



Dear Parent/Guardian,

South Shore Charter Public School is implementing an ImPACT testing program for our student-athletes. This program will assist in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our student-athletes, we have acquired a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in "video-game" type format and takes about 15-20 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration.

If a concussion is suspected, the athlete will be required to re-take the test. Both the preseason and post-injury test data is given to the student's doctor to help evaluate the injury. The test data will enable these health professionals to determine when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child you will be promptly contacted with all the details.

I wish to stress that the ImPACT testing procedures are non-invasive and they pose no risks to your student-athlete. We are excited to implement this program given that it provides us with information for managing concussions and preventing potential brain damage that can occur with multiple concussions. Please return the attached page with the appropriate signatures. If you have any further questions regarding this program please don't hesitate to contact me.

Sincerely,

A handwritten signature in black ink, appearing to read "Angie Pepin", written over a horizontal line.

Angie Pepin
Principal, 7-12
781-982-4202 x102
apepin@sscps.org



Consent Form

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT)

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I agree to participate in the ImPACT Concussion Management Program.

Printed Name of Athlete _____

Sport(s) _____

Signature of Athlete

Date

Signature of Parent/Guardian

Date