the South Shore 30 Reservoir Park Drive Rockland, MA 02370

## Feeling like you don't have the words? You are not alone.

Supporting kids & teens in their unique grief can feel overwhelming, especially if you are muddling through your own grief. What we know, however, is that kids do want and need the support of adults to help give comfort, sit with questions, and know what may be helpful.

Join us for **a one-session support workshop** where we will provide information, concrete suggestions for helping kids & teens navigate loss, and an opportunity for questions.

This free event for National Children's Grief Awareness month is provided for Hospice of the South Shore families, as well as the community.

Please RSVP to Aubrie Hills at (781) 624-7046 or ahills@southshorehealth.org

Hospice of the South Shore

PART OF South Shore Health System

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